When it comes to really thrifty shopping . .

LOW PRICES on QUALITY FOODS

The Prince Rupert housewife finds that her Co-Op Centre leads the way in low prices on quality foods. The shelves are stocked with real thrifty items to enable the economy minded housewife to meet her shopping budget.

★ **ORANGE JUICE** Frozen, DELNOR, 6 oz. tin — 2 FOR 53c

★ **PEACHES** ROYAL CITY, Sliced, 15 oz. tin — 2 FOR 45c

★ **APPLE SAUCE** BERRYLAND, 15 oz. tin — 2 FOR 29c

★ **CUT GREEN BEANS** NABOB FANCY, 15 oz. tin — 2 FOR 39c

HONEY ALTASWEET, 4 lb. tin, a Co-Op Centre Best Buy — $1.19

MARGARINE PARKAY, 2 lb. pkt.—REAL THRIFTY BUYING — 53c

SAUERKRAUT NABOB, 28 oz. tin—use with riblets or pork hocks — 29c

BACON SWIFTS PREMIUM, ½ lb. pkt. per pkt. — 29c

Pork Steaks — 49c lb

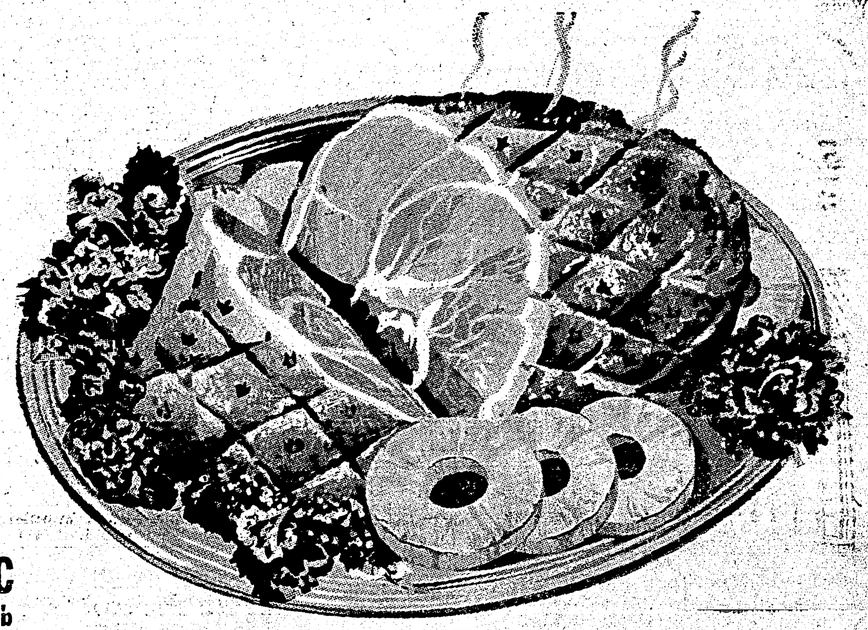
Boston Butts — 39c lb

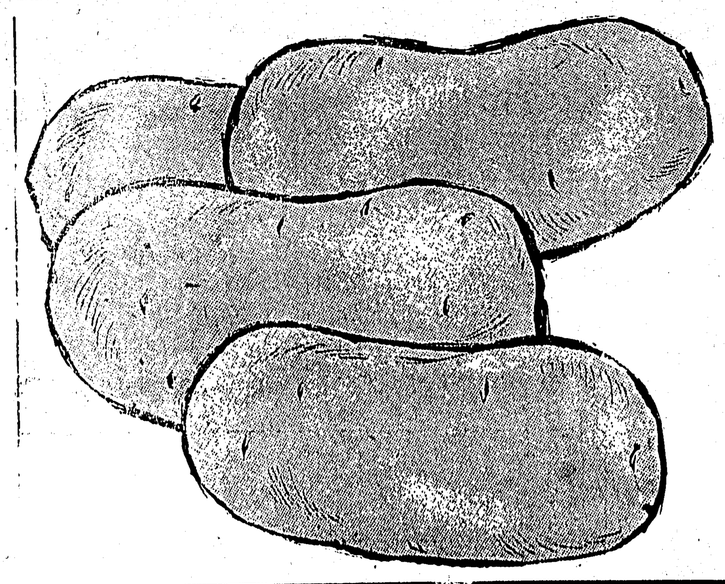
Pork Roasts PICNIC STYLE — 27c

Pork Chops — 49c lb

Leg o' Pork Roast — 49c lb

Mix or Match **Pork Hocks or Riblets** — 19c lb





Gem Potatoes

These are the fine Grand Forks Gems you have waited for. These potatoes along with roast pork and applesauce will make a meal that is really nourishing yet thrifty.

20 lb. bag $1.29

SPINACH per bag — 25c

TOMATOES per tube — 29c

APPLES ROME BEAUTY — 2 LBS 27c

FRUIT SALAD TROPICAL, 15 oz. — 2 FOR 53c

CATSUP LIBBY'S, 13 oz. — 2 FOR 49c

SOUP MIX LIPTONS, Chicken Noodle or Tomato Vegetable — 4 FOR 49c

BISCUITS McCORMICKS, HIGH TEA — pkt. 29c

Westinghouse LIGHT GLOBES Inside Frosted — 60 watt 25c; 100 watt 27c

SPONGES for dishwashing, etc., each — 25c

DISHPANS Colorful Plastic — each 75c

INFANT FOODS HEINZ — 6 FOR 65c

WAFFLE SYRUP NABOB, 32 oz., 5c off — 43c

PINEAPPLE Q.T.F., SLICES, 15 oz. — 2 FOR 45c

MARSHMALLOWS ANGELUS, plain or colored — pkt. 42c

NAPKINS SCOTT, colored — 2 FOR 37c

WRITING PADS SUPER VALUE — 53c

Prices Effective
Thurs., Fri., Sat.
Feb. 11th, 12th & 13th
Free Parking and Parcel Pick-Up
Supervised Parking Lot—Ray Anderson, attendant.
Co-Op Centre reserves the right to limit quantities.

Shopping CO-OP Centre

Where You Pay No More For Quality