SURVIVAL UNDER ATOMIC ATTACK — Pt. 5

Nuclear attacks on centres of production, and conditions of fallout, may curtail the distribution of available food stocks until several days or even weeks following these attacks. Persons who had taken shelter against fallout might be advised to stay in their shelters for as long as fourteen days. Those who had chosen to evacuate likely target areas would be dependent on available food resources in the reception towns. Because of these possibilities it is recommended that every person should have emergency supplies. These supplies should include food, water, battery radio, a first aid kit and, if necessary, medical supplies for invalids or babies. Heavy clothing would be necessary in winter. Extra changes of clothing should be considered, particularly stockings and underclothing.

A suggested list of emergency supplies is given below. Many of the items are specifically required for shelters. For those who are likely to evacuate a target area, special consideration should be given to the items of food which can be put into the family car. These supplies should be packaged so that they can be quickly put into the car. Some may choose to keep these items stored in the car. In both cases the food should be used and replaced at least once a year.

Many of the recommended items are already in your home. Because people who do not live in likely target areas will probably have time to make last minute preparations they should not go to the unnecessary expense of duplicating items of food, clothing and equipment which can be readily transferred into the shelter.

Persons who choose to evacuate should have road maps in their cars. It is recommended that people in shelters also have two or three road maps. You could then relate the information about areas under fallout which you would hear about over the radio, to your actual location. Toys, games, books for your children will help to occupy their time. Try to organize your time so that it will pass more quickly. Do not forget your battery radio will keep you in contact with the outside world.

The suggested list of items from which your two weeks' supplies should be developed is:

EQUIPMENT

Beds (Bunks or folding); Table (Folding or other type); Stools (Fold flat); Cooking vessels, Cups and Plates (disposable), Knives, forks, spoons, Can openers, Paper towels, Kerosene cooker, Kerosene Lamp, Electric Lamp and Batteries, spare bulbs, Toilet, Polythylene bags for toilet, Shovel, Crowbar, Axe, Pocket knife, Saw, Whistle, Screwdriver, Hammer, Flashlight, 10 Gallons Kerosene (2 gals. in shelter; remainder in basement), Matches, Garbage can (2 if no waste water runoff is possible), Garbage bags, Hand basin, Road maps, Screws, Nails, Pliers, Fire Extinguisher (not carbon tetrachloride), ½-inch rope, String, Battery radio, Clock, Spare Radio Batteries.

RECREATIONAL

Calendar, Books, Paper, Pencils, Playing Cards, Chess, Checkers, other games, Crossword, other puzzles, Knitting, sewing, etc., Hobby materials, Plasticine.

TOILETRIES

Soap, Toothpaste, toothbrushes, Detergent, Nail brush, Razor, blades and soap, Women's basic cosmetics, Tissues (face and toilet) Face cloth, Towels, Brush and comb.

CLOTHING AND PERSONAL ITEMS

Coveralls, rubber boots, rubber gloves for adults. To be used in venturing outside even after instructions have been given that this is safe for short periods.

Bedding (blankets preferable), Warm sweaters and socks, Change of underclothing and socks, Personal hygiene items for women, Baby clothes, Baby feeding equipment, Disposable diapers (two - week supply), Plastic sheeting, Legal Papers.

MEDICAL

(See Step 7)

FOOD

These are the suggested amounts per adult for 14 days. Foodstuffs should be used and replaced at least once every year. Check off the items as you stock them in the shelter and mark the purchase date on them.

Milk: 4 cans milk (16-oz. size evaporated milk or 1-lb. dried skim milk)

Vegetables: 6 cans (15-oz. or 20-oz. size—beans, peas, tomatoes, corn).

Fruits: 6 cans (15-oz. or 20-oz. size — peaches, pears, apple sauce).

Juices: 6 cans juice (20-oz. size—apple, grapefruit, lemon, orange, and tomato).

