

TORTURED BY CONSTIPATION

"Fruit-a-tives" Cured Paralyzed Bowels and Digestion

ST. BONPACH DE SHAWINIGAN, QUEBEC, Feb. 3rd, 1914.

"It is a pleasure to me to inform you that after suffering from Chronic Constipation for 2 1/2 years, I have been cured by 'Fruit-a-tives'. While I was a student at Berthier College, I became so ill I was forced to leave the college. Severe pains across the chest continually tortured me and I came to a point when I could not stoop down at all, and my Digestion became paralyzed. Some one advised me to take 'Fruit-a-tives' and at once I felt a great improvement. After I had taken four or five boxes, I realized I was completely cured and what made me glad, also, was that they were acting gently, causing no pain whatever to the bowels. All those who suffer with Chronic Constipation should follow my example and take 'Fruit-a-tives' for they are the medicine that cures".

MAGLOIRE PAQUIN

"Fruit-a-tives" are sold by all dealers 50c a box, 6 for \$2.50, trial size, 2c, or sent postpaid on receipt of price, Fruit-a-tives Limited, Ottawa.

FOR A TAXI

75-PHONE-75

PRINCE RUPERT AUTO CO

Hotel : Directory

Members P.R.L. Vintners Association

WINDSOR HOTEL
Corner of First Ave. and Eighth St.
W. H. Wright, Prop.

HOTEL CENTRAL
First Avenue and Seventh St.
European and American Plan
Peter Black, Prop.

INOX HOTEL
1st Ave. Between Eighth and Ninth
European Plan, Rates 50c to \$1.00
Per Day
Beane & Beane, Props.

EMPRESS HOTEL
Third Ave. Between Sixth and Seventh Streets
European Plan, 50 to \$1 Per Day

ROYAL HOTEL
Cortey & Burgess, Props.
Third Ave. and Sixth St.
European Plan Steam Heated

SAVER WHOLESALE LIQUOR CO., LIMITED
Second Ave. and Sixth St.
Phone 102

PRINCE RUPERT IMPORTING CO., LIMITED
Fraser and Sixth Sts.
Phone 7

PRINCE RUPERT BOAT HOUSE

Boats and Launches

PHONE RED 391

FIRE ALARM SYSTEM

CIRCUIT NO. 1.
12-5th St. and 3rd Ave.
13-6th St. and 3rd Ave.
14-5th St. and 3rd Ave.
15-Junction of 1st, 2nd and 3rd Aves.
16-1st Ave. between 8th and 9th Sts. (Knox Hotel).
17-1st Ave. and 7th St. (Central Hotel).

CIRCUIT NO. 2.
22-3rd Ave. and 3rd St. (Post Office).
23-3rd Ave. and McBride St.
24-1st Ave. and McBride St.
25-2nd Ave. and 2nd St.
26-2nd Ave. and 5th St.
27-0. T. P.

CIRCUIT NO. 3.
31-5th Ave. and Fulton St.
32-Burden and Taylor Sts.
34-7th Ave. and Fulton St.
35-5th Ave. and Comox Ave.
37-8th Ave. and Dodge Pl.
38-5th Ave. and Thompson St.

CIRCUIT NO. 4.
41-4th Ave. and Emmerson Pl.
42-5th Ave. and McBride St.
43-5th Ave. and Green St.
44-6th Ave. and Basil St.
45-7th Ave. and Ebaris.
46-7th Ave. and Young St.

BELLA COOLA AND DISTRICT NOTES

(From The Courier.)

The Camosun arrived in port about her usual time on Sunday last with a large quantity of freight besides a number of passengers.

Mr. Bert Rolston came up from Vancouver by the last steamer and will spend some time in the valley.

Mr. J. G. Millichamp, the general representative of John W. Peck & Co., Ltd., of Vancouver, has spent the last week in town on business with the local merchants.

Vincent Clayton was among the arrivals by the last steamer from the south.

