

DANGER LURKS IN EVERY ONE OF US

We Are As Full of Deadly Poisons As A Germ Laboratory.

AUTO-INTOXICATION OR SELF-POISONING

"FRUIT-A-TIVES" Absolutely Prevents This Dangerous Condition.

The chief cause of poor health is our neglect of the bowels. Waste matter, instead of passing from the lower intestine regularly every day, is allowed to remain there, generating poisons which are absorbed by the blood.

In other words, a person who is habitually constipated, is poisoning himself. We know now that Auto-intoxication, due to non-action of the bowels, is directly responsible for serious Kidney and Bladder Troubles; that it upsets the Stomach, causes Indigestion, Loss of Appetite and Sleeplessness; that chronic Rheumatism, Gout, Pain In The Back, are relieved as soon as the bowels become regular; and that Pimples, Rashes, Eczema and other Skin Affections disappear when "Fruit-a-tives" are taken to correct Constipation.

"Fruit-a-tives" will protect you against Auto-intoxication because this wonderful fruit medicine acts directly on all the eliminating organs.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.

NOW OPEN

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Specialists in Light and Heavy Construction, Repairs and Alterations. First Class Staircase Work and Finishing.

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UNIVERSITY RETURNED SOLDIER STUDENTS

The University of British Columbia has provided means whereby those students in Applied Science who enlisted during their University course or during their matriculation year and have intentions of proceeding in the fall, may resume their studies during the summer months. This provision has been made at the suggestion of returned soldier students who are desirous of completing those studies which were interrupted by enlistment, so that regular courses may be continued without undue difficulty.

TOM LEE CO.

840 Second Avenue, West.

VEGETABLES

Wholesale and Retail

General Contractors and Labor, Exchange.

Prince Rupert, B. C.

Phone 547 — P. O. Box 725

Hotel Prince Rupert

EUROPEAN PLAN

\$1.50 per day and up.

FIRST-CLASS CAFE

A La Carte.

PREHISTORIC STONE BRINGS MANY MYTHS

Kispix Indians Try to Interpret Crude Picture Engravings Recently Dug Up.

An Indian slab of grey sandstone, imbedded in the gravel of a wagon road near Kispix, was recently discovered by workmen, says the Vancouver Sun. The stone measures 13 inches at the top, 20 inches at the base, and it is 28 inches high and has an even thickness of two and a half ins., it is a hard sandstone and probably comes from either the Nine-Mile mountain or from Kitseucla, 20 miles downstream from where it was unearthed; the carving thereon resembles the modern chip carving and was undoubtedly performed with stone tools. A wax impression was made and is in the hands of F. B. Chettleburgh of Hazelton.

One Version of It.

An Indian by name of Mutlamar says that the heads in the corner represent two big hornets that followed a family for years, stinging them on every possible occasion, this punishment being brought on them for their wickedness of robbing caches. On the right of the stone they are supposed to have control of a trail that is indicated by the crooked line; along this trail the family would never travel. On the left of the stone a bridge is depicted on which the hornets met the family of eight and succeeded in stinging three of them to death. The number of the party is represented by the circles and the corpses by the eclipses.

Another tale was furnished by Tutelge to the effect that four big flies poisoned the tail of a salmon which proved fatal to three Indians in one family.

Another Story.

Tommy Jack, interpreting for one of the elders, furnished this story: "It appears that the totem poles are purely a historical account of recent years only, and prior to them the Indians used stones for setting forth the ancient legends and traditions of the families and tribes; this stone, he says, was brought up from Kitseucla when the Eagles moved from that place to take up their residence in Kispix, it was the property of the chief and symbolic of his chieftainship. The stone is well guarded and should a prospector, land-seeker or tourist happen to enter the village, he is attacked by 15 or 20 Indians within equally as many minutes, all of whom offer to disclose the hiding place of the stone for the sum of \$1, and most of them are willing to sell it for "five thousand dollars, maybe, you wait. I see my farder's sister. I tell you den."

Kispix is a village situated at the confluence of the Skeena and Kispix rivers, about nine miles north of Hazelton. Its surroundings are very picturesque and the village very interesting. There is a well preserved collection of totem poles depicting various animals and fishes, even the cougar

Daily News Classified Advertising

WANTED.