Cereals: 14 individual packages (sealed in wax bags inside or outside)

Biscuits: 2 packages of crackers (1 lb. each); 2 packages of cookies or graham wafers.

Main Dish Items: 2 cans meat (12 oz. each—corned beef, luncheon); 2 cans beef and gravy; 2 cans baked beans (15 or 20 oz. size); 2 jars cheese; 2 cans fish (8 oz. each).

Canned and Dehydrated Soups. 2 cans (10 oz.—bean, pea, tomato, vegetable).

SPECIAL REQUIREMENTS FOR CHILDREN

- For each infant include 14 cans evaporated milk (16-oz. size) and infant food for 14 days.
- For each child up to 3 years, include 8 cans milk. Decrease amounts of other foods according to appetite.
- Food for older children can be the same as for adults; adjust amounts according to appetite.

Other Foods: 1 large jar or can honey, syrup, jam or marmalade, 2 lbs. hard candy, 1 jar or can peanut butter, 1 package tea bags or instant tea, 1 jar sugar, 1 jar instant coffee, Salt and pepper, Instant chocolate powder, Chewing gum.

WATER

Requirement: 7-14 gallons for each adult member of the family; more for young children.

Containers: Store in well cleaned, tightly-covered containers such as large thermos jug, new fuel cans, large vinegar bottles etc.

Change: Change the stored water at least once a month.

SPEARED — Klaus Prochownik, 11, braces himself as firemen free him after he was pierced through the right shoulder by a steel rod on a construction project near St. Catharines, Ont. Klaus, shown in this photo by James Simpson of the Toronto Globe and Mail, fell onto the steel rod between wooden forms at an underpass construction site on the Queen Elizabeth Way. He was taken to hospital with three feet of rod still through his shoulder. — CP Photo

Cows in Hawaii have an average milk yield of 8,976 pounds per year, compared with 924 pounds for cows in East Pakistan.

The two oldest regiments of Britain's Brigade of Guards, the Grenadiers and the Coldstream, were formed in 1660.

Car stolen

Police are searching for a car stolen from in front of the Savoy Hotel, sometime early Thursday morning.

The vehicle, owned by Hans Frank of Terrace, is a 1953 model car with a black top and light blue bottom. It bears B.C. licence 428-775.

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Advertising Brings Local Results

Weekly fish landings show slight drop as season ends

Fish landings in Prince Rupert last week amounted to just over 600,000 pounds.

According to the regular report from the Department of Fisheries for the week ending September 9, there was a total of 692,708 pounds of fish brought into the city including: 241,808 pounds of salmon; 313,000 pounds of halibut; 86,400 pounds of bottom fish; and 1,500 pounds of steelhead.

The salmon catch was made up of: red spring—500 pounds by gillnetter and 2,700 pounds by troller; white spring—200 gill and 700 troll; coho—90,000 gill and 63,000 troll; sockeye—1,400 gill and no troll; pinks—13,008 gill and 1,100 troll; and chums—69,000 gill and 200 troll.

Included in the halibut catch were: 27,000 pounds of chix; 184,000 pounds of medium; 95,000 pounds of large and 7,000 pounds of No. 2.

Bottom fish landings included: 50,000 pounds of sole; 5,000 pounds of grey cod; 1,000 pounds of red and rock cod; 2,200 pounds of ling cod; 1,000 pounds of mink feed; 1,000 pounds of black cod; and 26,200 pounds of crab.

Salmon was taken by 50 gillnetters, 41 trollers, and four seiners operating in Areas 3X, Y, Z, 4 and 5, while halibut was brought in by 15 large vessels.

Crab was caught by nine boats in Areas 2AE and 4 while the remainder of the bottom fish was taken by two trawlers in Area 4.

Juvenile held for sentence

Breaking into a house landed a city juvenile in police court Monday afternoon.

William David Knight, 17, of 416 Fourth Avenue East was raised from juvenile court to police court. He pleaded guilty before Magistrate R. A. McLean to a charge of unlawfully entering a dwelling house with intent to commit an indictable offence.

