

THE JOY OF BEING ALIVE AND WELL

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The Famous Fruit Medicine



MDE. ROCHON

Rochon, P.Q. March 2nd, 1915.

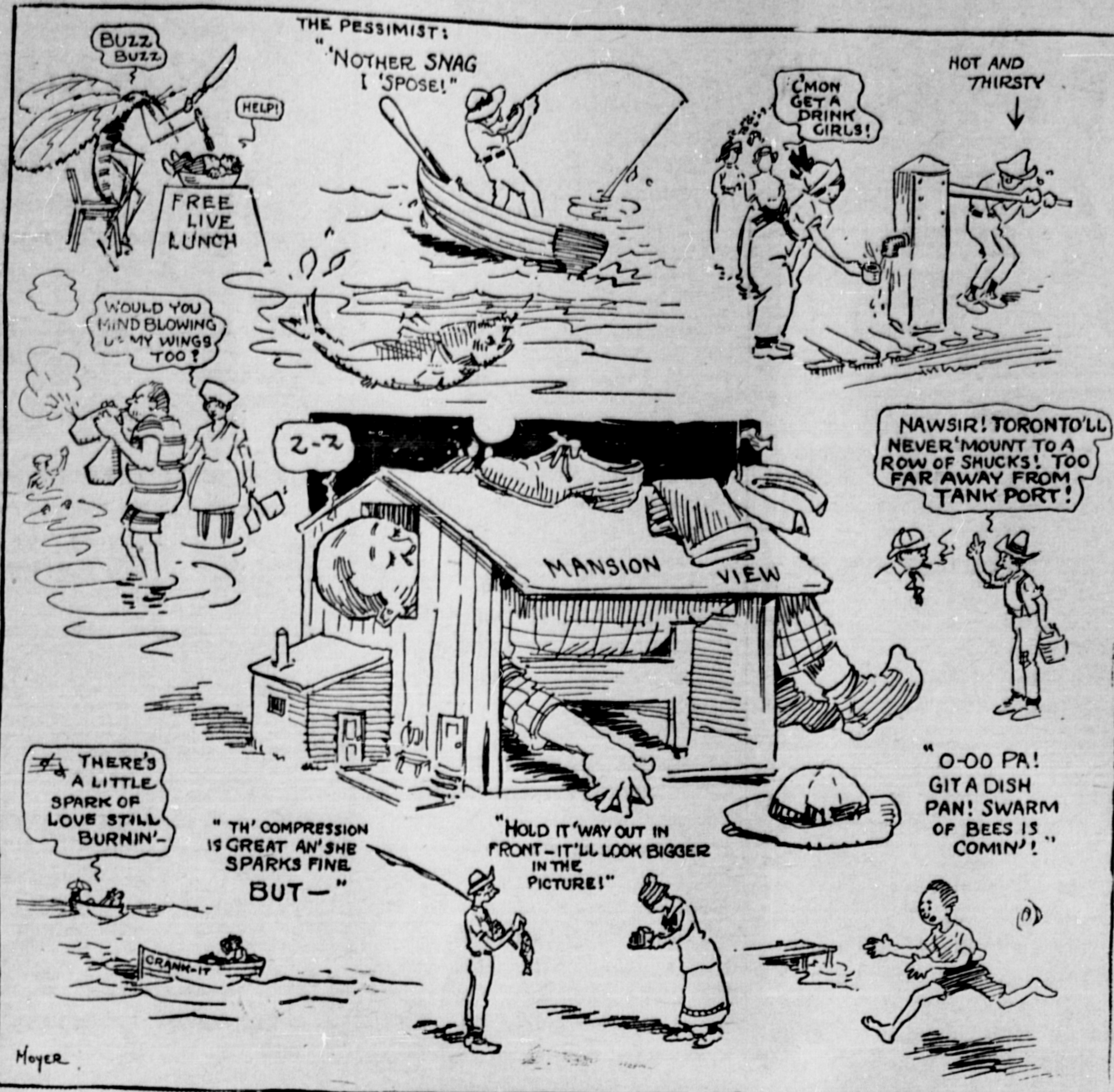
"I have received the most wonderful benefit from taking 'Fruit-a-tives'. I suffered for years from Rheumatism and change of life, and I took every remedy obtainable, without any good results. I heard of 'Fruit-a-tives' and gave it a trial and it was the only medicine that really did me good. Now I am entirely well; the Rheumatism has disappeared and the terrible pains in my body are all gone. I am exceedingly grateful to 'Fruit-a-tives' for such relief, and I hope that others who suffer from such distressing diseases will try 'Fruit-a-tives' and get well!"

MADAME ISAIÉ ROCHON.

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"VACATION IMPRESSIONS" —Cartoon by Moyer.

LAND NOTICES

Skeena Land District.
Queen Charlotte Islands Land District—
Graham Island.

TAKE NOTICE that I, Grant Thorburn, of Prince Rupert, hotel man, intend to

HOW SERGEANT O'LEARY EARNED THE VICTORIA CROSS

(Continued From Page Two.)

us he had only done his duty, and he was going back to the trenches to try again. I heard him say he did not want a German sniper to get him; if the end

apply to the Chief Commissioner of lands for the Province of British Columbia for a license to prospect for coal and petroleum: Starting at a post planted two miles west of the northwest corner of Section 6, Township 9; thence east 80 chains; thence south 80 chains; thence west 80 chains; thence north 80 chains to point of commencement; containing 640 acres, more or less.

Dated the 16th day of March, 1915, at the northwest corner.
GRANT THORBURN.
Samuel Horner, Agent.
112-140

Skeena Land District.
Queen Charlotte Islands Land District—
Graham Island.

TAKE NOTICE that I, Samuel Horner, of Vancouver, prospector, intend to apply to the Chief Commissioner of Lands for the Province of British Columbia for a license to prospect for coal and petroleum: Starting at a post planted two miles west of the southwest corner of Section 7, Township 9; thence east 80 chains; thence north 80 chains; thence west 80 chains; thence south 80 chains to point of commencement; containing 640 acres, more or less.

Dated the 16th day of March, 1915, at the southwest corner.
SAMUEL HORNER.
112-140

came in a charge it wouldn't matter. The old Latin tag, "mens sana in corpore sano," kept coming back irresistably to my mind in O'Leary's presence. His pleasant smile lights up the freckled face, and the clear blue eyes, alert and direct, that meet yours so steadily, are a true index of his simple, resolute heart. No superfluous tissue clogs the free play of his silken muscles; they are ready and alert for manly deed. And so with his mind; there is the fixed purpose to do his duty, and his soul is freed from all excesses that would cloud or obscure this one idea. Unshaken, he has carried this resolve on the battlefields of Flanders, and no man is more surprised that the world talks of his little turn of duty on February 1st. He has been awarded the highest medals for valor from the British, French and Russian Nations.

At a banquet in his honor in his native country he asked for lemonade, and when thoughtlessly pressed to take wine he closed the matter by stating gravely that he had to "keep fit." Many hundreds of times was he asked for his autograph, and many hundreds of times did he comply.—London Times.

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Coughing increases the irritation of the already inflamed mucous membranes and is moreover apt to carry disease to others.

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