"Fruit-a-tives" Relieved

TORONTO, ONT., Oct. 1st, 1913. "I have lived in this city for more than 12 years and am well known. A suffered from Rheumatism, especially in my hands. I spent a lot of money without any good results. I have taken "Fruit-a-tives" for 18 months now and am pleased to tell you that I am well. All the enlargement has not left my hands, and perhaps never will, but the soreness is all gone and I can do any kind of work. I have gained 35 pounds in eighteen months."

R. A. WAUGH. 50c. a box, 6 for \$2.50, trial size 25c. Atall dealers or direct from Fruit-a-tives Limited, Ottawa.



Demand the Brand

MESS HOUR IN AN ITALIAN RL. ERVE TRENCH .- Meal Consists chiefly of thick soup and bread. PRINCE RUPERT FISH

Montreal, Oct. 30.-Mr. John Rupert are now 1,723,000 lbs.-Pullen, president of the Canadian mostly halibut—and that 73 ves-Express Company, who has just returned from a trip to the Pacific coast, gives some striking figures relating to the growth of the fish industry at Prince Ru-

monthly receipts of fish at Prince of condition." sels touched at that port in :

"At Seattle the average is 2,-000,000 pounds, with 42 vessels engaged, while Vancouver shows 1,099,000 pounds, with 18 vessels engaged. Most of the fishing is done in the Alaskan waters, nearly 1;000 miles from Prince Rupert, but whereas before the advent of the Grand Trunk Pacific and Prince Rupert, the fish was brought all the way from the far north to Vancouver and Seattle by boat. The long distance is saved by touching at Prince Rupert, from whence the fish is brought east in the pink of condition on express refrigerator cars, the long distance being saved from the point of catch to Vancouver and Seattle, as heretofore. The business is so increasing that we will have to acmore refrigerator equipment. In fact, the business has grown so markedly that certain fishing interests along the coast have begun to look upon its extension with alarm, and have asked that the Washington government impose a duty on Canadian fish entering the United States, whose markets are now free. The government has not acceded to the request so far, but, in any case, we have our own Canadian market, and you would be surprised

at the consumption in Toronto

"It will indicate," he said to- and Montreal, but, of course, we INDUSTRY BOOMING day, the importance of this bus- bring the fish to book iness, when I say that the average York and other places in the pink

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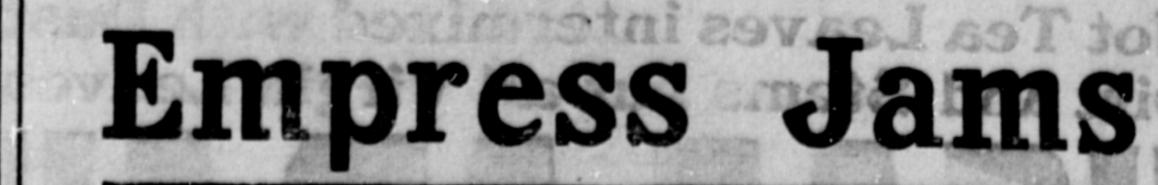
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