JOHN F. MAGOR President

J. R. AYRES

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If you choose to work, you will suc- your goal is to live fully, you will be it. If you join little cliques, you will be wise. self satisfied, if you make friends widely, you will be interesting.

If you gossip, you will be slandered; if you mind your own business, you will be liked. If you act like a boor, your will be despised; if you act like a human being, you will be respected. If yoù spurn wisdom, wise people will spurn you; if you seek wisdom, they will seek you. If you adopt a pose of boredom, you will be a bore; if you show vitality, you will be alive.

If you spend your free time playing bridge, you will be a good bridge player;-if-you spend it in reading, discussing and thinking of things that matter, you will be an educated person.

If your goal is social prestige, your life will be empty; if your goal is to serve society, your life will be full. If

ceed; if you don't you will fail. If free to live. If you are conceited about you neglect your work, you will dis- how much you know, you will be stulike it; if you do it well, you will enjoy pid; if you are humble, you will be

> If you try throughout life's journey to recall and enlarge what you have learned of the cultural and intellectual and spiritual heritage of the past, so as to stand on the giant's shoulders and see further, "to follow knowledge, like the sinking star, beyond the utmost bounds of human thought," you will travel joyfully.

> You will never arrive at your goal -you will never know all that you try to know-but in trying you will become what you could never otherwise have been, and the world will be a better place by virtue of your quest.

-The late Dr. Sidney Smith, former president of Toronto University and later Canada's Minister of External Affairs.

Birth control bans

We, in the West freely urge birth control on the teeming countries of Asia. Yet, on our own continent, our attitude toward birth control is severely circumscribed by laws that seem geared to the 16th century.

In Connecticut the other day, two officials of the Planned Parenthood Centre were convicted of violating the state's 1879 birth control-taw that forbids the use of contraceptive dévices and bars physicians from prescribing

thousands of Canadians go to their drug stores to purchase birth control devices or consult their doctors on planned parenthood. In doing so, most of them are unaware that they are viplating a law as outdated as that of Connecticut.

tion 150 which reads, in part: "Everyone com-

mits an offence who . . . offers for sale or disposal any means, instructions, medicine, drug or article intended , . . as a method of pre-

Toronto druggist was convicted for distributing a booklet on family planning and birth

In this country, even a discussion of the subject on radio or television is prohibited unless specifically approved in advance by the Board Canadian law is equally archaic. Each day of Broadcast Governors. Since this is impossible in any spot broadcast, or even in an untaped free exchange of opinion, public discus-

FUNNY SAYINGS TORTURE WEIGHT WATCHERS

Candle on melba toast treat for birthday

watchers a slow burn: . "Well, Elmer, you've already lost one chin-

anow you've just got three more to go." I'm hear he has to weigh himself on two

bathroom scales -- one under each foot." "We ought to do something special for his birthday. How about lighting a candle on a

piece of melba toast?" "You're doing fine, Mr. Wallow. You've tape measure as tight as I can, and you still taken off another quarter of a pound this have a size 46 waist." week. Slow and easy — that's what does it. Alm Wals rate in another three years you'll be down to within 15 pounds of your normal

"Would you mind taking this plate back to the kitchen waiter? The gravy's too cold. And by the way, tell the chef to put a little more on I like oodles of it."

FRIENDS ARE FIENDISH

"Mind if I take some of those French fries bull fiddle!" off your plate, Elmer? I know you aren't al-Jowed them."

And this pill is to cut down on your appetite, Mr. Wallów . . . This pill is to make you feel less nervous . . . This pill will help you From dreaming about food at night ... And this pill is to. . . ."

lets you have four pieces of bread a day ---- and fell off the stool."

Under this law, less than a year ago, a

sion of the issue is effectively blocked.

No one can deny the right of any church to teach that use of birth control devices is immoral. But this belief should not be imposed by law on the majority which disagrees. ; Our revised Criminal Code still retains sec-— The Toronto Star

Associated Press Staff Writer

and mashed potatoes twice a week, plus ice - NEW YORK — Remarks that give weight cream on Sundays."

"Gee, I sure do envy you, Elmer. I eat . . . and eat . . . and eat — and I can't put on an ounce to save my life."

