THE TREND IS TOWARD CO-OP SHOPPING

More and more people are realizing "There is a difference." Shopping in a store where they are welcome, not for their dollars alone, but as a member. The friendly atmosphere where shopping is a pleasure. Meeting friends and neighbors who too know "There is a Difference."

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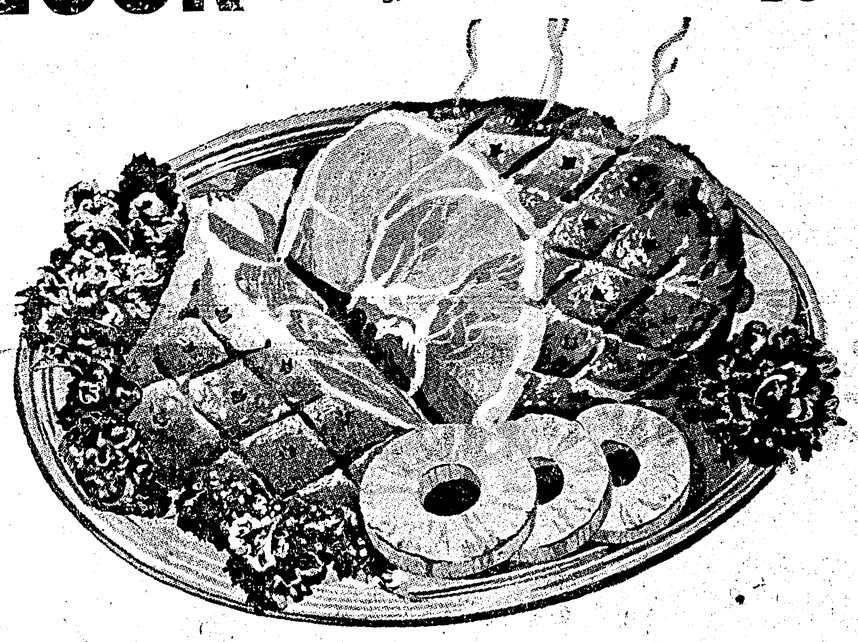
★ **Fruit Cocktail** Doles 15 oz. ..... 2 FOR 49c

★ **PICKLES** McLAREN'S, Sweet mixed, 24 oz. jar 35c

★ **BLEACH** PERFEX, 64 oz. bottle, each 57c

★ **BUTTER** BURNS Glendale, pr lb. 68c

★ **FLOUR** PURITY, Handy Carry-Home Bag, ... 25 LB. BAG 1.99



HAMS

Maple Leaf Fully Cooked
Half or Whole

ANOTHER CO-OP FEATURE!

