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TUESDAY, APRIL 2, 1963

# Health is the key to many doors

Mith National Health Week now in ily." Prince Rupert is not excluded in its second day, Prince Rupert this respect. residents stand only to benefit by turn- A well-balanced health program is ing their thoughts to the importance necessary, the Canadian Medical Asof this subject which should actually sociation says. It goes on: "Among the" be in effect 365 days of the year.

glance at the issue when it is really acceptance of personal responsibility." an issue, such as a member of our Governor General Georges P. Vanround.

spend a lifetime trying to obtain, and, future." oddly enough, it is something that far too many of us take for granted."

The minister says that National of his own health and that of his fam- use it?"

factors essential to the people's health To the average individual, National are adequate nutrition, good housing, Health Week may appear to be "just exercise and leisure. High on the another one of those campaigns", and health program is the wise and senin this respect many of us tend to sible conduct of the individual and his

family suffering from a disease. But ier puts it logically: "Few people would it shouldn't be this way. We must use put a match to a weekly pay cheque. National Health Week as a pilot pro- To do so would be obviously wasteful ject and follow it through the year and stupid. Yet, every day, there are people who in effect do just that. By As the minister of national health neglecting their health or the health and welfare states: "Good health is of others, they incur expenses, undersomething that can't be bought, beg-mine security and foster unhappiness. feed, borrowed or stolen. It is some- In disregarding the obvious they dething that some of us have and others stroy the hope and opportunity of the

To use the words of Mr. Vanier for an appropriate sum-up: "With health anything seems possible, without it Health Week "is a time in which each everything seems impossible, Health and every Canadian should take stock—is the key to so many doors. Why not

JAMES K. NESBITT

### A look at next week's federal election

VICTORIA—On Monday next it will happen never taken either of them very seriously. I — we, the people, will go to the polling booths and try to make order out of chaos.

Our heads are spinning, and no wonder. The politicians of all shades have been popping off every which way.

For what it's worth, I make no secret of the fact that I'm going to vote Liberal because I'm strongly North American. I do not want Canada to be made a ridiculous, troublesome little island. I am appalled at the way Conservatives and NDP'ers would have Canada sponge on the USA for protection. As for Social Credit, I for Canadians, whatever that means. He for, except confusion.

Canadians and Americans, but they try to to us if he pushes Americans and their lovely divide western Canadians from eastern Canadians, in a desperate effort, I suppose, to con- I suppose. You could hardly expect him to tell quer all on election day.

Agriculture Minister Alvin Hamilton, of Saskatchewan, says that Social Credit leader

am glad Pearson has come right out and said that if he's elected PM he'll right off seek a meeting with President Kennedy. I think that took courage, in view of all his political enemies

are saying about him licking the Kennedy boots. It's a great fight the PM's waging, and I admire him for it, and I like the quiet, sincere and pleasant looks of Mrs. Diefenbaker. But underneath all the whipped-up drama and the wild shoutings I cannot figure out what Mr. Diefenbaker stands for, except a vague Canada

can't make up my mind at all what it stands doesn't tell us how he's going to accomplish this, except by trying to punch Uncle Sam in Conservatives do not only try to divide the nose. He doesn't tell us what will happen dollars out of this country. That's natural, us we'd all fall flat on our faces

Yes, Monday's a big day. In Ottawa, the experts predict a record 80 per cent turn-out Thompson, of Alberta, plotted with Toronto of the voters. I hope that's so. It may sound financiers to remove Prime Minister John Die- like a cliche, but I'd say this is just about the fenbaker from office. This, according to most important election in our history. For Hamilton, is particularly bad, because Thomp- the first time, the people of Great Britain and son is a westerner and so is Diefenbaker, and the United States, of Japan and Russia, of all therefor Thompson is a traitor to the west. the Americans, including Cuba, have their eyes Did you ever hear tell of such nonsense as that? on us as Canadians. In this election we will I don't like the way our PM and NDP leader prove whether we're North Americans, or Tommy Douglas say Liberal leader Pearson gets whether we're nothing but a litie backwater, has orders from Washington. I think that is—sensitive, pompous and silly, just a nuisance to pure jealousy on the part of Messrs. Diefen- our friends and neighbors, a spoiled brat stickbaker and Douglas, because Washington has ing out our tongue at the adults around us,

