### "Fruit-a-tives" Now Known as Woman's Best Medicine

fruit medicine is particularly well suited for the use of women, because of its mild gestion, Bloating, Sick Headaches, Pain In The Back, Neuralgia, or a General Run-Down Constitution, "Fruit-a-tives" is the only medicine needed to correct to complete health.

As a tonic, "Fruit-a-tives" is invaluable to purify and enrich the blood and build up strength and vigor. At dealers or sent postpaid by Fruit-

#### a-tives Limited, Ottawa. MINERAL ACT

Notice to Delinquent Partners. To Q. W. Maxwell and Charles Nicholson. TAKE NOTICE that whereas I have done and caused to be done assessment work makes up a good show. on the Wolf Mineral claim, situated at the head of Alice Arm, Observatory Inlet, in the Skeena mining division of Skeena district, assessment work for the years 1913, 1914, and 1915, and have paid for said work and recording same, the sum of \$307.50. Unless you pay me the sum of \$231.50, for your share of the said assessment work, together with the cost of this advertisement, I shall, at the expiration of ninety (90) days from the date hereof apply to the mining recorder at Prince Rupert, B. C., to have your interests in the Wolf mineral claim vested in me, in pursuance of the provisions of the

mineral act. Dated at Prince Rupert, B. C., this 19th day of February, 1916. J. E. STARK.



Aged in Wood 8 Years before bottling CUARANTEED BY THE

COVERNMENT of CANADA

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Largest Circula-

tion means the

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Medium

GREAT COMEDIES AT WESTHOLME THEATRE

The Westholme tonight presents a great comedy show, in which Baby Rosen is extremely amusing in "Father's Child." Harry Myers and Rosemary Thertry Mave the time of their lives "FRUIT-A-TIVES," the famous trying to accommodate Baby Rosen and there is no end of excitement and gentle action and its pleasant taste. and fun. This is a comedy In severe cases of Constipation, Indi- masterpiece which will keep any audience in a continual uproar of laughter.

King Bagot, the idol of the such troubles and restore the sufferer movies, is just as funny as Chaplin in "Almost a Papa." King has a narrow escape in being tangled up with baby carriages, 50c. a box, 6 for \$2.50, trial size 25c. but pulls through smilingly. There is also a very fine Universal Weekly and a series of Hy. Moyer cartoons, which are always funny. Herbert Rawlinson in "Her Prey," a two-act drama,



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designed for spring gaities. The ciel blue satin flounce of the skirt is held out by a hoop which also distends the skirt of chiffon with a pink rose border. The blue satin bodice has a new girdle and an interesting slashed sleeve.

#### SKEENA LAND DISTRICT-DISTRICT OF \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* COAST, RANGE 4.

TAKE NOTICE that Clyde Heller, of Philadelphia, occupation mine operator, intends to apply for permission to purchase the following described lands:

Commencing at a post planted about ie hundred yards northerly from the mouth of Paradise Creek on the easterly shore of Bear Lake, Princess Royal Island; thence east 40 chains; thence south 20 chains; thence west 40 chains more or less to the shore of Bear Lake; thence northerly along the shore of said lake to the place of commencement, containing 80 acres more or less.

February 18, 1916. CLYDE A. HELLER.



#### FIRE ALARM SYSTEM

CIRCUIT NO. 1.

Box 12-5th St. and 3rd Ave. Box 13-6th St. and 3rd Ave. Box 14-8th St. and 3rd Ave. Box 15 Junction of 1st, 2nd and

\* Box 16-1st Ave., between 8th and 9th Sts. (Knox Hotel.) Box 17-1st Ave. and 7th St. (Cen tral Hotel.

CIRCUIT NO. 2. Box 22-3rd Ave. and 3rd St.

(Post Office.) Box 23-3rd Ave. and McBride St. Box 24-ist Ave. and McBride Box 25-2nd Ave. and 2nd St. Box 26-2nd Ave. and 6th St. Box 27-G. T. P.

CIRCUIT NO. S.

