



TOBACCO SERIES No. VI
View of Sorting Room in Virginia Re-drying Plant. The leaf being sorted into different grades of quality prior to re-drying before export.

The "Heart" is the guarantee of quality.

MACDONALD'S
TOBACCO

Smoking and Chewing

The Tobacco with a heart



Are Washdays Necessary in Winter?

There was a time, back in the days of stone hatchets, when woman was harder than she is today. A biting wind, damp air and slush underfoot did not so much endanger her then.

But is this exposure necessary now? Is woman exercising her best judgment in hanging clothes on the line in winter weather? Is man showing chivalry when he permits it?

A simple and safe solution of this problem is to send your family washing to us—especially during these days while the weatherman is surly.

No washboards or heavy soaps are employed by us. We wash for you in the twentieth century way by letting soft water and billowy suds surge through the fabric. It is a laundering method that saves clothes.

So, also, is our ironing process. We give a charming lustre to your linens not with hot irons, but with special steam heated presses that protect the textiles.

Telephone us. Our driver will call at a definite time for your family bundle. At a definite time also he will return it. Our method saves you labor and protects you from the rigors of wind and weather.

Canadian Steam Laundry
Phone 8



Take this Prescription to the Prince Rupert Drug Company's Store!



I always send my patients there, for I know that the ingredients they use are always fresh and of the very best quality. They double check every prescription which means a whole lot to you, and, too, this kind of service doesn't cost you any more than you would ordinarily have to pay for the less carefully compounded prescription.

The Prince Rupert Drug Co.

DANCE BY ADAIR CARSS CHAPTER

Over Three Hundred Present Last Night and Not One Was Disappointed.

The Adair Carss Chapter, I. O. D. E., were unqualifiedly successful with the big dance they gave last night in the St. Andrew's Hall. There were 300 persons in attendance and not one but enjoyed the affair to the fullest. The perfection of arrangements and the smoothness of their execution reflect much credit on the committee in charge. The chapter, well lived up to its record of putting on events that have a distinctive "go" to them.

Gray's five-piece orchestra furnished the music which was not at all lacking in spirit or dash, and the many new dancers who were in evidence last night simply were compelled by the rhythmic strains to take the floor.

At midnight, the serving of supper to the large number of guests commenced and five sittings were necessary to accommodate all in the dining room. The refreshments, which were up to the standard of the rest of the dance, were provided and served by the ladies of the chapter who worked most unselfishly. The committee, under the convenorship of Mrs. Gilhuly, consisted of Mesdames S. J. Evans, B. Self, Newell, Larkin, Willisroft, Cox and Adams. George Kerr was master of ceremonies and Howard Steen attended at the door. Over \$200 was netted towards I. O. D. E. purposes.

DENTAL CLINIC BIG ADVANTAGE TO COMMUNITY

(Continued from Page One.)

of the fact that in those schools where free dental clinics have been in operation, scholarship has improved, the health rate benefited, spread of epidemic diseases reduced, absence from school diminished and the percentage of "hold-overs" due to failure of promotion also considerably lowered, it would seem that the economic value of the free dental clinic is self evident.

"The atmosphere in the classroom where all the children have received systematic dental treatment and oral prophylaxis is much purer and freer from mal-odor than the air in adjoining rooms where they have not had the same beneficent treatment. A clean mouth and a good looking, well-cared for set of teeth must necessarily generate a sense of self respect in the minds of the children who will carry on the activities of our city in the near future.

Successful Where Tried.

"All the world now realizes that prevention is more important and more economical than cure. The evil influence of the ravages of decay cannot be remedied or cured in the last analysis but they can be prevented. Ultimately free dental clinics will be established in the city. Why not now? The city of Bridgeport, Conn., has just reported that the result of five years' work showed that, first, the cost of educating the children in the year 1913 amounted to 42% of the budget and in the year following this was reduced to 17%, a saving of over 59%. Secondly, the decay in 15,000 children was reduced 33 1-3%. Thirdly, the number of children failing to pass in their examinations for promotion was reduced in some grades as much as 50%. Fourthly, the death rate from diphtheria, scarlet fever and measles was reduced over 70%. Fifthly, during the influenza epidemic the death rate was lower than any other city of the same size in the United States.

Caused by Teeth.

