

WIDS IN THE HEAD
INFLUENZA
LA GRIPPE

Relieved in a night by


GRIP-FIX

IN CAPSULE FORM

Aspirin, Phenacetin, Quinine, Salol, Caffein, Cava and Camphor Mononitrate—just what your physician would use.

All Druggists 35¢ Box

THIS
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AND



Quaker Brand Refugee Beans are the choicest of young green beans grown in the fertile valleys of British Columbia.

Picked fresh, packed fresh—ready to serve in a minute.

Dominion Cannery B.C. Limited

Head Office, Vancouver, B. C.

WE YOUR SIGHT

WEIGHT—The most valuable of all the senses—is the most neglected and the least understood. Suffer from illa, which, upon examination, can be traced directly to defective eyesight.

The removal of the cause will often restore the delicate and worn down sufferer to robust health. Our glasses are properly prescribed to restore the vision to normal and eliminate all eye strain.

Fred Joudry

Practical Optometrist

100 Ave. - Prince Rupert

Opposite Post Office

Eat at the

Westholme Lunch

WHITE COOKS ONLY.

Carry nothing but SWIFT'S PREMIUM HAM and BACON and Strictly Fresh Eggs.

For a Good Breakfast, try our Brookfield Sausage and Eggs Country Style.

Make a specialty of Good Steaks or a Well Cooked Dinner.

Westholme Lunch

For a Home Cooked Meal

Women Cooks are unexcelled at Home Cooking.

Breakfast 35c and 40c, from 7 a. m. to 10:30 a. m.
Luncheon 11:30 to 2 .. 50c
Dinner 5:30 to 7:30 .. 50c

Association of our Home-Cooked Meals is seen by our satisfied customers.

Under the new management of Miss May Billings.

Port Orders Served at Any Time from 7 a. m. to Midnight

For Comfort, Courtesy and Service go to

The SAVOY HOTEL

F. T. Eowness
MANAGER

Phone 37 P.O. Box 1704

NAVY SUBJECT OF DISCUSSION

Two Plans Have Already Been Abandoned in the Past by Canada.

OTTAWA, March 11.—The corridors of Parliament hummed with comment upon the report of Viscount Jellicoe of Scapa. The naval question has been a matter of acute political controversy ever since 1909, when Sir George Foster from the opposition seconded by Sir Wilfrid Laurier from the Government side, moved a resolution calling for the creation of a Canadian navy, built, manned and controlled by Canada.

In 1910 Sir Wilfrid Laurier brought down his program, which comprised the construction of four "Bristol" cruisers, one "Boadicea" and six destroyers. The program was never completed.

On the return of Sir Robert Borden to power, a temporary policy was agreed upon on the advice of the British Admiralty, which contemplated the contribution by Canada of \$35,000,000 for the construction of two dreadnaught, the best that money could buy or science could conceive. This "contribution" policy was fought to the last ditch by the opposition in the House of Commons and killed by the Senate.

During the war Sir Robert Borden and the representatives of the other dominions utterly opposed the suggestion of the Admiralty that an Imperial fleet be created on the basis of proportionate contributions.

WERE MARRIED LAST EVENING

Miss Janes Mellors Becomes the Bride of Albert Greenhalgh of Grand Trunk Pacific Railway.

A pretty wedding was solemnized at 8:30 last evening in St. Andrew's Church, when Miss Janey Mellors, daughter of Mr. and Mrs. Joseph Mellors, of Manchester, England, was united in marriage to Albert Greenhalgh, son of Mr. and Mrs. E. Greenhalgh, of London, England. Rev. Canon G. A. Rix performed the ceremony. The bride was given away by Norman Brodhurst and looked charming in tailor made suit of brown cloth, a hat of brown satin and a beautiful set of mink furs, the gift of the groom. Little Miss Bettie Bloomfield made a dainty bridesmaid in a frock of white silk touched with pink and carrying a bouquet of pink carnations. Mr. Elson supported the groom.

