BRISTOL, N.B., July 25th, 1914. "I had a stroke of Paralysis in March, and this left me unable to walk or help for the Constipation. This fruit medicine well and attend my store every day."

ALVA PHILLIPS. 'Fruit-a-tives' is made from fruit juices. 50c. a box, 6 for \$2.50, trial size 25c. At dealers or sent on receipt of price by Fruit a-tives Limited, Ottawa.

#### MINERAL ACT Certificate of Improvements

NOTICE ituated in the Skeena Mining Division of

Cassiar District. Where located:-At the head of Alice Arm, adjoining the Rivermouth and Cari-

boo mineral claims. TAKE NOTICE that I, G. R. Naden, Free Certificate No. 94,096B, acting as 93,917B, intend, sixty days

under section 85, must be commenced before the issue of such Certificate of Im-

Dated this 23rd day of December, A. D

### Prince Rupert Feed Co. 3

HAY, GRAIN, FEED, SEEDS AND FERTILIZERS

WE HANDLE

Bulbs, and Take Orders for Nursery Stock.

Chicken Feed A Specialty.

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#### SELF SACRIFICE OF BRAVE LITTLE BELGIUM

"By her self sacrifice Belgium rescued Europe and rescued France and us as well," said T. Prominent Merchant Restored P. O'Connor, recently in a patriotto Health by "Fruit-a-tives" ic speech, touching upon Belgium's heroic stand during the dark days of August, 1914.

Belgium rescued us; there is myself and the Constipation was no doubt of that, and through her terrible. Finally, I took 'Fruit-a-tives' self sacrifice she did it. Britain gradually toned up the nerves and is safe now and Canada is unactually relieved the paralysis. By the doubtedly secure, but Belgium's use of 'Fruit-a-tives' I grew stronger | self sacrifice has not ended and until all the palsy left me. I am now will not end until the war ends. Mr. O'Connor referred chiefly to Fruit juice is nature's own remedy and the economic sacrifice of the nation, but added to that is the loss of husbands, fathers, brothers and sons borne by the women of Belgium-the hunger and cold that is the lot of the mothers and

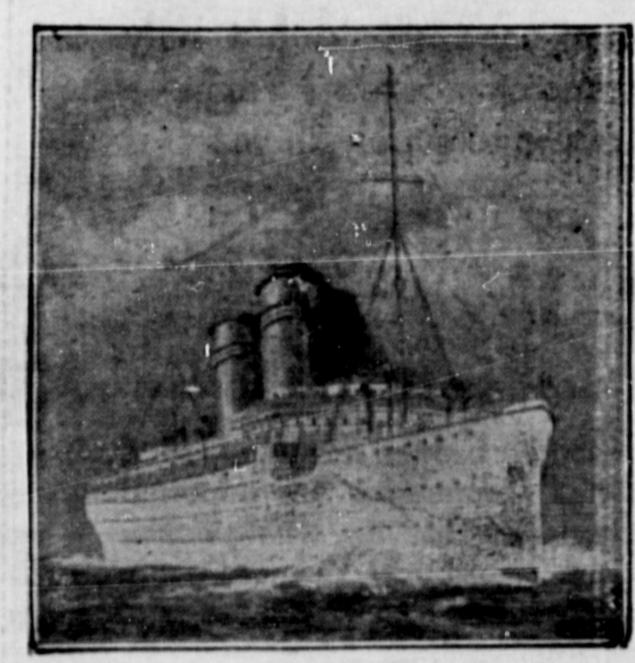
little tots, without work, Rivermouth Fractional mineral claim, without resources, without a crust of bread, except that which is given them.

Canada must and Canada undoubtedly will answer the appeal agent for Carrie Pratt, Free Miners' Cer- that is being made for these uncomplaining, suffering people by Mining Recorder for a Certificate of Im- the Belgian Relief Committee. All provements, for the purpose of obtaining that is asked is a bag of flour for further take notice that action, each to keep them alive a month. Out of the plenty of Canada's rich harvest the Belgian Relief Committee believes this possible. It believes that Belgium's self sacly by Canada.

"We have to thank Belgium that she turned the scale by holdsecurity from invasion was preserved," says Mr. O'Connor a Canada can thank the soldiers who did this by feeding their starving wives and children.

#### Salvation Army.

Public meetings, Tuesday, Thursday and Saturday at 8 p. m. Sundays at 7:30 p. m.



# Tickets

to and from Norway, Sweden, Den-mark, Finland, Italy and Russia. SAILINGS FROM NEY YORK "United States" .... . January 3rd. "Bergensfjord" ..... January 8th.

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## Your King and Country Need You

RECRUITS WANTED FOR 62nd OVERSEAS BATTALION, CANADIAN EXPEDITIONARY FORCE.

#### RECRUITING OFFICE AT PROVINCIAL GOVERNMENT OFFICE NOW OPEN.

In view of the recruiting which is in progress at present throughout the Province, it is apropos to answer a few of the questions which are considered by those who contemplate entering the Service. The following is a list of pertinent queries, together with he information which each elicits.

### QUESTIONS ANSWERED.

1 .- How long am I to serve? Until the end of the war and six months after if required.

2 .- What pay shall I receive? Your pay as a private will be \$1.00 per day and 10 cents field allowance. Besides this you will be clothed, equipped and subsisted by the Government.

3.-What will my wife receive during my absence? Every month there will be paid her a separation allowance of \$20 (also part of your pay) and if this be not enough to comfortably maintain your family, the Canadian Patriotic Fund will further assist them.

