

ANY DYSPETIC CAN GET WELL

By Taking "Fruit-a-lives" Says Capt. Swan

Life is very miserable to those who suffer with Indigestion, Dyspepsia, Sour Stomach and Biliousness. This letter from Captain Swan (one of the best known skippers on the Great Lakes) tells how to get quick relief from Stomach Trouble.

PORT HURON, ONT., May 8th, 1913.

"A man has a poor chance of living and enjoying life when he cannot eat. That was what was wrong with me. Loss of appetite and indigestion was brought on by Constipation. I have had trouble with these diseases for years. I lost a great deal of flesh and suffered constantly. For the last couple of years, I have taken 'Fruit-a-lives' and have been so pleased with the results that I have recommended them on many occasions to friends and acquaintances. I am sure that 'Fruit-a-lives' have helped me greatly. By following the diet rules and taking 'Fruit-a-lives' according to directions, any person with Dyspepsia will get benefit."

H. SWAN

"Fruit-a-lives" are sold by all dealers at 50c. a box 6 for \$2.50, or trial size 25c. or sent postpaid on receipt of price by Fruit-a-lives Limited, Ottawa.

SUBSCRIBE FOR THE DAILY NEWS

NERVINE POWDERS

For Headache and Neuralgia

One packet will relieve all cases of headache and neuralgia in 10 minutes.

These powders are sold by all druggists and grocers.

Why Endure Headaches?

One trial will convince you that there is a safe remedy for any headache is at your service in

MATHIEU'S Nerve Powders

Boxer, 25c. Sold everywhere. If you do not sell them we will return your money.

J. L. MATHIEU CO. Props. SHEPPARD, P.Q. 6-5-6.

MINERAL ACT.

Certificate of Improvements. NOTICE.

Starlight, Homestead No. 1, and Sun-Mineral Claims, situate in the Skeena Mining Division of Cassiar District. Where located: On the North Shore of Fraser Bay between Bonanza and Falls Creek.

TAKE NOTICE that I, George R. Naden, Free Miner's Certificate No. 50353B, acting as Agent for Thomas McHostie, Free Miner's Certificate No. 80348B, and James L. Hatch, Free Miner's Certificate No. 7900 B, intend, sixty days from the date hereof, to apply to the Mining Registrar for a Certificate of Improvements, for the purpose of obtaining a Deed Grant of the above claims.

And further take notice that action, under section 37, must be commenced before the issue of such Certificate of Improvements.

Dated this 15th day of March, A. D. 1915.

GEO. R. NADEN.

NOTICE TO DELINQUENT CO-OWNER.

TO HENRY JOHNSON, or to any person or persons to whom you may have transferred your interests, Take Notice that I, the undersigned Co-owner with you in the "Gold King No. 1" and the "Hastings" Mineral Claims, situated at the head of Hastings Arm about three-quarters of a mile from the beach, in the Skeena Mining District, Province of British Columbia, have done the required amount of work on the above mentioned claims for the year 1914, amounting to \$100, in order to hold the same under section 24 of the Mineral Act, and if within 90 days of the publication of this notice you fail or refuse to contribute your portion of such expenditure, together with the costs of this advertisement, your interest in the said mineral claims will become the property of the undersigned under Section 4 of the Mineral Act Amendment Act of 1900.

T. H. COVERT, Co-Owner.

Dated at Prince Rupert, B. C., January

THE UNION STEAMSHIP CO., OF B.C., LIMITED

S.S. VENTURE

SOUTHBOUND TUESDAYS AT 9 P. M.

Sailings for **GRANBY, SIMPSON AND NAAS SUNDAYS AT MIDNIGHT**

For Further Particulars Apply to

PHONE 568 **JOHN BARNESLEY, Agent, SECOND AVE.**

AGENCY ATLANTIC STEAMSHIPS

LUMBER

SHINGLES, MOULDINGS, SASH, DOORS

PRINCE RUPERT LUMBER CO.

A. J. BURROUGHS, Manager

1st Ave. and McBride St. PRINCE RUPERT, B.C. PHONE 25 Branch Yard at Smithers

SAFETY FIRST ON LAKE STEAMSHIPS

When the Noronic, the flagship of the Northern Navigation Company's fleet, leaves Sarnia on June 19 on her initial trip of the season across the Great Lakes, that fine vessel will carry a staff captain. This appointment marks the inauguration of a new system designed to insure the safety of travelers using the Grand Trunk rail and lake route between Eastern and Western Canada.

While directly under the orders of the captain, the duties of the staff captain will consist of looking after the discipline of the ship, seeing that the crew is properly stationed and thoroughly understands the lifeboat and fire drill, that passengers are treated with courtesy and respect and their comforts and needs looked after, and that the ship is kept in spick and span order, so as to allow the captain of the ship to devote his entire time and ability to the safe navigation of the vessel. This will enable the officers to be on the bridge at all times and prevent their attention being distracted from the work of navigating the ship.

