CO-OP

Specials good Feb. 16, 17 & 18
We Reserve the Right to Limit Quantities
Specials available in Cow Bay Store

LOOKS GOOD TASTES EVEN BETTER

Ling Cod or True Cod
HYWAVE QUALITY
COD FILLETS
1 lb. Pkfs.
29c PKG

PORK STEAKS
Lean Tender Centre Cut
Leg of Pork Steaks
79c lb

SPARERIBS
Lean Meaty Regular
No. 1 quality
49c lb

CANADA PACKERS MAPLE LEAF
HAM
FULLY COOKED
Your choice of Regular Hams or Boneless Picnic Style. A CO-OP THRIFTI-VALU!
59c lb.

ROAST of PORK
LEG ROASTS OF PORK
Professionally cut to your satisfaction. Just the right thing for those winter weary appetites.
49c lb.

NABOB
TOMATOES
28 oz. Tins
2 FOR 55c

QUEEN OF THE NORTH
ICE CREAM
½ Gallons
79c

NABOB
PORK & BEANS
15 oz. Tins
2 FOR 29c

HEINZ. 48 oz. Tins
TOMATO JUICE
A Thrifti-Valu Special
29c TIN

ENO'S, Giant Size
FRUIT SALTS
98c

HARDWARE FLOOR!

FRIDAY NIGHT SPECIAL

FAMILY PICNIC KIT
Regular 12.95. SPECIAL 9.95

TRAVEL BAR
2 Bottle Capacity. Regular 12.95. SPECIAL 7.50

TRAVEL BAR DELUXE
3 Bottle Capacity. Regular 14.95. SPECIAL 9.95

DID YOU KNOW WE SELL
PLYWOOD?
Come in and compare our prices

MENU-MAKERS

MUSHROOMS	Nalley's 10 oz.	31¢
CHEESE SLICES	Burns 8 oz. pkt.	37¢
DRESSING	Sour Cream Nalley's 8 oz.	39¢
LIQUID VEL	Pink King Size	99¢
APRICOTS	Chelsea 15 oz.	2 for 49¢
PEACHES	Chelsea 15 oz.	2 for 49¢
PEAS	Royal City Size 2	2 for 45¢

MENU-MAKERS

CLOTHES PINS	Dutch 36's	2 for 49¢
CHOCOLATE	Bakers Sweet 8 oz.	59¢
PABLUM	28 oz. size	71¢
CREAMETTES	7 oz.	4 for 49¢
PINEAPPLE	Kon-tiki sliced 28 oz.	2 for 69¢
TOWELS	Paper, Scott Big Roll, ea.	39¢
DILL PICKLES	Polski, Ogorki 32 oz.	49¢

at YOUR BAKERY COUNTER

QUEEN'S CAKE
39c Doz.
A REALLY FINE TREAT

A PREMIERE OFFER!
HOT CROSS BURNS
59c Doz.
Just like you would bake yourself.

ORANGES
LUNCH BOX Size 180's
3 doz. 89c

TOMATOES
FIRM, ROSY RED, 14 oz. Tube
23c

MacINTOSH
APPLES
IMPORTED FROM ONTARIO
6 QT. BASKET
1.59