The War Against Health Is Quickly Ended By "Fruit-a-tives".



MRS. DEWOLFE

East Ship Harbour, N.S. "It is with great pleasure that I write to tell you of the wonderful benefit I have received from taking 'Fruit-a-tives'. For years I was a dreadful sufferer from Constipation and Headaches, and I was miserable in every way. Nothing in the way of medicines seemed to help me. Then I finally tried 'Fruit-a-tives' and the effect was splendid. After taking one box, I feel thankful to have relief from those sickening Headaches".

Mrs. MARTHA DEWOLFE. "FRUIT-A-TIVES", the medicine made from fruit juices, has relieved more sufferers from Headaches, Constipation, Stomach, Liver, Kidney and Skin Troubles than any other medicine. 50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.

MINERAL ACT Certificate of Improvements

NOTICE Rivermouth Fractional mineral claim

Where located:-At the head of Alice Arm, adjoining the Rivermouth and Cariboo mineral claims.

TAKE NOTICE that I, G. R. Naden, Free Miners' Certificate No. 94,096B, acting as agent for Carrie Pratt, Free Miners' Cerificate No. 93,917B, intend, sixty days Mining Recorder for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of the above claim.

And further take notice that action,

Dated this 23rd day of December, A. D.



CANADIAN CAVALRY PRACTICE FOR CHARGE ON THE GERMANS .- While waiting for orders to start against the German lines, Canadian cavalrymen practice at sword fighting. The horses are protected as well as the men with hoods and pads against sword cuts and injuries.

LABOR DEPUTATION

Rev. R. J. Campbell, the famous pastor of the City Temple, Lon-instructions to take you to the party, "I don't know why we want don, from which he recently re- commander-in-chief." signed, has returned from a visit "Who's he?" blurted out one mates ave come over to mend the like a new person and I am deeply to the British troops in France of the men. with several good stories, among them the following:

> A deputation from the labor unions had accepted an invitation front and see conditions for themselves. In expectation of its arrival, staff officers were sent to channel boat from England.

"Are the members of the labor party aboard?" called out an ofituated in the Skeena Mining Division of ficer after the boat had been made

A man, obviously a workman, stepped out with a "yes." His companions followed his lead-There were seven in the party of from the date hereof, to apply to the workmen, who seemed rather Funds already collected towards reducing the debt; and power to they were put into motor cars Apr. 2. they were introduced to a cour- Instalment or Serial plan for the \$100,000 mentioned in Bylaw 243

Tickets

to and from Norway, Sweden, Den-

mark, Finland, Italy and Russia.

SAILINGS FROM NEY YORK

'United States'' January 3rd

"Bergensfjord" January 8th.

"Kristianiafjord" February 29th

'Hellig Olav'' February 3rd.

Have Your Reservations made Early.

DYBHAVN & HANSON

Prince Rupert, B. C.

Your King and Country

Need You

CANADIAN EXPEDITIONARY FORCE.

OFFICE NOW OPEN.

In view of the recruiting which is in progress at present

throughout the Province, it is apropos to answer a few of

the questions which are considered by those who contem-

plate entering the Service. The following is a list of perti-

nent queries, together with he information which each elicits.

1 .- How long am I to serve? Until the end of the war

2 .- What pay shall I receive? Your pay as a private will

be \$1.00 per day and 10 cents field allowance. Besides this

you will be clothed, equipped and subsisted by the Govern-

month there will be paid her a separation allowance of \$20

(also part of your pay) and if this be not enough to com-

fortably maintain your family, the Canadian Patriotic Fund

be cared for by the Government and your pay continued

until you are discharged. If you are permanently disabled an

allowance will be paid you, varying according to the extent of

while on Active Service? The Government will provide an

adequate pension, that will enable the family to live com-

fortably until the childhen are old enough to look after them-

selves. The widowed mother of a single man, if the son be

her sole support, is treated in the same way as a wife.

4.-What will happen if I am wounded or sick? You will

5.-What will be done for my wife and children if I die

3 .- What will my wife receive during my absence? Every

QUESTIONS ANSWERED.

and six months after if required.

will further assist them.

your injury or disability.

ment.

RECRUITING OFFICE AT PROVINCIAL GOVERNMENT

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and Steamship Agency,

teous official. After a short chat "Why, Sir John French, of with the men, who seemed a bit course," answered the astonished ENTERTAINED IN FRANCE at a loss as to what to say, the officer.

official announced with a smile: "Well," put in the man who "And now, gentlemen, I have seemed to be the leader of the to see 'im. You see, me and my boom in the 'ardor."-Seattle P.-I.

