

THE HORRORS OF CONSTIPATION

Bowels Almost Paralyzed "Fruit-a-tives" Relieved

St. BONIFACE DE SHAWINIGAN, P.Q.
February 3rd, 1914.
"After suffering with terrible Constipation for over 2 years, 'Fruit-a-tives' relieved me. While a student at Berthier College, I became very ill and was forced to leave. Severe pains across the abdomen continually tortured me and my digestion became paralyzed. Some one advised me to take 'Fruit-a-tives' and at once I felt a great improvement. After taking four or five boxes, I was completely relieved and have never had any return of this trouble." MAGLOIRE PAQUIN.
50c. a box, 6 for \$2.50, trial size 25c. At dealers or Fruit-a-tives Limited, Ottawa.

FOR TAXI

Phone 99

Stand - Hotel Rupert

WE PAY HIGHEST PRICES FOR RAW FURS **FREE**

HALLAM'S TRAPPERS GUIDE, French or English
HALLAM'S TRAPPERS SUPPLY CATALOG (Illustrated) and HALLAM'S RAW FUR QUOTATIONS worth \$50.00 to any trapper

Write Today - Address
JOHN HALLAM LIMITED TORONTO
DICK 519

A Real Lever Simulation
GOLD WATCH FREE.

A straightforward generous offer from an established firm. We are giving away watches to thousands of people all over the world as a huge advertisement. Now is your chance to obtain one. Write now and send 50 cents for one of our National Gold Watch Long Guards, or Genie's Alberts, sent carriage paid to wear with the watch, which will be given. Free. These watches are guaranteed five years, should you take advantage of our marvelous offer to tell your friends about us and show them the beautiful watch. Don't think this offer too good to be true, but send 50 cents today and win a Free Watch. You will be amazed.—WILLIAMS & LLOYD, Wholesale Suppliers (Invt. 14), 30, Cornwallis Road, London, N., England.




"WELL, CAN YOU BEAT THAT."

NOTE:—The Toronto Methodist Conference recently passed a resolution condemning the sending of tobacco to Canadian soldiers at the front.

GILLETTS
EATS LYE DIRT
CLEANS-DISINFECTS

THE UNION STEAMSHIP CO., OF B.C., LIMITED

S.S. VENTURE

SOUTHBOUND TUESDAYS AT 9 P. M.

Sailings for **GRANBY, SIMPSON AND NAAS SUNDAYS AT MIDNIGHT**

For Further Particulars Apply to

PHONE 568 JOHN BARNESLEY, Agent, SECOND AVE.
AGENCY ATLANTIC STEAMSHIPS

LUMBER

SHINGLES, MOULDINGS, SASH, DOORS

PRINCE RUPERT LUMBER CO.

A. J. BURROUGHS, Manager

1st Ave. and McBride St.
PHONE 25

PRINCE RUPERT, B.C.
Branch Yard at Smithers

MAKE SURE YOU HAVE A
Birks' Illustrated Catalogue
In Your Home During 1915

As a medium through which you may select gifts suitable for every occasion, you will find our Catalogue of the greatest value.

Birks', Vancouver, is the great gift store of the West. Our Mail Order Department and our Illustrated Catalogue forms a convenient avenue leading to a selection from our immense stocks.

WRITE FOR THE CATALOGUE—YOU WILL NEED IT.

Henry Birks & Sons, Limited

JEWELLERS AND SILVERSMITHS

Granville and Georgia Streets

Geo. E. Truery, Managing Director

VANCOUVER, B.C.

2 IN 1

Quick, Brilliant, Lasting
BLACK WHITE T A N
10c All Dealers
THE F. DALLEY CO., LTD.
BUFFALO, N. Y., HAMILTON, CAN.

SHOE POLISHES

Ramsay's Empire Cream Sodas

In 2-lb. Tins

Have attained their enviable reputation by their superior quality and uniformity. The most discriminating housewife insists upon "Ramsays Empire" when buying Soda Biscuits.

They are made in B. C. and your grocer gets his supply frequently and quickly, insuring freshness, which means crispness.

Prove it by buying a tin with your next order.

Manufactured by

RAMSAY BROS. & CO., LTD.

Vancouver, B. C.

Empress Jams

Are strictly a B. C. Product. Right from the delicious, fresh picked, sun ripened fruits of the Fraser Valley and Vancouver Island, to the purest of Cane Sugar.

Every step in the producing and manufacturing of the delicious Jam contributes to the prosperity of B. C. It will satisfy the most exacting.

SOLD BY ALL GROCERS

In 1-lb. Glass Jars and 4-lb. Tins

THE EMPRESS MANUFACTURING CO., LTD.
Vancouver, B. C.

Empress Jams

. Read .

'THE DAILY NEWS'

Circulation Guaranteed
the Largest in Northern
:: British Columbia ::

Largest Circulation means the Best Advertising
:: Medium ::

THERE IS A REASON

Three quarters of the local Advertising is done in the Daily News

Prince Rupert's Leading Paper!

. Read .

'THE DAILY NEWS'



Make Monday Ironing Day

LET Sunlight Soap do your washing Monday morning and you can do the light ironing Monday afternoon. The rub, rub, rub at the board has no place in the Sunlight way—so with the hardest part of washing cut out you'll feel like making it a good day's work by doing at least part of the ironing.

Follow the directions that cut your work in half and remember there's nothing in Sunlight to injure fine fabric or dainty hand. A \$5,000 guarantee backs this statement.

Sunlight Soap

All grocers sell and recommend it