

# HE STRUCK IT RIGHT AT LAST

After Suffering Almost Two Years, "Fruit-a-tives" Brought Relief.



**MR. WHITMAN**  
382 St. Valier St., Montreal.

"In 1912, I was taken suddenly ill with Acute Stomach Trouble and dropped in the street. I was treated by several physicians for nearly two years. I was in constant misery from my stomach and my weight dropped down from 225 pounds to 160 pounds. Several of my friends advised me to try 'Fruit-a-tives' and I did so. That was eight months ago. I began to improve almost with the first dose. No other medicine I ever used acted so pleasantly and quickly as 'Fruit-a-tives', and by using it I recovered from the distressing Stomach Trouble, and all pain and Constipation and misery were cured. I completely recovered by the use of 'Fruit-a-tives' and now I weigh 208 pounds. I cannot praise 'Fruit-a-tives' enough".

**H. WHITMAN.**  
50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

**Salvation Army.**  
Public meetings, Tuesday, Thursday and Saturday at 8 p. m. Sundays at 7:30 p. m.

**ADVERTISE IN THE DAILY NEWS**

## RE-INFORCEMENTS FOR PRINCESS PATRICIA'S

The universities of Canada have now for some time been working loyally together to re-inforce that gallant regiment, the Princess Patricia's, Canadian Light Infantry. Three companies have already gone overseas, numbering nearly 900 men and a fourth company is now under formation at Montreal.

The University Companies are now known throughout the length and breadth of Canada, so that there is a continuous flow of men of the right type to Montreal. Not only do such men find entry to a famous regiment, but they are rapidly equipped and trained and sent without delay overseas to England, where they are comfortably billeted in huts at an excellent camp near the sea on the South Coast of England. Moreover, the men secure the great advantage of good comradeship with congenial spirits of similar tastes and antecedents.

The first company under a notable officer, Captain Gregor Barclay, has been declared by regular officers of experience to be second to none compared with any company of any army in the world.

The second company was raised over-strength in seven weeks by Captain G. McDonald and Captain Percy Molson. Both companies are now in France.

The third company sailed eighty over strength because the newspaper publishers of Canada were good enough to make known through their columns that the



### The Royal Standard Test

Here's where we test the choicest samples of Canada's six million acre wheat crop. We grind them into flour in the little mill you see on the left of the picture. Then comes the supreme test—bread-baking. If the bread is perfect in every way we pronounce the wheat A1 and the flour—ROYAL STANDARD.

AT YOUR GROCER'S  
**Vancouver Milling & Grain Co. Ltd.**  
Vancouver, New Westminster, Nanaimo, Victoria.



company was being formed. This resulted in such a rush of recruits that it was necessary to apply to the Militia Council at Ottawa for a special authority to increase the strength from 250 to 350 men. Each man before embarkation writes to a friend who is a likely recruit and tells him of the advantages of the Universities Company, so that even before the men have disembarked a fresh company is assembling on the McGill campus at Montreal. The regulations respecting enlistment, pay and separation allowances are precisely the same as those for other Canadian troops.

All information can be obtained from Capt. A. S. Eve, 382 Sherbrooke St., West, the headquarters of the successive companies.

**A Real Lovers' Simulation**  
**GOLD WATCH FREE.**

A straightforward anonymous card from an established firm. We are giving away watches to thousands of people all over the world as a huge advertisement. Now is your chance to obtain one. Write now, enclosing 25 cents for one of our fashionable Ladies' Long Chain or Gentle Alberts, semi cartage paid to wear with the watch, which will be given free (these watches are guaranteed five years), should you take advantage of our marvelous offer. We expect you to tell your friends about us and show them the beautiful watch. Don't think this offer too good to be true, but send 25 cents to-day and get a Free Watch. You will be amazed.—WILLIAMS & LLOYD, Wholesale Jewellers (Dept. 149), 89, Cornwallis Road, London, E.C., England.

### Sterling Marine Motors

Can be purchased in town. A Motor that will give you entire satisfaction. Built for hard work. Guaranteed.

**—HEAVY DUTY—**

**FISHERMAN'S ENGINE**  
2 Cyl.—5 1-2 in. by 7 in., 12-15 Horse Power.  
4 Cyl.—5 1-2 in. by 8 in., 25-35 Horse Power.

Do your remodeling with a first-class engine.

For Further Information Apply to  
**W. E. Willisroft, Phone Blue 508, or D. Brown, Electrician, Phone 383.**

### Coughing scatters germs

**—Stop It**

Coughing increases the irritation of the already inflamed mucous membranes and is moreover apt to carry disease to others.

Mathieu's Syrup of Tar and Cod Liver Oil promptly stops coughing, and soon, thanks to its tonic properties, effects a permanent cure.

The wonderful popularity of Mathieu's Syrup of Tar and Cod Liver Oil is especially due to its great value as a permanent lung and bronchial healer.

Sold everywhere, 35c large bottles.

**J. L. MATHIEU CO., Prop.,**  
Sherbrooke, P.Q.

For Ambroses and Mathieu's Formulae—these are useful also to those who have had pneumonia, influenza, etc.—write for free literature.

## Empress Jams

Are strictly a B. C. Product. Right from the delicious, fresh picked, sun ripened fruits of the Fraser Valley and Vancouver Island, to the purest of Cane Sugar.

Every step in the producing and manufacturing of the delicious Jam contributes to the prosperity of B. C. It will satisfy the most exacting.

**SOLD BY ALL GROCERS**  
In 1-lb. Glass Jars and 4-lb. Tins  
**THE EMPRESS MANUFACTURING CO., LTD.**  
Vancouver, B. C.

## Empress Jams

. Read .

# 'THE DAILY NEWS'

Circulation Guaranteed  
the Largest in Northern  
:: British Columbia ::

Largest Circulation means the Best Advertising  
:: Medium ::

THERE IS A REASON

Three quarters of the local Advertising is done in the Daily News

Prince Rupert's  
Leading Paper!

. Read .

# 'THE DAILY NEWS'

## The Housekeeper is Right

Sometimes a housekeeper requires a quick leavening agent, and finds she has no baking powder.

What does she do?  
She raises her biscuit by a mixture of cream of tartar and soda, or soda and sour milk. She may not get the proportions quite right, but she knows her food is safe. But does she ever use a mixture of alum and soda? Was there ever a housekeeper who bought alum and soda to make a home made baking powder? Intuitively she feels it would be unsafe.

Then why use baking powder made from alum or the same mixture that the housekeeper would not dare to mix and use in her food?

Alum is alum, whether bought in the drug store or in baking powder.

# DR. PRICE'S CREAM BAKING POWDER

is made from pure cream of tartar and contains no alum, lime or phosphate. There is absolute safety in its use.

## BABY'S OWN SOAP



The purity and fragrance of Baby's Own Soap have made it a universal favorite. Its use is beneficial to any skin.

**Albert Soaps Limited, Montreal.**

## TO CURE COUGHS & COLDS

**Mathieu's Syrup**  
of Tar and Cod Liver Oil  
A tonic as well as a cough cure.

Large bottles 50c, 50c a unit.

**MATHIEU'S SYRUP OF TAR & COD LIVER OIL**

## Ramsay's Empire Cream Sodas

In 2-lb. Tins

Have attained their enviable reputation by their superior quality and uniformity. The most discriminating housewife insists upon "Ramsay's Empire" when buying Soda Biscuits.

They are made in B. C. and your grocer gets his supply frequently and quickly, insuring freshness, which means crispness.

Prove it by buying a tin with your next order.

Manufactured by  
**RAMSAY BROS. & CO., LTD.**  
Vancouver, B. C.