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THE resources of this Bank are an essential element in the Dominion's fundamental industry—exploitation of the soil.

For 55 years we have been promoting the interests of agriculturists.

Today, our co-operation is being utilized from coast to coast in an endeavor to increase the output of the fields.



UNION BANK OF CANADA

Prince Rupert Branch A. T. Broderick, Manager



Your Bed Pillows— Would You Like To Have Them Washed?

Bed pillows are seldom washed in many households—the same pillows are used through summer and winter, illness and health.

This often happens in the dwellings, too, of housewives who are justly proud of their home sanitation. Sweet, clean slips are used, but pillows nevertheless are frequently overlooked.

Why not send your pillows to us for a thorough cleansing? We bubble them up and down in pure soft water and fluffy suds. We rinse them time and again. Then we dry them quickly in fresh, warm air, and tumble them until they become delightfully downy once more.

It gives new life to the feathers, whether they be snowy breast feathers, or the less fluffy tail feathers. The pillow, too, is sterilized. Slumber becomes a new pleasure.

Send your pillows along next time our driver calls for your family bundle. Or telephone us and we will have our driver stop next time he passes your way.

CANADIAN STEAM LAUNDRY

Phone 8



GREAT CONCERT AT HIGH SCHOOL

Santa Claus' Visit, a Sumptuous Dinner and Meritorious Concert, Conclude Term.

The Closing exercises at the High School took place yesterday, and were carried out in real Christmas style. At three o'clock Santa Claus appeared and dispensed his gifts with a lavish hand to all the students assembled. Will Kergin made a splendid Santa and his witticisms caused a lot of merriment.

Christmas Dinner.

At 3:30 p.m. the students and teachers sat down to a sumptuous Xmas dinner in the matric. room, and, needless to say, justice was done to all the good things provided. Cedric Duncan was toastmaster, and under his baton things went merrily along. At 6:30 all left the banqueting room to prepare for the concert which took place in the basement of the building.

At 8:15 the concert opened in the presence of a crowd of parents and friends that sorely taxed the accommodation provided. The following was the program:

Concert Program.

- School Orchestra.
- Christmas Carol.
- Choruses from the "Geisha"—students of the "Matric." class.
- Christmas Carol.
- Recitation—Marjorie Roberts.
- Orchestra selection.
- Reading of "School Magazine."
- Song—Miss Olga Kask.
- Forest scene from "As You Like It," students of the Matric. class.
- Christmas Carol—School Girls' Choir.
- "God Save the King."

The Geisha choruses were undoubtedly the gem of the entertainment in which the singing of Miss Olga Kask created quite a sensation. This young lady has an exceptionally fine voice of great power, and her singing of the "Jewel of Asia" in the Geisha and later "Blow, Blow, thou Winter Wind" in "As You Like It," drew well-merited applause from the audience. The beautiful setting of the "Geisha" could hardly be surpassed.

"As You Like It."

In the play "As You Like It" all did splendidly, but Miss Ruth Rix as "Orlando," Miss Olga Kask as "Amiens," Miss Margaret Lindsay as "Rosalind," and Roth Gordon as "Jacques" stood out prominently. The chorus "Chin, Chin, Chinaman" in the "Geisha" provided much merriment. Cedric Duncan, Allan McLeod and Roth Gordon acting their parts in true Oriental fashion. The concert was indeed highly meritorious, and a fitting conclusion to a happy day.

BASKETBALL DANCE WAS WELL ENJOYED

About 75 Couples Attended Pleasant Affair in St. Andrew's Hall Last Night

The Sons of Canada Basketball Dance held in St. Andrew's Hall last evening was a very enjoyable affair and was attended by about 150 persons. Harry Breen was the master of ceremonies and George Johnstone was on the door. Gray's Orchestra provided the music and at midnight fine refreshments were served. The affair was under the direction of the Sons of Canada basketball committee.

Dorothy Thompson, summer; Miss Katherine McCormack, Autumn, and Miss Gladys Collier, Winter. These girls were assisted by a fine chorus. Miss Lorna McLaren was very pleasing in a Spanish dance which was followed by a playlet, "The Brownie's Trick." In this six boys, Stanley Moersch, Camero McKinnon, Patrick O'Reilly, John Comadina, Leno Calousi and Bartlett Wakefield, were the Brownies, and six girls, Agnes Roberge, Nina Hunter, Helen McCaffery, Margaret Van Coutin, Rose Couture and Bertha Aslin, were the Fairies. The program was concluded with the chorus, "Tis Winter Time." Miss Agnes Gratton made a very capable accompanist.

Father McGrath spoke a few words in his own genial manner and then Santa Claus unloaded a beautiful Christmas tree which was covered with gifts for the pupils.

Music and Christmas Are Inseparably Associated

MUSIC is the means that has been adopted throughout the ages for communicating the joy of the Christmas message.

The spirit of the festival is more inspiringly expressed by the music that has always accompanied it than by any other single medium.