The other vessels of the fleet which carry passengers—the Harmonic and the Huronic—will also have the advantage of this new form of discipline. The Northern Navigation liners are, in addition, being equipped with large new collapsible lifeboats and several new devices of floating apparatus, the company doing everything in its power to safeguard the lives of its passengers.

The man who is irritable about home can exercise a lot of patience when holding the end of a fishing rod.



OLD FRIENDS COME BACK.—This picture showing a poke bonnet, hooped skirt and short bodice is not a reproduction from a fashion magazine of fifty years ago, but was taken recently at the Woodbine racetrack in Toronto. The gown was worn by Mrs. Jackson, of New York. The material was a lovely shade of soldier blue taffeta, the skirt made short and full over a hooped petticoat with narrow ruffles, and the silk well above the knees. The bodice was short-waisted, with frilled sleeves and white muslin fichu. The shoes and stockings were also white. With this was worn a poke straw hat with pink roses.

68TH E. G. O. R.

Orders by Major J. H. McMullin, Commanding, June 4, 1915:

Appointments.

The following is an extract from The Canada Gazette: "68th Regiment (E. G. O. R.), to Be Chaplain, Honorary Major, the Reverend G. A. Rix, from 34th Ontario Regiment.

Parades.

"A" and "B" Companies will parade in front of the Assessor's Office on Friday evening, the 11th inst., at 8 p. m. for route march.

By order, ADAIR CARSS, Lieut. 131-136 Acting Adjutant.

The statistician is the most successful of liars, as no one ever stops to figure up his statements.

With ten pairs of revolving disks a static electric machine has been built in Paris that has developed 320,000 volts between its terminals.

BABY'S OWN SOAP

Best for Baby Best for You

The purity and fragrance of Baby's Own Soap have made it a universal favorite. Its use is beneficial to any skin. 4-4-13

Albert Soaps Limited, Montreal.

FIRE ALARM SYSTEM

CIRCUIT NO. 1.

Box 12—5th St. and 3rd Ave.
Box 13—6th St. and 3rd Ave.
Box 14—8th St. and 3rd Ave.
Box 15—Junction of 1st, 2nd and 3rd Aves.
Box 16—1st Ave. between 8th and 9th Sts. (Knox Hotel.)
Box 17—1st Ave. and 7th St. (Central Hotel.)

CIRCUIT NO. 2.

Box 22—3rd Ave. and 3rd St. (Post Office.)
Box 23—3rd Ave. and McBride St.
Box 24—1st Ave. and McBride St.
Box 25—2nd Ave. and 2nd St.
Box 26—2nd Ave. and 6th St.
Box 27—G. F. P.

CIRCUIT NO. 3.

Box 31—5th Ave. and Fulton St.
Box 32—Borden and Taylor Sts.
Box 34—7th Ave. and Fulton St.
Box 35—9th Ave. and Comox Ave.
Box 37—8th Ave. and Dodge Pl.
Box 38—6th Ave. and Thompson St.

CIRCUIT NO. 4.

Box 41—4th Ave. and Emmerson Pl.
Box 42—5th Ave. and McBride St.
Box 43—6th Ave. and Green St.
Box 44—6th Ave. and Basil St.
Box 45—7th Ave. and Eberia.
Box 141—7th Ave. and Young St.

Empress Jams

Are strictly a B. C. Product. Right from the delicious, fresh picked, sun ripened fruits of the Fraser Valley and Vancouver Island, to the purest of Cane Sugar.

Every step in the producing and manufacturing of the delicious Jam contributes to the prosperity of B. C. It will satisfy the most exacting.

SOLD BY ALL GROCERS

In 1-lb. Glass Jars and 4-lb. Tins

THE EMPRESS MANUFACTURING CO., LTD.

Vancouver, B. C.

Empress Jams

Ramsay's Empire Cream Sodas

In 2-lb. Tins

Have attained their enviable reputation by their superior quality and uniformity. The most discriminating housewife insists upon "Ramsays Empire" when buying Soda Biscuits.

They are made in B. C. and your grocer gets his supply frequently and quickly, insuring freshness, which means crispness.

Prove it by buying a tin with your next order.

Manufactured by

RAMSAY BROS. & CO., LTD.

Vancouver, B. C.

. Read . 'THE DAILY NEWS'

Circulation Guaranteed the Largest in Northern :: British Columbia ::

Largest Circulation means the Best Advertising :: Medium ::

THERE IS A REASON

Three quarters of the local Advertising is done in the Daily News

Prince Rupert's Leading Paper!

. Read . 'THE DAILY NEWS'

"A Dollar in the Bank is Worth Two in Promises"

WHEN you have a substantial Savings Account, you do not have to ask favours or court refusals when you require ready cash. A Savings Account in The Bank of British North America makes you independent of promises. The money is yours—ready when you need it—protected against loss—safe from fire and theft—and earning interest at highest current rates.

Deposits of \$1. and upwards are received on Savings accounts.

THE BANK OF British North America

75 YEARS IN BUSINESS.

CAPITAL AND SURPLUS, \$7,884,000.

PRINCE RUPERT BRANCH

P. MARGETTS, Manager.