SOUVENIR SHOPPING BAG is displayed here by Mrs. O. R. Green, 413 Sixth Avenue West, who attended the four-day International Toastmistress convention held at Washington, D.C., recently. Mrs. Green, who is immediate past president of the Prince Rupert Toastmistress Club, brought back with her many new ideas and suggestions for the local club.
— Staff photo by Phyllis Bowman

CLINIC COMING THURSDAY, FRIDAY

Prince Rupert aims to top quota with blood donations next week

The Red Cross blood donor clinic is coming to Prince Rupert next week, and hopes are that the city will equal or better its record-breaking number of donations of last year.

When the clinic arrived last summer with its appeal for contributions of life - giving blood, residents rallied to the cause as they never had before. They gave 495 pints — 95 more than the quota — exceeding the target for the first time.

This time the quota has been set at 500 and the local Red Cross supporters are urging the public to surpass last year's successful performance. They are optimistically setting up equipment for 700 pints.

"We hope to do as well as or better than we did last year," Mrs. Ronald Waddell, publicity convener, said Thursday.

CLINIC HOURS

The clinic will be held Thursday and Friday at the Civic Centre. Hours on Thursday will be from 6:30 to 9:30 p.m. and on Friday from 1:30 to 4:30 p.m. and 6:30 to 9:30 p.m.

Again members of Prince Rupert chapter of the Registered Nurses' Association of British Columbia, will be helping the clinic staff by attending to donors, and high school girls will help with clerical work. The Ladies' Auxiliary to the Legion will serve refreshments.

It will be the sixth time the blood donor clinic has visited the city.

Last year many residents gave blood for the first time to help put the city over the top in its drive. Organizers hope others will start donating this time.

Many persons who had given their pint of blood regularly qualified last year for five-time donor status, receiving pins in recognition of their achievement. More will receive the honor next week.

Transportation will be provided for anyone wishing it.

FREE SERVICE

In appealing to the public to support the cause fully, organizers point out that the blood is donated free — and given free. Blood and blood derivatives are in constant supply at Prince Rupert General Hospital, as elsewhere across Canada, ready at a moment's notice for saving and restoring lives.

The service has other aspects of national significance. Canada has the highest number of blood donors per capita of any country in the world.

Dr. L. M. Greene is president of the local Red Cross branch, and D. G. deBruyn is chairman of the blood donor clinic.

WORLD TRAVELLERS — These three stenographers are among 42 in Canada's trade commissioner service whose jobs take them to many countries. Now working in Ottawa, between foreign postings, are left to right Simone Morel of Montreal, who served in the Congo; Josephine Kist of Winnipeg, who worked in Pakistan; and Sherry Macpherson of Vancouver. — CP Photo

SUMMER SPECIALS
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Baked stuffed tomatoes make supper change

With luscious tomatoes coming into the peak of their season now, homemakers can well use them in various ways for lunch and dinner menus. Baked stuffed tomatoes, almost a meal in themselves, give a decorative and zestful touch to a meat platter.

BAKED STUFFED TOMATOES

6 firm ripe tomatoes
2 slices bacon, diced
1 tablespoon minced onion
2 tablespoons quick-cooking tapioca
½ cup drained whole kernel corn
1 teaspoon salt
¼ teaspoon pepper
½ cup buttered bread crumbs

Remove seeds and pulp from stem end of tomatoes; reserve pulp. Sprinkle inside of tomatoes with salt. Invert and let stand 5 to 10 minutes.

Meanwhile, fry bacon until crisp. Remove from skillet and set aside. Saute onion in bacon drippings until golden brown. Combine tapioca, corn, salt, pepper, tomato pulp, bacon and onion.

Fill tomato shells with tapioca mixture. Sprinkle crumbs over top. Place tomatoes in shallow baking dish and bake in moderate oven (375°F.) 40 minutes. Garnish with crisp bacon curls, if desired. Makes 6 servings.

If desired, ½ pound bulk sausage meat or ¾ cup ground or finely chopped cooked ham may be used.

SOUTHERN PLANT

Okra is a seed pod with a distinctive flavor, popular for use in soups and stews in the warm countries where it is grown.

MUSICIANS TEAM UP FOR JAZZ JAMBOREE

Prince Rupert jazz lovers are in for a treat Saturday night when a group of local artists will present a two-hour "Jazz Jamboree" at the Annunciation Hall.

Led by Jake Antone on tenor, the session will feature Joey Arseneau and Jack Fedison on guitars, Dennis Elkins on alto, Jack Antone, drums, Len Knutson, bass, and Bruce Sinclair, trumpet.