A reception was held later at the home of Mr. and Mrs. Brodhurst, Emmerson Place, where a delightful and tempting supper was served. The happy couple left on the midnight boat for an extended honeymoon trip in southern and eastern cities. On their return they will reside at Emmerson Place in the house at present occupied by Mr. and Mrs. H. O. Crewe.

Both bride and groom are well.

11 OUT OF 83

cases ended in death! So a recent Canadian investigation showed. These were not cases of infectious diseases—of consumption—of typhoid! They were cases where a person had sustained some slight injury—a cut, a burn, a wire-prick—and where the wound, being thought not serious enough for careful treatment, had been neglected. Blood-poisoning and death resulted.

When you or your children sustain any injury, ensure against infection by applying Zam-Buk. This balm soothes the pain, stops bleeding, and by destroying all germs prevents blood-poisoning, etc. Hence no time need be lost from work or pleasure by those who use Zam-Buk. All dealers, 50c. box.

Zam-Buk

known in Prince Rupert. The bride has become especially popular during her visit in the city. The groom, who is in the employ of the G. T. P., has been in this district for some years.

NOTICE TO DOG OWNERS

Dog licences are now due for 1920. If same are not paid by March 31st inst. prosecutions will follow. Licences and tags can be secured at City Police Station. WILLIAM ADAMS, Police Sergeant. Dated March 9th, 1920. 62

It is just as cheap to get your printing done well and done at home as it is to send it away. Try The News Print Shop.

Two-color window cards take the eye quickly. See them at the News Job Department.

WATER NOTICE. DIVERSION AND USE.

TAKE NOTICE that M. P. Olsen, whose address is Alice Arm, B. C., will apply for a licence to take and use 50 cubic feet of water out of Clearwater River which flows southerly and drains into the Kitsault River at 22 miles from the head of the inlet of Alice Arm.

The storage-dam will be located near natural outlet of Clearwater Lake. The capacity of the reservoir to be created is about 450 acre-feet, and it will flood about 50 acres of land. The water will be diverted from the stream at storage dam and will be used for power for mining purposes upon the mine described as the Climax Group.

This notice was posted on the ground on the 25th day of January, 1920. A copy of this notice and an application pursuant thereto and to the "Water Act, 1914," will be filed in the office of the Water Recorder at Prince Rupert, B. C. Objections to the application may be filed with the said Water Recorder or with the Comptroller of Water Rights, Parliament Buildings, Victoria, B. C., within thirty days after the first appearance of this notice in a local newspaper.

M. P. OLSEN, Applicant.

The date of the first publication of this notice is February 5, 1920.

LAND ACT

Notice of Intention to Apply to Purchase Land.

VANCOUVER LAND DISTRICT—DISTRICT OF COAST, RANGE III.

And situate on the west coast of Calvert Island.

TAKE NOTICE that Helge Smeby of Prince Rupert, B. C., occupation of fish station, intends to apply for permission to purchase the following described lands:—

Commencing at a post planted 1 1/2 miles north of the N.W. corner of Lot 597; thence east 40 chains; thence north 40 chains; thence west 40 chains; thence south 40 chains, and containing 160 acres more or less.

HELGE SMEBY, By Mark Smeby, Agent. Dated January 21st, 1920.

HE CHASED THIEVES FOR 1,000 MILES

The Lone Star Ranger Shown at Westholme Theatre Tonight.

In an old newspaper bearing date of 1884 appears an account of a man who chased a band of horse thieves 1,000 miles, "got them," and drove the horses home again.

That man was John R. Hughes of Texas. He and his neighbors had been robbed by the typical outlaws of the border. With grim determination Hughes followed the thieves—without money, with little food and rest—all through the Southwest. He was absent from home just a year. In recognition of his spirit and persistence he was made a captain of the Texas Rangers, because just such "stuff" was wanted in those days to clear the border of horse and cattle thieves and other desperados, white and Mexican.

A wonderful picturization of the Rangers of those days—a picture true to spirit and character—is shown in the William Fox production based on Zane Grey's novel, "The Lone Star Ranger," featuring William Farnum.

