Worn Out, Thin and Miserable Until She Took "Fruit-a-tives"

PALMESTON, June 20th, 1914. "Stomach Trouble and Distressing Headaches nearly drove me wild. Some time ago, I got a box of "Fruit-a-tives," your famous fruit medicine, and they completely relieved me. To-day I am feeling fine and a physician, meeting me on the street, asked the reason for my improved appearance. I said, "Iam taking Fruit-a-tives." He said, "If Fruit-a-tives make you look so well, go ahead and take them. They are doing more for you than I can."

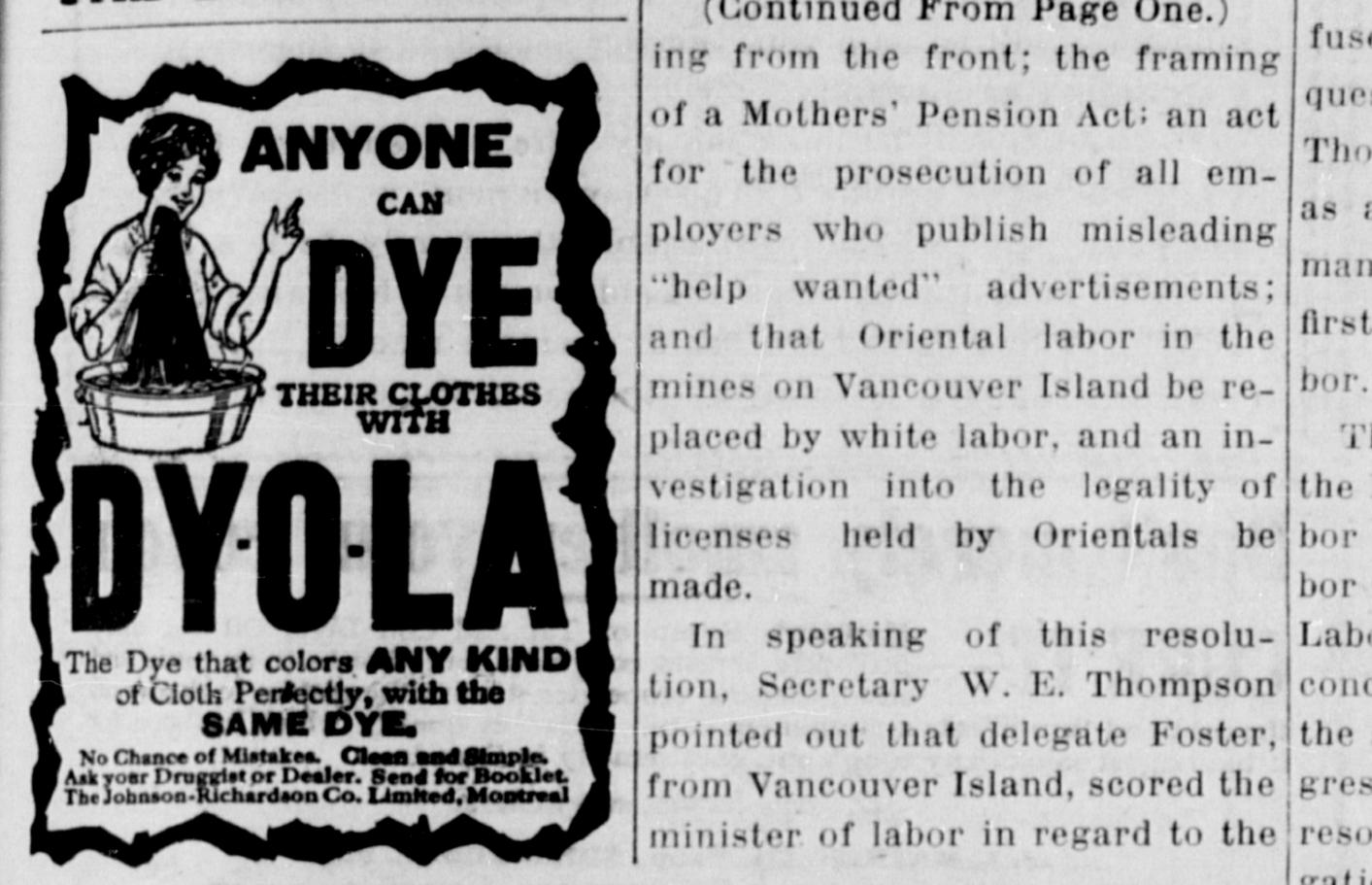
MRS. H. S. WILLIAMS. 50c. a box, 6 for \$2.50, trial size 25c. At dealers or sent postpaid by Fruita-tives Limited, Ottawa.

