

# A LIFETIME OF SICKNESS

Worn Out, Thin and Miserable Until She Took "Fruit-a-lives"

PALMESTON, June 20th, 1914.  
*"Stomach Trouble and Distressing Headaches nearly drove me wild. Some time ago, I got a box of 'Fruit-a-lives,' your famous fruit medicine, and they completely relieved me. To-day I am feeling fine and a physician, meeting me on the street, asked the reason for my improved appearance. I said, 'I am taking Fruit-a-lives.' He said, 'If Fruit-a-lives make you look so well, go ahead and take them. They are doing more for you than I can.'"*

Mrs. H. S. WILLIAMS.  
 50c. a box, 6 for \$2.50, trial size 25c. At dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

## NAVIGABLE WATERS' PROTECTION ACT.

RICHARD B. MCGINNIS hereby gives notice that he has, under Section 7 of the said act, deposited with the Minister of Public Works at Ottawa, and in the office of the District Registrar of Titles at Prince Rupert, B. C., a description of the site and of the plans for a wharf proposed to be built in Alice Arm, Observatory Inlet, British Columbia, at a point situated about 3-4 miles south of the south-east corner of Lot 1074, Range 5, Coast District, B. C.

AND TAKE NOTICE that after the expiration of one month from the date of the first publication of this notice, Richard B. McGinnis will under Section 7 of the said Act, apply to the Minister of Public Works at his office in the City of Ottawa, for approval of the said site and plans, and for leave to construct the said wharf.  
 DATED at Prince Rupert, B. C., this 22nd day of October, A. D. 1915.  
 RICHARD B. MCGINNIS, Applicant.



**Royal Reserve**  
 The Whisky of Quality  
 Aged in Wood 8 Years before bottling  
 GUARANTEED BY THE GOVERNMENT OF CANADA  
 Demand the Brand

## FARMERS' INSTITUTES ANNUAL CONVENTION

The annual convention of the Farmers' Institutes of British Columbia will be held in Victoria from Wednesday to Friday, March 8th to 10th. A large number of resolutions have been submitted by various Institutes throughout the province, and the merits of each will be discussed in detail. This convention will confine itself to business matters principally. Prof. Wesbrook, of the B. C. University, and Dean Klinck, dean of agriculture of the same institution, will address the delegates, as well as a number of other men prominently identified with the agricultural interests of the province. Amongst the latter will be Prof. W. T. McDonald, provincial live stock commissioner, and H. O. English, soil and crop instructor. Premier Bowser and Hon. A. C. Flumerfelt, minister of finance and agriculture, will be accorded a prominent place on the programme.

**Salvation Army.**  
 Public meetings, Tuesday, Thursday and Saturday at 8 p. m. Sundays at 7:30 p. m.

## Sheet Metal Work!

Now is the time to have your roofs repaired, eave-troughs and skylights seen to, and heating plant put in good shape for the winter.

In such Cases Consult a Practical Man if You Want Results

I served a regular apprenticeship at the Sheet Metal and Heating business, in a regular Sheet Metal Shop Not in a Jam Factory.

**C. O. ROWE**  
 The Practical Sheet Metal Man  
 PHONE 340 P. O. BOX 467  
 Shop Opposite Board of Trade Rooms 322 SECOND AVENUE  
 Estimates Furnished to Contractors and others Free

## CITY OF PRINCE RUPERT

NOTICE IS HEREBY GIVEN that an application will be made in the Legislative Assembly of the Province of British Columbia at its next session on behalf of the City of Prince Rupert for an Act containing provisions which are shortly stated as follows:—  
 (1) To authorize the changing debentures issuable under the bylaw in this clause mentioned, from the Sinking Fund plan to Annuity Instalment or Serial Bonds and the terms of years as herein stated:

No.	Bylaw and Object	Amount	Term of years.
97	Local Improvement Section 1	\$600,000	50 30
59	Hydro Electric	550,000	50 30
63	Government Debt	115,000	50 30
11	Telephone Plant	40,000	20 10
29	Electric Light Plant	66,000	15 10

and authorising the collection of instalments under such bonds with power to sell such bonds at a discount, and to use the Sinking Funds already collected towards reducing the debt; and power to raise any deficiency on sale of bonds by the issue of further bonds. Such changes to be made without submission to the ratepayers.

(2) Validating Bylaw No. 243 of said City; being "a bylaw for the purpose of authorising the renewal of certain treasury certificates and for issuing an additional amount of such certificates," and authorising the issue of bonds on the said Annuity Instalment or Serial plan for the \$100,000 mentioned in Bylaw 243 for not more than 30 years and also to ratify Bylaw 245, relating to such debentures; both without submission to the ratepayers.

(3) To provide for temporarily financing all said bonds by authorising the issue, renewal or reissue of temporary notes for not more than five (5) years from the date of such issue, renewal or reissue, pending the sale of the bonds heretofore mentioned and making provision for the payment of any loss which may be made on the sale of such temporary notes, renewals or reissue thereof.

(4) To provide for collecting instalments both for principal and interest before bonds have actually been sold. Such instalments so far as principal is concerned to be applied to reduce amount of treasury certificates or temporary notes then outstanding or to be issued.

(5) To provide for similar changes with regard to the following Bylaws, the debentures authorised by which have been hypothecated to the Bank of Montreal; but only with the consent of such Bank.