#### The PM and the crowds

By LUBOR J. ZINK VANCOUVER (TNS) \_\_ Last week Agriculture Minister Alvin Hamilton predicted a turning point in the election campagen. The turn of the tide was to come as a result of Mr. Diefenbaker's sweep through British Columbia.

The Prairies were solidly Conservative, Mr. Hamilton roud and once the rest of the country saw B.C. tipping the scales, the swing behind the Prime Minister would become—the party organization down to presistible. Even Quebec, Mr. Hamilton predicted, would come to realize which way the wind was blowing and jump on the Tory bandwagon.

As so often happens to political and weather forecasts, things turned out differently. At the close of his foray into the westernmost province, British Columbia remained cool to the Prime Minister's wooing, The unticipated turn of the tide did not materialize.

FAR FROM SMITTEN True the Prime Minister attracted overflow crowds during his three-day talkathon which took him from Victoria to the Okanagan Valley and to Vanconver, but the audiences were far from smitten by his performance. His thinly camouflaged anti-Americanism drew no cheers and only sporadic applause. His twisting of facts concerning defense was met with embarrassed silence. His increasingly frantic attempts to put the blame for all Canada's ills on his opponents were too violent to be credible.

Sampling reactions to his speeches in Victoria and Kamloops, I had trouble finding people who were really im-

pressed by Mr. Diefenbaker's oratory, "He didn't fool me," I was told by more than half of the people I talked to. Many of the remarks I heard after the meetings would look too harsh in print. The angry question: "How stupid does he think we are?" was among the mild-

I was surprised to find that the cabinet split which precipitated the fall of the Government apparently runs through its basic components. A loca! Tory official in the Okanagan Valley told me that Mr. Diefenbaker's return to power would be disastrous for the country, "We need a new leader," he said. "Diefenbaker is pushing us into isolation. What else could people like Harkness and Hees have done but resign? Howard Green is

strictly for the birds," "How will you vote?" I asked the same official after the meeting, "I don't know," he said with unconcealed despair, "Diefenbaker convinced me tonight that I can't vote for

"Why do you think the PM continues to draw such large crowds everywhere?" I asked. "Mostly curiosity, I guess," he suld, "People are confused by what happened in Ottawa. They want to see and hear the Prime Minister, Old Conservatives come hoping to be convinced that Diefenbaker is still their man. The others---well--some people like to flock to

Whatever the reason, the fact remains that the Prime Minister continues to draw large crowds wherever he goes.

His aides interpret it as an unmistakeable sign of Mr. Diefenbaker's triumph on April 8 The Prime Minister uses it in his speeches to reassure himself of victory.

But as the campaign enters the homestretch and the response to his emotionalism peters out rather than increases, his self-confidence shows sings of nervousness and begins to sound more and more hollow. In Kelowna the meagre applause had such a dampening effect on his stage performance that newsmen who know the speech by heart were roused from their slumber by its disjointed, dispirited