"The medical and dental professions have conclusively proved that many serious systematic diseases are directly caused by diseased teeth and gums. Records from the Toronto Public School show that over 95% of the teeth are in a condition which is a positive menace to the health and mental activities of the children and reports made from other clinics prove conclusively that the same condition exists in every public school. The fact that so large a percentage of school

children have defective teeth is proof that the problem is a most serious one, and one that must be taken from a public standpoint for the future safety of our citizens.

Is Public Duty.

"The problem is too gigantic for the dental profession to handle privately. Exactly similar to educating the great mass of pupils, it is distinctly a public health and educational problem and can only be taken care of by the municipality. The comparison of entire classes of children who have received dental service in the school clinic is simply astounding. The notably remarked improvement in mentality, improved appetite, absence of pallor, attendance, efficiency and attentiveness in the grades that have received dental treatment over a period of a year or more are matters of highly satisfactory records.

"Rendering free dental service to the school children is no more pauperizing to the parents than that of giving them free education. Each child is as much entitled to every possible health activity in its behalf as it is to an education."

NOTICE

TENDERS will be received by the undersigned up to noon on Wednesday, January 28th, 1920, for the purchase of the 45-ft. fishing boat, "Vital Spark" and gear, the property of the late William Selig. The highest or any tender not necessarily accepted.

J. H. McMULLIN,
Official Administrator,
Government Agent's Office,
Prince Rupert, B. C.
Dated this 17th day of January, 1920.

OUR Pool Room

moved to
721 Third Ave.
Opposite
The Empress Hotel

CIGARS SODA
Two per cent. Beer

PACIFIC CARTAGE, LTD.

PHONE 93
Reliable Service at reasonable Rates.
We have Warehouse facilities.
S. E. Parker, Manager



Ideals of purity and value

We are soapmakers with an ideal—our ideal is to make a Soap which shall have no equal for Purity and Efficiency throughout the Dominion—no superior in all the world.

We realize our ideal in every tablet of Sunlight Soap which is manufactured.

SUNLIGHT SOAP is made from the sweetest and choicest of edible oils and fats. It is the purest and most efficient of soaps and, if used judiciously, the most economical.

Insist on getting the Soap you ask for—

Sunlight Soap

Georgetown Lumber Co.

PHONES 130 and 423. — P. O. BOX 1632

Largest Assortment of Lumber in Central B. C.
FISH BOXES A SPECIALTY

SPRUCE FIR CEDAR
Consult Us.

THEO COLLART, Notary Public

FOR SALE—Lots 19 and 20, Block 18, Section 1, Third Avenue near McBride—

\$3,500 Each
A REAL SNAP.

MARINE INSURANCE REAL ESTATE FIRE INSURANCE
Phone Blue 69 Westholme Theatre Block P. O. Box 66

Phone 524

Cor. Fulton and Sixth

National Grocery Co.