In his presentation of the heroic Ranger, strong, magnetic, unafraid, steel true, Mr. Farnum is said to out do even his previous splendid work in Zane Grey's "Riders of the Purple Sage" and "The Rainbow Trail." It will be seen at the Westholme tonight.

LAND ACT (Form No. 9.) FORM OF NOTICE.

PRINCE RUPERT LAND DISTRICT. DISTRICT OF CASSIAR.

TAKE NOTICE that Lenora Mabel Smith, of Duncan, British Columbia, occupation spinster, intends to apply for permission to purchase the following described lands: Commencing at a post planted at the South West and only South corner of Lot 434 (Portland Canal) Cassiar District, Province of British Columbia; South 55 degrees 06 minutes East, three thousand feet thence; North 34 degrees 54 minutes East, two thousand one hundred and fifty feet more or less thence; North 55 degrees 06 minutes West, two thousand five hundred and fifty feet more or less thence; North 85 degrees 55 minutes West, four hundred feet thence; South following high water line to point of commencement. Approximate area one hundred and forty acres, more or less.

LENORA MABEL SMITH, by her agent, A. Forsyth. Date 8th January, 1920.



TIMBER SALE X 1988.

Sealed tenders will be received by the Minister of Lands not later than noon on the 11th day of March, 1920, for the purchase of Licence X 1988, to cut 1,440,000 feet of Fir, Cedar and Hemlock on an area situated near Lot 1087, Dean Channel, R. 3, Coast District.

Two (2) years will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C.



TIMBER SALE X 1940.

Sealed tenders will be received by the Minister of Lands not later than noon on the 4th day of March, 1920, for the purchase of Licence X 1940, to cut 1,092,000 feet of Spruce and Hemlock on Lot 2073, Massett Inlet, Queen Charlotte Islands District.

One (1) year will be allowed for removal of timber.

Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C.

When The Practical Poultryman And The Chemist Combine In Formulating A Poultry Mash— Then Look Out!

Royal Standard Poultry Mash

Takes the Place of Six Different Feeds

One of the most successful poultrymen prepared the mixture, bringing it to our chemist to equalize food values of ingredients. The result has been, a mash that takes the place of six different kinds of feeds and can be fed to poultry the year round. The success of the formula is such, that the Provincial Government has adopted it as a regular feed for chicks two months onward. Try it out! Ask to see a sample.

Vanconver Milling & Grain Co., Ltd.

Vancouver, B. C.
Branches: Victoria, New Westminster, Nanaimo, Mission City.
Agencies: Duncan, Langley, Prairie, Cloverdale, Ladner, Aldergrove.

Sir Henry Drayton Minister of Finance

SAYS:—"The homely virtues of work and thrift are all that Canada needs to-day."

If you would make a personal application of the principles of thrift, set aside a specific amount from your weekly income and add it to your savings account.

ASSETS EXCEED \$174,000,000



UNION BANK OF CANADA

Prince Rupert Branch A. T. Broderick, Manager



WM. FARNUM in "THE LONE STAR RANGER" at the Westholme Tonight and Tomorrow

Gene Byrnes Says:—"It's a Great Life If You Don't Weaken."



1 I'D BETTER MAKE ARRANGEMENTS WITH THE MOVING MAN

2 REMEMBER TEN DOLLARS IS THE LIMIT

3 I KIN MOVE YOH FUR TOITY-ONE DOLLARS PROVIDED YOU KIN KEEP THE BOYS SPIRITS UP WIT REFRESHMENTS

4 NO!

5 HOW MUCH WILL YOU CHARGE TO MOVE A HALF VAN LOAD FROM 623 COFFEYCAKE AVE. TO 467 PINEAPPLE BOULEVARD

6 IF YOH KIN WAIT'LL NEXT WEEK I'LL DO YOU THE FAVOR FOR FORTY-FIVE BEANS

7 JUST BECAUSE I ONLY CHARGE YOH FIFTY DOLLARS YOH NEEDN'T TINK THAT I WONT HANDLE THE FURNITURE CAREFULLY

8 IT'S A GREAT LIFE IF YOU DONT WEAKEN