"Oh dear, did you burn your finger? Let me put a little butter on to soothe it. It's been so

long since you've had any butter." "I'm sorry, Mr. Wallow. I've stretched this

"I can't understand it, dear. I'm sure I left a pint of cream and half a deep-dish apple pic in the refrigerator last night, and this morning they're both gone."

"Why don't you go to my doctor, Elmer? His patients lose weight on a diet of bananas, fruit cake, peanut butter, crackers and pork

"Yeah, Elmer looks as fit as a fiddle --- a

"Please quit pulling in your stomach so hard, dear. You're so red in the face I'm afraid you'll keel over.''

"Gosh, I don't know what happened. This fat guy next to me asked you for a lettuce and tomato salad without dressing and when I ordered a ham sandwich and a double thick "Why don't you go to my doctor, Elmer? He - chocolate malted milk -- well, he just fainted

Stick with Portugal

We should stick with Portugal, and withhold—the side of the Soviets. All and to Nebru's India until he releases the Portuguese provinces which he grabbed.

vote taken in the UN during the time that our - his own interests even to his colonial grab. When the Reds invaded Tibet, Nehrn wanted

INTERPRETING THE NEWS

When the Reds invaded Tibet, eNhru wanted our soldiers to help protect his India. He has Nehru claims to be a pacifist; yet at every—used the United States and the UN to further South Pasadena (Calif.) Review

Spy swap may mean temporary cold war thaw

By HAROLD MORRISON Canadian Press Staff Writer

The Soviet-American spy swap appears to be an indication of a temporary thaw in the

may contain a booby trap. The initial excitement generated by the andden announcement that Russin has agreed U-2 pilot Francis Gary Powers has given way

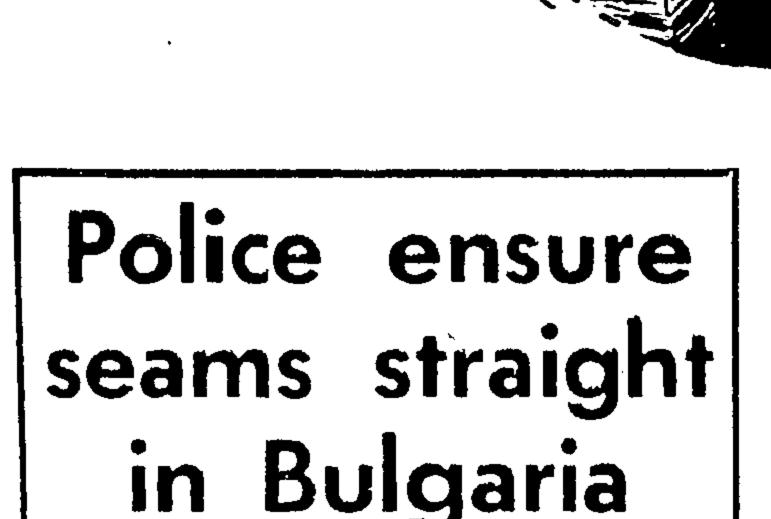
to new questioning and appraisal. This the U.S. obtained the bost of the deal? What value was there in getting Powers buck if it meant turning over to the Russians their muster spy, Col. Rudolf Abel, who apparently operated in the U.S. for more than 11

years before he was uncovered through an informer? visi diplomats say the public generally is plad to see Powers free simply because he is an American. But some congressmen would like to question the 32-year-old pilot and find out how his plane fell into Russian hands intact and why he allowed himself to be taken alive.

But amid the questioning generated by the Powers-Abel exchange --- with the release by cold war which the Americans are studying. East Clermany of American student Frederick with a rather cold-fish approach, fearing it. L. Pryor thrown in --- there is growing hope that the spy swap may lead to other exchanges, and that out of these may finally come some -concrete 'decisions reducing tensions and controlling the arms race,

U.S. authorities feel, however, the public should be enutioned not to read todymuch into the spy exchange. It may tend to soize and enlarge on any token Soviet offer, the "...

Premier Khrushchev may haya U.S. public sentiment in mind in announging he was proleasing Powers in the Interest of promoting better relations with the U.S. However, this time Khrushchev appears to be less successful than in the past. Americans appear unsatisfied with this one move. They are looking for something more concrete.