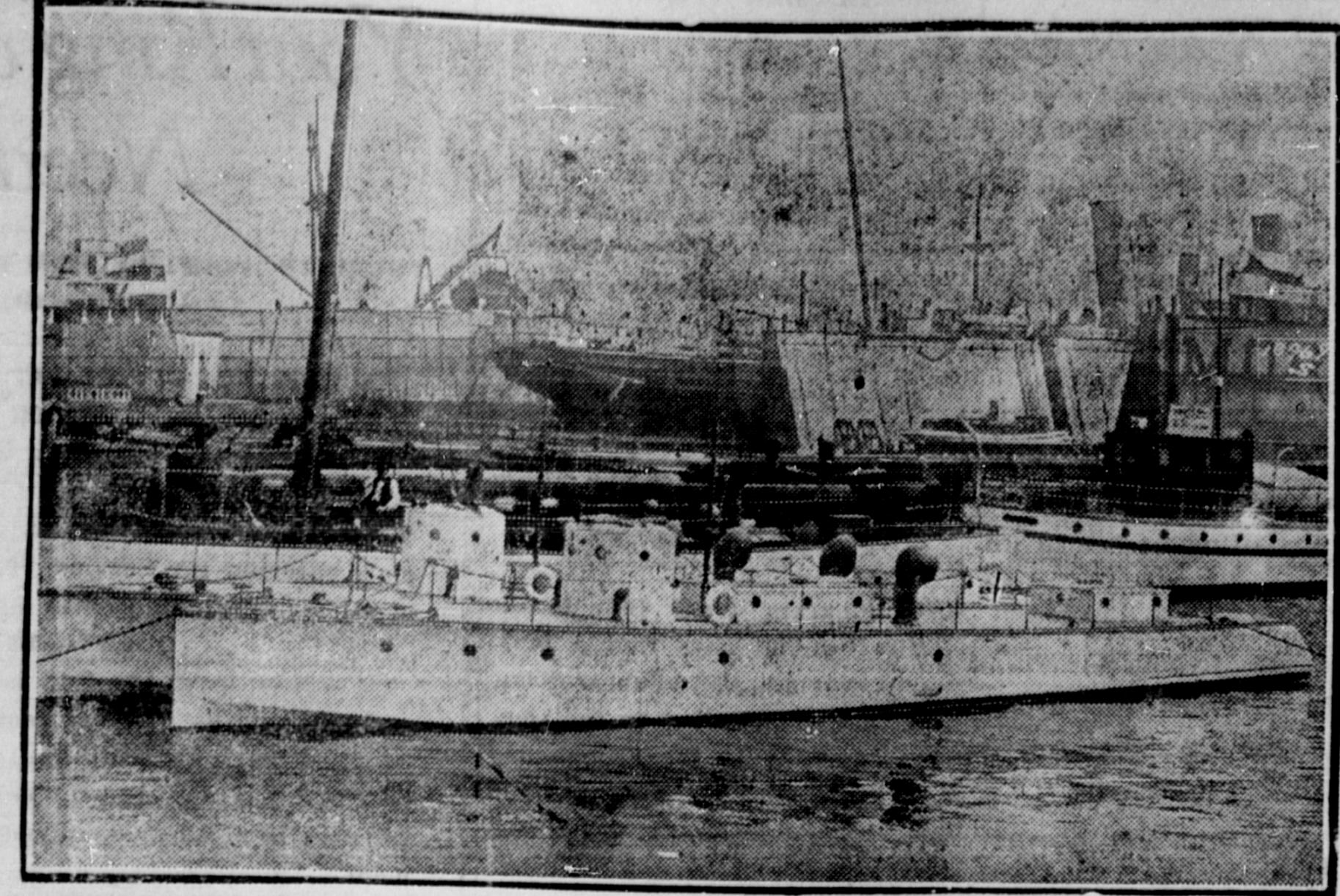
Salvation Army.

meetings, Tuesday, Thursday and Saturday at 8 p. m. Sundays at 7:30 p. m.

