

KIDNEY TROUBLE
AFFECTED HIS SPINE

Suffered For Forty Years Until
He Used "Fruit-a-lives"

BRONTE, ONT., OCT. 31st, 1913.
"For about forty years, I was troubled with Lame Back brought on by Kidney and Bladder Trouble. I was never confined to my bed with the trouble, but it affected my spine and I had to rest for a time. I took advertised remedies which never did me any good. Then I saw "Fruit-a-lives" advertised and decided to try them. They did me more good than any other remedy. My son suffered from the same trouble and frequently had to leave off working, but "Fruit-a-lives" remedied it for him. I would strongly advise anyone suffering from Kidney and Bladder Trouble to use "Fruit-a-lives".
H. DORLAND
50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent on receipt of price by Fruit-a-lives Limited, Ottawa.

MINERAL ACT.
Certificate of Improvements.
NOTICE.

Starlight, Homestead No. 1, and Sun-
rise Mineral Claims, situate in the Skeena
Mining Division of Cassiar District.
Where located: On the North Shore of
Granby Bay between Bonanza and Falls
Creeks.
TAKE NOTICE that I, George R. Naden,
Free Miner's Certificate No. 50353B, ap-
pointed Agent for Thomas McRostie, Free
Miner's Certificate No. 80348B, and James
L. Hatch, Free Miner's Certificate No.
79996 B, intend, sixty days from the
date hereof, to apply to the Mining Re-
corder for a Certificate of Improve-
ments, for the purpose of obtaining a
Crown Grant of the above claims.
And further take notice that action, un-
der section 37, must be commenced before
the issue of such Certificate of Improve-
ments.
Dated this 15th day of March, A. D.
1915.
GEO. R. NADEN.

NOTICE TO DELINQUENT CO-
OWNER.

TO HENRY JOHNSON, or to any per-
son or persons to whom you may have
transferred your interests, Take Notice
that I, the undersigned Co-Owner with
you in the "Gold King No. 1" and the
"Hastings" Mineral Claims, situated at the
head of Hastings Arm about three quar-
ters of a mile from the beach, in the Skeena
River Mining District, Province of
British Columbia, have done the required
amount of work on the above mentioned
claims for the year 1914, amounting to
\$100, in order to hold the same under
section 34 of the Mineral Act, and if
within 60 days of the publication of this
notice you fail or refuse to contribute
your portion of such expenditure, to-
gether with the costs of this advertise-
ment, your interest in the said mineral
claims will become the property of the
undersigned under Section 4 of the Min-
eral Act Amendment Act of 1900.
T. H. COVERT,
Co-Owner.
Dated at Prince Rupert, B. C., January
1915.

FIRE ALARM SYSTEM

- CIRCUIT NO. 1.
- Box 12—5th St. and 3rd Ave.
 - Box 13—6th St. and 3rd Ave.
 - Box 14—8th St. and 3rd Ave.
 - Box 15—Junction of 1st, 2nd and 3rd Aves.
 - Box 16—1st Ave., between 8th and 9th Sts. (Knox Hotel.)
 - Box 17—1st Ave. and 7th St. (Central Hotel.)
- CIRCUIT NO. 2.
- Box 22—3rd Ave. and 3rd St. (Post Office.)
 - Box 23—3rd Ave. and McBride St.
 - Box 24—1st Ave. and McBride St.
 - Box 25—2nd Ave. and 2nd St.
 - Box 26—2nd Ave. and 2nd St.
 - Box 27—O. T. P.
- CIRCUIT NO. 3.
- Box 31—5th Ave. and Fulton St.
 - Box 32—Borden and Taylor Sts.
 - Box 34—7th Ave. and Fulton St.
 - Box 36—9th Ave. and Comox Ave.
 - Box 37—8th Ave. and Dodge Pl.
 - Box 38—5th Ave. and Thompson St.
- CIRCUIT NO. 4.
- Box 41—4th Ave. and Emmerson Pl.
 - Box 42—5th Ave. and McBride St.
 - Box 43—5th Ave. and Green St.
 - Box 44—6th Ave. and Basil St.
 - Box 46—7th Ave. and Eberts.
 - Box 141—7th Ave. and Young St.