By MICHAEL GOLDSMITH

policeman stopped a girl on Rakovska Avenue. "Pardon, comrade," he said with a voice of authority. "Your seams ned straighten-

SOFIA, Bulgaria (4) --- The

And he pointed to a nearby doorway where she could straighten her stockings out of sight. The girl followed his directions without hesitation.

Bulgaria's Communist regime does not like people to look untidy in the street. The seamless stockings popular in the West have not caught on

The government had its hand in practically everything. Communist control extends to supervision of morality and cleanliness.

A man cannot register in a hotel with a girl—or invite her to his room—unless he can prove she is his wife. Universities expel any stu-

dent guilty of "immoral con-STRESS ON DRESS

Farmers who come to town in shabby or dirty clothes are sent home and told to come

back decently dressed. Divorce is more difficult in most Communist countries.

The chronic housing shortage leads to bizarre situations when couples do get divorced. One young Solia couple shared a two-room apartment with a baby and a mother-in-law. Now they are divorced and each has married again. The mother-in-law has moved out, and the former husband and wife live separately in the same two rooms, each with a

new marriage partner. The state's paternalism includes a kind of means test for anyone who wants to buy an automobile. If a prospective car-owner lives with a wife and three children in a single room, the government may tell him to spend his money on a botter apart-

Some 4 per cent shops are privately owned, and these are being systematically edged out.

With the classics Glory be to God for dappled

For skies of couple-color as a brindled cow;

For rose-moles all in stripple upon trout that swim; Fresh-firecoal chestnut-falls; finches wings;

Landscape plotted and pieced -fold, fullow and plaw; And all trades, their gear and tackle and trim.

... Clerard Manley Hopkins.

Taking your wife to a party is like fishing with the game warden. No matter what you have to throw it

Short sermons



ELECTION

FEVER CHART

GO ON A TRIP. TO THE POLLS

Recent snowslide on CNR recalls big one of 1909 on GTP which closed line for entire winter and not going through Archie

By WIGGS O'NEILL

Smithers, B.C. When the first trains ran out of Prince Rupert in 1909.

they ran as far as Shames station, west of Terrace. That first winter a big slide occured at what we used call Mile 44 and blocked the

new Grand Trunk Pacific Railway track tight. The rotary snow plow was up the line when the slide occurred, so they hightailed it

down the line to clear things

The GTP had made ample precautions for such an eventuality by building some snow sheds on the mountain above, but when the big slide came,

it took all the snow sheds with it, blocked everything up tight on the track and continued on out into the river.

The rotary plow arrived on the scene on the upper side of the slide, dived into it and started throwing snow to beat

When they got well into the slide, the rotary impellor picked up along with the snow, some of the wreckage of the defunct snow sheds, and a lot of rock which snapped off the big steel shaft like match wood. There the rotary plow stood on the track, helpless, unable to move forward or backward and some more snow slides came down and covered

Some engineer, or fellow who thought he was one, hired a small tug boat from the Georgetown Sawmill Company and some cannery bunkhouses on scows and sent them up the Skeena with about 150 Italians all equipped with shovels to clear up the track, so they could get the snow plow our and get it back into Rupert to be repaired.

You can imagine this operation was like trying to ball the ocean out with a teaspoon.

It was a glamorous scene to behold, those Sons of Italy standing 10 abreast, shoveling snow and muck and all talking

Italian at the same time and getting nowhere. The boss engineer, using pre-

McDougal's Tunnel.

brighter boys.

Of course this is the Cana-

dian National Railways now.

supposed to be run by much

any to look through the old

Grand Trunk Pacific log books

now and again. They would at

least discover that Archie Mc-

Dougal's Tunnel was built for

trains back through Archie's

tunnel for the winter months,

they would have saved them-

selves a few headaches this

I was running my passenger

boat "Strongheart," up as far

as Mile 44 that winter, and saw

all this affair myself and did

not get it second-hand.

winter from slides.

If they had routed the

a purpose and find out why.

I feel it wouldn't hurt them

cautions, had a man out on the ice on the river, with a gun. He was to keep his eye on the mountain above, and if he saw another slide coming, he was to shoot, which was a warning for the Italians to get

out of the way fast. Things went not too badly the first day, but they didn't show too mach progress in clearing operations.

