

FRUIT, THE GREAT PHYSICIAN

Healing Powers of Fruit Proved by "Fruit-a-tives"

The simple juices of apples, oranges, figs and prunes, when transformed into 'Fruit-a-tives' will relieve diseases of the Stomach, Liver, Kidneys and Skin.

The truth of this statement has been proved in thousands of cases of Indigestion, Dyspepsia, Torpid Liver, Constipation, Kidney and Bladder Troubles, Skin Diseases, Rheumatism, Neuralgia and Chronic Headaches.

The enormous sales of 'Fruit-a-tives,' are the best proofs of the value of this fruit medicine.

50c. a box, 6 for \$2.50, trial size 25c. At dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

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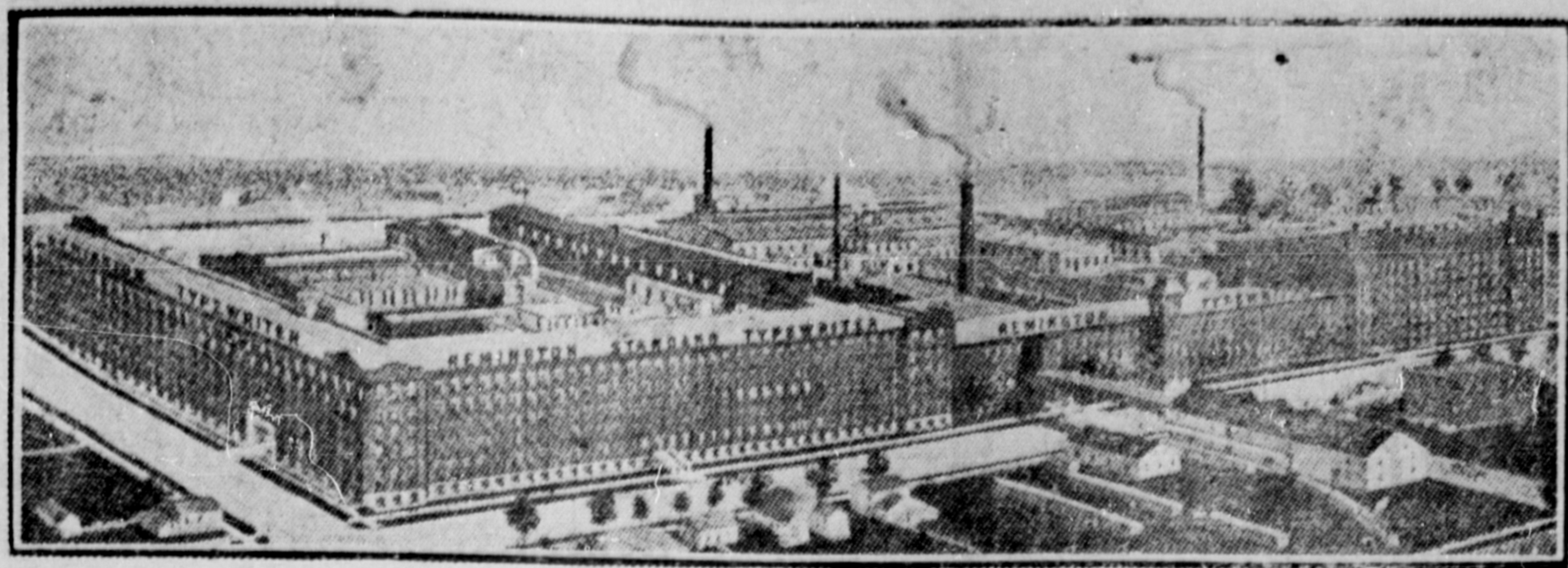
JOHN HALLAM LIMITED TORONTO

A Real Lever Simulation

GOLD WATCH FREE.



Send 25 cents to-day and secure a Free Watch. You will be rewarded—WILLIAMS & LYDDELL, Wholesale Jewellers (Dept. 10), 56, Cornwallis Road, London, N. England.



General view of the plants of the Remington Arms Company which is a large manufacturer of munitions for the allies.

PRINCE RUPERT'S DRYDOCK IS AN ACCOMPLISHED FACT

(Continued From Page One.) house is one of the largest and best equipped on the continent, and in it alone, two and a half miles of piping has been laid.

FIRE ALARM SYSTEM

CIRCUIT NO. 1.

- Box 12—5th St. and 3rd Ave.
- Box 13—6th St. and 3rd Ave.
- Box 14—5th St. and 3rd Ave.
- Box 15—Junction of 1st, 2nd and 3rd Aves.
- Box 16—1st Ave., between 8th and 9th Sts. (Knox Hotel.)
- Box 17—1st Ave. and 7th St. (Central Hotel.)

CIRCUIT NO. 2.