Every Woman
Can Use

and ought to use occasionally, a proper remedy for the headache, backache, languor, nervousness and depression to which she may be subject. These troubles and others are symptoms of debility and poor circulation caused by indigestion or constipation

BEECHAM'S
PILLS

are at once safe, certain and convenient. They clear the system and purify the blood. They exert a general tonic effect and insure good health and strength, so that all the bodily organs do their natural work without causing suffering. Every woman of the thousands who have tried them, knows that Beecham's Pills act

To Certain
Advantage

Worth a Guinea a Box

Distilled with Every Box of Special Value to Women
Sold everywhere. In boxes, 25 cents.

VIVIDLY PORTRAYS LIFE AS
IT IS SEEN IN THE TRENCHES

TELLS ABOUT THE LITTLE INCIDENTS THAT ESCAPE THE OF-
FICIAL CORRESPONDENTS—FRENCH RURAL LIFE
SEEN IN ALL ITS SIMPLICITY—SEES
DOG TREADMILL.

The following letter was written in the trenches by Corporal S. Traumper, of the First Contin-
gent, and is an exceptionally good description of conditions at the front. It is published herewith by the courtesy of relatives living in Prince Rupert:
"The papers have told you how we crossed from England. We spent two days and nights coming from our port of disembarkation to the front. That was a memorable ride. Each car, capable of holding eight horses, was packed with thirty-five men. That was alright in the daytime when there were always some standing up, viewing the country, while others laid down to rest on the straw-covered floor, but when night came and we all wanted to lay down, we were a tangled mess of arms, legs and bodies. We did not get much rest, but we made the best of it, although there were some grumblers. But as one old soldier remarked, 'It is the privilege of the soldier to grumble and keep on doing what he is told to do.'

"Arrived at the front we were given a few days' rest, after which we were put in the trenches with some regulars to teach us the points of the game—a sort of post-graduate course. Since then we have been holding a line of trenches of our own, but have, as yet, taken no part in an engagement. It is rather tame compared to what we expected, stray bullets and occasionally a few shells furnishing the only diversions. Our company has been the reserve company when this bat-
talion is in the trenches, our position being some distance in rear of the first-line trenches, and our duties being to pack food and supplies in case of an attack. Sniping is kept up between the trenches and some 'strays' buzz around us when we are working. Two men have been hit and sent to the hospital. One day thirty-seven shells dropped around our position in one hour and that was the most interesting hour that we have had in France. Most of them over-reached. We would hear the discharge of the gun, and as the shell screeched through the air we wondered if it would drop into our billet and mix things up. Then would be the explosion, a cloud of smoke shooting up and the mud and splinters flying harmlessly in the open field.

At present we are in our rest billet. We have had our bath and change of underwear and have nothing to do now but rest until it is time to go to the trenches.

This is a magnificent spring day, and as I sit here on the grass, soaking in the heat of the sun and enjoying the spring breeze, it is difficult to believe that I am in the war zone. An occasional cannon boom and an aeroplane overhead are all that suggest it. The aviators have the admiration of all of us. They buzz over our heads towards the enemy lines. As they near them, the Germans

open fire. Where the shell explodes a puff of white smoke floats in the air, and these puffs show above, below and around him. Many of them appear to burst right beside him, but he continues on his way, makes his observations, and returns—or disappears into a cloud.

We expected to be in it in the battle of Neuve Chapelle. We had orders to move at a moment's notice, and when the artillery began, things began to look interesting. There are three different noises to an artillery duel; the discharge from the gun, the shell screeching through the air, and the explosion of it. We got the benefit of the first two, but were not close enough to the last to feel the effect of it. Each time the guns discharged we experienced a peculiar sensation, caused, I suppose, by the displacement of the air. One's cap seem to shift ever so slightly. And don't imagine that was caused by our hair standing up, as we have all had our heads clipped to keep away vermin.

The day passed and we did nothing. Our companies in the trenches kept up a steady fusillade to keep the Germans on our front occupied and prevent them from sending reinforcements to their front at Neuve Chapelle.

Most of the people have cleared out of the villages and farms around here. Some of them remain, the old men and boys seed-
ing small patches, and the women and children making coffee for us and selling oranges, chocolate, eggs and bread. Every farm has its house and stables in one, being built in the shape of a rectangle with a brick courtyard in the center.

