Worn Out, Thin and Miserable Until She Took "Fruit-a-tives"

PALMESTON, June 20th, 1914. "Stomach Trouble and Distressing Headaches nearly drove me wild. Some time ago, I got a box of "Fruit-a-tives," your famous fruit medicine, and they completely relieved me. To-day I am feeling fine and a physician, meeting me on the street, asked the reason for my improved appearance. I said, "Iam taking Fruit-a-tives." He said, "If Fruit-a-tives make you look so well, go ahead and take them. They are doing more for you than I can."

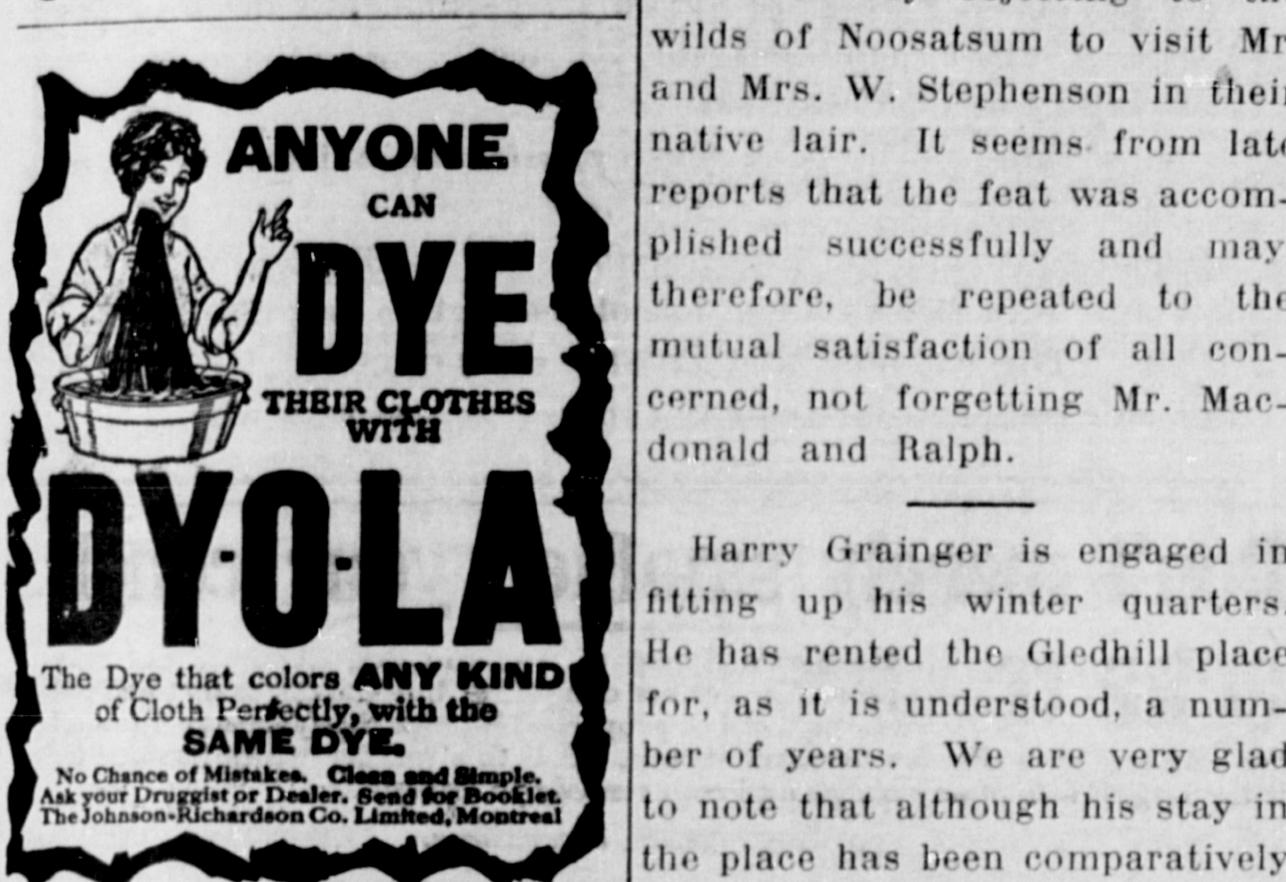
MRS. H. S. WILLIAMS. 50c. a box, 6 for \$2.50, trial size 25c. At dealers or sent postpaid by Fruita-tives Limited, Ottawa.

Salvation Army.

meetings, Tuesday, Thursday and Saturday at 8 p. m. Sundays at 7:30 p. m.

ADVERTISE IN

THE DAILY NEWS



** ** ** short, he is so well pleased with goodsoons BELLA COOLA NOTES * its possibilities that he has decided to remain here. It is hoped Mrs. J. W. Macdonald and her that he will be able to find a companion to share the quarters daughter, Bertha, left Mr. Macwhich he is renovating se attracdonald to his own devices at the tively. We have not as yet learnbeginning of last week and wended how soon he will be "at home" ed their way rejoicing to the to his many friends, but we can wilds of Noosatsum to visit Mr. assure them we shall not forget and Mrs. W. Stephenson in their to let them know in due time. native lair. It seems from late

portant points by the British. Note the barges used for landing under battleship fire.

SURPRISE LANDING AT SUVIA. BRITISH TROOPS OCCUPYING ANAFARTA BAY-The photo

shows the scene at Anafarta Bay during the landing battle which resulted in the capture of im-

Olaf Fosback and John Johnson lave started on a trip to the interior. It is their intention to interview the different owners of horses in that neck of the woods 13 with a view to trading off an inferior animal for a good one. We hope they will be successful in this praiseworthy enterprise .-Bella Coola Courier.

ber of years. We are very glad A Connecticut inventor has to note that although his stay in brought out a scale which automatically gives the weight of a package and the rate of postage for it to every parcel post zone at the same time.

