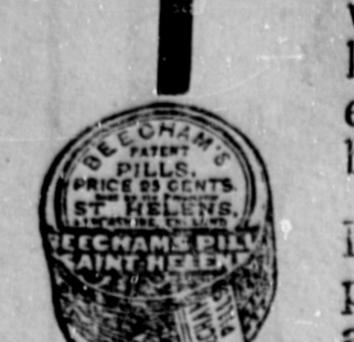
The Stomach Begins



digestion, but the most important work is done by the bowels, liver and kidneys. Failure of these to act efficiently allows the whole body to be poisoned.

BEECHAM'S PILLS do more than produce bowel movement. Liver, skin and kidneys are influenced to more active effort with resulting increased effect. It is always safe to take

Sold everywhere in Canada.

St. Regis Cafe

NOW

Re-opened

Everything Spick and Span

Home Made Pastry now for sale on the premises

EAT AT THE ST. REGIS

Life Insurance Is In Certain Respects Unique

Other kinds of insurance provide for losses that MAY be sustained. Life Insurance provides for an inevitable loss.

The premiums on other kinds of insurance are an expense. The premiums on a life policy are paynents on account of an asset; for at some time the policy must mature and be paid. Other kinds of insurance are expedient; Life Insurance is essential.

A building may never burn, a ship may never sink, but ALL men must die. The Mutual Life Insurance Co. of

Canada Policies are safe. McCaffery, Gibbons & Doyle,

Limited, - Agents. Phone 11 - - 3rd Avenue

M.W. Stephens

Notary Pullic

Conveyancer

Four - roomed plastered house, on Eighth Avenue between McBride St. and King Edward School with excellent lot

M. M. Stephens Real Estate Insurance Financial Agent

become conserve and a seconserve

No wait. Full weight.

\$12.50 \$13.75

Ton, Loose Ton, Sacked FURNACE COAL

Consumers Coal Company Phones- 7 - Black 293

********************** To our many friends and patrons A HAPPY and A PROSPEROUS NEW YEAR

T. J. DAVIDSON

Suite 22, Alder Block PHONE Red 328

In boxes, 25c., 50c. SKEENA LAND RECORDING DIVISION. DISTRICT OF QUEEN CHARLOTTE ISLANDS. TAKE NOTICE that William J. Leary of

north-east corner of DL 2799, thence yest 80 chains, thence north 80 chains, chains, to point of commencement.
Dated this 21st day of October, 1919.
WILLIAM J. LEARY, Applicant.

RTGAGE SALE OF SAWMILL EQUIP MENT AND LUMBER AT PORT CLEMENTS, B. C.

tained in a certain chattel mortgage held and including Friday the 2nd day January, 1920, the following chattels, viz: the plant, machinery, equipment and lum-ber of the Port Clements Box and Lumber For particulars apply to J. B. Weir, 1396 Richards St., Vancouver B. C.

SKEENA LAND RECORDING DIVISION.
DISTRICT OF QUEEN CHARLOTTE
ISLANDS.

described lands:west 80 chains, thence north 80 chains, thence east 80 chains, thence south 80 chains, to point of commencement. WILLIAM J. LEARY. Applicant

SKEENA LAND RECORDING DIVISION. DISTRICT OF QUEEN CHARLOTTE ISLANDS.

Skidegate, B. C., settler, intends to apply for a license to prospect for coal and petroleum on and under the following described lands:-Commencing at a post planted at th north-east cerner of DL 2799, thence north 80 chains, thence east 80 chains, thence south 80 chains, thence west 80 chains, to point of commencement.
Dated this 21st day of October, 1919. WILLIAM J. LEARY, Applicant

Advertise in the Daily News.

MAY. BILLINGS, Prop. 75c Chicken Dinner 75c

Sunday, January 4

Roasts. Luncheon 11:30 a.m. to 2 p.m. Dinner 5:30 p. m. to 7:30.