For music reaches our innermost selves, taps a channel leading to our higher nature and brings us in tune with the Infinite.

Millions attend church at the Christmas Season because of the special Christmas Music of the organ and the choir. They are reached through music as they are reached in no other way.

Music speaks the language of the soul, but it likewise speaks the language of life—the language of the heart.

When we speak from the depths of our religious nature, we have recourse to music and we sing our praises to God.

When we are stirred by any emotion in secular life, we likewise resort to music for its expression. We sing love songs and patriotic songs. We sing songs of sadness and songs of gladness—songs of home and songs of childhood, and our nature responds and vibrates with the magic of the message brought to us.

Music transfuses joy and softens sorrow. It should shed its blessings in every home.



GRMES' DRUG STORE, McRAE BROS., LTD., PRINCE RUPERT MUSIC STORE, CHAS. W. TEEZEL, SINGER SHOP, McCUTCHEON'S DRUG STORE, W. W. WRITHALL, WALKER'S MUSIC STORE

Number 28A

The Man in the Moon SAYS--

THAT once more Canada has a navy. Perhaps it will be used better than the training boats that Leurier secured.

THAT no sooner had the Niobe and Rainbow commenced their work of training men, than the Tories came into power and undid everything.

THAT food is dear in Germany, but there are other dear things here.

THAT the morality officers will catch you if you don't watch out.

THAT it is rumored they are to be busy in a new and startling direction.

THAT some people think it is the very essence of meanness and a low down trick to interfere with their Christmas and pre-Christmas and ante-Christmas festivities.

THAT a lot of people do not know how to enjoy themselves except by filling themselves with boozes.

PRESCRIPTION FOR COLDS AND GRIPPE

Formula Which is Approved by Leading Physicians.

Physicians all over the world are agreed on the best treatment for the relief of colds in the head or the advanced stage of the trouble—a grippé, or the first stages of influenza.

This formula is now offered the public under the name of Grip-Fix and is used for home treatment. It comes in capsule form and acts promptly, as it has a ten-year record of relieving a cold in a night or a case of grippé in 24 hours. Its action allays the fever, relieves the soreness in the muscles and back and keeps the system open to throw off self-generated poisons.

Grip-Fix is just what it claims to be—a physician's prescription. The full formula is printed on every box. It contains absolutely nothing injurious to the system, but everything needed for the prompt treatment of colds or grippé. Get a box of Grip-Fix. Have it in the house. On sale at all druggists, 35 cents per box.

CHEAP LABOR

Port au Prince Almost Beats Record Paying Men about 20c a Day

PORT AU PRINCE, Dec. 18.—There is no high labor market in Haiti. The man working by the day gets one gourde, which is 90c, and sometimes a gourde and a half. Cooks are to be had without advertising. Most of them earn \$1.50 a week, and in addition get six cents a day on which to feed themselves and their flock. You do not have to include car fare in the weekly wage down here.

At some points of the interior wages for cooks are even lower. Many of them live in mahogany houses, at that.

Haiti's population is estimated around 2,500,000. Ninety-seven per cent of these people are classed as illiterate, which may account for the size of the pay envelope.

Entire stock of Barrie's Furniture Store at reduced prices. If

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Home Cooking with Quick Service

Here you can procure the kind of food that is just what you want in congenial environment.

Superior Quality. Attractiveness. Satisfying Service. Prices Reasonable.



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We have just taken into our warehouse a car of CHOICE NO. 1 ALFALFA HAY. Get our price on this hay which has been bought on the lowest market.

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Empress Hotel Block. Newly opened for business. Strictly clean. White help only. Open day and night

PRINCE RUPERT Central Labor Council, O. B. U. Affiliated Units and Dates of MEETINGS Building Trades Unit, First and Third Mondays, 8 p.m. Central Labor Council, Every Tuesday, 8 p.m. Women's Auxiliary, First Wednesdays, Dance & Social at 9 p.m.; Second Monday, Business Meeting at 8 p.m. Political Economy Club, Every Thursday at 8 p.m. Metal Trades, First and Third Fridays. Shipbuilding Unit, Second and Fourth Fridays at 8 p.m. Fishpackers, First Saturday OPEN FORUM (commencing Sept.) Second and Fourth Sundays, 8,30 p.m.

CHRISTMAS CONCERT BY CONVENT PUPILS

Artistic Program Was Rendered on Thursday Night—Christmas Tree was Unloaded.

The concert given on Thursday night by the pupils of St. Joseph's Academy was a most pleasing affair and reflected more credit upon the artistic training that is given the students at the schools. There were many parents and friends present and everybody was delighted with the performance.

The program opened with a chorus by the school, "All Hail to Merry Christmas," which was followed by a combination song recitation by the whole class of minims. "The Seasons," a chorus by the senior girls, was very pretty. The solo roles were taken by Miss Alice Earley, Spring; Miss

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