CARS DRIVE NETS $3,100

The total donations received in the recent drive for funds for the Canadian Arthritis and Rheumatism Society has reached $3,100, it was reported today by CARS president, Rev. J. A. Roskam.

"We still have hopes of reaching our quota of $3,700," Rev. Roskam said. "Anyone who was missed by the canvassers may leave their donations at any of the chartered banks."

WOTM donates $50 to Nass flood fund

The sum of $50 was donated to the Nass River flood relief fund by the Prince Rupert Chapter 211 Wednesday night at the Moose Temple. of the Women of the Moose at the meeting held

With Graduate Regent Mrs. Arnold Assman presiding, the meeting decided to hold a Christmas banquet on December 16. A committee to arrange the banquet will be formed at the next meeting.

In other business, Mrs. Joseph Kurdziel, Mrs. Matthew Garbelya and Mrs. Assman were appointed to serve at the Women's Co-ordinating Council Over-70 banquet.

The group also decided to hold an annual church parade in the spring in conjunction with Moose memorial day services.

Mrs. Cherill McIntyre reported on the recent bazaar and a vote of thanks was extended to Mrs. Albert Eveleigh as convener of the successful event.

The Saturday night bingos for the next month will be managed by the child care, homemaking, Moosehaven and Mooseheart committees.

Mrs. T. E. Thomson announced the library committee had purchased a book of 1,000 children's poems to present to the Prince Rupert Public Library.

Mrs. Thomson welcomed three new members, Miss Joanne Way, Mrs. L. G. Booth and Miss Betty Senum, who were presented with red carnation corsages.

The three new members were enrolled at an impressive ceremony before the business session.

A JET FLIGHT took William O'Neill of Smithers Garage and Mr. and Mrs. E. E. Bodger of Prince Rupert Home Service (left to right) off on a three-day all-expense paid trip to Las Vegas. In company with 30 other winners in the Home Oil Distributors dealer contest this trio stayed at the fabulous Flamingo Hotel, visited Boulder Dam and enjoyed such popular night club entertainment as the "Folies Bergere", "Holiday in Rio", the Sammy Davis and Frank Sinatra shows. The trip was awarded as a result of their increased gasoline sales in 1961. They left Vancouver Monday and returned yesterday.

Canadian Legion Church Parade
to
Presbyterian Church
SUNDAY, NOVEMBER 5
Legion Members and Ladies Auxiliary
Please Muster at 10:00 a.m. at the Legion

THE UNITED CHURCH OF CANADA

9:45 — Junior Church

11:00 — Morning Worship with Rev. R. J. D. Morris of Metropolitan United Church, Edmonton.
Members of I.O.D.E. Will Worship!
Baby Sitting Service Provided

7:30 pm. — Men's Rally in St. Andrew's Cathedral with Rev. R. J. D. Morris preaching

7:30 p.m. — Evening Worship — "How Can I Be My Best".
Monday, November 6th at 6:30 — Annual Congregational Dinner with Mr. Morris speaking.

PEGGY FORBES
announces the
OPENING
of the
HOUSE
of
BEAUTY

206 - 4th St. Phone 4124

FRIDAY, NOVEMBER 3
FROM 9 A.M. TO 6 P.M.

featuring:
NEW DRYERS with OTTOMANS
. . . and the latest Hydraulic Chairs

Dog-gone it...what a value!

This fluffy, delightful 2-foot tall replica of RCA Victor's famous Nipper . . . Yours for only **$5**

and 3 stickers from any

RCA CAMDEN
A product of RCA Victor Company, Ltd.

RCA VICTOR BLUEBIRD, CHILDREN'S or RCA VICTOR GALA SERIES ALBUMS

You buy and enjoy any 3 albums from these low-priced RCA Victor lines. Then just send the three stickers from these albums, as directed, with $5.00 and you will receive a large, stuffed replica of the famous RCA Victor Nipper. Furry and friendly, Nipper stands just under two feet in height and is sturdily made to take a lot of cuddling.

This offer is good only up to December 31, 1961. Please allow up to two weeks for delivery.

RUPERT RADIO
AND ELECTRIC
313-3rd Ave. W. Phone 4236

WEEKLY SERMON

By REV. J. A. ROSKAM
Pastor First Baptist Church

"UNCERTAIN TEXAS"

I was interested to learn recently that there is a town in Texas by the name of "Uncertain." It will soon have a mayor, marshall and five aldermen and is located on Caddo Lake near the Louisiana border.

