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The simple juices of apples, oranges, figs and prunes, when transformed into 'Fruit-a-tives' will relieve diseases of the Stomach, Liver, Kidneys and Skin. The truth of this statement has been proved in thousands of cases of Indigestion, Dyspepsia, Torpid Liver, Constipation, Kidney and Bladder Troubles, Skin Diseases, Rheumatism, Neuralgia and Chronic Headaches. The enormous sales of 'Fruit-a-tives,' are the best proofs of the value of this fruit medicine.

50c. a box, 6 for \$2.50, trial size 25c. At dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.



RUSSIAN HIGH PRIEST BLESSING A BRIDGE—This unusual photo shows a ceremony of blessing a bridge in Poland, according to an ancient custom of the Greek Church. The high priest is seen on the left.

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HOW AVIATORS LAND DURING THE NIGHT

(Continued From Page Two.)

tance of about 250 feet from this light, and also sunk in the ground, are four red lights corresponding to the cardinal points of the compass. Each of the red lights is connected by subterranean cables to a wind vane, mounted on a mast or tower at some convenient point. At night the central light burns continually, whilst the number of red lights showing is

determined by the direction of the wind. If the wind is east, then the centre white lamp and the red light in the east will be showing. Should the direction of the wind be northeast, then both the north and the east lanterns will be showing. The electrical connections from the wind vane ensure this.

The device cannot, however, correctly tell the aviator the height he is above the ground, says the 'Sphere.' This has to be nicely gauged if a fast machine is to be brought down in safety.

Germany has also devised a system for constantly altering the lights so that an aviator has to understand the secret code before he can discover his whereabouts. This, of course, prevents the lights at the various aerodromes being used by enemy aircraft.

One great danger with this system is that these lights reveal the position of an aerodrome: it is possible, however, that means have been found for overcoming this difficulty by obscuring the lights until an aeroplane overhead signals by code—either by lights or by firing a pistol—that he is a friend, when the lamps below are immediately switched on for his guidance.—Ex.

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What does she do?

She raises her biscuit by a mixture of cream of tartar and soda, or soda and sour milk. She may not get the proportions quite right, but she knows her food is safe. But does she ever use a mixture of alum and soda? Was there ever a housekeeper who bought alum and soda to make a home made baking powder? Intuitively she feels it would be unsafe.

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