The occupants live on the ground floor of one side, and overhead is the mow. Stables, mows and chicken pens fill in the other three sides. Some of the courtyards are a dumping place for the manure from the stables. A pump generally stands at the door of the kitchen. At one farm I saw them filling a tank from a small well, which drained the courtyard. This was sprayed on the land for fertilizing purposes, I suppose.

One practical thing, which was very amusing to us at first, was a sort of tread mill for a dog. The principle is the same as that of a squirrel in a cage. A wheel about nine feet in diameter about a foot wide is hung on an axle which goes through the wall into the house. There it is connected with a churn. The spokes are all on one side and the tire, so to say, is the tread on which the dog works. He is set in it, the wheel is started and he starts walking up the incline of the wheel, and he keeps walking until the butter is churned.

This is all I can think of now. I will write again as soon as I have anything interesting to tell, which the censor will not forbid.

PROVINCE OF BRITISH
COLUMBIA.

Department of Lands—Water
Rights Branch.

CERTIFICATE OF APPROVAL.

1. WHEREAS the Corporation of the City of Prince Rupert is incorporated under an Act entitled the "City of Prince Rupert Incorporation Act, 1910,"—B. C. Statutes 1910, Chapter 41:
2. AND, WHEREAS, by Resolution of the Council of the said Corporation authority was given to stake water rights on the North Arm of Wark Channel:
3. AND, WHEREAS, the said Corporation has applied for a water licence to divert water from Thulme River, a tributary of the said North Arm, for power purpose:
4. AND, WHEREAS, the said corporation has, after due notice, petitioned for the approval of its undertaking as far as it relates to the said application for a licence:
5. AND, WHEREAS, no objection has been filed to the said petition:
6. THIS IS TO CERTIFY that the undertaking of the said corporation in so far as it relates to the said application for a licence is approved, subject to the terms and conditions of the "Water Act, 1914," and to the following additional terms and conditions:
7. Any licence issued under said application shall, notwithstanding the issue of this certificate, be subject to adjustment by the Board of Investigation:
8. The said undertaking has been divided into two parts, the first part consisting of the surveys of such of the works proposed in the said application for a licence as the Comptroller of Water Rights shall consider necessary, and the second part consisting of the construction, maintenance, and operation of such works.
9. The surveys required under the first part shall be commenced on or before the 1st day of June, 1915, and the plans thereof shall be deposited with the Comptroller of Water Rights on or before the 1st day of November, 1917.
10. The second part of the undertaking shall not be commenced until a bylaw under the provisions of which the said Corporation propose to carry out the undertaking has been duly passed and approved, nor until a further certificate of approval under Section 83 of the "Water Act, 1914," has been issued.
11. The territory within which the said Corporation shall exercise its powers in respect of the use of the said water is the City of Prince Rupert.
12. This certificate shall not in any way be deemed to be an approval of the plans of any works covered by the proposed undertaking or to authorize the construction of such works, but shall have the effect only of a certificate issued under the provisions of Section 81 of the "Water Act, 1914," and shall be subject to such provisions, and to the rights of the Continental Power Company under an application filed on the 15th day of August, 1908.
13. This certificate shall become null and void without any notice unless a further certificate as required by Clause 10 hereof be applied for before the 1st day of June, 1917.
Dated at Victoria, B. C., this 10th day of March, 1915.
(Sgd.) WM. R. ROSS,
Minister of Lands.

68th REGIMENT, EARL GREY'S
OWN RIFLES.

Orders by Major J. H. McMullin,
Commanding, April 24, 1915:

Orderly officer for week, Lieut. Van der Byl. Next for duty, Lieut. Hemmel.
Communicating school for sub-
alterns and N. C. O.'s above the rank of Corporal on Friday, the 30th, at 8:45 p. m. in Drill Hall.
Officers commanding companies will render to the Adjutant by Thursday, 29th inst., nominal rolls of their companies.
O. C. companies will ascertain and report to the Adjutant how many men under their command are in possession of complete uniforms, this report to be rendered by Thursday, 29th inst.
O. C. companies will render to the Adjutant by Thursday, 29th inst., the names of any men having knowledge of bugling or who are desirous of becoming members of a bugle band.
"A" Company will parade on Wednesday, 28th inst., and Friday, 30th inst., at 8 p. m. in Drill Hall.
"B" Company will parade on Thursday, 29th inst., at 8 p. m. in Drill Hall.
The bayonet class will be held on Monday, 26th inst., at 8 p. m. W. S. MARSHALL, Lieut.
96-404 Acting Adjutant.