Ready to Serve lb. 59c

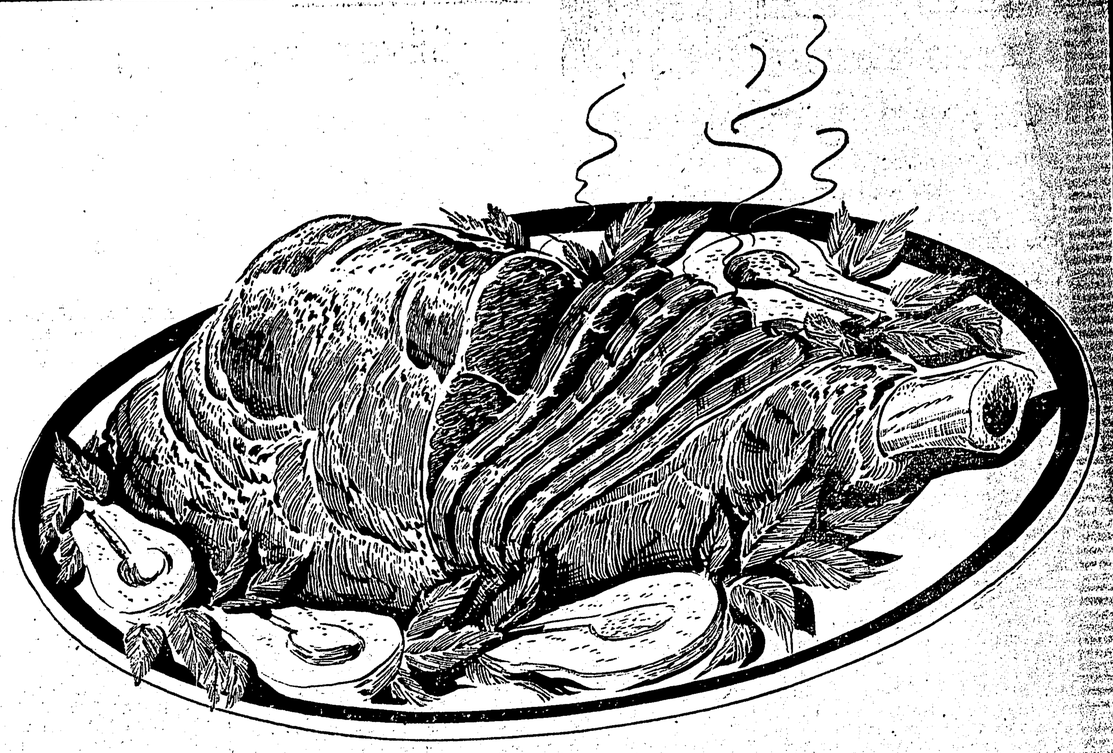
BAKER COUNTER

COOKIES Asstd. Flavors. Dozen.... 29c

SPECIALS GOOD THURS., FRI., SAT, OCT. 20, 21 & 22

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

SPECIALS AVAILABLE AT MARINE FOOD SECTION OF COW BAY STORE



Pork Roast

A CO-OP Feature Value! Lean, tasty, grain fed
Picnic Style Shoulders

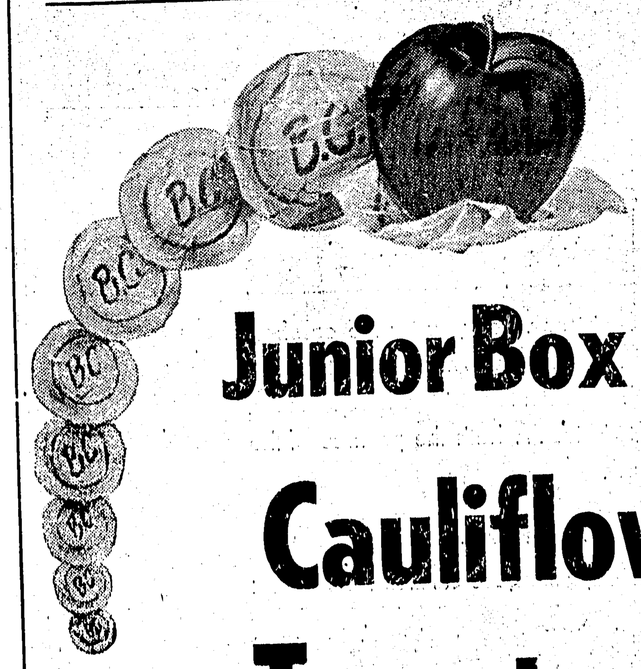
Per lb. 33c

LUNCH MEAT Burns Shamrock 6 oz. pkts. ..... 2 FOR 49c

PORK SAUSAGE Swift's Brookfield Pure Pork, 1 lb. trays

Every packet contains a coupon enabling the customer to purchase one dozen eggs at 10c less than the regular price.
Take advantage of this limited offer.
One pound of Swifts Brookfield Sausage with free coupon

59c lb



DELICIOUS APPLES

Junior Box Snappy, crisp. Per box 2.49

Cauliflower Snowy white heads. Each 21c

Tomatoes Frim Red Ripe. Per tube, Each 25c

Shopping CO-OP Centre