> Coughing scatters germs —Stop it

Coughing increases the irritation of the already inflamed mucuous membranes and is moreover apt to carry disease to others. Mathieu's Syrup of Tar and

Cod Liver Oil promptly stops coughing, and soon, thanks to its tonic properties, effects permanent cure. of Mathieu's Syrup of Tar

and Cod Liver Oil is specially due to its great value as a permanent lung and bron-chial flealer. Bold everywhere, 35c large

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Can be purchased in town. A Motor that will give you entire satisfaction. Built for hard work. Guaranteed. -HEAVY DUTY-

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2 Cyl.-5 1-2 In. by 7 In., 12-15 Horse Power. 4 Cyl.-5 1-2 in. by 8 in., 25-35 Horse Power.

Do your remodeling with a firstclass engine.

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Box 13 Junction of 1st, 2nd and Box 16-1st Ave., between 8th and

9th Sts. (Knox Hotel.) Bot 17-1st Ave. and 7th St. (Central Hotel.)

Box 22-8rd Ave. and

(Post Office.) Box 23-3rd Ave. and McBride St. Box 24-ist Ave. and McBride St. Box 25-2nd Ave. and 2nd St.

Box 27--G. T. P. CIRCUIT NO. S.

Box 26-2nd Ave. and 6th St.

Box 31-5th Ave. and Fulton St. Box 32-Borden and Taylor Sts. Box 84 -7th Ave. and Fulton St. Box 85 9th Ave. and Comox Ave.

Box 87-8th Ave. and Dodge Pl.

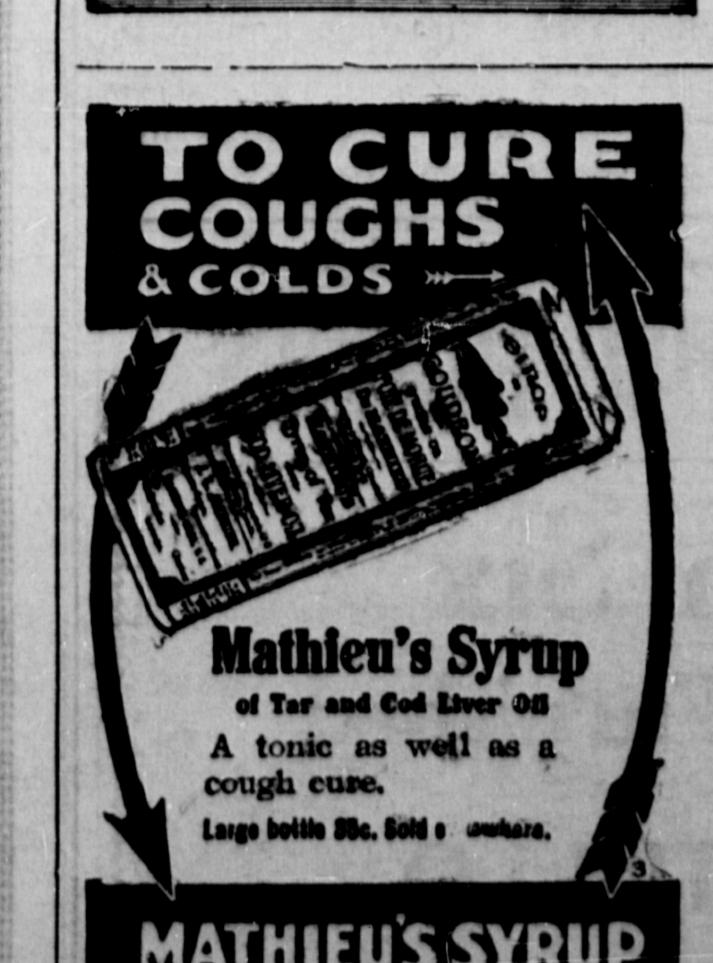
Box 38-6th Ave. and Thompson St.

CIRCUIT NO. 4. Box 41—4th Ave. and Emmerson Box 42-5th Ave. and McBride St

Box 43-5th Ave. and Green St. Box 44-6th Ave and Basil St. Box 45-7th Ave. and Eberte. Box 141-7th Ave. and Young St.

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The purity and fragrance of Baby's Own Soap have made it a universal favorite. Its use is beneficial to any skin. Albert Soaps Limited, Montreal.



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In 2-Ib. Tins

Have attained their enviable reputation by their superior quality and uniformity. The most discriminating housewife insists upon "Ramsays Empire" when buying Soda Biscuits.

They are made in B. C. and your grocer gets his supply frequently and quickly, insuring freshness, which means crispness.

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reports that the feat was accom-

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Harry Grainger is engaged in

fitting up his winter quarters.

He has rented the Gledhill place

for, as it is understood, a num-

the place has been comparatively

donald and Ralph.

The Housekeeper is Right

Sometimes a housekeeper requires a quick leavening agent, and finds she has no baking powder.

What does she do?

She raises her biscuit by a mixture of cream of tartar and soda, or soda and sour milk. She may not get the proportions quite right, but she knows her food is safe. But does she ever use a mixture of alum and soda? Was there ever a housekeeper who bought alum and soda to make a home made baking powder? Intuitively she feels it would be unsafe.

Then why use baking powder made from alum or the same mixture that the housekeeper would not dare to n.ix

and use in her food? Alum is alum, whether bought in the drug store or in baking powder.

CREAM BAKING POWDER

is made from pure cream of tartar and contains no alum, lime or phosphate. There is absolute safety in its use.