LUMBER

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They are made in B. C. and your grocer gets his supply frequently and quickly, insuring freshness, which means crispness.
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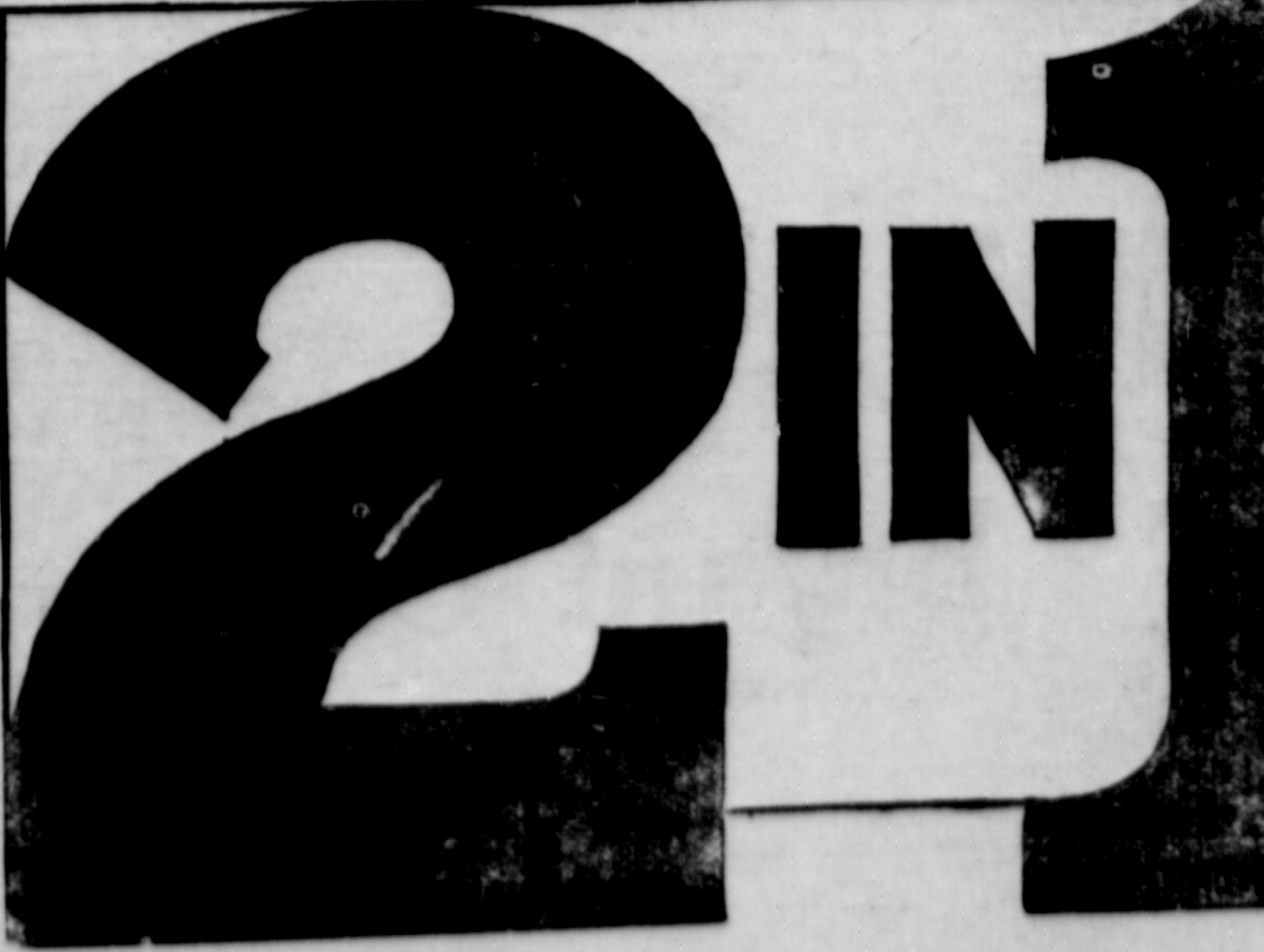
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