

CLEAN—yes and disinfected too!

Everyone likes bed-linen, blankets, etc., to be superclean - immaculately fresh. The best of all soaps to use is Lifebuoy-it actually disinfects as it cleanses

HEALTH SOAP



YESIGHT-The most valuable of defective eyesight.

HE removal of the cause will often restore the delicate and down sufferer to robust health. en glasses are properly prescribthey restore the vision to norand eliminate all eye strain.

Fred Joudry

Practical Optometrist

ird Ave. · · Prince Rupert Opposite Post Office

Eat at the

WHITE COOKS ONLY

e carry nothing but Swift's REMIUM HAM and BACON and Strictly Fresh Eggs.

or a Good Breakfast, try our Brookfield Sausage and Eggs Country Style.

e make a specialty of Good Steaks or a Well Cooked Dinner.

For a Home Cooked Meal

omen Cooks are unexcelled at Home Cooking.

Breakfast 35c and 40c, From 7 a. m. to 10:30 a. m. Luncheon 11:30 to 2 .. 50c Dinner 5:30 to 7:30 .. 50c

Appreciation of our Home-Cooked Meals is seen by our satisfied customers.

Under the new management of Miss May Billings.

Short Orders Served at Any time from 7 a.m. to Midnight

For Comfort, Courtesy and Service

go to

F. T. Eowness

Phone 37 P.O. Box 1704

ALL COMPANY REPAIRS BEING MADE LOCALLY

For Repairs Under Lloyds Insurance.

The Prince George will remain in the local dry dock for about two weeks longer and all repairs pany has jurisdiction will be done here. On being completed here she will proceed to Victoria where the work for Lloyds, the ship insurance people, has been awarded to Yarrows, that company having made the lowest tender.

one of W. J. Crawford's mules, cards the latter winning. The mule shown in the picture After the cards, an appetizing went through a strenuous experi- supper was served at the card ence at Alice Arm two summers tables, after which dancing was ago when it went through a blast enjoyed. Gray's Orchestra doloaded with 60 per cent dynamite. nated its services, and John My-The animal miraculously escaped hill-Jones made a capable master with its life although it lost an of ceremonies. The social comeye and was rather badly cut up mittee of the society made up of of Duncan, British Columbia, occupation with flying rock. It is now graz- Mrs. E. A. Woods, Mrs. Geo. Leek, to purchase the following described lands: ing on Porcher Island with the Mrs. Kemp, Mrs. S. V. Cox and south West and only South corner of Lot rest of the Stewart stock prepara- Mrs. Hilliard, were in charge of 434 (Pertland Canal) Cassier District, tory to a big summer's activity the arrangements. at Stewart.

SMITHERS

Mr. Severson, who was formerly associated with Mr. Gregory in the management of the Good Eats Cafe, has taken over the entire business while Mr. Gregory is going farming in the district.

The mill of the Smithers Lumber Co. is running again with D. F. McKinnon in charge. A new mill for the Northern Interio Lumber Co. is also in the course of erection.

In the course of a week W. J. camphor Monobromate. Then show O'Neill expects to have a moving a box of Grip-Fix capsules with picture show running in the town hall. Shows will be put on Tuesday and Saturday nights.

Ira Short, of Telkwa, has returned from a visit south. Besides the misfortune of losing his son, Mr. Short had a severe at- It has been working wonders in the treattack of influenza from which he ment of colds for years. No one needs is not yet fully recovered.

the dance on Monday night the drug stores horses driven by Mr. and Mrs. J. W. Turner bolted and Mrs. Turner was thrown out of the sleigh. She was rendered unconscious address is Alice Arm, B. C., will apply or a licence to take and use 50 cubicbut is recovering under the doctor's care.

TU SUBSCRIBERS

Subscribers to The News are asked to pay the delivery boys each month when they call, except where payment has been made for the year in advance. The boys when collecting carry official receipts which should always be preserved.

ENJOYABLE SOCIAL EVENING LAST NIGHT

Prince George Will Go to Yarrows Daughters and Maids of England Entertained Sons and Friends.

The first social evening given by the Daughters and Maids of England to members of the Sons and work over which the com- of England and friends last night was a complete success. Invitations had been extended to a limited number of friends and the crowd that gathered was just large enough to fill the K. P. hall comfortably.

The first part of the evening was devoted to a whist drive under the supervision of Mrs. E. A. Woods. The first prize for ladies, a dainty cream and sugar set, was WALKED INTO BLAST won by Mrs. Bert McEvoy. The first gentleman's prize went to George Tuttle, the well known Joseph Howe. The ladies conpacker of Alice Arm and Stewart, solation prize was awarded to is given special mention and his Mrs. Will Edmunds, while Jack picture also appears in last Sun- Frost and Herb. Hampton tied for day's Vancouver Sun along with the gentleman's, on the cut of the

There's No Substitute for Grip - Fix --- It Relieves

recommends for a cold. He will tell you that most doctors use the same standard formula that serves to reduce fever and the inflammation that goes with this disagreeable ailment. He will perhaps tell you that this formula contains all or some of the following drugs: Phenacetin, Quinine, Salol, Caffein Citrate, Cascara and formula plainly printed on the label. Ask more or less. him what he thinks of it.