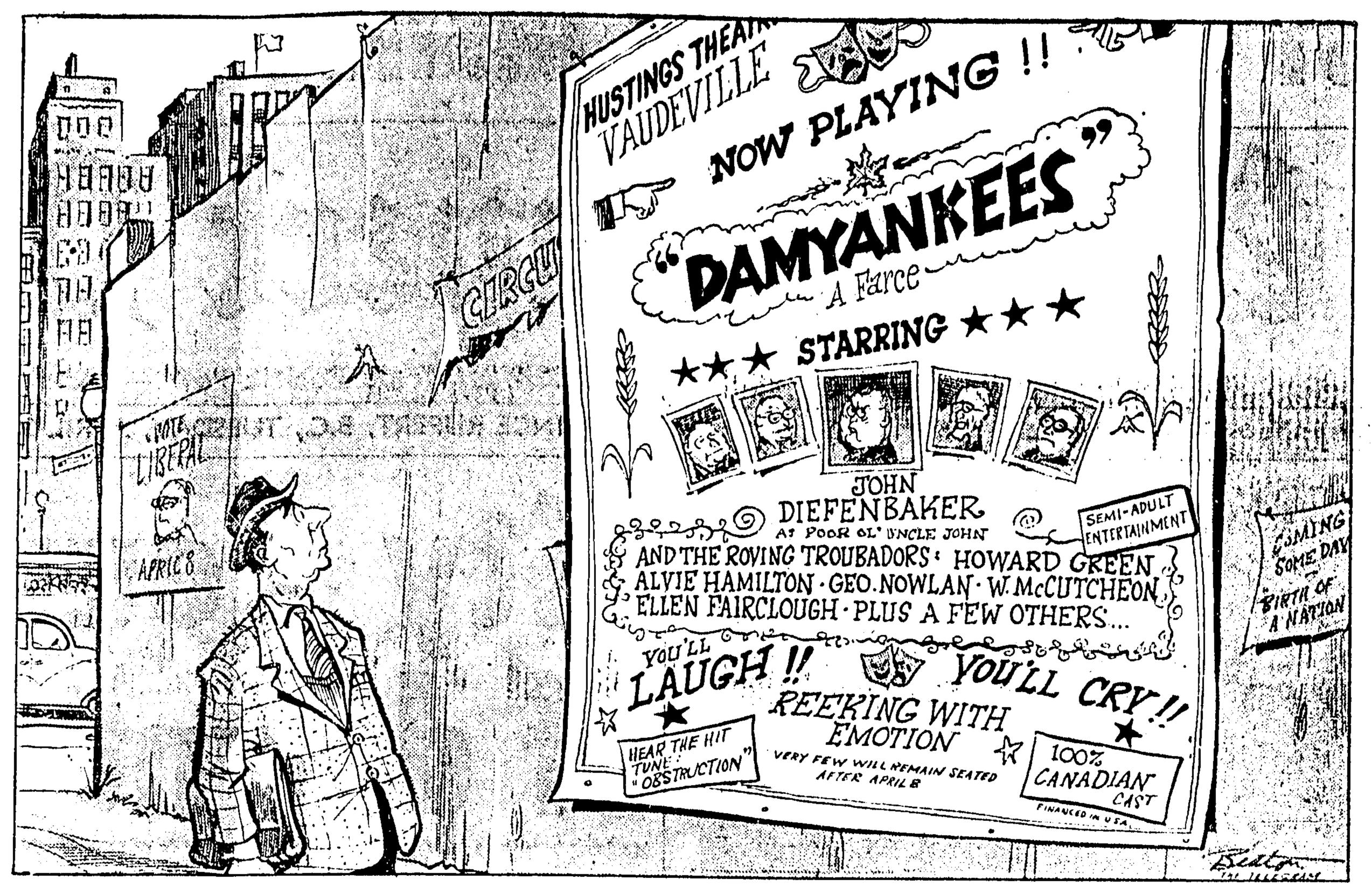
By The Canadian Press April 2, 1963-The first dominion census was held 92 years ago today....in 1871.... and revealed the nation's population was 3,689,257.In the last census, taken in 1961, the population was 18,238,247. In 1870 the Census Act was passed Under the act the census was taken every 10 years until 1956 when the first five-year count was made.

1959—Peking radio reported Tibet's Dalai Lama had reached India after fleeling the Communist Chinese.

