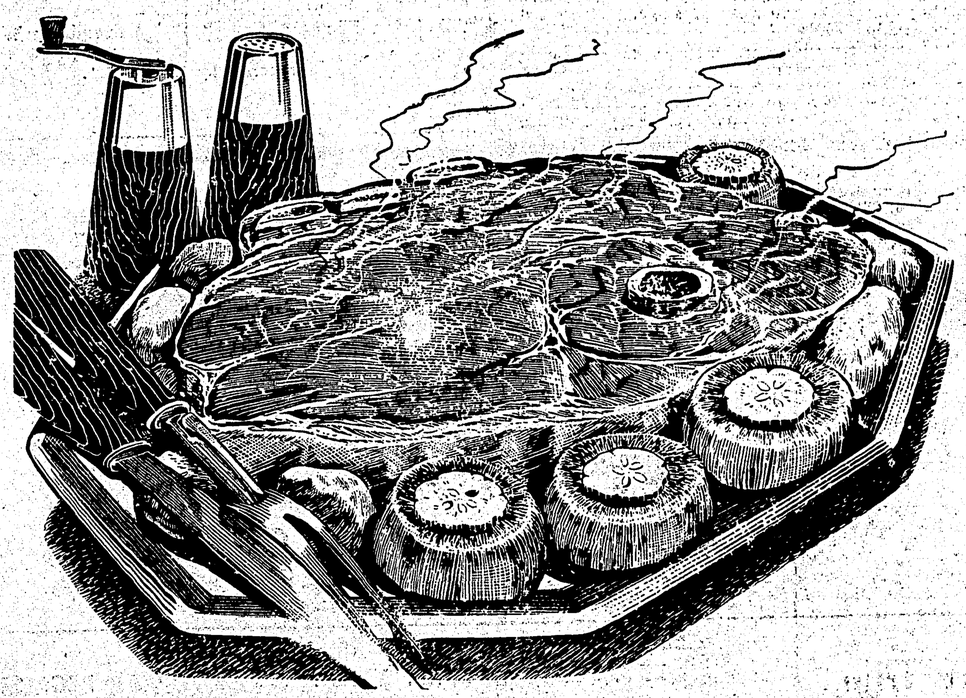
Steak and Salad...



CANADA CHOICE – Red Brand 4-H Club Beef

Minute Steak 89c

★PERFECT FOR FATHER'S DAY BARBECUING

"Talk of the Town" price ----- lb.

TURKEYS 4-6 lbs., Grade A ..... lb. 65c

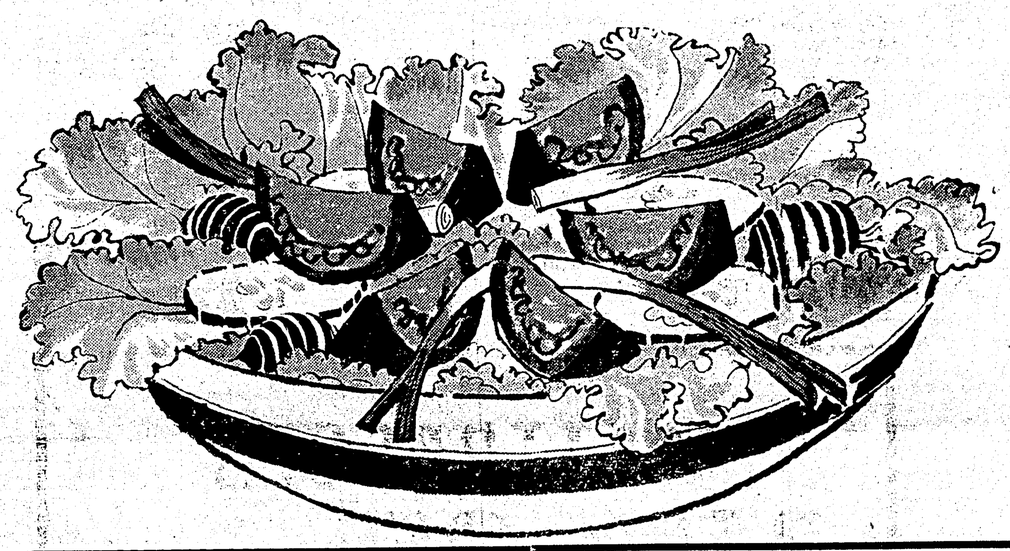
RIB STEAKS 4H CLUB beef .... lb. 89c

SWIFT'S PREMIUM **Cooked Ham** 6 oz. pkt. 39c

Vegetables so fresh you can almost hear the freshness

Lettuce

BASIC INGREDIENT FOR A FATHER'S DAY SALAD PER HEAD **10c**



Green Onions / **Radishes** mix or match .... 2 FOR 9c

LONG GREEN **CUCUMBERS** ..... ea. 19c

"Talk of the Town" Features

★**COFFEE** CO-OP RED LABEL, fine for Father's Day ..... lb. 69c

★**ORANGE JUICE** SEALED-SWEET, 2 oz. ..... 2 FOR 37c

★**PEARS** NABOB, 15 oz. tin ..... 2 FOR 49c

★**Mayonnaise** BEST FOODS, 16 oz. 45c

★**Cake Mix** MONARCH, White or Chocolate, 9 oz., Father's Day Special ..... 3 FOR 35c

SUMMER CAPS each 25c

LIGHT GLOBES 40-60-100 4 FOR 79c

Marshmallows white or colored for Father's Picnic, ANGELUS, per pkt. 35c

BRYLCREEM with free comb, the only thing to get into Father's hair on Father's Day, LARGE TUBE 65c

Plum Jam NABOB, 48 oz. 85c

ORANGE BASE SUNKIST, 6 oz. 7 FOR 1.00

TOMATO SOUP STAFFORDS, 20 oz. ..... 2 FOR 39c

CANADIAN CHEESE mild ..... lb. 49c

Shop Co-op and Save!

Soap Powder large white BREEZE 43c

Dog Food FETCH 2 lb. pkt. 35c

Pickles 32 oz., BICKS, sweet mixed 53c

Apple Sauce SUNRYPE 15 oz., 2 FOR 35c

Beans NABOB, cut wax, 15 oz. .... 2 FOR 43c

Grapefruit Juice pink, MIST-O-GOLD, 48 oz. 35c

Shop Co-op and Save!

Toilet Tissue WESTMINSTER, 8 roll 93c

Corn Flakes KELLOGGS, 16 oz. 35c

NABOB **Jelly Powder** 3 FOR 39c

Corned Beef Loaf PURITAN, 12 oz. 39c

Shopping CO-OP Centre

CO-OP CENTRE RESERVES THE RIGHT TO LIMIT QUANTITIES.

PRICES EFFECTIVE JUNE 16, 17 & 18

YOU PAY NO MORE FOR QUALITY AT THE CO-OP CENTRE