SANTA COMES EARLY TO CO-OP CENTRE — AND LOOK AT THE BARGAINS HE BRINGS

Here is your opportunity to save on regular food items to help you splurge on the little extras for Christmas. You'll find items priced way down low in every department at the Co-Op Centre this weekend. Take advantage of these savings now and help your Christmas budget.

RELAX and REFRESH AT YOUR CO-OP CENTRE LUNCH COUNTER

Burns DELMAR MARGARINE

PER LB. 29c

WOODBURY SOAP
5c off deal
Facial ..... 3 for 31c
Bath ..... 2 for 31c

PORK SPARE RIBS
PORK LEG ROASTS
PORK Shoulder Roasts
PORK CHOPS

YOUR CHOICE 49c lb.

FROZEN FOOD SPECIAL OF THE WEEK
CAULIFLOWER
DELNOR, 12 oz. pkt. ..... 2 FOR 53c

CO-OP RED LABEL COFFEE
. . . For Enjoyment

Rich, flavorful and satisfying, CO-OP Red Label Coffee provides a full measure of enjoyment with every cup. Made in your own quality-controlled CO-OP Food Plant, it's roasted, packed, and shipped the same day to ensure freshness.

CO-OP REGULAR GRIND 69c lb

Swift's Home Economist Suggests

Pork Shoulder Roast

served with glazed sweet potatoes, green beans, a tart, crisp salad, and apple pie makes a fine family or company meal. What's left makes delicious hot and cold sandwiches as well as flavorsome combination dishes for other enjoyable meals.

PICNIC STYLE per lb. 33c

BAKERY
JELLY ROLL 29c

CO-OP BREAD IS FRESH BREAD

SIDE PORK	FRESH, a little on the fat side, but only	19c lb
PORK SAUSAGE	BURNS' SHAMROCK, pure Pork	39c lb
SOLE FILLETS	FRESH HYWAVE	39c lb
COD FILLETS	FRESH HYWAVE	33c lb

FRESH FRUITS & VEGETABLES

CELERY	IMPORTED, clean, crunchy and tasty	12c lb
CABBAGE	crisp and green	8c lb
GRAPES	RED, flavour fresh	2 LBS 33c
ONIONS	boil - fry or with hamburger	7c lb
BANANAS	GOLDEN RIPE	2 LBS 45c
Sweet Potatoes	a natural companion to Roast Pork	2 LBS 31c

Pineapple Grapefruit Juice	LIBBY'S 35 oz. tin	2 FOR 65c
Corned Beef Loaf	BOSTON, 12 oz.	39c
Chicken Noodle Soup	LIPTONS', pks.	4 FOR 49c
Peaches	LYNN VALLEY, 15 oz.	2 FOR 45c
Bleach	PERFEX	gallon 99c
Cut Green Beans	BEE CEE, FRENCH STYLE, 15 oz. tin	2 FOR 39c
Toilet Tissue	BALLET, 4 roll pack	45c
Shamrock Lard	while stock lasts	2 LBS 29c
Mayonnaise	24 oz. jar	55c
Grapefruit Juice	CO-OP, 20 oz. tin	2 FOR 29c
Milk Powder	CARNATION, 3 lb. pkt.	pkt. 95c
Soap Powder	GIANT TIDE, 12c off reg. price	ea. 75c

TABLE CLOTHS
Beautiful Embossed Plastic
54 x 96 each 89c

CHOCOLATES
REGAL 14 oz. box 69c

Shopping CO-OP Centre

Free Parking and Parcel Pick-up
Supervised Baby Buggy Park

Specials Good Thurs., Fri., Sat. Dec. 3-4-5
Centre Closed Mondays
Open Wednesdays
Open Friday 9-9