SMART YOUNG MAN WANTED for business office of wholesale merchant. Must have some edge, and have ideas capable of expanding with growing business. Must have knowledge of shorthand. \$125 per month to start. Applicants should write to P. O. box 436. tf

A YOUNG MAN WANTED, with knowledge of shorthand, book-keeping and general routine work in office. Applications, stating salary expected, experience and qualifications to box 295 Daily News Office. 203

WANTED—Woman or girl for general housework, with good home and good wages in Vancouver. Transportation paid. Apply to P.O. Box 107. 206

WANTED—Woman cook. Wages \$75 a month, with board and room. Apply to matron, P. R. General Hospital. tf

WANTED—A stenographer, must have had statement experience. Apply Daily News Box 293. tf

WANTED—Furnished apartments by man and wife. No children. P. O. box 787. 203

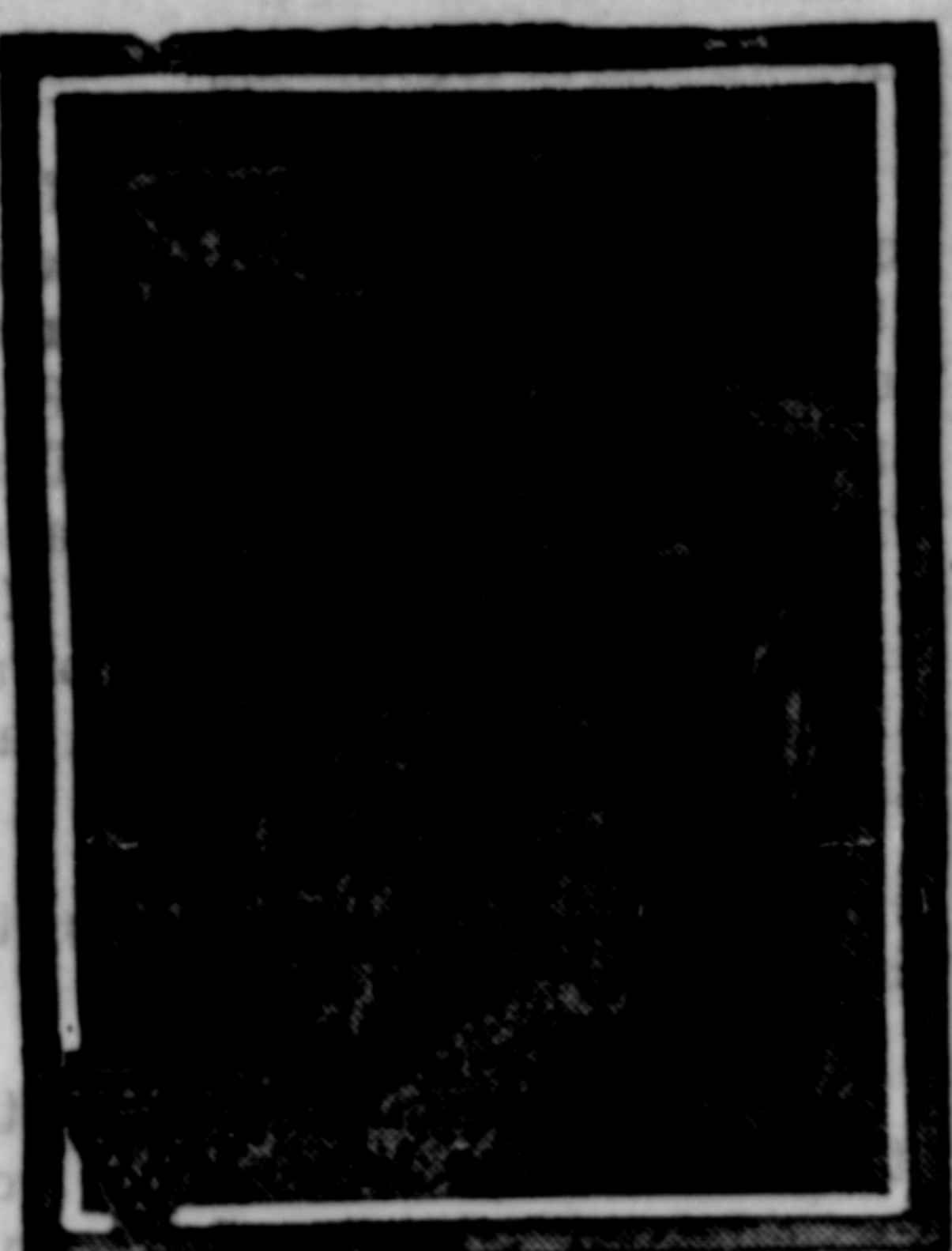
and sharks figure very strongly on the poles, which is a great mystery as the village is 180 miles inland from the coast and the cougars have never been seen this far north.

LETTERS TO THE EDITOR

Letters to the editor should not only be signed, but should have the proper street address of the writer. Letters from a hotel will not be published unless the writer is actually staying there and is known. Letters giving only a general delivery post office address will not be published, as there is no means of identifying them therefrom.

When a person writes a letter to the editor he or she must be prepared to back it up, if necessary, in a court of law. That is one reason all letters must be signed with the real name of the writer. If the address is not given there is no way of finding out who the writer is.

Letters should not be too personal or abusive. The letterbox is for discussing principles rather than persons.



Belle Bennett and Lee Hill in Triangle Play "The Lonely Woman" At the Empress Theatre tonight.

FOR SALE

GOATS, GOATS, GOATS.

