

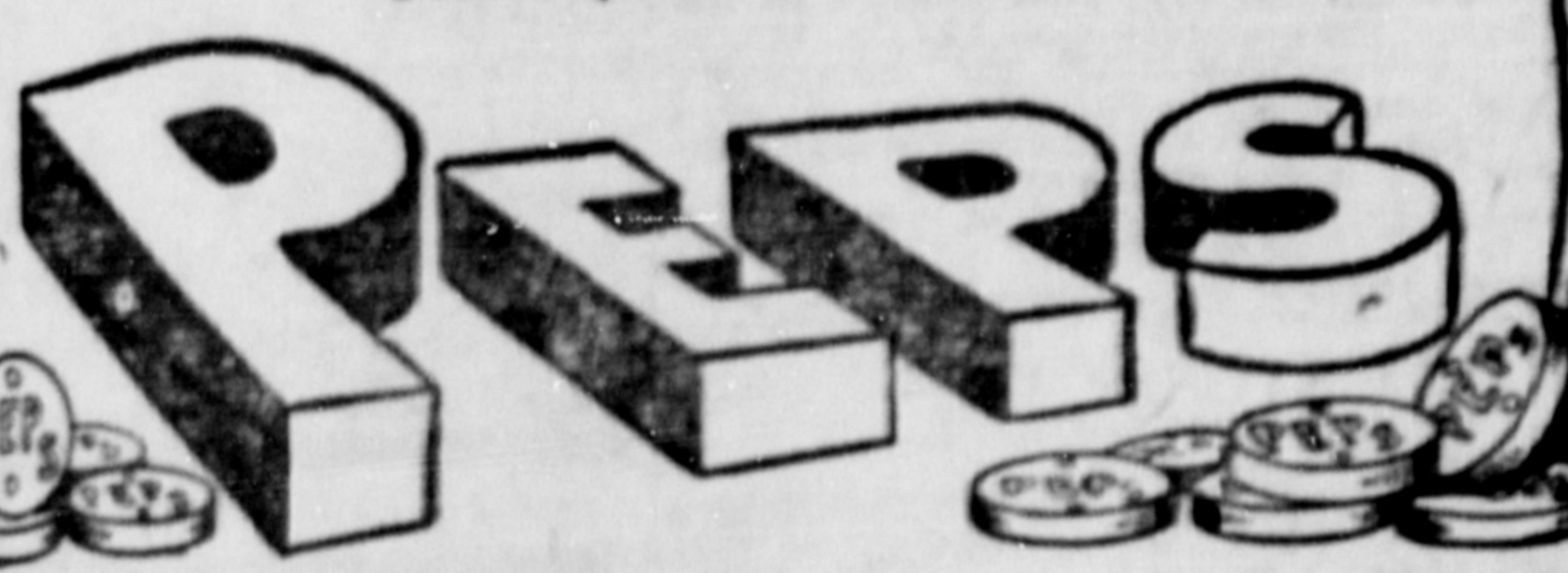
Coughs

Coughs are Nature's danger signal—Nature's way of telling you that in throat or breathing tubes there is something wrong—something needing attention. Perhaps the delicate membranes have been chilled and are inflamed and sore. Disease germs may have lodged there and may be setting up irritation, which if not checked will bring on acute bronchitis, asthma, or even worse evils! So never ignore a cough.

Peps kill coughs because they remove the causes. As soon as a Pep is dissolved in the mouth, powerful, but pleasant, medicinal vapors are liberated. These heating fumes bathe the lining membranes of the throat and breathing tubes, kill disease germs, allay irritation and soothe the inflamed parts.

Peps enable you to end coughs and colds in Nature's way, by breathing in the medicine the same way as the disease germs causing the trouble were breathed in! Isn't this wiser treatment than the swallowing of mixtures into your stomach—which is not ailing?

For coughs, colds, bronchitis, asthma, sore throat, night cough and all troubles of throat and chest, try Peps. Best for children because pleasant to take and free from opiates, etc. All dealers, 50c. a box.



Local and Personal

Ask for Atkins' Sausage. **tf**

Mrs. R. Beaumont will not receive tomorrow.

Special Fifteen Days' Sale—Barrie's Furniture Store. **tf**

G. A. McNicholl returned this morning from Ocean Falls.

Walter Jones was among the Anxoy arrivals in town yesterday.

Regular meeting of G. W. V. A. tonight. All members requested to attend.

Mrs. H. T. Willett, Waldron Apartments, will not receive on Thursday.

Mrs. Jack Barnsley returned last evening from a visit to her old home in Toronto.

Mrs. Tremayne and her daughters Dorothy and Pete returned to Prince Rupert this morning.