VEGETABLES A SPECIALTY

Motor Delivery

Prompt Attention

MINERAL ACT

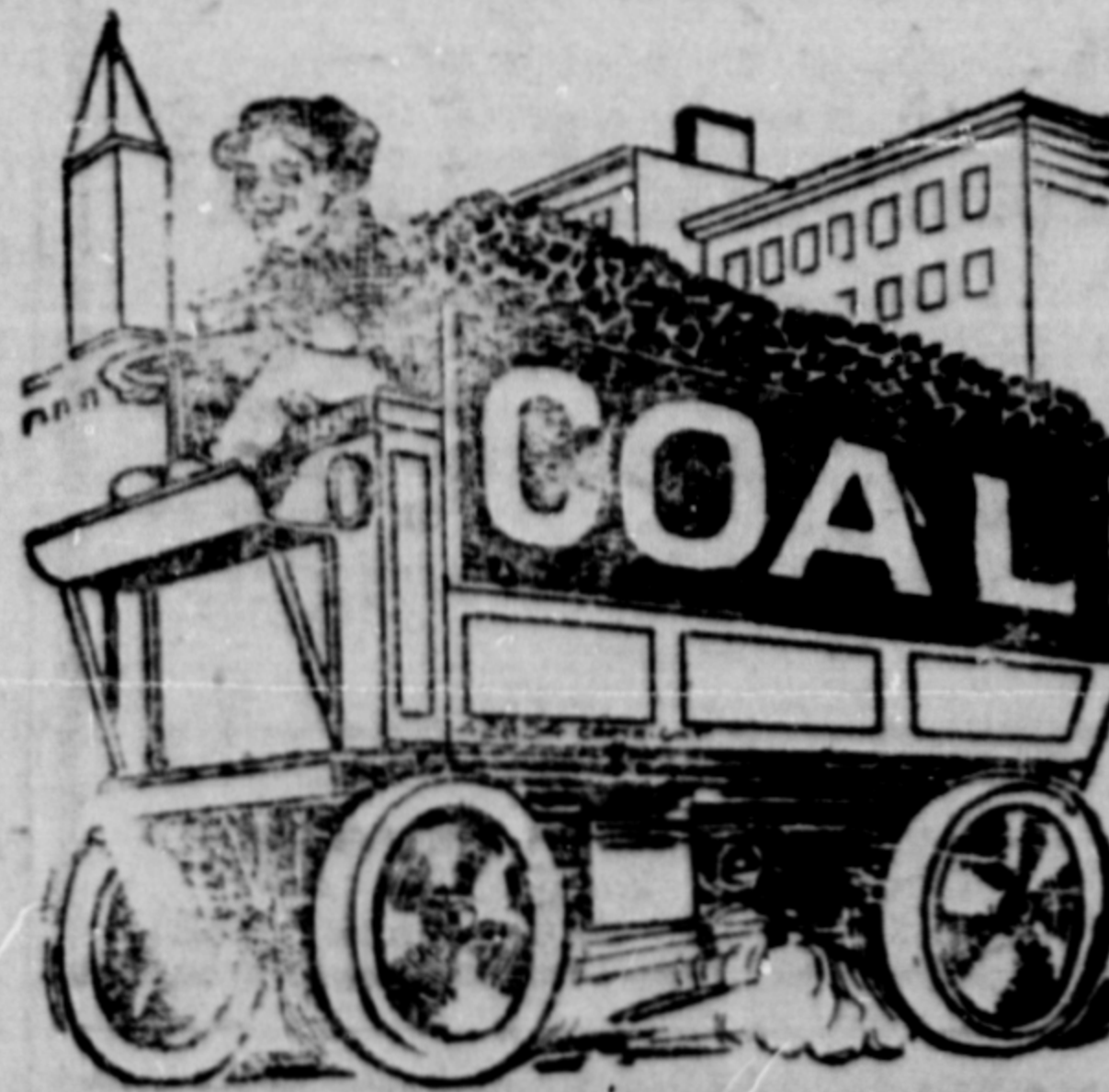
Certificate of Improvement.

NOTICE

KING SOLOMON and IRON KING Mineral Claims, situate in the Bella Coola Mining Division of Coast District.
Where located:—West side of Dean Channel, North of Cascade Inlet in Range 3, Coast District.
TAKE NOTICE that I, HUGH ARCHIBALD MACLEAN, as Agent for SMELTERS STEEL COMPANY, Free Miner's Certificate No. 7239, intend, sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements for each of said claims for the purpose of obtaining Crown Grant of the above claims.
And further take notice that action under Section 85, must be commenced before the issuance of such Certificate of Improvements.
Dated this 15th day of January, A. D. 1920.
H. A. MACLEAN.

NOTICE

Notice is hereby given that an application will be made to the Legislative Assembly of the Province of British Columbia at the next session on behalf of the Association of Professional Engineers of British Columbia for a Private Bill to incorporate the said Association, the said Bill to be known as THE BRITISH COLUMBIA ENGINEERING PROFESSION ACT for the purposes of governing and regulating the practice of Civil, Mining, Metallurgical, Mechanical, Electrical and Chemical Engineering in the Province of British Columbia, and the qualification, examination and registration of intending practitioners, the discipline of its members and for the acquiring of real and personal property and the disposal of the same and for the general management of the Association.
Dated at the City of Vancouver, B. C., this 5th day of December, A. D. 1919.
H. S. TOBIN,
for the firm of Patullo & Tobin, Solicitors for the Applicants.



We Deliver Promptly

When you want coal you do not want to be obliged to wait. The demand for our coal grows daily.

Ask those who now use it.

LUMP, sacked, \$13.50
MINE RUN \$12.50
MINE RUN, loose \$11.50

per ton, delivered.

WHY PAY MORE?

Phone Black 85

Terminal Coal Co.,