It has been suggested that it may be somewhat confusing when a resident of Uncertain visits a distant city and is asked for his place of residence. When he answers, "Uncertain," the inquirer might say, "Surely, you know where you live." And the Texan replies, "Yes, I am certain that I live in Uncertain."

A brief explanation will satisfy the questioner that the Texan is certain about Uncertain.

Spiritually speaking, there is an "Uncertain," wherein multitudes live. They are uncertain about their condition before God, uncertain about God's way of salvation and uncertain about their eternal destiny. King Solomon asked his son Rehoboam: "Have I not written to thee excellent things in counsels and knowledge, that I might make thee know the certainty of the words of truth; that thou mightest answer the words of truth to them that sent unto thee." (Prov. 22:20, 21;).

Luke, the beloved physician, wrote his gospel to his friend, Theophilus: "That thou mightest know the certainty of those things wherein thou hast been instructed." (Luke 1:4;). There is satisfaction in listening to a person who knows whereof he speaks.

The Apostle Peter said to the Lord Jesus: "Thou hast the words of eternal life. And we believe and are sure that thou art the Christ, the son of the Living God" (John 6:68, 69).

The Apostle John said: "These things have I written unto you that believe on the name of the Son of God; that ye may know that ye have eternal life" (I John 5:13).

The Apostle Paul said: "I know whom I have believed and am persuaded that He is able to keep that which I have committed unto Him until that day." (2 Timothy 1:12).

With bibles in hand, we can be certain that "All have sinned and come short of the glory of God." (Romans 3:23).

We can be certain that God loves us and has given His beloved Son to die for our sins and to rise again (John 3:14-18). We can be certain of the way of salvation for the Lord Himself said: "I am the way, the truth and the life; no man cometh unto the Father but by me" (John 14:6). And we can be certain that the destiny of all believers is to be with and like the Lord Jesus Christ.

Live in Uncertain, Texas, if you wish, but by all means, do not remain uncertain of eternal certainties, regardless of where you live.

ANNOUNCEMENTS

- Kinsmen giant bingo Nov. 17. (225).
- S.O.N. whist and dance Friday night, November 3, 8 o'clock. Everyone welcome. (215)

PRINCE RUPERT GOSPEL ASSEMBLY
(Meeting in Sons of Norway Hall)
119 5th Avenue East
9:45 a.m.—Breaking of Bread
Sunday School: 11:30 a.m.
Gospel Service: 8:00 p.m.
Everybody Welcome
Phone 6311 or 3974

Fish poison cause of seven deaths recently

With the recent occurrence of two fatal cases of food poisoning in the Queen Charlotte Islands recently the number of deaths from eating raw fish eggs has risen to seven in the past five years, reports Dr. G. P. Evans, director of the Skeena Health Unit in Prince Rupert.

"All the cases have occurred among members of the Indian population," he stated, "as raw fish eggs are a recognized part of their diet."

Provided that the eggs are adequately cooked and prepared before consumption, there is absolutely no risk whatsoever of suffering from fish poison.

The danger arises from eating the eggs raw after they have been allowed to stand for several days or weeks. During this time, the bacteria grow and produce the poison in sufficiently large quantities to produce severe sickness and death.

This poison cannot be seen, tasted or smelled. The only way to be certain it is not present is by cooking or boiling the fish and fish products before eating.

This form of food poisoning, or botulism, is quick acting and needs prompt medical treatment.

Unfortunately the early symptoms are mistaken for gastric 'flu.' A doctor should be consulted immediately if vomiting, diarrhea or stomach cramps occur after eating raw fish or fish eggs which have been allowed to stand. If possible, the patient should take a specimen of the suspected fish with him to the doctor.

This does not apply to symptoms arising after eating cooked or canned fish where the initial preparation will rule out all chances of such poisoning.

It is most advisable not to eat raw fish or fish products which have been allowed to stand for any length of time at all, concluded Dr. Evans.

HOW CHRISTIAN SCIENCE HEAL
Getting Rid of a Chip on the shoulder.
KTKN—9:30 k.c. Saturday 10:45 a.m.