John Christiansen was fined Ten Dollars by Magistrate Mc-Mordie this morning for drunkenness.

Mrs. Morte Craig returned today on the Prince George after a visit in Victoria with her daughter Mrs. D. D. McTavish.

H. S. Munro, general manager of the Granby Co., is in town today on his return to Anxoy. He is accompanied by Mrs. Munro.

Miss M. Smith, of Alice Arm, is in town and will leave on the Princess Mary Sunday for Seattle where she will spend the winter.

Captain Groves and a party of tonshoremens left last night for Ocean Falls to assist in loading paper on a large freighter that is at that port.

At Haysport last night Mrs. Dupuis had a bad fall, dropping something like twelve feet on to some logs. Happily she suffered only a severe shaking.

Friday and Saturday and Saturday matinee at 3 p.m., a Paramount special, in the famous story by Mark Twain, "Huckleberry Finn," at the Westholme. **58**

The fire brigade had a run to the C. H. Orme residence this morning to extinguish a slight blaze in the basement. The fire was soon put out and no damage was done.

The theft charge preferred against J. Zersky was adjourned in the police court this morning. Hearing will be taken tomorrow morning. L. W. Patmore is acting for the defence.

Steve Wintonack, the youthful thief who pleaded guilty to stealing money from the dry dock store was sentenced to twelve months at Okalla Farm by Judge Young this morning.

A fortnightly service is to be maintained by the C. P. R. this winter to Skagway and other southeastern Alaska points. There has been a ten-day schedule during previous winters.

Among the arrivals on the Prince Rupert this morning were Dr. A. H. Bayne, Frank Phiscator, of Terrace; C. W. Harris from Swanson Bay; Bert Manthrop, steamboat inspector; Dr. Eggert, and Mrs. Cade.

Dr. and Mrs. Allan Beech, of Terrace, left last night on the Lamson en route for Surf Inlet where Dr. Beech is taking the place of Dr. Sagar who has been appointed medical superintendent of the Port Simpson hospital.

Several cars went off the streets yesterday on account of the slippery boards. Hayner's big limousine went off near the Sash and Door Factory on Seventh Avenue and a car belonging to one of the doctors went off at the hospital corner and turned completely up with its wheels in the air.

Dr. W. T. Kergin is expected home tomorrow night. He went east to attend the congress of the Surgeons of America at Montreal and following the close of the congress spent some time at the Mayo clinic at Rochester, Minn., where famous surgical and other work is done. He has been away just a month.

Friday and Saturday and Saturday matinee "Huckleberry Finn" at the Westholme. **58**

MEAT PRICES WILL GO UP

Usual Winter Raigss Will Take Effect by Next Month.

Meat prices which are still remaining stiff are due for an advance next month when many lines will be advanced about 10c a pound. This is the usual winter rise. Butter is coming down now and eggs are still going up, local fresh being unobtainable.