Chicken

Fried or Boiled Salmon, Halibut Smoked Black Cod Salads. Shredded Cabbage Home-made Salad Dressing Entraes. Baked Heart with Dressing Scalloped Salmon

Roasts. Roast Chicken with Dressing Roast Beef, Brown Gravy Vegetables. lain boiled or mashed Potatoes

Mashed Carrots Dessert. Apple, Plum Pie Fruit Custard Pudding Coffee

50c Special Menu 50c Monday, January 5

Soup. Split Pea Soup Fried or Boiled Salmon, Halibut Smoked Black Cod

Boiled. Boiled Tongue with Horse Radish Entrees. Baked Meat Pie Sausage, Mashed Potatoes,

Brown Gravy Liver and Bacon Roasts. Roast Beef, Pan Gravy Roast Pork, Apple Sauce Vegetables.
Plain Boiled Potatoes

Mashed Turnips Dessert. Apple, Mince Pie

Steamed Ginger Pudding, Lemon Tea - - Coffee

SHORT ORDERS SERVED ANY TIME FROM 7 A. M. TO MIDNIGHT

Don't neglect your Teeth One decayed or missing tooth lowers your efficiency

DR. BAYNE

Office Hours--Morning, 9 to 12; Afternoon, 1.30 to 5.30; Saturday, 9 to 12 only. Evenings, Tuesday, Wednesday and Friday, from 7 to 9.

DENTAL MURSE IN ATTENDANCE PHONE 109 FOR APPOINTMENT

A. G. GRAY

Teacher of Piano Studio 137 Second Avenue PHONE 182 or 444

No. 1 Jonathan Apples

Wrapped Stock per box

\$3.00

Rupert Table Supply Co. Phones 211, 212

POLICEMEN TO VOTE ON SYMPATHETIC STRIKE

licemens' Union is meeting today Arm, left for a few weeks' holiwhen it is understood that the day up-river on this morning's question of striking in sympathy train. with the Waterworks employees will be voted on.

BUILDING IN VANCOUVER

VANCOUVER, Jan. 3 .- During quested to attend .- SECRETARY. 1919, building permits issued in this city numbered 1,232, repre- The incorporation of the Mas-TAKE NOTICE that William J. Leary of senting a total value of \$2,271, sett Timber Co. with a capital of Skidegate, B. C., settler, intends to apply 361, compared with 829 permits \$1,000,000 is announced in the B. petroleum on and under the following issued in 1918 aggregating the C. Gazette for this week. The

BIRTH

There was born to Mr. and Mrs. Alfred Berner, of 1205 Park Ave. at the Prince Rupert General Hospital on January 2, a son.

A BARGAIN

For Sale at once, lot with two houses. Price \$1,200. Dybhavn & Hanson.

Synopsis of e Land Act Amendments

Minimum price of first-class land reduced to \$5 an acre; second-class to \$2.50 an acre. Pre-emption new confined to surveyed lands only.

Records will be granted covering only land suitable for agricultural purposes and which is non-timber land. Partnership pre-emptions abelished, but parties of not more than four may arrange for adjacent pre-emptions with joint residence, but each making necessary improvements on respective

Pre-emptors must occupy claims for five years and make improvements to value of \$10 per acre, including clearing and cultivation of at least 5 acres. before receiving Crown Grant.

Where pre-emptor in occupation not less than 3 years, and has made proportionate improvements, he may, because of ill-health, or other cause, be granted intermediate certificate of improvement and transfer his claim. Records without permanent resi-

dence may be issued, provided applicant makes improvements to extent of \$800 per annum and records same each year. Failure to make improvements or record same will operate as forfeiture. Title cannot be obtained in less than 5 years, and improvements of \$10.00 per acre, including 5 acres cleared and cultivated, and residence of at least 2 years are required. Pre-emptor holding Crown grant may record another pre-emption, if he requires land in conjunction with his farm, without actual occupation, pro-

vided statutory improvements made and residence maintained on Crown granted land. Unsurveyed areas, not exceeding 20 acres, may be leased as homesites; title to be obtained after fulfilling residential and improvement conditions. For grazing and industrial purposes areas exceeding 640 acres may be leased by one person or company.

Mill, factory or industrial sites on timber land not exceeding 40 acres may be purchased; conditions include payment of stumpage. Natural hay meadows inaccessible by existing roads may be purchased conditional upon construction of a road to them. Rebate of one-half of cost of road, not exceeding half of purchas-

PRE-EMPTORS' FREE GRANTS

The scope of this Act is enlarged to include all persons joining and serving with His Majesty's Forces. The time within which the heirs or devisees of a deceased pre-emptor may apply for title under this Act is extended from for one year from the death of such person, as formerly, until one year after the conclusion of the present war. This privilege is also made re-

No fees relating to pre-emptions are due or payable by soldiers on preemptions recorded after June 26, 1918. Taxes are remitted for five years. Provision for return of moneys accrued, due and been paid since August 4, 1914, on account of payments, fees

or taxes on soldiers' pre-emptions. Interest on agreements to purchase town or city lots held by members of Allied Forces, or dependents, acquired direct or indirect, remitted from enlistment to March 21, 1920.