FALLOUT SUIT ties up traffic in downtown Toronto. Suit sells for $49.98 and includes an eight-day emergency supply of food which model Heather Jenkinson carries in a string bag. — CP Photo

CHURCH DIRECTORY

ANGLICAN CATHEDRAL
4th Ave. W. at Dunsmuir St.
Sundays: 8:00 a.m. Holy Communion 9:30 a.m. Family Communion 3rd Sunday; 11:00 a.m. Family Service 4th Sunday; 11:00 Sunday; Wednesday & Saints Days 7:30 a.m. Holy Communion.
Very Rev. G.T. Pattison—Dial 4766

EVANGELICAL FREE CHURCH
6th Ave. E. at Ambrose
Sunday School 10:30 a.m.
Services 11:30 a.m. and 7:30 p.m
Rev. H. W. Foster—Dial 4403

FIRST PRESBYTERIAN
235 4th Ave. East
Sunday School 10 a.m.
Tiny Tots 11 a.m.
Services 11:00 a.m. and 7:30 p.m.
Rev. I. S. Gamble—Dial 5823

ST. PETER'S ANGLICAN
End of 6th Ave. E.
8:00 a.m.—Holy Communion
11:00 a.m.—Service
7:30 p.m.—Evening Prayer
Rev. D. Chassels—Dial 3911

ST PAUL'S LUTHERAN
5th Ave. at McBride St.
Sunday School 9:45 a.m.
Services 11 a.m. and 7:30 p.m.
Rev. M. B. Odland—Dial 4164

THE SALVATION ARMY
27 Grenville Court—Fraser St.
Sunday School 12:45 p.m.
Services 11 a.m. and 7:30 p.m.
Capt. & Mrs. H. McDonald
Dial 3024 and 6181

FIRST BAPTIST
5th Ave. East at Young St.
Junior, Intermediate and Teen Classes 9:45 a.m.
Nursery, Kindergarten and Primary 12:15 p.m.
Services 11 a.m. and 7:30 p.m.
Rev. J. A. Roskam—Dial 5060

REGULAR BAPTIST
620 6th Ave. E.
Sunday School 10 a.m.
Services 11:15 a.m. and 7:30 p.m.
Rev. L. E. Jackson—Dial 3971

PENTECOSTAL TABERNACLE
202 6th Ave. W.
Sunday Schor. 10 a.m.
Services 11 a.m. and 7:30 p.m.
Rev. C. A. Myhre

PORT EDWARD GOSPEL CHAPEL
(West Coast Children's Mission)
Sunday School—10:30 a.m.
Services 11 30 a.m. and 7:30 p.m.
Pastor John Goertz

FIRST UNITED
630 6th Ave. West
Jr.-Intermediate and Teen Bible Class—9:45 a.m.
Nursery, Kindergarten and Primary—11 a.m.
Services 11 a.m. and 7:30 p.m.
Rev. R. W. K. Elliot—Dial 3114

BETHEL BAPTIST CHURCH
200 4th Ave. East
Sunday School 10 a.m.
Services 11 a.m. and 7:30 p.m
Rev. J. Rauschenberger—Dial 2453

FACEY HALL—UNITED CHURCH
1917 7th Ave. East
Junior-Intermediate Sunday School—10 a.m.
Kindergarten-Primary Church School—11 a.m.
Don Robertson, Supt.

CONFIDENTIALLY YOURS
—by Byrne Hope Sanders

TORONTO, November 2nd — A fur coat on your back is worth two in your furrier's window . . . why not finance your new fur coat right now under the BANK OF MONTREAL Family Finance Plan that brings all your personal credit needs under one roof? The ability to make monthly loan repayments, without hardship, is all you require to borrow under this low-cost, comprehensive plan. There's automatic life insurance, and repayments can be spread over two, or even three years. Whether it's a new fur coat or something else important to you, chances are you can get it by arranging your low-cost Bank of Montreal Family Finance Plan loan at your neighbourhood branch of "My Bank".

IF YOUR FAMILY IS LIKE MOST I KNOW, you believe in 'majority rule'. That's why, once you've had RED RIVER CEREAL for breakfast, you'll have it again and again. Yes, Red River always wins all the votes! That's because Red River is truly delicious, with its nutty, wholesome blend of cracked wheat, rye and flax. Easy to cook too! . . . it takes just a few minutes to prepare piping-hot, nourishing, family-sized servings. And mother, just between the two of us, youngsters and adults really do need Red River's extra energy values. So serve Red River Cereal tomorrow — then take a vote. You'll find the 'Ayes' will have it.