Such a concert has not been presented in the city for a long time, and it promises to be a crowd pleaser. The jamboree starts at 8 p.m. and there will be a small admission charge.

Armstrong-Joneses decorating nursery

LONDON (AP) — Thirty yards of cherubic chintz were delivered to Kensingotn Palace today, starting speculation that do-it-yourselfer Antony Armstrong-Jones is personally decorating the nursery.

Princess Margaret is expecting their first baby in the fall. Victor Afia, manager of a store near the palace, said Armstrong Jones visited his shop Wednesday and asked for chintz samples.

"He said he wanted the material for a spare room," Afia reported. "Personally, I think the material is for a nursery."

Princess Margaret's husband returned to the store Thursday with a snipping of the chintz that had been selected—fluffy suggestions of clouds and cherubs in light pastels.

"He said he wanted something at a reasonable price," said the merchant, "but the chintz he selected was 37s 6d a yard ($7.77).

"I let him have it for 27s 6d. I let him have it at a reduction only because he's been a good customer of ours for years."

Thin people said to be more moral

OXFORD, England (AP) — Thin people have higher moral standards than fat people, a lecturer in social psychology told the Conference of Modern Churchmen Thursday.

Michael Argyle said investigations have shown thin and bony people generally have super-egos. He said this means they have higher standards of conduct, are better able to resist temptation and experience stronger guilt feelings.

He said investigations also showed that girls generally have stronger super-egos than boys, and that the average middle-class person has a stronger conscience than working-class people.

"We should come to regard guilty feelings as part of the personality to be lived with," he continued, "and to disregard those guilt feelings which we know to be caused by trivial acts of no moral significance."

Mrs. Harkness launches ship

VANCOUVER (CP) — Mrs. Douglas Harkness, wife of Defence Minister Harkness, launched the destroyer - escort HMCS Yukon here Thursday night.

The 2,900-ton vessel is the sixth Mackenzie class ship slated to join the Royal Canadian Navy. Two have already been launched.

Miller Bay Tidbits

By STEVIE STEPHENSON

Mrs. Nellie Anderson has returned from spending her annual leave in Alberta.

✦ ✦ ✦

Mrs. Doreen Lancelot is ill in the Prince Rupert General Hospital.

✦ ✦ ✦

Miss Agnes O'Connor, RN, has returned from Aiyansh and is now on duty at the Canneries.

PROFESSIONAL INSTITUTE

Frances E. Goodspeed, Ottawa, this year became the first woman president of the Professional Institute of the Public Service of Canada.

VICE - CONSUL with the German Consulate in Vancouver, Dr. Herbert Limmer visited Prince Rupert recently. He was on an official tour to acquaint himself with this part of the province and its industrial developments, and to inquire into any special problems of immigrants from Germany.

Sisters going to England

Two well-known Prince Rupert sisters are leaving by plane tomorrow on the start of a six-week trip that will take them to visit friends and relatives in England.

Miss Frances Cross, an accountant at Kelly Douglas Ltd., and Miss Joan Cross, a stenographer at Brown and Harvey, will travel to the Old Country from Vancouver via the polar air route.

They reside at 223 Fourth Avenue West.

PRESIDENT'S TRIP

TORONTO (CP) — Mrs. J. Y. MacKinnon of London, Ont., president of the Dominion Council of the Women's Association of the United Church of Canada, will attend the World Methodist Council and conference in Oslo, Norway and the World Federation of Methodist Women from August 10 to 25.

PERSONALS

Mrs. Hazel MacKenzie, 337 Third Avenue West, plans to leave by Canadian Pacific Airlines plane Monday to spend her annual holiday visiting friends in Vancouver and Seattle.

✦ ✦ ✦

Mrs. Aki Saisho, who has been visiting her parents, Mr. and Mrs. Shoichi Yamashita at Sunnyside, plans to leave by plane Saturday for her home in Toronto. En route she will stop over at Vancouver, Lethbridge and Calgary to visit friends and relatives. Accompanying Mrs. Saisho on her annual trip to Sunnyside is her son Larry.

✦ ✦ ✦

A member of the WRENS reserve, Miss Audrey Barton, 1340 Seventh Avenue East, plans to attend a training course at Montreal during her annual holiday. She will leave by plane Saturday.

✦ ✦ ✦

Ken and Jeff Bowman, sons of Mr. and Mrs. Lloyd Bowman, 419 Sixth Avenue West, leave on the train Saturday for a holiday in Vancouver. They will also attend Keats Island Baptist Camp near Gibson's Landing.