He will tell you that Grip-Fix is a re- Dated January 21st, 1920. liable, honest remedy and in ordinary cases should knock a cold in one night, That's what your own doctor will tell you. Ask him and see.

Grip-Fix is prepared from the prescription of a seasoned medical practioner. to have a cold long. Just walk into any drug store, ask for "Grip-Fix" and you can say bood-bye to your cold. Grip-Fix While on their way home from sells at 35 cents a box. On sale at all

> WATER NOTICE. DIVERSION AND USE.

TAKE NOTICE that M. P. Olsen, whose R. 3, Coast District. second-feet and to store about 400 acrefeet of water out of Clearwater River which flows southerly and drains into the Kitsaul River about 22 miles from the head of the

The storage-dam will be located near natural outlet of Clearwater Lake. The * be diverted from the stream at storage dam and will be used for power for mining purposes upon the mine described as the Climax Group.

This notice was posted on the ground # on the 26th day of January, 1920. A copy of this notice and an application ursuant thereto and to the "Water Act, 11914." will be filed in the office of the Water Recorder at Prince Rupert, iled with the said Water Recorder or wi he Comptroller of Water Rights, Parliament Buildings, Victoria, B. C., within thirty days after the first appearance of his notice in a local newspaper M. P. OLSEN, Applicant.

The date of the first publication of this otice is February 5, 1920.



LAND ACT (Form No. 9.) FORM OF NOTICE. PRINCE RUPERT LAND DISTRICT

DISTRICT OF CASSIAR. TAKE NOTICE that Lenora Mabel Smith, Spinster, intends to apply for permission Commencing at a post planted at the Province of British Columbia; South 53 degrees 06 minutes East, three thousand feet thence: North 34 degrees 54 minutes feet more or less thence; North 55 degrees 06 minutes West, two thousand five hundred and fifty feet more or less thence; North 85 degrees 55 minutes West, four hundred feet thence; South following high water line to point of commencement. Approximate area one hundred and fortyour acres, more or less.

LENORA MABEL SMITH, by her agent, A. A. Forsyth.

LAND ACT

Colds and Checks Influenza Notice of Intention to Apply to Purchase

Ask your family physician what he VANCOUVER LAND DISTRICT-DISTRICT OF COAST, RANGE III. And situate on the west coast of Calvert

> Prince Rupert, B. C., occupation foreman of fish station, intends to apply for permission to purchase the following described Commencing at a post planted 11/2 miles

> south 40 chains, and containing 160 acres HELGE SMEBY, By Mark Smaby, Agent.



Minister of Lands not later than noon on the 11th days of March, 1920, for the purchase of Licence X 1988, to cut 1,440,-000 feet of Fir, Cedar and Hemlock on an area situated near Lot 1087, Dean Channel,

Two (2) years will be allowed for renoval of timber. Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince



Sealed tenders will be received by the Minister of Lands not later than noon on the 4th day of March, 1920, for the pur-chase of Licence X 1940, to cut 1,092,000 feet of Spruce and Hemlock on Lot 2073, Massett Inlet, Queen Charlotte Islands Dis-

One (1) year will be allowed for removal of timber. Further particulars of the Chief Forester, Victoria, B. C., or District Forester, Prince Rupert, B. C.

Sir Henry Drayton Minister of Finance

SAYS:—"The homely virtues of work and thrift are all that Canada needs to-day."

If you would make a personal application of the principles of thrift, set aside a specific amount from your weekly income and add it to your savings account.

ASSETS EXCEED \$174,000,000



Prince Rupert Branch

A. T. Broderick, Manager

n.77 7

The Royal Bank of Canada

begs to advise that it has for rental at moderate prices SAFETY DEPOSIT BOXES

They are recommended for the protection from fire or burglary of valuable business or private documents, Victory

The Manager will be glad to furnish particulars on application Prince Rupert Branch - A. W. Cameron, Mgr.

Bonds, jewelry, etc.

NOW OPEN FOR BUISNESS

Phone 453

Shawatlans Passage

Equipped for building and repairing all classes of boats up to 100 feet WOODWORKING, BLACKSMITHING AND MACHINE SHOPS. Best equipped plant in Central British Columbia.

Seal Cove Marine Ways, Ltd.

A. Swanson, President Phone Red 391

W. E. Thompson, Gen. Manager Phone Green 153

THEO COLLART, Notary Public FOR SALE-Fine view and level lot, 4th Ave. near McBride

> \$1,050 - Half Cash, 6-12-18 Months. Lane corner 52 feet frontage Atlin Ave., \$400

MARINE INSURANCE Phone Blue 69

REAL ESTATE Westholme Theatre Block

FIRE INSURANCE P. O. Box 66

Gene Byrnes Says:—"Here's the Music—Write Your Own Words."