4 .- What will happen if I am wounded or sick? You will be cared for by the Government and your pay continued until you are discharged. If you are permanently disabled an allowance will be paid you, varying according to the extent of

your injury or disability. 5.-What will be done for my wife and children if I die while on Active Service? The Government will provide an adequate pension, that will enable the family to live comfortably until the childhen are old enough to look after themselves. The widowed mother of a single man, if the son be her sole support, is treated in the same way as a wife.

# Baby's Own S



After the bath with BABY'S OWN SOAP the skin is smooth, comfortable, and exhales the aroma of freshly cut flowers.

Freedom from skin troubles, explains in some measure the refreshing sleep which "Baby's Own Soap" babies enjoy. Especially for nursery use insist on "Baby's Own". ALBERT SOAPS Limited, Manufacturers, - MONTREAL. 1-4-13

#### CITY OF PRINCE RUPERT

rifice will be recognized concrete- NOTICE IS HEREBY GIVEN that an application will be made in the Legislative Assembly of the Province of British Columbia jat its next session on behalf of the City of Prince Rupert for an Act containing provisions which are shortly stated as follows:-

(1) To authorize the changing debentures issuable under the ing out at the beginning of the bylaw in this clause mentioned, from the Sinking Fund plan to Anwar, by which our own national nuity Intalment or Serial Bonds and the terms of years as herein

Term of years. Bylaw and Object No. 1 Amount | pres. | pro. 97 Local Improvement Section 1 \$600,000 59 Hydro Electric 550,000 63 Government Debt 115,000 11 Telephone Plant 40,000 29 Electric Light Plant 66,000

and authorising the collection of instalments under such bonds with power to sell such bonds at a discount, and to use the Sinking Funds already collected towards reducing the debt; and power to raise any deficiency on sale of bonds by the issue of further bonds. Such changes to be made without submission to the ratepayers.

(2) Validating Bylaw No. 243 of said City; being "a bylaw for the purpose of authorising the renewal of certain treasury certificates and for issuing an additional amount of such certificates," and authorising the issue of bonds on the said Annuity Instalment or Serial plan for the \$100,000 mentioned in Bylaw 243 for n ot more than 30 years and also to ratify Bylaw 245, relating to such debentures; both without submission to the ratepayers.

(3) To provide for temporarily financing all said bonds by authorising the issue, renewal or reissue of temporary notes for not more than five (5) years from the date of such issue, renewal or reissue, pending the sale of the bonds heretofore mentioned and making provision for the payment of any loss which may be made on the sale of such temporary notes, renewals or reissue thereof:

(4) To provide for collecting instalments both for principal and interest before bonds have actually been sold. Such instalments so far as principal is concerned to be applied to reduce amount of treasury certificates or temporary notes then outstanding or to be issued.

(5) To provide for similar changes with regard to the following Bylaws, the debentures authorised by which have been hypothecated to the Bank of Montreal; but only with the consent of such

Term of years. Object Amount pres. pro. 158 Section One Improvement \$140,000.00 40 Change of Grade 2nd Ave. 7,437 29,000.00 148 Grading Lanes 25,000.00 156 Grading 8th Avenue

(6) To provide that securities to be issued under the following bylaws, under none of which any securities have as yet been issued, Annuity Instalment or Serial bonds may be issued and such bonds to be for the term here set forth, namely:

Term of years. Object Amount | pres. | pro. Bylaw. \$ 35,000 180 Morse Creek Bridge 350,000 181 General Sewer System 12,000 182 Grading Fulton Street 183 . Grading City Property, 2nd Ave. 46,000 45,000 207 Electric Pole Line Extens. 60,000 20 15 209 Telephone System Extension with power to use the sinking funds heretofore accumulated to

reduce the debt when incurred, and further, to cease collecting further sinking fund, and to provide for the collection of full instalments for total principal on each said bylaw from the commencement of the work authorised. The application of such instalments to reduce the amount of bonds required to be issued.

(7) To provide that no further sinking fund shall be collected under Bylaw No. 208; being "The Water Main Extension Bylaw" except sufficient to pay off \$20,000 of debentures already sold thereunder, and providing for the issue of Annuity instalment, or Serial bonds, term twenty (20) years, for the balance of the debt, namely; \$130,000, and for the use of the sinking fund already collected under said bylaw, except the part applicable to the \$20,000 already issued; to reduce the said amount of \$130,000 bonds when

As to Bylaws Nos. 144 and 241 relating to Market Place grading: Power to change the debentures authorised thereby from Sinking fund plan to Annuity Instalment, or Serial bonds at thirty (30) years, and to use the sinking fund already collected to purchase bonds to be issued thereunder, and to cease collection of further sinking fund:

(9) To provide for raising a reserve fund to ensure prompt payment of annual instalments to the amount of \$50,000 for present authorised indebtedness, and \$20,000 for every additional \$1,000,000.

(10) Providing that it shall not be necessary to submit to the ratepayers any bylaw making the change from sinking fund debentures to Annuity instalment or Serial bonds or changing the term of years, or the issue of new bonds to meet loss on sale of bonds or temporary notes.

DATED AT PRINCE RUPERT this 30th day of November, A. D. FREDERICK PETERS.

Solicitor for the City of Prince Rupert, B. C.

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Are strictly a B. C. Product. Right from the delicious, fresh picked, sun ripened fruits of the Fraser Valley and Vancouver Island, to te purest of Cane Sugar,

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