EAT THREE GOOD MEALS A DAY . . . and at the same time get rid of excess pounds! Sounds too good to be true, doesn't it . . . but with the NARAN PLAN, it's as true as the new, slimmer you you'll see. Yes, the Naran Plan is a truly safe, sensible way to diet and it gets you into the kind of eating habits that will help keep you slender. Eat less salt, fatty and starchy foods and take Naran Concentrate to help avoid the irregularity which frequently accompanies a change in diet. Yes, an ideal way to lose weight is to eat three good meals a day according to the Naran Plan. Ask for it at your favourite drugstore.

A REAL TREAT TO EAT . . . I know you'll agree with me that LIBBY'S SAUERKRAUT is a vegetable treat with a delicious difference . . . just try it! Serve Libby's Sauerkraut hot with meat such as pork or frankfurters . . . or serve it cold in salads, sandwiches. Libby's Sauerkraut blends deliciously with almost any protein filling such as sardines or cold meats . . . you will find its crisp, mellow flavour is always just right. What's more, Libby's Sauerkraut is high in vitamin content — low in calories — and low in cost. No wonder 9 out of 10 cans of sauerkraut sold in Canada come from Libby's modern kitchens!

EVERY DAY, IN MANY WAYS, I'm glad I made this budget-wise food discovery . . . BLUE BONNET MARGARINE. Yes, I use this delicious, all-vegetable margarine in so many ways . . . in my cooking, for baking light and tasty pastries and as a vegetable topping. And of course it makes the best spread for bread you've tasted — with its fresh, sunny-sweet flavour that everyone enjoys. Yes, Blue Bonnet gives me everything I want in a spread — taste and nutrition and a just-right price. Why not try it? You'll be delighted with its low cost — and I know you'll agree that Blue Bonnet makes just about everything taste better.

SHOPPING ...with IRIS

HELLO EVERYONE

. . . And a SPECIAL hello to the ladies of Prince Rupert. In the coming weeks, I will be writing to you through this column, to keep you informed of the new and exciting things to be found in our local shops.

November is a month of extras . . . extra shopping, extra cleaning and extra baking. It is also the month when winter sports get underway, social events and activities are in full swing and Christmas is just a month and a half away.

All in all, everyone is busy.

Speaking of winter sports and curling in particular I was in **PARKER'S LADIES WEAR** today. They showed me their new "Avon Knit" curling sweaters. They are truly lovely, 100 per cent Botany Wools, plain and novelty patterns, in green, white, blue and pink and the popular Norwegian Style Knits. They are so comfortable for curling, warm, but not heavy and a smart addition to any Sports wardrobe. That's at **PARKER'S LADIES WEAR.** They will be pleased to show them to you.

Further along in my travels today I called in to see Manson at **MANSON'S JEWELLERS.** He showed me his display of bangle bracelets and asked if I would mention that they had arrived as he has had several ladies ask for them. His display of costume jewellery is really something to see. It is also hard to explain. There are many, many new styles and new shades and Mr. Manson says that gold in all jewellery will be the fashion highlight for winter. bead necklaces flecked with gold and pearls separated with golden beads. Mr. Manson has recently returned from Toronto where he attended the Gift Show so he will be keeping us informed from time to time of the latest stock as it arrives.

FLASH! — Just arrived at the **STORK SHOPPE!** The latest thing in little girl's housecoats . . . Muu Muus . . . in beautiful colors, wonderful-for-washing corduroy . . . Made in British Columbia for our own little girls . . . Just so right for the girl who has everything . . . the Muu Muu. . . .

Where??? At the **STORK SHOPPE,** of course!

Are you one of those lucky people who can wear a size 4, 4½ or 5 shoe? If so, you should drop into **FAMILY SHOE STORE** and see the "Lucerne" shoes. They are a discontinued line, ordinarily sell for $15 and are now on at $5.95. They are beautiful in their simplicity — the heels are illusion, jet or high, with various toe stylings and several colors to choose from. Charlie Roberts and his staff are looking forward to your visit.

