

HER DREAMS CAME TRUE

Life Unbearable from Indigestion
Health Restored by "Fruit-a-tives"



MELIE C. GAUDREAU

Rochon P.Q., Jan. 14th, 1915.
"I suffered for many years with terrible Indigestion and Constipation. I became thin and miserable. I had frequent dizzy spells and became so run down that I never thought I would get well again."

A neighbor advised me to try 'Fruit-a-tives'. I did so and to the surprise of my doctor, I began to improve and head aches disappeared. I continued this medicine and all my Indigestion and Constipation was relieved. I consider that I owe my life to 'Fruit-a-tives' and I want to say to those who suffer from Indigestion, Constipation or Headaches, try 'Fruit-a-tives'. Give this lovely fruit medicine a fair chance and you will get well the same as I did."

CORINE GAUDREAU.
50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

MINERAL ACT

Notice to Delinquent Partners.

To G. W. Maxwell and Charles Nicholson.
TAKE NOTICE that whereas I have done and caused to be done assessment work on the Wolf Mineral claim, situated at the head of Alice Arm, Observatory Inlet, in the Skeena mining division of Skeena district, assessment work for the years 1913, 1914, and 1915, and have paid for said work and recording same, the sum of \$307.50. Unless you pay me the sum of \$231.50, for your share of the said assessment work, together with the cost of this advertisement, I shall, at the expiration of ninety (90) days from the date hereof apply to the mining recorder at Prince Rupert, B. C., to have your interests in the Wolf mineral claim vested in me, in pursuance of the provisions of the mineral act.

Dated at Prince Rupert, B. C., this 19th day of February, 1916.

J. E. STARK.

AMERICAN PARALLEL TO THE APPAM CASE

(Continued from Page One.)

strong claim that the vessel was a prize of war. Here was a Northern vessel captured on the high seas by persons acting, as it seemed, in the name of the Southern Confederacy, then a recognized belligerent. They had brought her into a neutral port and she had come before a British court to determine the rights of the parties interested.

Though the court did not consider it a case of ordinary piratical capture, it decided that the question must be dealt with on that basis. It was decided that the ownership of the vessel and cargo having been proved, the true owners were entitled to have their property returned to them. Ultimately the Chesapeake returned to her old route. On this basis, set up by the British Admiralty court fifty years ago, the Appam should be returned to her English owners.

CENSORED

Red Cross Carnival.

Monday and Tuesday of next week will be the event of the year, all ladies donating fancy work and sewing will kindly send in same before Monday noon to Mrs. Frizzell's store, 3rd Ave., or the Prince Rupert Grocery, cor. Fulton St., and 6th Ave. Home cooking for the Welsh Booth in abundance is wanted Monday and Tuesday.

Ladies, this is the supreme effort to raise money for Red Cross work. Our boys are fighting today at St. Elloi and other battlefields in France. The wounded must have every comfort we can give them, now is the opportunity to do our bit and assist the noble nurses who night and day nurse and care for the wounded men who have been fighting for us. Everybody invited to help.



A Supper Treat—Baked Custard

Beat two eggs until light, add 3 tablespoons sugar, 1 cup "Canada First" (Evaporated) Milk, one cup water. Mix well. Pour into buttered dish, grate nutmeg over top, set this in pan of hot water, place in moderate hot oven and bake.

Say "Canada First." Your Grocer Knows.
AYLMER CONDENSED MILK CO., LTD.
AYLMER, ONTARIO



Dr. Price's CREAM BAKING POWDER

For sixty years Dr. Price's Cream Baking Powder has been the standby of countless housekeepers who have relied upon it for healthful, home-baked food.

Dr. Price's contains no alum. There is never any question about the absolute purity and healthfulness of the food it raises.



The Royal Standard Test

Here's where we test the choicest samples of Canada's six million acre wheat crop. We grind them into flour in the little mill you see on the left of the picture. Then comes the supreme test—bread-baking. If the bread is perfect in every way we pronounce the wheat A1 and the flour—ROYAL STANDARD.

AT YOUR GROCER'S

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Have attained their enviable reputation by their superior quality and uniformity. The most discriminating housewife insists upon "Ramsays Empire" when buying Soda Biscuits.

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Your King and Country Need You

RECRUITS WANTED FOR 62nd OVERSEAS BATTALION,
CANADIAN EXPEDITIONARY FORCE.

RECRUITING OFFICE AT PROVINCIAL GOVERNMENT
OFFICE NOW OPEN.

In view of the recruiting which is in progress at present throughout the Province, it is apropos to answer a few of the questions which are considered by those who contemplate entering the Service. The following is a list of pertinent queries, together with the information which each elicits.

QUESTIONS ANSWERED.

- 1.—How long am I to serve? Until the end of the war and six months after if required.
- 2.—What pay shall I receive? Your pay as a private will be \$1.00 per day and 10 cents field allowance. Besides this you will be clothed, equipped and subsisted by the Government.
- 3.—What will my wife receive during my absence? Every month there will be paid her a separation allowance of \$20 (also part of your pay) and if this be not enough to comfortably maintain your family, the Canadian Patriotic Fund will further assist them.
- 4.—What will happen if I am wounded or sick? You will be cared for by the Government and your pay continued until you are discharged. If you are permanently disabled an allowance will be paid you, varying according to the extent of your injury or disability.
- 5.—What will be done for my wife and children if I die while on Active Service? The Government will provide an adequate pension, that will enable the family to live comfortably until the children are old enough to look after themselves. The widowed mother of a single man, if the son be her sole support, is treated in the same way as a wife.

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