The charge involved a breakin of an unoccupied house at 420 Fourth Avenue East, owned by Mrs. Lloyd Bowman, September 4.

Knight was remanded until tomorrow for sentencing.

Northwest province shows highest rainfall year total

VANCOUVER (CP)—Ocean Falls, 300 miles northwest of Vancouver, is the official winner of British Columbia's annual rainstakes for another year.

A report published by the provincial agriculture department shows Ocean Falls in 1960 had 185.54 inches of precipitation — 183.82 inches of rain plus 1.72 inches of melted snow.

Vancouver Island's Henderson Lake might have been even soggier, said Victoria chief meteorologist William Mackie. But the weather there—almost 320 inches of rain fell at Henderson Lake in 1931—finally drove the rain measurer away in 1936 and no records have been kept since then.

DATA COMPILED

The annual report on B.C.'s climate is compiled by Mackie and his staff at the federal government's Gonzales Observatory, Victoria, from information supplied by volunteer weathermen throughout the province.

The 1960 rainfall in Ocean Falls beat second place Holberg, on northern Vancouver Island, by nine inches and Ocean Fall's own annual average by almost 20 inches.

"However," said Mackie, warming to the subject, "that's nowhere near a world record.

"That dubious distinction goes to Cherrapunji in northeastern India where it once rained 41 inches in one day. Their average annual rainfall is 426 inches, though one year they got 905 inches."

By comparison Vancouver would seem almost arid.

Precipitation figures for last year show the airport recorded 44.43 inches and downtown 62.22 inches, four inches more than the annual average.

Precipitation is based on rainfall plus snowfall. Ten inches of snow equals one inch of rain.

NORTH SHORE

On the North Shore, where the mountains puncture the rain clouds, Hollyburn batted down 106.66 inches and Mount Seymour, 103.66 inches. West Vancouver's reading was 71.82 inches.

Victoria was far drier. Rain gauges located in different parts of the capital recorded between 22.40 and 32.28 inches, a little below normal.

Driest spots in B.C. were in the interior. Ashcroft had only 4.47 inches, just more than half their average figure; Kamloops, 6.44; Penticton, 6.82, and Keremeos, 7.16 inches.

Rogers Pass, between Revelstoke and Golden, got the most snow with 402.8 inches. Second heaviest fall was 388 inches at Alice Arm on the northwest coast.

Allison Pass on the Hope-Princeton Highway came fourth with 349.0 inches. On the North Shore, Hollyburn Ridge had 246.5 inches and Mount Seymour, 178.

COLDEST SPOT

Coldest spot last year was record holder (74 degrees below zero in January, 1947) Smith River, near the Yukon border, with 39 degrees of frost in December.

Highest temperature recorded was 104 at Lytton in July. It still was eight degrees cooler than the all time B.C. high recorded there in 1941.

Kamloops and Crescent Valley tied with 103 degrees.

Tables show Vancouver had 1,002 hours of sunshine, 23 below normal, and Victoria, 2,103. Tops was Oliver with 2,304. Prince Rupert was lowest with 1,065.

All in all 1960 was an easy year to get along with, says Mackie. It was relatively mild with no great extremes.

Mackie says he can use more volunteer weathermen.

"Anyone wishing to help will be supplied with a rain gauge and forms for returns," he said.

He'll toss in a towel for any volunteer who elects Henderson Lake.

Disturbance draws fine

Causing a disturbance cost a city youth $25 and $3.50 costs or 14 days Thursday in police court.

Henry Alfred Wesley pleaded guilty to the charge before Magistrate E. T. Applewhaite.

He was charged following an incident in the 700 block Third Avenue West about 3:45 a.m. Thursday when he was causing trouble.

Wesley had 17 previous convictions. He was ordered to pay the fine immediately or serve the 14

Fire call made

Firemen were called to the Angus Apartments about 6:30 p.m. Wednesday when a minor stove-pipe fire caused a little trouble. There was no damage.

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