CITY OF PRINCE RUPERT

NOTICE IS HEREBY GIVEN that an application will be made by the government to visit the in the Legislative Assembly of the Province of British Columbia at its next session on behalf of the City of Prince Rupert for an Act containing provisions which are shortly stated as follows:-

(1) To authorize the changing debentures issuable under the the wharf to greet the incoming bylaw in this clause mentioned, from the Sinking Fund plan to Annuity Intalment or Serial Bonds and the terms of years as herein stated:

		Term of years.		
No.	Bylaw and Object	Amount	pres.	pro.
97	Local Improvement Section 1	\$600,000	50	30
59	Hydro Electric	550,000	50	30
63	Government Debt	115,000	50	30
11	Telephone Plant	40,000	20	10
29	Electric Light Plant	66,000	15	10
and a	uthorising the collection of instalm	ents under suc	ch bond	s with
power	to sell such bonds at a discour	it, and to use	the S	inking

overwhelmed at the cordiality of raise any deficiency on sale of bonds by the issue of further bonds. their reception, especially when Such changes to be made without submission to the ratepayers. (2) Validating Bylaw No. 243 of said City; being "a bylaw & for the purpose of authorising the renewal of certain treasury with officers and handed cigars. certificates and for issuing an additional amount of such cer-On their arrival at headquarters, tificates," and authorising the issue of bonds on the said Annuity

for n ot more than 30 years and also to ratify Bylaw 245, relating

to such debentures; both without submission to the ratepayers. (3) To provide for temporarily financing all said bonds by authorising the issue, renewal or reissue of temporary notes for notmore than five (5) years from the date of such issue, renewal or reissue, pending the sale of the bonds heretofore mentioned and making provision for the payment of any loss which may be made

on the sale of such temporary notes, renewals or reissue thereof: (4) To provide for collecting instalments both for principal and interest before bonds have actually been sold. Such instalments so far as principal is concerned to be applied to reduce amount of I treasury certificates or temporary notes then outstanding or to

(5) To provide for similar changes with regard to the following Bylaws, the debentures authorised by which have been hypothecated to the Bank of Montreal; but only with the consent of such Bank.

		T	erm of	years.
Bylaw	. Object	Amount	pres.	pro.
158	Section One Improvement	\$140,000.00	49	30
	Change of Grade 2nd Ave.	7,437	50	20
	Grading Lanes	29,000.00	50	20
	Grading 8th Avenue	25,000.00	50	20
	We appuide that committee to	he issued under	the fol	awing

(6) To provide that securities to be issued under the following bylaws, under none of which any securities have as yet been issued, Annuity Instalment or Serial bonds may be issued and such bonds to be for the term here set forth, namely:

		Term of years			
Bylaw	. Object	Amount	pres. pro.		
180	Morse Creek Bridge	\$ 35,000	50	30	
181	General Sewer System	350,000	50	30	
182	Grading Fulton Street	12,000	40	20	
183	. Grading City Property, 2nd Ave.	46,000	40	30	
207	Electric Pole Line Extens.	45,000	20	15	
209	Telephone System Extension	60,000	20	15	

with power to use the sinking funds heretofore accumulated to reduce the debt when incurred, and further, to cease collecting I further sinking fund, and to provide for the collection of full instalments for total principal on each said bylaw from the commencement of the work authorised. The application of such instalments

to reduce the amount of bonds required to be issued. (7) To provide that no further sinking fund shall be collected under Bylaw No. 208; being "The Water Main Extension Bylaw" except sufficient to pay off \$20,000 of debentures already sold thereunder, and providing for the issue of Annuity instalment, or Serial bonds, term twenty (20) years, for the balance of the debt, namely; \$130,000, and for the use of the sinking fund already collected under said bylaw, except the part applicable to the \$20,000 already issued; to reduce the said amount of \$130,000 bonds when

(8) As to Bylaws Nos. 144 and 241 relating to Market Place grading: Power to change the debentures authorised thereby from Sinking fund plan to Annuity Instalment, or Serial bonds at thirty (30) years, and to use the sinking fund already collected to purchase bonds to be issued thereunder, and to cease collection of further sinking fund:

(9) To provide for raising a reserve fund to ensure prompt payment of annual instalments to the amount of \$50,000 for present authorised indebtedness, and \$20,000 for every additional \$1,000,000.

(10) Providing that it shall not be necessary to submit to the ratepayers any bylaw making the change from sinking fund debentures to Annuity instalment or Serial bonds or changing the term of years, or the issue of new bonds to meet loss on sale of bonds or temporary notes.

DATED AT PRINCE RUPERT this 30th day of November, A. D. FREDERICK PETERS, Solicitor for the City of Prince Rupert, B. C.

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Empress Jams

Are strictly a B. C. Product. Right from the delicious, fresh picked, sun ripened fruits of the Fraser Valley and Vancouver Island, to te purest of Cane Sugar.

Every step in the producing and manufacturing of the delicious Jam contributes to the prosperity of B. C. It will satisfy the most exacting.

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