Mr. G. White, who, with a number of other local prospectors, has been making an investigation of the gold claims at the head of Skowquiltz River, on Dean Channel, left for the south on Sunday, taking with him some splendid samples of gold concentrates and quartz. Mr. White and his associates are well pleased with the result of their investigations, and claim that it only requires sufficient capital to realize their highest expectations in regard to the richness of the ground.

Cohoe fishing in local waters is proceeding with varying success. While no exceptionally large individual catches are being made, the cannery is being kept busy. The pack this year is the record for many years, well over twenty thousand cases being already secured. The Celtic arriving last week brought some 5,000 more empty cans which will be utilized before the close of the season.

It is with deep regret that we report the death of Ole J. Gaarden, which occurred on Thursday morning at his home near Hagensborg. Mr. Gaarden, who was 73 years of age, was one of the original colonists who came to Bella Coola nearly twenty years ago, and was one of the most active members of the Augsburg Lutheran Church at Hagensborg.

Rev. T. C. Colwell returned to town on Tuesday from a visit to Firvale.

Among the outgoing passengers by the last southbound steamer was Lieut. P. J. Kenyon, of the Legion of Frontiersmen, who went to join the Vancouver command, which at present is marking time awaiting financial assistance in order to proceed to the seat of war. The frontiersmen are anxious to retain their identity and for that reason the members have not thrown in their lot with the other forces which have already left Vancouver. It will be a matter of deep regret if these men, who are of the highest type, many of them having seen active service, are prevented from carrying out the work for which the corps was originally organized through lack of funds.

Fishery Officer John Widsten left during the week for the Upper Valley, where he will make a thorough inspection of the river. Large log jams which will prevent the salmon from reaching the natural spawning grounds will have his special attention, and a full report on the same will be sent to the Fisheries Department at Ottawa. It is anticipated that the work of clearing away these log jams will be undertaken next spring.

The power cruiser Charles Todd, of the Indian Department, left port on Wednesday with Agent Fougner, who will make a tour of the northern portion of his district. A visit to Prince Rupert will doubtless be necessary to obtain fuel and the trip will probably occupy three weeks.

I. C. R. MEN'S GIFT.

A Day's Wages From Each of the Employees Promised.

Ottawa, Sept. 18.—Word has been received at the Department of Railways that at a meeting of employees of the I. C. R. it was agreed that each employee of the government system of railways would contribute one day's pay to the Canadian Patriotic Fund. This will mean an addition of from \$15.00 to \$25.00 to the fund.

PRINCE GEORGE IS FREE FOR USE BY THE G. T. P.

Popular Boat Will Again Be on Northern Runs, Says Captain Nicholson.

Vancouver, Sept. 18.—Word that the government will permit the G. T. P. to use its liner Prince George again has been received with joy by the trade of Northern British Columbia and the Queen Charlotte Islands. The Prince George at the outbreak of war was requisitioned and made over by the government into a hospital ship. Much of the upper deck construction was changed and the ship was repainted.

Since the wreck of the Prince Albert, a smaller vessel which the G. T. P. was using in the Queen Charlotte Islands service, there has remained only the Prince John, a small, slow craft, to supply the demands of transportation for the Grand Trunk Pacific. Capt. C. H. Nicholson has been trying to get the boats released, and the announcement of his success has been received. The government still holds under requisition the Prince Rupert. It is thought this ship will be given back to the G. T. P.

With both of the German cruisers apparently out of the way, there remains no menace to the Pacific Coast shipping. The Canadian cruiser Rainbow, English and French and Japanese cruisers are keeping the ocean lanes free of the enemy, so it is not thought there is any more government uses to which the Grand Trunk boats may be put.

MODERN DIPLOMACY, OR HOW THE WAR STARTED

Said Austria: "You murderous Serb, You the peace of all Europe disturb; Get down on your knees and apologize, please, Or I'll kick you right off my front curb."

Said Serbia: "Don't venture too far, Or I'll call in my uncle the Czar; He won't see me licked, Nor insulted nor kicked, So you better leave things as they are."