Bylaw.	Object	Amount	Term of years.
158	Section One Improvement	\$140,000.00	49 30
140	Change of Grade 2nd Ave.	7,437	50 20
148	Grading Lanes	29,000.00	50 20
156	Grading 8th Avenue	25,000.00	50 20

(6) To provide that securities to be issued under the following bylaws, under none of which any securities have as yet been issued, Annuity Instalment or Serial bonds may be issued and such bonds to be for the term here set forth, namely:

Bylaw.	Object	Amount	Term of years.
180	Morse Creek Bridge	\$ 35,000	50 30
181	General Sewer System	350,000	50 30
182	Grading Fulton Street	12,000	40 20
183	Grading City Property, 2nd Ave.	46,000	40 30
207	Electric Pole Line Extensions	45,000	20 15
209	Telephone System Extension	60,000	20 15

with power to use the sinking funds heretofore accumulated to reduce the debt when incurred, and further, to cease collecting further sinking fund, and to provide for the collection of full instalments for total principal on each said bylaw from the commencement of the work authorised. The application of such instalments to reduce the amount of bonds required to be issued.

(7) To provide that no further sinking fund shall be collected under Bylaw No. 208; being "The Water Main Extension Bylaw" except sufficient to pay off \$20,000 of debentures already sold thereunder, and providing for the issue of Annuity instalment, or Serial bonds, term twenty (20) years, for the balance of the debt, namely; \$130,000, and for the use of the sinking fund already collected under said bylaw, except the part applicable to the \$20,000 already issued; to reduce the said amount of \$130,000 bonds when issued.

(8) As to Bylaws Nos. 144 and 241 relating to Market Place grading: Power to change the debentures authorised thereby from Sinking fund plan to Annuity Instalment, or Serial bonds at thirty (30) years, and to use the sinking fund already collected to purchase bonds to be issued thereunder, and to cease collection of further sinking fund.

(9) To provide for raising a reserve fund to ensure prompt payment of annual instalments to the amount of \$50,000 for present authorised indebtedness, and \$20,000 for every additional \$1,000,000.

(10) Providing that it shall not be necessary to submit to the ratepayers any bylaw making the change from sinking fund debentures to Annuity instalment or Serial bonds or changing the term of years, or the issue of new bonds to meet loss on sale of bonds or temporary notes.

DATED AT PRINCE RUPERT this 30th day of November, A. D. 1915.  
 FREDERICK PETERS,  
 Solicitor for the City of Prince Rupert, B. C.

## Baby's Own Soap



After the bath with BABY'S OWN SOAP the skin is smooth, comfortable, and exhales the aroma of freshly cut flowers. Freedom from skin troubles, explains in some measure the refreshing sleep which "Baby's Own Soap" babies enjoy. Especially for nursery use insist on "Baby's Own".  
 ALBERT SOAPS Limited, Manufacturers, - MONTREAL.

## Tickets

to and from Norway, Sweden, Denmark, Finland, Italy and Russia.  
**SAILINGS FROM NEW YORK**  
 "Kristianiafjord" ..... March 11th.  
 "United States" ..... March 23rd.  
 "Bergenstjord" ..... April 1st.  
 "Stockholm" ..... April 25th.  
 Have Your Reservations Made Early. For Rates, Illustrated Folders and General Information Apply to  
**DYBHAVN & HANSON**  
 Insurance and Steamship Agency,  
 Prince Rupert, B. C.

## Ramsay's Empire Cream Sodas

In 2-lb. Tins

Have attained their enviable reputation by their superior quality and uniformity. The most discriminating housewife insists upon "Ramsays Empire" when buying Soda Biscuits.

They are made in B. C. and your grocer gets his supply frequently and quickly, insuring freshness, which means crispness.

Prove it by buying a tin with your next order.

Manufactured by

**RAMSAY BROS. & CO., LTD.**  
 Vancouver, B. C.

## Empress Jams

Are strictly a B. C. Product. Right from the delicious, fresh picked, sun ripened fruits of the Fraser Valley and Vancouver Island, to the purest of Cane Sugar.

Every step in the producing and manufacturing of the delicious Jam contributes to the prosperity of B. C. It will satisfy the most exacting.

SOLD BY ALL GROCERS

In 1-lb. Glass Jars and 4-lb. Tins

THE EMPRESS MANUFACTURING CO., LTD.  
 Vancouver, B. C.

## Empress Jams

## Your King and Country Need You

RECRUITS WANTED FOR 62nd OVERSEAS BATTALION, CANADIAN EXPEDITIONARY FORCE.

RECRUITING OFFICE AT PROVINCIAL GOVERNMENT OFFICE NOW OPEN.

In view of the recruiting which is in progress at present throughout the Province, it is apropos to answer a few of the questions which are considered by those who contemplate entering the Service. The following is a list of pertinent queries, together with the information which each elicits.

### QUESTIONS ANSWERED.

- 1.—How long am I to serve? Until the end of the war and six months after if required.
- 2.—What pay shall I receive? Your pay as a private will be \$1.00 per day and 10 cents field allowance. Besides this you will be clothed, equipped and subsisted by the Government.
- 3.—What will my wife receive during my absence? Every month there will be paid her a separation allowance of \$20 (also part of your pay) and if this be not enough to comfortably maintain your family, the Canadian Patriotic Fund will further assist them.
- 4.—What will happen if I am wounded or sick? You will be cared for by the Government and your pay continued until you are discharged. If you are permanently disabled an allowance will be paid you, varying according to the extent of your injury or disability.
- 5.—What will be done for my wife and children if I die while on Active Service? The Government will provide an adequate pension, that will enable the family to live comfortably until the children are old enough to look after themselves. The widowed mother of a single man, if the son be her sole support, is treated in the same way as a wife.

. Read .

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Prince Rupert's Leading Paper!

. Read .

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