Come and see the fine, fat Goats at the North Vancouver Goat Ranch. We are having a ten-days midsummer sale, from August 26, to September 6. A fine bunch of Saanen Does. Here is your opportunity to get ten per cent. off the regular values.—North Vancouver Goat Ranch, North Vancouver, B. C.

TROLLING BOAT FOR SALE—35 by 8 ft. 6 in., 12 h.p. heavy duty 4 cycle engine, electric wired, all trolling gear fitted and ready for sea in first class shape. Price reasonable. Would consider town lots in exchange. J. Howe, 724 7th Ave. W., or box 296 Daily News Office. tf

MONEY AT 8 PER CENT on building Loans. Apply Prince Rupert Housing Ltd., Geo. W. Nickerson, Secretary. tf

FOR SALE—Launch 25 feet, with cabin. 5 h.p. Gray engine, \$250. Apply box 294 Daily News Office. 204

FOR SALE—Old newspapers, ten cents a bundle.

FOR RENT

FOR RENT—Small furnished cottage, bath, hot and cold water. \$15.00. 414 Eighth Ave. West.

FOR RENT—Offices—W.J. Alder.

FOUND

FOUND—Key ring with Yale and post office box keys. Apply Daily News Office. tf

FOUND—Pair of spectacles. Apply Daily News Office. tf

MISCELLANEOUS

SEE MCGOWAN, the Cycle man, for new and second-hand bicycles, repairs and parts. Easy terms. All kinds of light repair work. Second Avenue, near McBride. Phone Blue 421.

THE NORTON—The place for a shampoo. Hairdressing. Scalp treatment. 210 Fourth Street. Open 10 a. m. or by appointment. Phone 493. tf

FARMS FOR SALE

C. P. R. FARM LAND—Choice farms in well settled districts in Western Canada; low prices; twenty years to pay; irrigated lands in Sunny Southern Alberta, with loan of \$2,000 in improvements to assist new settlers. Act now—they are going fast. For free booklet and full information write H. G. Loughran, General Land agent, 744 Hastings St. West, Vancouver, B. C.

IN THE SUPREME COURT OF BRITISH COLUMBIA.

IN THE MATTER OF THE ADMINISTRATION ACT

— and —

IN THE MATTER OF THE ESTATE OF ADALINE EDITH KILBURN, DECEASED

INTESTATE.

TAKE NOTICE that in Order of His Honour F. McE. Young, made the 24th day of July, A. D. 1919, I was appointed Administrator of the estate of Adaline Edith Kilburn, deceased, and all parties having claims against the said estate are hereby required to furnish same, properly verified, to me, on or before the 1st day of September, 1919, and all parties indebted to the estate are required to pay the amount of their indebtedness to me forthwith.

Dated this 30th day of July 1919.

J. H. McMULLIN, Official Administrator.

D. W. MORRISSEY Phone 573 WILFRID KELLY P. O. Box 1664.

Prince Rupert Grocery Company

Having more stock on hand than money in bank, takes this method in giving the public high grade value for their cold cash. The prices set forth below will be maintained until this advertisement is changed, when a further list of good values will follow. These prices are absolutely for cash over the counter. No C. O. D. or charging to account will command these prices. Delivery will be made by auto on the day succeeding purchase.

- Coffee, Malcolm's Best, 1s 60c. 2s . . . \$1.15 5s . . . \$2.85
- Tea (Amber) per lb. 55c.
- Currants 2 for 35c.
- Clarkes Pork and Beans, tomato sauce 2 for 25c.
- Small white beans 5 lbs. for 50c.
- Vinegar, per gallon 60c
- Fancy Biscuits, all varieties, per lb. 30c.
- Jam, Strawberry, 4s \$1.25. Black Currant, 4s, \$1.00. Red Currant, \$1.00. Raspberry, 4s, \$1.20. Strawberry and apple \$1.00. Green gage, 4s, \$1.00.
- Tomatoes, 2 1/2 s, per case \$4.50, per dozen \$2.40, per can, 2 for 45c.
- Tomatoes, 2s, per case \$3.75, per doz., \$2, per can 2 for 35c.
- Molasses, Domolco, 2s, 30c. 3s, 40c. 5s, 60c.
- Toilet paper, per roll, 5c.
- Pilehards, per can, 20c.
- Post Toasties 15c.
- Roman Meal 35c.
- Macaroni, short cut, 2 for 25c.

Prince Rupert Grocery Co.

See ALBERT & McCAFFERY before you purchase

Anything in the Building Line

We handle

- Prince Rupert Spruce Co.'s Lumber
- B. C. Mill's Fir
- Lime Cement
- Brick Shingles
- Plaster Laths

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REAL HOME COOKING. BOARD BY WEEK OR MONTH
Home Made Bread and Cakes Always on Sale.

Advertise in "The Daily News"

Gene Byrnes Says:—"It's a Great Life If You Don't Weaken."