✦ ✦ ✦

Miss Sherrie Douglas, 1867 Seventh Avenue East leaves on Monday's plane for a two week holiday at Vancouver and Vancouver Island.

✦ ✦ ✦

Daily News managing editor J. R. Ayres, Mrs. Ayres, their daughter Barbara and Miss Ellen Jefferies, 700 Fourth Avenue East left today by car for a month's vacation in Washington, Oregon and Vancouver Island.

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COMBINED SERVICES
First Presbyterian – First United
10:00 a.m. — First United Church
11:15 a.m. — First Presbyterian Church
Facey Hall Vacation Bible School Monday July 31st until Friday August 11th — 9:30 a.m. for Children 5 to 12.

IT'S BIGGER IT'S BETTER
IT'S BINGO
CIVIC CENTRE BRING YOUR FRIENDS Monday, 8 p.m.

Announcements

● The Public Library will close for the holidays, Saturday, July 29th, and reopen Tuesday, September 5th. (147)

PRINCE RUPERT GOSPEL ASSEMBLY
(Meeting in Sons of Norway Hall)
115 6th Avenue East
9:45 a.m.—Breaking of Bread
Sunday School: 11:30 a.m.
Gospel Service: 8:00 p.m.
Everybody Welcome
Phone 6311 or 8974

CHURCH DIRECTORY

ANGLICAN CATHEDRAL
4th Ave. W. at Dunsmuir St.
Sundays: 8:00 a.m. Holy Communion 9:30 a.m. Family Communion 3rd Sunday; 11:00 a.m. Family Service 4th Sunday; 11:00 Sunday, Wednesday & Saints Days 7:30 a.m. Holy Communion.
Very Rev. G.T. Pattison—Dial 4766

EVANGELICAL FREE CHURCH
8th Ave. E. at Ambrose
Sunday School 10:30 a.m.
Services 11:30 a.m. and 7:30 p.m.
Rev. H. W. Foster—Dial 4403

FIRST PRESBYTERIAN
785 4th Ave. East
Sunday School 10 a.m.
Tiny Tots 11 a.m.
Services 11:00 a.m. and 7:30 p.m.
Rev. T. S. Gamble—Dial 5828

ST. PETER'S ANGLICAN
End of 6th Ave. E.
9:00 a.m.—Holy Communion
11:00 a.m.—Morning Prayer
Rev. D. Chassels—Dial 3911

ST PAUL'S LUTHERAN
8th Ave. at McBride St.
Sunday School 9:45 a.m.
Services 11 a.m. and 7:30 p.m.
Rev. M. B. Odland—Dial 4164

THE SALVATION ARMY
27 Grenville Court—Fraser St.
Sunday School 12:45 p.m.
Services 11 a.m. and 7:30 p.m.
Capt. & Mrs. E. G. McInnes
Dial 3024 and 6181

FIRST BAPTIST
5th Ave. East at Young St.
Junior Intermediate and Teen Classes 9:45 a.m.
Nursery, Kindergarten and Primary 12:15 p.m.
Services 11 a.m. and 7:30 p.m.
Rev. J. A. Roskam—Dial 5080

REGULAR BAPTIST
629 6th Ave. E.
Sunday School 10 a.m.
Services 11:15 a.m. and 7:30 p.m.
Rev. L. E. Jackson—Dial 3971

PENTECOSTAL TABERNACLE
202 6th Ave. W.
Sunday School 10 a.m.
Services 11 a.m. and 7:30 p.m.
Rev. C. A. Myhre

PORT EDWARD GOSPEL CHAPEL
(West Coast Children's Mission)
Sunday School—10:30 a.m.
Services 11:30 a.m. and 7:30 p.m.
Pastor John Goertz

FIRST UNITED
636 6th Ave. West
Jr.-Intermediate and Teen Bible Class—9:45 a.m.
Nursery, Kindergarten and Primary—11 a.m.
Services 11 a.m. and 7:30 p.m.
Rev. R. W. K. Elliot—Dial 3114

BETHEL BAPTIST CHURCH
200 4th Ave. East
Sunday School 10 a.m.
Services 11 a.m. and 7:30 p.m.
Rev. J. Rauschenberger—Dial 2453

FACEY HALL—UNITED CHURCH
1217 7th Ave. East
Junior-Intemediate Sunday School—10 a.m.
Kindergarten-Primary Church School—11 a.m.
Don Robertson, Supt.

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