SUB-PURCHASERS OF CROWN LANDS. Provision made for issuance of Crown grants to sub-purchasers of Crown Lands, acquiring rights from purchasers who failed to complete purchase, involving forfeiture, on fulfillment of conditions of purchase, interest and taxes. Where sub-purchasers do not claim whole of original parcel, purchase price due and taxes may be listributed proportionately over whole area. Applications must be

made by May 1, 1920.

GRAZING. Grazing Act, 1919, for systematic development of livestock industry provides for grazing districts and range administration under Commissioner. Annual grazing permits issued based on numbers ranged; priority for established owners. Stock-owners may form Associations for range manage-ment. Free, or partially free, permits for settlers, campers or travellers, up to ten head.

Local News Notes

Dan McDonald left for Khyex on this morning's train.

Pianos correctly tuned. \$6.00, G. C. Walker. Phone Blue 389.

For first class shoe repairing, B. M. Simpson, Fifth and McBride. New shoes are expensive. Have

your old ones rebuilt at Mc-Arthur's. The "Director" Corset. Manufactured in Prince Rupert. Phone

Blue 92. When you need a pair of shoes of better grade, call at McArthur's Shoe Store.

We don't cobble shoes at Simpson's-we repair them. Corner Fifth and McBride.

W. J. Jackowski arrived from Stewart yesterday and is registered at the Hotel Prince Rupert.

F. W. Graham, supply man for MONTRTAL, Jan. 2 .- The Po- the Taylor Mining Co. at Alice

> The regular meeting of the Fishpackers Union will be held in the O. B. U. hall on January 3 at 8 p.m. All members are re-

Commencing at a post planted at the value of \$1,410,384. Buckley being associated with the company.

> Captain T. H. Cann, a familiar figure along the local waterfront, has been transferred from the steamer "City of Seattle" to the "Admiral Farragut." Capt. Perry Allen has succeeded Capt. Cann on the "Seattle."

Mr. and Mrs. O. Evindsen and Mr. and Mrs. George Bruggy, of Alice Arm, were passengers south on the Prince George Thursday night. They will spend some weeks visiting in southern British Columbia and California.

CHARLES ROBINSON BURIED AT HARTLE

ody Shipped South by Launch This Morning.

The body of Charles A. Robinon, the Hartley Bay Indian who fied in the General Hospital yeserday, was shipped to his home by gasoline boat this morning where interment will take place. Robinson was quite a wealthy Indian and had a good deal of cash n him when he came here to the hospital. The B. C. Undertakers had charge of the funeral arangements.

U.S. UNIVERSITY TEAM VICTORIOUS OVER B.C

VICTORIA, B. C., Jan. 3 .- The California and Stanford Universiies combined rugby team finished heir victorious tour of British Columbia by defeating a local representative fifteen today by 10 points to 4. They won by two goals to a dropped goal.

BAPTIST CHURCH

Service will be held tomorrow morning at 11 o'clock in the Baptist Church when the Rev. Dr. Grant will preach. Sunday School will be held at 2:30 and in the vening service will be conducted y P. H. Linzey.

I. B. S. A. SERVICES.

The International Bible Students Association will hold a service tomorrow, Sunday, in the K. of P. Hall at 7:30 p.m. A hearty welcome is extended to all.

NOTICE TO CONTRACTORS

Tenders will be received up to 12 noon Thursday, January 8th, 1920, for the excavating and rock work required for the foundation of a school building to be constructed on Hays Cove Circle. Prince Rupert, B. C. Tenders shall state a price per cubic yard for muskeg, clay and rock, in accordance with the plans and specifications. Lowest or any tender not necessarily accepted. Plans and specifications and all! information may be obtained at the office of the architect.

J. W. POTTER, W. D. VANCE, Architect. Secretary of Board.

Silk Hoslery

The Women of the Best in Silk Hosiery.



has been carefully made with this fact before us. Here you will find such well known lines as

RADIUM VENUS MONARCH WINSOME MAID

in colors of Black, White, Navy, Silver, Gold, Nigger, Sand, Taupe, Beaver, Grey.

> PRICED FROM \$2.25 to \$3.50

Corner Third Ave. and Fulton St.

Phone 524

Cor. Fulton and Sixth

National Grocery Co. VEGETABLES A SPECIALTY

Motor Delivery

Prompt Attention



REGLAR FELLERS IT'S THE LAW OF GRAVITY THAT KEEPS THE PEOPLE WELL WHAT FROM FALLING OFF DID THEY DO WHEN THE EARTH IS BEFORE THEY UP SIDE DOWN PASSED THE LAW A STATE OF THE PARTY OF THE PAR