

TORTURED BY RHEUMATISM

Sunday School Supt. Tells How "Fruit-a-tives" Relieved

TORONTO, Ont., Oct. 1st, 1913.
"I have lived in this city for more than 12 years and am well known. I suffered from Rheumatism, especially in my hands. I spent a lot of money without any good results. I have taken 'Fruit-a-tives' for 18 months now and am pleased to tell you that I am well. All the enlargement has not left my hands, and perhaps never will, but the soreness is all gone and I can do any kind of work. I have gained 35 pounds in eighteen months."

R. A. WAUGH.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or direct from Fruit-a-tives Limited, Ottawa.



Royal Reserve
The Whisky of Quality
Aged in Wood 8 Years before bottling
GUARANTEED BY THE GOVERNMENT OF CANADA
Demand the Brand



MESS HOUR IN AN ITALIAN RESERVE TRENCH.—Meal Consists chiefly of thick soup and bread.

PRINCE RUPERT FISH INDUSTRY BOOMING

Montreal, Oct. 30.—Mr. John Pullen, president of the Canadian Express Company, who has just returned from a trip to the Pacific coast, gives some striking figures relating to the growth of the fish industry at Prince Rupert.

"It will indicate," he said today, "the importance of this business, when I say that the average monthly receipts of fish at Prince Rupert are now 1,723,000 lbs.—mostly halibut—and that 73 vessels touched at that port in 10 days."

"At Seattle the average is 2,000,000 pounds, with 42 vessels engaged, while Vancouver shows 1,099,000 pounds, with 18 vessels engaged. Most of the fishing is done in the Alaskan waters, nearly 1,000 miles from Prince Rupert, but whereas before the advent of the Grand Trunk Pacific and Prince Rupert, the fish was brought all the way from the far north to Vancouver and Seattle by boat. The long distance is saved by touching at Prince Rupert, from whence the fish is brought east in the pink of condition on express refrigerator cars, the long distance being saved from the point of catch to Vancouver and Seattle, as heretofore. The business is so increasing that we will have to acquire more refrigerator equipment. In fact, the business has grown so markedly that certain fishing interests along the coast have begun to look upon its extension with alarm, and have asked that the Washington government impose a duty on Canadian fish entering the United States, whose markets are now free. The government has not acceded to the request so far, but, in any case, we have our own Canadian market, and you would be surprised at the consumption in Toronto

and Montreal, but, of course, we bring the fish to Boston, New York and other places in the pink of condition."

Coughing scatters germs —Stop it

Coughing increases the irritation of the already inflamed mucous membranes and is moreover apt to carry disease to others.

Mathieu's Syrup of Tar and Cod Liver Oil promptly stops coughing, and soon, thanks to its tonic properties, effects a permanent cure.

The wonderful popularity of Mathieu's Syrup of Tar and Cod Liver Oil is specially due to its great value as a permanent lung and bronchial healer.

Sold everywhere, 35c large bottles.

J. L. MATHIEU CO., Prop., Sherbrooke, P.Q.

For headaches use Mathieu's Nervine Powder—these are useful also to chase the fever and pain which often accompany colds. It is a box of 10 powders. 4-1-13

"A Little Saving Is A Handy Thing"

MANY a man has lost his chance to become independent by not having the ready money to take advantage of a really big opportunity.

"Fortune knocks once at every man's door". Greet her with a Savings Account, and be ready for what she brings.

One Dollar opens an account in the Savings Department.

THE BANK OF British North America

78 YEARS IN BUSINESS.

CAPITAL AND SURPLUS \$7,584,000.

PRINCE RUPERT BRANCH

P. MARGETTS, Manager.

Sterling Marine Motors

Can be purchased in town. A Motor that will give you entire satisfaction. Built for hard work. Guaranteed.

—HEAVY DUTY—

FISHERMAN'S ENGINE

2 Cyl.—5 1-2 in. by 7 in., 12-15 Horse Power.

4 Cyl.—5 1-2 in. by 8 in., 25-35 Horse Power.

Do your remodeling with a first-class engine.

For Further Information Apply to

W. E. Williscroft, Phone

Blue 508, or D. Brown, Electrician, Phone 383.

BABY'S OWN SOAP



The purity and fragrance of Baby's Own Soap have made it a universal favorite. Its use is beneficial to any skin. 4-1-13
Albert Soaps Limited, Montreal.

Empress Jams

Are strictly a B. C. Product. Right from the delicious, fresh picked, sun ripened fruits of the Fraser Valley and Vancouver Island, to the purest of Cane Sugar.

Every step in the producing and manufacturing of the delicious Jam contributes to the prosperity of B. C. It will satisfy the most exacting.

SOLD BY ALL GROCERS

In 1-lb. Glass Jars and 4-lb. Tins

THE EMPRESS MANUFACTURING CO., LTD.
Vancouver, B. C.

Empress Jams

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'THE DAILY NEWS'

Circulation Guaranteed the Largest in Northern :: British Columbia ::

Largest Circulation means the Best Advertising :: Medium ::

THERE IS A REASON

Three quarters of the local Advertising is done in the Daily News

Prince Rupert's Leading Paper!

. Read .

'THE DAILY NEWS'

The Housekeeper is Right

Sometimes a housekeeper requires a quick leavening agent, and finds she has no baking powder.

What does she do?

She raises her biscuit by a mixture of cream of tartar and soda, or soda and sour milk. She may not get the proportions quite right, but she knows her food is safe. But does she ever use a mixture of alum and soda? Was there ever a housekeeper who bought alum and soda to make a home made baking powder? Intuitively she feels it would be unsafe.

Then why use baking powder made from alum or the same mixture that the housekeeper would not dare to mix and use in her food?

Alum is alum, whether bought in the drug store or in baking powder.

DR. PRICE'S CREAM BAKING POWDER

is made from pure cream of tartar and contains no alum, lime or phosphate. There is absolute safety in its use.