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They never had better chances to make and to save money. Now is the time to lay the foundation of future prosperity by cultivating the habit of thrift.

There is a Savings Department in every branch of this bank. The staff will be glad to show you how to make the first deposit.


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CASSEROLES Are Popular

These other gift combines so well with casseroles as to make them a "Birks" casserole gift.

These casseroles are of finest quality, with their own special frames, with fireproof covers of enameled or glass, and with the most efficient choice, the price is \$1.75, \$2.00, \$2.50, \$3.00, \$3.50, \$4.00, \$4.50, \$5.00, \$5.50, \$6.00, \$6.50, \$7.00, \$7.50, \$8.00, \$8.50, \$9.00, \$9.50, \$10.00.

Illustrations kindly



Vancouver, B.C.

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EUROPEAN PLAN
 \$1.00 per day and up.

PREMIER CLASS GOLF
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Miss Mary Izard, the charming violinist who visited Prince Rupert last winter. She has just returned from England to make an extended visit to her brother at Victoria.

SOVIET STORY FROM TORONTO

Financial Post Tells Interesting Yarn in Connection with Russian Trade

SAYS CANADIANS ARE BEING EASILY FOOLED

The Financial Post of Toronto declares that all the trade proposals of the Russian Soviet are simply propaganda schemes. The latest issue of that paper tells the story as follows:

"The Financial Post has persistently fought all efforts to do business with Soviet Russia or Soviet agents. When these agents announced through the press and by circulars two or three years ago that they had \$200,000,000 in gold with which to buy, for cash, enormous quantities of Canadian manufactured goods, we pointed out the agents were fakers, that they had no money whatever for this purpose; that their work was not to buy goods but to stir up strife, particularly in the British Dominions and between Canada and the United States; that they were responsible for the Winnipeg and many other big strikes.

Gigantic Scheme

"It was known that, under alleged appeals for charity, they were actually taking money out of Canada to meet expenses of their propaganda. One of their Toronto agents raised \$8,000 in this way—and he is still at it—among Labor Unionists. But it was not alone the misled workmen who were caught in the meshes of this gigantic scheme. Business men and financiers were continually drawn into their meshes. One of the latter headed a group which interested hundreds of quite reputable persons in Canada, desirous of aiding in good work, to raise a very large sum of money. Whether this man knew the purpose for which this money was being raised or not, we cannot say, but it was taken by a Canadian to the same Soviet headquarters in Chicago that financed the Winnipeg strike and from Chicago the money went to Mexico to finance revolutions. In fact it is still being used as the basis of a very important big deal that has been under way for some time. On several occasions the Financial Post was threatened with libel actions. Proceedings were actually started in one case against us, but the arrest, conviction and imprisonment not long after of the chief complainant stopped proceedings.

Had No Money

As The Post pointed out, there was no money available, but Nuorteva represented that he was going to England to meet the Soviet mission and arrange for

tion and imprisonment not long after of the chief complainant stopped proceedings.

German Finn

All this work, as has frequently been pointed out in these columns was directed from New York nominally by Ludwig Martens, but actually by an extremely clever German Finn going under the name of Santeri Nuorteva. Martens is not a Russian, but a former German officer. Back of them is an important group of internationalists—but this is another story. The Winnipeg strike, having awakened the Canadian people to the rottenness in the direction of our Intelligence Service, started investigations which confirmed suspicions that there were actually men occupying Canadian public positions who were aiding this campaign. Such a splendid old public servant as Sir Percy Sherwood broke down in health and gave up in despair.

Montreal Headquarters

This led to a demand for the reorganization of our Dominion police and our domestic Intelligence Service. It has now become more difficult for the International Soviet to carry on Canadian propaganda from New York. Then loyal American stirred things up and a shipload of the Soviet workers were deported to Russia. More were arrested, so that Martens and his agents thought Canada safer and it was decided to establish new American headquarters in Montreal. The usual methods were adopted. That is, the propaganda offices were called a Trade Bureau. An intensive press campaign was carried on orders which they wanted to place with Canadian manufacturers. Representatives of important Canadian manufacturers and even prominent financiers went to Montreal and sat outside or entered, but in hand, the gold-lined Soviet offices. Nuorteva himself came up to direct affairs. He went to Ottawa, where Cabinet ministers and leading financiers entertained him at the Rideau Club. He said the Canadian Government had officially recognized. All this was carefully wired to the States and alleged manufacturers began protesting at Washington that Canada was getting the business and that something must be done to please the Soviet.

the immediate transmission of millions of gold to Canada. Aided by his powerful Canadian friends, with fictitious passport, he was smuggled on board an ocean ship a few minutes before it sailed from Quebec. But the vigilant Allied Intelligence Service never let him out of their sight and immediately he landed in England he was arrested and thrown into prison. He claimed that he was a Finnish subject.