Mile 44 is near the head of tide water and when the tide is high, there is always a movement of the ice in the frozen river. All of a sudden there was a big crack in the ce which gave a terrific report.

The Italians thought it was a warning shot fired from out on the ice. They dropped all shovels and beat it down the bank as if the devil himself was after them, all yelling at the same time. There was no new slide of

course, but the Italians refused to go back on the job. They were like a lot of sheep. The Italian boss man said "No," and that was that. So the tug boat had to take the camp scows and all the

Italians back to Rupert and the Grand Trunk Pacific was tled up for the rest of the vinter and the rotary plow was there too. When the spring came and the ice and snow had melted,

then the rotary was rescued, but not before. The company right away

gave Archie McDougal, one of the Foley Welch and Stewart Contractors, a contract and he constructed a tunnel through the solid rock under the brow of the mountain, to make sure a slide did not tie up the line like this again. It was always known as McDougal's Tunnel afterwards.

Of late years I have noticed that the railway has been using the old original track along the foot of the mountain

Copyright: Canada Wide In recent discussions of discount houses and the emergence of disturbing new factors in the world of retail trade, the phrase "distress merchandise" is used. The dictionary gives the definition of distress morehandise as "goods sold quickly, usually at less than the provailing price, in order to obtain eash."

chants of my acquaintance, there was the is a wider meaning. In all but a second very few of the manufacturing the fashions, the demand, or

the fickle public mood. Ware-

houses become backed up with those goods. They are laborlously pushed upon the smaller out-of-the-way shops, or distributed to the smaller communities at a reduced price. though seldom at a loss. When the warehouses and small shops become everleaded with these mistakes on the part of production, steps have to be taken to unload.

These goods become "distress merchandise" along with tho goods referred to by the dictionary. But it is safer to avoid the dictionary category even more than the boo-boos. produced as bargain goods in order to raise hurried eash.

Truo bargains, actually, are n little hard to come by.

By FORBES RHUDE

Canadian Press Business Editor Cyclical budgetting by governments is supposed to produce budget surplusses in good... times and deficits in recession

However, many critics feeling the tendency is much stronger towards bad-time de was ficiles than towards good-times surplusses.

The First National City Bank of New York expresses such an " opinion in its current letter 🖫 It apparently regards as "op-" timistic" President Kennedys forecast of a balanced budget w for the fiscal year 1982-1963 comments that while budget surplusses have bedired proposed in each of the last six presidential budget messages, surplusses were produced only in fiscal-1957 and 1960. "The theory of compensatory finance has not worked,"

the letter says: "we have had prescribed increases in federal spending in periods of business recession but not the cutbacks in periods of prosperity. The tailoring of outlays to fit prospective revenues is a practical demonstration of the working of Parkinson's second law: Texpenditure rises to meet an DEBT SOARS

"When business is slow, government outlays are increased to produce more jobs. When business is good, they are increased because revenues are The public debt enlarged. moves inexorably higher, Income tax reforms—the seeget of European prosperity-keep getting postponed year attër

Quote, unquote ::

M. W. Mackenzie, president Chemcell Ltd., Montreal:

"Thinking of ways in which one would like to be better off is rarely a rewarding pastime. The trouble, for individuals and corporations and counting tries, is that it is liable to be day-dreaming rather than police icy making."

Dr. Chauncey D. Leake, Care lumbus University at the Cation fornia School of Medicing's symposium on drinking:

"The use of alcoholic drinks" at the end of an emotionally. gruelling day may have a realcivilizing effect on the overtense, overwrought, over-auxious and over-irritable husband seeking rest and peace in his home.

"A couple of drinks performs wonders in helping husbands and wives to feel more tolerant and understanding of each other."

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gate a career opening that offers opportunities unequalled in other occupations! Today the Queen's Own Rifles - which has served with distinction in every major Canadlan campaign of the past 100 years -- faces, together with its sister regiments, the vital new challenge of helping preserve world peace amid present international tension. To carry out this task Canada's oldest riffo regiment needs adventuraloving young men of courage and character, and offers them handsome rewards in return: steady employment on a career basis, a healthy outdoor life, advancement by ability alone and rates of pay that were never lietter. Why don't you look into these exciting opportunities?

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