"Fruit-a-tives" is the Standby in This Ontario Home

Scotland, Ont., Aug. 25th, 1913. "My wife was a martyr to Constipation. We tried everything on the calendar without satisfaction, and spent large sums of money, until we happened on 'Fruit-a-tives'. We have used it in the family for about two years, and we would not use anything else as long as we can get "Fruit-a-tives."

J. W. HAMMOND. "FRUIT-A-TIVES" is made from fruit juices and tonics-is mild in action-and pleasant in taste.

50c. a box, 6 for \$2.50, trial size 25c. At dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.





beneficial to any skin.

Albert Soaps Limited, Montreal.

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PHONE 25

SHINGLES, MOULDINGS, SASH, DOORS

PRINCE BUPERT LUMBER CO.

JACK CANUCK

"HONK! HONK!"

Crop cartoon by Harry Moyer.

AMBER SUPPLY COMES FROM EAST PRUSSIA

If we decline altogether to buy German products after the war, as has been suggested, then we shall have to find some substi-

PRINCE RUPERT, B.O.

Protect Your Food

Cream Baking Powder. The names

of its ingredients, printed on the

label of every can, show it to be

made from Cream of Tartar, which

comes from grapes. No alum bak-

There is no alum in Dr. Price's

mouthpieces of our pipes and cigar and cigarette holders.

For practically the whole of the world's supply of genuine amber of Prince comes from a tiny strip of the for the was gathered after storms by the very good thing out of their en- Dated the 16th day of March, 1915, at terprise and industry. But the the northwest corner. right to search for the precious 112-140 substance is now monopolized by the German government, and Queen Charlotte Islands Land Districtevery fragment found on the rendered.—Ex.

LAND NOTICES

Skeena Land District. Queen Charlotte Islands Land District-

East Prussian coast line. Here, troleum: Starting at a post planted two THE DAILY NEWS tute other than amber for the up till the summer of 1899, it miles west of the northwest corner of Secpeasants, who made at times a of commencement; containing 640 acres,

GRANT THORBURN. Samuel Horner, Agent.

Skeena Land District.

TAKE NOTICE that I, Samuel Horner, sands or dragged up in a fisher- of Vancouver, prospector, intend to apply to the Chief Commissioner of Lands for man's net must be at once sur- the Province of British Columbia for a license to prospect for coal and petroleum: Starting at a post planted two miles west f the southwest corner of Section 7 Township 9; thence east 80 chains; thence north 80 chairs; thence west 80 chains; thence south 80 chains to point of commencement; containing 640 acres, more or

> Dated the 16th day of March, 1915, at the southwest corner. SAMUEL HORNER. 112-140

SKEENA LAND DISTRICT-DISTRICT OF

COAST, RANGE V.

TAKE NOTICE that Frank Miller, o Porcher Island, occupation fisherman, in tends to apply for permission to purchase

the following described lands:-Commencing at a post planted 45 chains corner of Lot 1447, Range 5, Coast District, said post being planted on Grace Island; thence following the shore line of this island in a westerly, southerly, easterly and northerly direction to point of commencement, containing 4 acres, more

FRANK MILLER. Dater July 12th, 1915.

Nerve Energy and Eyeglasses.





A constant dropping wears away a stone. A slight eyestrain injures the health because it is constant. The strain which first manifests itself as a slight discomfort should be remedied at once. This we guarantee to do with glasses. Consultation free. Delays are dangerous.

> Look for Loop OPTICIAN

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Are strictly a B. C. Product. Right from the delicious, fresh picked, sun ripened fruits of the Fraser Valley and Vancouver Island, to te purest of Cane Sugar.

Every step in the producing and manufacturing of the delicious Jam contributes to the prosperity of B. C. It will satisfy the most exacting.

> SOLD BY ALL GROCERS In 1-Ib. Glass Jars and 4-Ib. Tins

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Have attained their enviable reputation by their superior quality and uniformity. The most discriminating housewife insists upon "Ramsays Empire" when buying Soda Biscuits.

They are made in B. C. and your grocer gets his supply frequently and quickly, insuring freshness, which means crispness.

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ing powder or food containing alum is permitted to be sold in England. To avoid alum read the label and use only

CREAM BAKING POWDER

Made from Cream of Tartar

No Alum