Said the Kaiser: "Push in that Serb's face, It will teach him to stay in his place; I'm in the game, too, If Russia says boo, And right quickly we'll settle the case."

The Czar said: "My cousin, the Kaiser, Was always a good advertiser; He's determined to fight, And insists he is right, But soon he'll be older and wiser."

"For forty-four summers," said France, "I have waited and watched for a chance To wrest Alsace-Lorraine From the Germans again, And now is the time to advance."

Said Belgium: "When armies immense Pour over my boundary fence, I'll awake from my nap, And put up a scrap They'll remember a hundred years hence."

Said John Bull: "This 'ere Kaiser's a slob, And 'is word isn't worth 'arf a bob; If I lets Belgium suffer, I'm a blank bloomin' duffer, So 'ere goes for a crack at 'is nob."

Said Italy: "I think I'll stay out Till I know what the fuss is about; It's better I vow To avoid all this now, Till the issue is plain beyond doubt."

Said our good Uncle Samuel: "I swaow I had better keep aout of this raow, For with Mormons and Nigger's, And Greasers, I figgers, I have all I kin handle just nowow."

FRED STORK'S HARDWARE

710 SECOND AVE

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| Carpenters' Tools | Builders' Hardware | Ship Chandlery |
| Wire Cable | Steel Blocks | Fishing Tackle |
| Iron Pipe | Pipe Fittings | Rifles and Shotguns |
| Rope | Valves | Ammunition |
| Pumps | Hose | Paint |
| Stoves and Ranges | Rubberoid Roofing | Corrugated Iron |

"WE SELL NOTHING BUT THE BEST"

FRED STORK'S HARDWARE

Subscribe for the 'News'

Sunlight Soap



cuts Monday's labor clean in half.

The Sunlight way is so easy—just note. First you soap the garment; then roll it up to soak. After a while you rinse it thoroughly and the dirt drops out like magic.

Why scrub, and rub, and wear and tear the clothes when the gentle strength of Sunlight Soap will do the work with never a hurt to fabric or hands.

Try it once—this Sunlight way.

At all grocers

One More Day

ONE MORE DAY COMPLETES OUR GREAT SALE. GET BUSY AND HELP US MAKE THAT THE BIGGEST DAY YET. THE MANY CLOSE PRICES WE GAVE YOU DURING THIS SALE HAVE BEEN A GREAT SAVING TO YOU, BUT WE ARE GOING TO GO ONE BETTER; DRIVE THE KNIFE STILL DEEPER, MAKE YOU COME AGAIN. THERE ARE STILL MANY THINGS YOU NEED. BUY THEM NOW.



A GOOD HEAVY WEIGHT OF MEN'S COMBINATION SUIT. REGULAR \$2.50. TOMORROW FOR

\$1.75

THAT LOT OF \$11.90 SUITS WERE GOOD ONES. TOMORROW WE WILL CLEAN THEM OUT AT

\$9.25

YOU WILL HAVE TO HAVE A GOOD RAINCOAT BUY A REGULAR \$12.50 ONE TOMORROW FOR

\$8.75



MEN'S BLACK CASHMERE SOX. REGULAR 25c PAIR. TOMORROW

2 FOR 25c

MEN'S NEGLIGE SHIRTS WITH COLLAR ATTACHED. REGULAR \$1.50—TOMORROW

50c

SOMETHING VERY FINE IN A GOOD WEIGHT—FINE ALL-WOOL UNDERWEAR. REG. \$5.50 A SUIT—TOMORROW

\$4.20 A SUIT

MARTIN O'REILLY

Buy Milk Produced in the West



The Fraser River Valley, with its green its green grass practically the year round, is one of the finest dairy districts in the world, and produces milk that is much superior to Eastern milk both in RICHNESS AND FLAVOR. Buy B. C. Milk because it has THE NATURAL FLAVOR OF PURE, RICH, FRESH CREAM. The Government test shows it to be of the HIGHEST STANDARD.