1805 - Children's author Hans Christian Andersen was

#### snort sermons

The man who knows what he's talking about can afford to uso words everyone understands,



LAST IN A SERIES

#### Who is tampering with the soul of America?

In short, gentlemen, let's

start planting some flowers.

Well, that the jeremiad.

never thought I'd deliver one

of these. I never dreamed I'd

go around sounding like an

advance man for the Watch-

and-Ward Society. I used to

consider myself quite a liberal

young man. I still think that

on some people bikinis look

But I am fed up to here with

I am fed up to here with the

medicine men who try to pass

off pretense for art and pru-

rience for literature. I am

tired of seeing America debas-

ed and low-rated in the eyes

of foreigners. And I am genu-

inely disturbed that to idealis-

tic youth in many countries

pears synonymous with moral-

ity, while we, the chief reposi-

tory of real freedom, are re-

garded as being in the last

We can learn a lesson from

history. Twice before our Brit-

ish cousins appeared heading

into a collapse of principle,

twice they drew themselves

back. The British court reach-

ed an advanced stage of cor-

ruption under the Stuarts. But

the people rebelled. And in

the wild days of George IV and

William IV it looked as though

Britain were rotting out again,

But the people banged through

the reform laws, and under

Victoria went on to the peak

In this hour of fear, con-

fusion and self-doubt let this

stages of decay.

of their power.

the fraud of Communism ap-

educationists and pseudo-so-

cial scientists who have under-

rated our potential as a people.

the last in a series of an address given by Jenkin Lloyd Jones, editor of the Tulsa Ok- cover up the cesspool and lahoma Tribune, to the Inland Daily Press Association. The fifth part of Mr. Jones' speech was carried in yesterday's Daily News.

By JENKIN LLOYD JONES Tulsa Tribune Editor

It is time we hit the sawdust trail. It is time we revived the idea that there is such a thing as sin — just plain old willful sin. It is time we brought self - discipline back into style. And who has a greater responsibility at this hour than we, the gentlemen of the press?

So I suggest: Let's look to our educational institutions at the local level, and if Johnny can't read by the time he's ready to get married let's find out why.

Let's look at the distribution of public largesse and if, far from alleviating human misery, it is producing the sloth and irresponsibility that intensifies it, let's get it fixed. Let's quit being bulldozed and bedazzled by self-appointed longhairs. Let's have the guts to say that a book is dirt if that's what we think of it, or that a painting may well be a daub if you can't figure out which way to hang it. And if some beatnik welds together a collection of rusty cogwheels and old corset stays and claims it's a greater sculpture than Michelangelo's "David" let's have the courage to say that it looks like junk and probably

Let's blow the whistle on plays that would bring blushes to an American Legion stag party. Let's not be awed by movie characters with barnyard morals even if some of them have been photographed climbing aboard the Presidential yacht. Let us pay more attention in our news columns to the decent people everywhere who are trying to do

Driving in from the airport with a relative from Texas for my passenger, I was embarrassed, in the rush hour traffic, to have to brake violently a couple of times when home-going hustlers cut in

ahead of me though we were all going fifty and 😹 through-way. And 🍙 ahead of us a mile-long line of traffic stopped dead still, we knew that some hustler had probably sideswiped a fellow motorist, or that there had been a rearend collision; and that it would be a good twenty minutes to an hour's delay for us while the police arrived and

allowing us to proceed. The reason for my embarrassment was that in Texas, New Mexico, Arizona and such states, driving discipline is not only most strictly enforced, but what is more important, the residents of those regions have a perfecting understanding of how ridiculous it is for one man, one measly man, to hold up hundreds, if not thousunds of his fellow man by his

straightened out the tangle,

"Possibly," conceded my Texan, "you-all haven't been driving long enough up here in Canada."

You-all is good. It only takes one fathead in a hundred or five hundred motorists to disrupt what could be, and what, is, in Texas, a perfectly sensible flow.

be the story of America. Unless I misread the signs a great number of our people are ready. Let there be a fresh breeze, a breeze of new hon-

And ther, gentlemen, is where you come in You have typewriters, presses and a huge audience.

esty, new idealism, new integ-

How about raising hell?