Box 31-5th Ave. and Fulton St. Box 32-Borden and Taylor Sts. Box 34 -7th Ave. and Fulton St. Box 35-9th Ave. and Comox Ave. Box 37-8th Ave. and Dodge Pl. Box 38-6th Ave. and Thompson St

CIRCUIT NO. 4. Box 41-4th Ave. and Emmerson

Box 42-5th Ave. and McBride St. Box 43-5th Ave. and Green St. Box 44-6th Ave and Basil St. Box 45--7th Ave. and Eberts. Box 141-7th Ave. and Young St.

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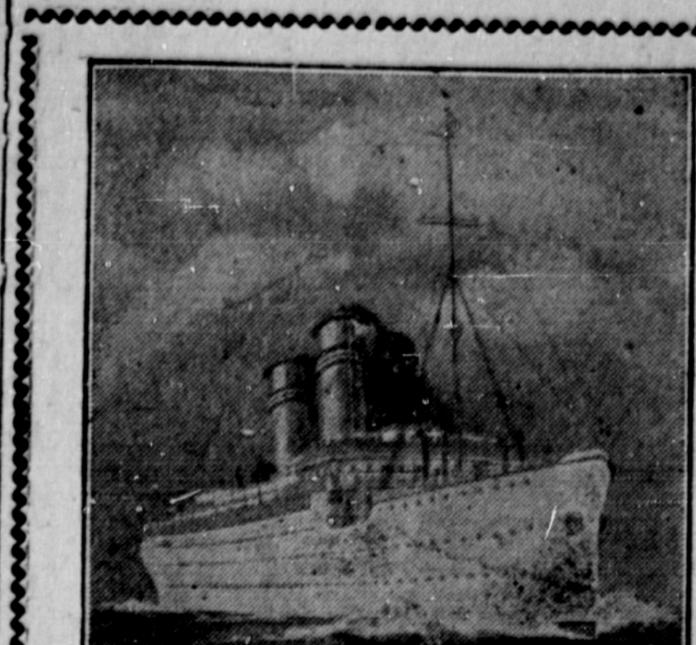


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Here's where we test the choicest samples of Canada's six million acre wheat crop. We grind them into flour in the little mill you see on the left of the picture. Then comes the supreme test--bread-baking. If the bread is perfect in every way we pronounce the wheat Al and the flour-ROYAL STANDARD.

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In 2-Ib. Tins

Have attained their enviable reputation by their superior quality and uniformity. The most discriminating housewife insists upon "Ramsays Empire" when buying Soda Biscuits.

They are made in B. C. and your grocer gets his supply frequently and quickly, insuring freshness, which means crispness.

Prove it by buying a tin with your next order.

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## Empress Jams

Are strictly a B. C. Product. Right from the delicious, fresh picked, sun ripened fruits of the Fraser Valley and Vancouver Island, to te purest of Cane Sugar,

Every step in the producing and manufacturing of the denous Jam contributes to the prosperity of B. C. It will satisfy the most exacting.

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THE EMPRESS MANUFACTURING CO., LTP. Vancouver, B. C.

### Empress Jams

### Your King and Country Need You

WANTED FOR 62nd OVERSEAS BATTALION, CANADIAN EXPEDITIONARY FORCE.

RECRUITING OFFICE AT PROVINCIAL GOVERNMENT OFFICE NOW OPEN.

In view of the recruiting which is in progress at present throughout the Province, it is apropos to answer a few of the questions which are considered by those who contemplate entering the Service. The following is a list of pertinent queries, together with he information which each elicits.

QUESTIONS ANSWERED.

1 .- How long am I to serve? Until the end of the war and six months after if required.

2 .-- What pay shall I receive? Your pay as a private will be \$1.00 per day and 10 cents field allowance. Besides this you will be clothed, equipped and subsisted by the Government.

3.—What will my wife receive during my absence? Every month there will be paid her a separation allowance of \$20 (also part of your pay) and if this be not enough to comfortably maintain your family, the Canadian Patriotic Fund will further assist them.

4.—What will happen if I am wounded or sick? You will be cared for by the Government and your pay continued until you are discharged. If you are permanently disabled an allowance will be paid you, varying according to the extent of your injury or disability.

5.—What will be done for my wife and children if I die while on Active Service? The Government will provide an adequate pension, that will enable the family to live comfortably until the childhen are old enough to look after themselves. The widowed mother of a single man, if the son be her sole support, is treated in the same way as a wife.