- Box 22—3rd Ave. and 3rd St. (Post Office.)
- Box 23—3rd Ave. and McBride St.
- Box 24—1st Ave. and McBride St.
- Box 25—2nd Ave. and 2nd St.
- Box 26—2nd Ave. and 6th St.
- Box 27—G. T. P.

CIRCUIT NO. 3.

- Box 31—5th Ave. and Fulton St.
- Box 32—Borden and Taylor Sts.
- Box 34—7th Ave. and Fulton St.
- Box 35—9th Ave. and Cornox Ave.
- Box 37—8th Ave. and Dodge Pl.
- Box 38—5th Ave. and Thompson St.

CIRCUIT NO. 4.

- Box 41—4th Ave. and Emmerson Pl.
- Box 42—5th Ave. and McBride St.
- Box 43—5th Ave. and Green St.
- Box 44—5th Ave. and Basil St.
- Box 45—5th Ave. and Eberge.
- Box 141—7th Ave. and Young St.

The dock itself, with a lifting capacity of 20,000 tons, and capable of accommodating the largest of Pacific liners, is of course the most striking feature. The equipment for handling material is on the same huge scale, the large crane being capable of lifting 50 tons, while each of the shops has a 15-ton overhead crane.

At the present time, one of the most important features of the machine shop is its capacity for turning out shells. With very slight, and comparatively inexpensive alterations, six of the lathes could be devoted to this work and would be able to produce about 300 shells per day. If no rush shipbuilding or repairing comes along, there should be no difficulty in securing shell orders from the government.

In these strenuous times one is apt to become a little pessimistic, and a visit to the drydock should prove effective in driving away the blues. It is always much better to look for the good times of the future, rather than dwell on the prosperity of the past, and

it goes without saying that a great deal of Prince Rupert's future welfare is bound up in this magnificent structure.

LAND NOTICES

Skeena Land District. Queen Charlotte Islands Land District—Graham Island.

TAKE NOTICE that I, Grant Thorburn, of Prince Rupert, hotel man, intend to apply to the Chief Commissioner of lands for the Province of British Columbia for a license to prospect for coal and petroleum: Starting at a post planted two miles west of the northwest corner of Section 6, Township 9; thence east 80 chains; thence south 80 chains; thence west 80 chains; thence north 80 chains to point of commencement; containing 640 acres, more or less.

Dated the 16th day of March, 1915, at the northwest corner.
GRANT THORBURN,
Samuel Horner, Agent.
112-140

Skeena Land District. Queen Charlotte Islands Land District—Graham Island.

TAKE NOTICE that I, Samuel Horner, of Vancouver, prospector, intend to apply to the Chief Commissioner of Lands for the Province of British Columbia for a license to prospect for coal and petroleum: Starting at a post planted two miles west of the southwest corner of Section 7, Township 9; thence east 80 chains; thence north 80 chains; thence west 80 chains; thence south 80 chains to point of commencement; containing 640 acres, more or less.

Dated the 16th day of March, 1915, at the southwest corner.
SAMUEL HORNER.
112-140

THE UNION STEAMSHIP CO., OF B.C., LIMITED

S. S. VENTURE Sails for Granby, Naas, Port Simpson, Mondays 11 a. m. Vancouver, Seattle, Victoria, Tuesdays 8 p. m.

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PHONE 568 JOHN BARNESLEY, Agent, SECOND AVE. AGENCY ATLANTIC STEAMSHIPS

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In 2-lb. Tins

Have attained their enviable reputation by their superior quality and uniformity. The most discriminating housewife insists upon "Ramsays Empire" when buying Soda Biscuits.

They are made in B. C. and your grocer gets his supply frequently and quickly, insuring freshness, which means crispness.

Prove it by buying a tin with your next order.

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RAMSAY BROS. & CO., LTD.

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Empress Jams

Are strictly a B. C. Product. Right from the delicious, fresh picked, sun ripened fruits of the Fraser Valley and Vancouver Island, to the purest of Cane Sugar.

Every step in the producing and manufacturing of the delicious Jam contributes to the prosperity of B. C. It will satisfy the most exacting.

SOLD BY ALL GROCERS In 1-lb. Glass Jars and 4-lb. Tins

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Empress Jams

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Largest Circulation means the Best Advertising Medium

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Prince Rupert's Leading Paper!

Read 'THE DAILY NEWS'



Make Monday Ironing Day

LET Sunlight Soap do your washing Monday morning and you can do the light ironing Monday afternoon.

The rub, rub, rub at the board has no place in the Sunlight way—so with the hardest part of washing cut out you'll feel like making it a good day's work by doing at least part of the ironing.

Follow the directions that cut your work in half and remember there's nothing in Sunlight to injure fine fabric or dainty hand. A \$5,000 guarantee backs this statement.

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