## the lighter side

F.D.R. Jr. says he is sorry he accepted a \$30,000 retainer to represent the late dictator Rafael Trujillo in the U.S.A. If he'll turn \$30,000 over to the Treasury conscience fund we'll be convinced. — Chicago Sun-

\* \* \* Russia says it can explode atom bombs on the other side of the moon if it wants to. We would only be too happy if it would explode all of them there.—Ottawa Journal

"Grand Coulee," yelled the devout man as he hit his finger with the hammer. "What do you mean by yelling Grand Coulee?" asked his

"That," he replied, "is the world's largest dam."—Roadway Digest.

With Red China hopping on Nikita Khrushchev for the resolution of the Cuban crisis and Republicans in the United States jumping on President John F. Kennedy, it is beginning to look as though it may have been a draw.—Sacramen-

#### Lampaign Quotes

"Every time I hear and see not be made retroactive."

W. W. Shatford, Halifax regional manager, Imperial Oil Ltd., to 17th annual Canadian Consumer Conference in Hali-

The Conservative party is like the boy who killed his father and mother and then threw himself on the mercy of the court because he was an

Sid Dunkley, NDP candidate for York East, to East York Kiwanis all-candidates

that man (Real Caouette) on TV I am overcome with great regret that birth control can-

noon at separate ceremonies. (20 YEARS AGO) April 2, 1943—An interesting event at King Edward High School on Tuesday afternoon of this week was a concert

directed by John Cuntz of the United States Army, It was provided by a party of colored United States soldiers includling John Wealfolk, Selson i.Phillips, O'Dell Young and Wh. liam Henry in vocal numbers (10 YEARS AGO)

(50 YEARS AGO)

Warden A. Bryan-Williamstr

has reported to the Attorney

General's department that own

ing to the season for beaver

being open last year and the

number of pelts placed on the

April 2, 1923 — Yesterday

was April Fool's Day and one

of the local women teachers

thought she really found

man under the bed when she

was about to disrobe for the

night. Her screams of terror

brought rescuers who fourth

that it was only a pair of stuff.

ed boots and trousers that mad

(30 YEARS AGO)

April 2, 1933—On the eve of

retirement after many years'

service as stipendiary magis-

trate, registrar of the Supreme

and County Courts and land

registrar as well as in other

capacicities Harry F. MacLeod

was honored last Friday after-

caused alarm.