Have you started your Christmas shopping yet? I don't suppose many of us have, although, most of us said we were going to have it all done before the rush. One of the most interesting places in town is the **TOTEM GIFT SHOP** on Sixth Street. Vera Webb has so many things that are unusual and it would take a person a couple of hours to see them all. When I called in she was unpacking a shipment of ladies Mexican carved handbags. They were different, in that they were not the usual shape or style. You'll have to see them for yourselves. While you're there look at the soapstone carvings and the rosewood from the Orient. And do allow yourselves lots of time because you'll be fascinated once you've set foot in the door.

Now then, let's come back down to earth again, aye? We still haven't done the Christmas Cards, or for that matter, we haven't even ordered them. **THE DAILY NEWS** has a large display and cards can be ordered either plain or personalized. If you order them right now, you'll have lots of time for mailing.

While I'm on the Christmas theme, I'm sure we all have favorite recipes that we save for our holiday baking. Each week we are going to publish one recipe and if you have a special favorite, it would be nice to pass it along. Just mail it to **"Shopping with Iris," c/o The Daily News, Box 548, Prince Rupert.** The first recipe was given to me by **Mrs. J. L. Miners, 755 Eighth Avenue West,** and it is a light fruit cake with a delicate flavor. It makes around five pounds and is not too expensive.

BETTY MINER'S LIGHT FRUIT CAKE

- ¾ cup butter
- 1 cup sugar
- 2 eggs, beaten
- ½ lb. slivered almonds
- ½ lb. candied red cherries, halved
- ½ lb. candied green cherries, halved
- 3 rings glaced pineapple
- 1 lb. bleached sultana raisins
- ¼ lb. citron peel
- 1 cup dessicated cocoanut
- 2 cups crushed pineapple, slightly drained
- 1 tsp. salt
- 2 tspn. baking powder

Wash, dry and dredge fruit with about 1 cup of the flour. Cream butter well, add sugar, blend thoroughly, add beaten eggs. Beat until light and fluffy. Add sifted flour alternately with pineapple. Add fruit and nuts. Bake in well lined pans in a 275 degree oven for 3 hours or until done.

When you're downtown this weekend, or tonight, you should make it a point of calling into **ANNETTE'S.** They have one of the largest selections of skirts in town — every color imaginable, in sheaths and the fuller styles, too. The prices start from $8.95. One of the feature skirts is the "Shamrock," with an exclusive non-curl waistband. You'll see Tan-Jays, Petti, Earl Picard skirts in plaids and plain materials. The ever smart black is there, too. It is one of the indispensibles on a working girl's skirt rack. . . . **ANNETTE'S** are open to 9 p.m. Frida, until Christmas so you won't have to rush around in your lunch hour.

I guess all women like drug stores. They look so pretty and smell pretty, too. **LANGFORD'S PHARMACY** is no exception. I often browse around there. Something that caught my eye today was the once-a-year sale of Helena Rubenstein products. Miki Langford showed me the marvellous deep pore cleanser (who among us doesn't need that) and moisturizer. It's called "Skin Dew" and the cleansing cream is "Water Lily." They're 'must' items and very reasonably priced. There are more nice things to see, too. DuBarry Moisture Petals, Royal Jelly Treatment Cream and Royal Jelly Fluid Makeup. Ask the girls at **LANGFORD'S** to show them to you, or just browse around. They won't mind a bit.

Before you leave tonight for your weekend shopping, be sure to add the ingredients for your fruit cake to your grocery list and leave a reminder to send along your recipe for next week.

I hope you have a pleasant weekend, but it won't be complete without good music. I was reminded of this when we called into **DELORES' RECORD BAR.** For quiet listening pleasure, an old fashioned family sing-along (how we love em), or party records, they're all there. A new arrival is the LP "Close-up" by the Kingston Trio. If you have a child's birthday on your list this month, you should take particular notice of the books. What an array! Delores also keeps a distinctive line of Christmas Cards and she has the overseas Christmas Calender Cards too. They are entitled "Beautiful Canada" and are ideal for sending abroad. The time to get them off is NOW. All that is needed is the address and a stamp and they're ready to be sent. So for good music and thoughtful gifts, do drop in to **DELORES' RECORD BAR.**

All for now . . . until next week. . . .