Following is this week's list:—

Meats.	
Sirloin steak, per lb.	45c
Beef pot roast, lb.	25c to 28c
Beef, chuck roast, lb.	30c
Beef, rib roast, lb.	35c and 38c
Beef, boiling, lb.	18c to 22c
Hamburger, per lb.	25c
Stewing beef, per lb.	20c and 25c
Cornd beef, per lb.	22c
Lamb, leg, per lb.	50c
Lamb, loin.	50c
Mutton, stewing	?
Mutton, shoulder, lb.	26c to 28c
Leg of mutton, lb.	45c
Loin of mutton	45c
Veal shoulder roast, per lb.	32c
Leg of veal	30c and 40c
Plain sausages, per lb.	25c
Tomato sausage	45c
Pork, leg	50c
Pork chops, per lb.	60c
Pork, shoulder	45c
Bacon, sliced, per lb.	75c
Ham, sliced	65c
Ham, smoked	60c
Salt backs	45c
Chicken, per lb.	65c
Fowl, per lb.	50c
Pickled pork, per lb.	45c
Cooked ham, sliced, per lb.	85c
Spare ribs, per lb.	30c
Roast ham, per lb.	85c
Bologna, per lb.	30c
Jellied tongue	50c to 60c
Broilers	60c
Calves liver, lb.	40c
Cooked beef tongue, lb.	85c
Dairy Produce.	
Butter, per lb.	65c
Butter (cooking) per lb.	60c
Cheese, per lb.	45c
Limberger cheese, per lb.	60c
Eggs (case)	80c
B. fresh eggs (case)	\$1.10
Margarine	50c
Comb honey	50c
Sugar, per lb.	21c
Bread, per loaf	15c
Flour (hard white) 50-lb sk	\$4.00
Milk, per case	\$6.50 to \$8.50
Fish.	
Jod, 2 lbs.	35c
Jod fillets, smoked	20c
Fresh black cod per lb.	15c
Finnan haddie	25c
Halibut, per lb.	25c
Herring, kippered, per lb.	23c
Salt herring, each	10c
Flounder Fillets, lb.	20c
Salt Acadia Cod, 2-lb. boxes	65c
Kate, per lb.	10c
Brills	3 for 25c
Salt oolachans, lb.	10c
Spring salmon, per lb.	30c
White salmon	20c
Vegetables	
Onions, dry, per lb.	5c
Beets, per lb.	5c
Carrots, per lb.	6c
Turnips, per lb.	6c
Cabbage	10c
Cauliflower	25c to 60c
Head lettuce	10c to 25c
New Potatoes, per sack	\$3.50
Sweet potatoes	3 lbs. for 25c
Rhubarb	3 lbs. for 25c
Green onions, per bunch	5c
Cucumbers, each	15c
Radishes, per bunch	5c
Parsley, per bunch	10c
Egg plant, per lb.	40c
Celery, per lb.	20c and 25c
Evaporated Fruits.	
Black figs	25c
White figs	25c
Apricots	45c
Peaches	30c
Apples	20c
Seedless Raisins	35c
Prunes	20c-30c
Fruit.	
Bananas	75c
Grapefruit (California) 3 for	25c
Onions	40c
Dates (drom)	35c
Valencia oranges, per doz., 60c to	85c
Raisins, per lb.	35c
Currants, per lb.	35c
Peel, per lb.	60c
Mixed nuts, per lb.	35c
Table Figs, per pkg.	15c
Mince Meat	20c
Tomatoes	25c
Cantaloupes, each	20c to 35c
Watermelon, per lb.	7c
Honey Dew Melons, each	75c
Grapes (Malagas) per lb.	35c
Wealthy apples No. 1	\$4.25
Wealthy apples No. 2	\$4.00
Apples (Jonathans)	\$4.25
Apples (McIntosh Reds)	\$4.50

Stop Work & Lay Up' advised Doctor

but Zam-Buk put me right

Says M. J. E. ARSENAULT



RELATING how Zam-Buk made short work of a dreadful outbreak of leg sores, Mr. J. E. Arsenault, a well-known Justice of the Peace of Wellington, P.E.I., says:—"I slipped and gashed my leg on the edge of a freight truck. The wound, instead of healing, became ulcerated, and later on, a form of eczema developed which spread rapidly over both legs. My limbs were so swollen and sore that I had to keep them in bandages and the doctor said I would have to stop work and lay up. As a busy man I couldn't afford time for this. Then I started out to try all the salves, liniments and lotions I heard of. This

Eczema on Both Legs

got steadily worse until the lucky day I hit upon Zam-Buk. Greatly to my delight, the first dressings relieved the pain and irritation, and as I continued with the balm my sores got better and better every day. I soon realized that in Zam-Buk I had at last found a real cure and it only needed perseverance to put me right! It is now a considerable time since Zam-Buk healed the sores but there has been no return of the eczema nor any trace of it. It would have been impossible, I think, to have found a worse case of sores than mine."

Send for Sample Box!—50c. box, 3 for \$1.25. All Druggists and Stores, or Zam-Buk Co., Toronto. Skin sufferers sending one cent. stamp (return postage) can obtain Free Trial Sample.

Zam-Buk for all Wounds & Sores

Support Home Industries.

RUPERT BRAND

SMOKED BLACK COD

EASILY COOKED:—
Place in boiling water and cook for fifteen minutes

Caught by Prince Rupert Fishermen.
Smoked by Prince Rupert Fishmen.
Smoked in the Prince Rupert Plant of the

Canadian Fish & Cold Storage Co., Ltd.

Fifteen Days Furniture Sale Fifteen Days

3 only, Surface Oak Dressers... \$30.00 for \$26.00
6 only, 3 ft. 6 Felt Mattress... \$20.00 for \$16.00
4 only, 4 ft. 6 Mattress... \$18.00 for \$15.00
6 only, 3 ft. 6 Mattress... \$16.00 for \$13.00
8 only, 4 ft. 6 Felt Mattress... \$30.00 for \$25.00

WATCH WINDOW FOR SPECIALS!