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THE DAILY NEWS





"MOSQUITO FLEET" OF SUBMARINE CHASERS OFF FOR RUSSIA .- Two slim, high-powered motor boats capable of doing thirty-five miles an hour, are part of a large order being executed at Greenport, Long Island, for the Allies. These are to be taken to Archangel, for Russia.

SPECIAL TRADES AND LABOR COUNCIL MEETING

(Continued From Page One.) ing from the front; the framing of a Mothers' Pension Act; an act for the prosecution of all employers who publish misleading 'help wanted' advertisements: and that Oriental labor in the

tion. Secretary W. E. Thompson concurred in, as it was outside of pointed out that delegate Foster, the scope of the work of the confrom Vancouver Island, scored the gress. Another Prince Rupert minister of labor in regard to the resolution, asking for an investi-

handling of the strike on the Island. Mr. Crowther quibbled over the question and ultimately refused to answer any further questions on the subject. Mr. Thompson described the minister as a "slippery politician" and a man who did not understand the first principles of organized la-

placed by white labor, and an in- The resolution brought in by vestigation into the legality of the Prince Rupert Trades and Lalicenses held by Orientals be bor Council urging that the Labor Congress take steps to form a In speaking of this resolu- Labor Party of Canada was not gation into the sanitary conditions obtaining in salmon canneries, was approved.

> The resolution which called forth the most discussion was that dealing with labor's support of the war. A minority held to the opinion that it was entirely outside of the scope of organized! labor to incite one man to go to war against another, but the majority approved of the finding of the executive to the effect that "it is the duty of the labor world, and particularly that of the Dominion of Canada and the Empire to lend every possible assistance to the Allies to secure victory for the cause of freedom and democracy."

Votes of thanks to the delegates who attended the congress brought a most interesting meeting to a close.

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—Stop it Coughing increases the irritation of the already in-

flamed muchous membranes and is moreover apt to carry disease to others. Mathieu's Syrup of Tar and

Cod Liver Oil promptly stops coughing, and soon, thanks to its tonic properties, effects a permanent cure. The wonderful popularity of Mathieu's Syrup of Tar

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Box 16-1st Ave., between 8th and 9th Sts. (Knox Hotel.) Box 17-1st Ave. and 7th St. (Central Hotel.)

CIRCUIT NO. 2.

Box 22-8rd Ave. and 3rd St. Box 23 -Srd Ave. and McBride St.

lox 24-1st Ave. and McBride St. tox 26-2nd Ave and 2nd St. Box 26-2nd Ave. and 6th St.

Box 27-0. T. P.

CIRCUIT NO. S. Box 81 - 5th Ave. and Fulton St. Box 32-Borden and Taylor Sts. Box 84-7th Ave. and Fulton St. Box S5 -- 9th Ave. and Comox Ave.

Box 37-8th Ave. and Dodge Pl.

CIRCUIT NO. 4. Box 41-4th Ave. and Emmerson

Box 38-6th Ave. and Thompson St.

Box 42-5th Ave. and McBride St. Box 48-5th Ave. and Green St. Box 44-6th Ave and Basil St. Box 45-7th Ave. and Eberts. Box 141-7th Ave. and Young St.



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What does she do?

She raises her biscuit by a mixture of cream of tartar and soda, or soda and sour milk. She may not get the proportions quite right, but she knows her food is safe. But does she ever use a mixture of alum and soda? Was there ever a housekeeper who bought alum and soda to make a home made baking powder? Intuitively she feels it would be

Then why use baking powder made from alum or the same mixture that the housekeeper would not dare to mix

and use in her food? Alum is alum, whether bought in the drug store or in baking powder.

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is made from pure cream of tartar and contains no alum, lime or phosphate. There is absolute safety in its use.