Finnish Method

"All right," said the British officer, "we will deport you to your own country."

"My God, don't send me there, they will shoot me"—for the Finnish Government make short work of these world revolutionists whenever they turn up, and that is just what would have happened.

Then Moscow cabled that if he was landed in Finland they would shoot British prisoners in Russia. However, he was shipped, and then once more came the same hidden hand—one of the most important of its members died the other day—that, with its friends and agents in Washington and Ottawa, caused the release of Trotsky from Canada; that was responsible for so many extraordinary happenings in the war. It set to work in behalf of Nuorteva and before he was delivered to almost certain death at the hands of the Finnish Government he was taken by friendly authorities and started back for England. For a time he was lost to sight. Even the Bolshevists could not find him. But about ten days ago Martens claimed that he was free and in Moscow. Evidently he is, for once more we are beginning to have the plausible stories of the underground propaganda being spread abroad by such decent newspapers as the Montreal Gazette and Toronto Mail.

WILL HERBS KEEP US HEALTHY—TESTS PROVE IT

Beyond all comparison with drug or alcoholic remedies, the curing powers of natural herb juices have done the utmost good to the human race. Most ailments to which people are subject can be traced to stomach disorders, and where impurity of blood exists it is due to imperfect nourishment given the blood through lack of proper digestion of the food received by the stomach.

The now successful method of feeding the blood in a perfectly natural and harmless way through the action of the stomach is the outcome of long investigation into the curing properties of herb juices; and results obtained from the formula of a great Scotch herbalist are today causing intense public interest.

This pure composition of juices extracted from herbs is now being sold at most drug stores throughout the Province in the form of Wonder Health Restorer. Testimonials reach the distributors daily from people who owe to this marvellous remedy relief from the most widely varied diseases.

Wonder Health Restorer acts on the blood through the digestive action of the stomach and reaches the organ of complaint through the blood. Thus Rheumatism, Stomach Disorders, Kidney Troubles and kindred diseases are afforded permanent relief; and in the case of diseases of the air passages, lung and bronchial, the work done by Wonder Health Restorer is miraculous. Your druggist has a descriptive book-

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let in which the health properties of natural herb juices contained in Wonder Health Restorer are described.

Wonder Health Restorer may be obtained in Prince Rupert by the Prince Rupert Drug Co. and at most drug stores throughout the Province; or send direct to the distributors, W. Y. McCarter-Burr Co., Ltd., 1015 Dominion Bldg., Vancouver, B.C.

LAND ACT.
 Notice of Intention to Apply to Lease Land.
 In Queen Charlotte Islands Land District, Recording District of Skeena, and situate along the westerly boundary of Block 53, in District Lot 746, on Masset Inlet.
 Take notice that the GRAHAM ISLAND SPRUCE & CEDAR CO., LTD., of Port Clements, occupation lumber merchants, intend to apply for permission to lease the following described lands:—
 Commencing at a post planted at the northwest corner of Block 53; thence north 46 deg. 37 min. west 29.9 feet; thence north 70 deg. 05 min. west 519 feet; thence south 23 deg. west 468 feet; thence south 236.5 feet; thence east 474 feet more or less to a post planted at the southwest corner of said Block 53; thence north easterly following the high-water mark along the westerly boundary of Block 53 to the point of commencement, containing 7.2 acres more or less.
 GRAHAM ISLAND SPRUCE & CEDAR CO., LIMITED.
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BEFORE and AFTER

HIS IDEA OF WHAT THE "TIES OF MATRIMONY" MEANT BEFORE HE MARRIED

FRONT SEAT IN SEVENTH HEAVEN

CONCENTRATED JOY
 HAPPINESS
 COMMITMENT
 IDEALS
 FIER

BEFORE MARRIAGE

AND HIS NOTION OF THEM AFTER —

LIFE'S JUST ONE DAMN HILL AFTER ANOTHER!!!

FEBRUARY MARCH APRIL MAY

CARE WORRY RESPONSIBILITY EXPENSE

KEEP GOING

AFTER