BARRIE FURNITURE STORE

C. & N. CLEANING AND PRESSING PARLORS

130 Eighth Street - Prince Rupert, B.C.

Repair Work and Alterations a Specialty
Our Motto: "To Give Customers Satisfaction"
Phone Calls given Prompt Attention
Gen. Clark, Manager, better known as "Nobby" Phone 563

Westholme Lunch

Under New Management
ALL WHITE HELP

Westholme Special

Three Course Meal - from 45c up

Adair Cars Chapter I. O. D. E. will hold a sale of home cooking in the hut on Third Avenue Friday, November 5, in aid of the Local Naval Brigade. **58**

Col. Peck this morning received confirmation of the appointment of Dr. Tremayne as immigration officer in place of Dr. McNeil who recently left the city.

On account of private business J. J. Gillis has had to leave the Trades and Labor Council committee and has been replaced by L. Dewhurst.

TERRACE

Materials for the addition of three rooms to the present school building are being collected at the school property, preparatory for work in the early spring. Owing to the frost it has been thought unwise to continue building this fall.

Mr. and Mrs. Barker of the Bank of Montreal have moved into the apartments over the bank.

Mr. J. M. Paterson, provincial school inspector, spent Friday and Saturday here, and during his visit inspected the school.

Mr. and Mrs. Ashwell are moving into Terrace for the winter months.

Dr. Beech and family are leaving on Sunday for Surf Inlet where they will make their new home.

F. Bishop, manager of the Co-operative Store, returned from Prince Rupert on Saturday's train.

G. J. McGrath leaves on Monday to spend the winter months in Smithers.

Friends of Mrs. Thomas Hall will be glad to hear that she is recovering from her recent illness.

Mrs. and Miss Pearson are moving across the river and are to occupy the apartments lately vacated by Mr. and Mrs. Vanderlip.

One of the big social events of the season is expected in the annual G. W. V. A. dance which is to be held on Armistice Day.

Potato digging has been the order of the day and now all the root crops are stored for the winter.

BIRTH

A daughter was born to Mr. and Mrs. Edwin Kenny, of Terrace, at the Prince Rupert General Hospital this morning.

IN PROBATE. IN THE SUPREME COURT OF BRITISH COLUMBIA. IN THE MATTER OF THE ADMINISTRATION ACT — and — IN THE MATTER OF THE ESTATE OF J. SEPLA (SEPPALA), DECEASED, IN TESTATE.

TAKE NOTICE that in order of His Honor J. McE. Young, made the 13th day of October, 1920, I was appointed Administrator of the Estate of J. Sepia (Seppala), deceased, and all parties having claims against the said estate are hereby required to furnish same, properly verified, to me, on or before the 21st day of November, A. D. 1920, and all parties indebted to the estate are required to pay the indebtedness to me forthwith.

JOHN H. McMULLIN,
Official Administrator.

DATED this 21st, day of October, A. D. 1920.

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To Property Owners and Tenants

At this season of the year the prudent man sees to it that his heating plant (hot water, hot air or stoves) is put in condition for the colder weather.

If you want the work done promptly and right see

ROWE'S SHEET METAL WORKS

220 2nd Ave. Phone 340

when your wants will be attended to by practical men.

NO BOYS SENT TO DO MEN'S WORK.



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Repairs to all makes of Pianos, Phonographs, Cameras—Spare parts in stock. French Polishing

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Phone Red 291 P.O. Box 762

TOM LEE CO.

840 Second Avenue, West.

VEGETABLES Wholesale and Retail

General Contractors and Labor Exchange.

Phone 547 — P.O. Box 725

NOTICE.

IN THE CASSIAR LAND DISTRICT—RECORDING DISTRICT OF SKEENA, AND SITUATE AT ALICE ARM.

TAKE NOTICE that TAYLOR MINING COMPANY LIMITED, of 607 Credit Foncier Building in the City of Vancouver, in the Province of British Columbia, a Company duly incorporated under the laws of the said province, intends to apply for permission to lease the following described lands, situate in the vicinity of Lot 3633, 3638, 3639, 3642, 3799 and 3800 in the Cassiar District, commencing at a point planted in the North West corner of Lot 3643A in the Cassiar District, thence running South 5 deg. 23 min. West a distance of 469.75 feet, thence North 84 deg. 31 min. West a distance of 175.7 feet to the Southern boundary of Lot 3643A, thence following the Southern boundary of Lot 3643A North 26 deg. East a distance of 501.3 feet to point of commencement, and containing Two Acres, more or less, which were located on the twelfth day of August, 1920.

C. B. NORTH,
Agent for the Taylor Mining Company Limited.

DATED at Alice Arm, B. C., this twelfth day of August, 1920.

Phone Green 607 1017 3rd Avenue

Dalgarno & Watts

BUILDERS AND CONTRACTORS

Specialists in Light and Heavy Construction, Repairs and Alterations, First Class Staircase Work and Finishing.

Estimates Cheerfully Given

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