April 2, 1913-Chief Game

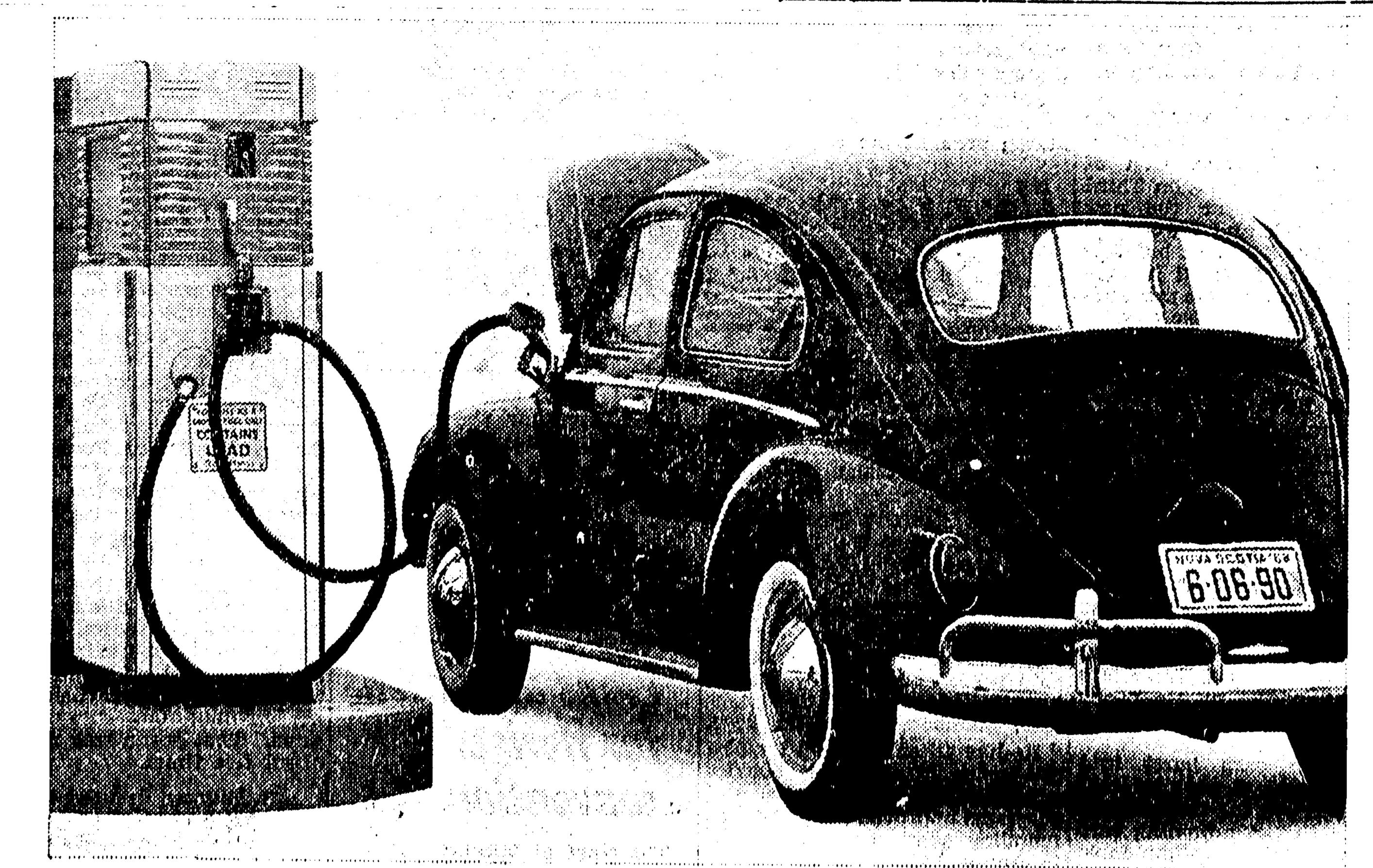
April 2, 1953 — Political wheels have been set in motion in Prince Rupert to start what most observers predict will be the most competitive election campaign staged here in many years.

EDITOR'S NOTE-Signed articles and editorials credited to other newspapers do not necessarily reflect the views of The Dally News.

#### TRAVELING LIGHT by the Sloanes:



"MOMMY! I FOUND MY CHOCOLATE EASTER BUNNY!"



# For two cents I'll leave town.

Don't go away mad,

Just go away. In a Volkswagen.

You'll come back smiling on the money you saved going. The Volkswagen averages 38 miles to a gallon of gas. In fact we've heard a few owners claim 50 mpg. (They're either very good drivers, or a little weak at mathematics,)

The Volkswagen is small change in other departments too. For a start, the oil never needs topping between changes. And even when it is time for a change, two and one-fifth quarts will do it.

When it comes to the cooling system, your expenses come to hacid for the city limits.

to zero. The radiator can't boil over or spring leaks or freezo up because there is no radiator. We cool our car with air instead of water.

On a long trip your thoughts may turn to service and replacement parts. Don't worry. You can be miles from nowhere and still find VW service. (We have 346 dealers right across

As a matter of fact, why not test drive a Volkswagen your nearest dealer now? And since it only costs him a couple of pennies, feel free

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