ESPECIALLY FOR WOMEN

"Fruit-a-tives" Now Known as Woman's Best Medicine

"FRUIT-A-TIVES," the famous fruit medicine is particularly well suited *for the use of women*, because of its mild and gentle action and its pleasant taste.

In severe cases of *Constipation, Indigestion, Bloating, Sick Headaches, Pain In The Back, Neuralgia, or a General Run-Down Constitution*, "Fruit-a-tives" is the only medicine needed to correct such troubles and restore the sufferer to complete health.

As a tonic, "Fruit-a-tives" is invaluable to purify and enrich the blood and build up strength and vigor.

50c. a box, 6 for $2.50, trial size 25c. At dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

MINERAL ACT

Notice to Delinquent Partners.

To G. W. Maxwell and Charles Nicholson.

TAKE NOTICE that whereas I have done and caused to be done assessment work on the Wolf Mineral claim, situated at the head of Alice Arm, Observatory Inlet, in the Skeena mining division of Skeena district, assessment work for the years 1913, 1914, and 1915, and have paid for said work and recording same, the sum of $307.50. Unless you pay me the sum of $231.50, for your share of the said assessment work, together with the cost of this advertisement, I shall, at the expiration of ninety (90) days from the date hereof apply to the mining recorder at Prince Rupert, B. C., to have your interests in the Wolf mineral claim vested in me, in pursuance of the provisions of the mineral act.

Dated at Prince Rupert, B. C., this 19th day of February, 1916.

m5. J. E. STARK.

GOSDEN'S CHALLENGE TO ATTORNEY-GENERAL

Victoria, May 11.—An admission on the part of Gosden that after making a challenge to Bowser to arrest him within twelve months, he secured a job as a janitor at the parliament buildings, furnished one of the sensations at the taking of evidence at the Vancouver by-election "investigation" this evening.

Parker Williams took the witness over his career in the Vancouver Island strike. Williams attempted to call to the witness' attention some remarks he made in the horse show building in Vancouver in December, 1913, at a big gathering addressed by Gosden. Ernest Miller objected strenuously to getting this evidence as to the character of the witness. Gosden admitted a statement he made at that time about "Bowser's coffee." In this address Gosden had declared they ought to put poison in Bowser's coffee. This statement next day was put before the jury hearing the miners' cases. Miller bucked all Williams' efforts in this respect. The witness said he was not afraid of the questions, but still Miller seemed to be. Williams then referred to a public meeting at Extension held by Gosden who got through the police where citizens could not. Gosden admitted that at Ladysmith he called on the miners to "start something" and he would "lead them."

Williams—Did you tell them Bowser would not arrest you?

Witness—I challenged Bowser to arrest me.

Within twelve months after these incidents Gosden got a job as a janitor at the parliament buildings, which surprising fact in light of his record, was brought out by Williams' further questions.

SKEENA LAND DISTRICT—DISTRICT OF COAST, RANGE 5.

TAKE notice that George Roderick McKenzie, of Prince Rupert, B. C., occupation engineer, intends to apply for permission to lease the following described lands:—

Commencing at a post planted at the N. E. corner of T. L. Lot 2729, Range 5, Coast District, Porcher Island, thence south 20 chains, thence west 80 chains, thence north 80 chains to shore line, thence south-easterly following shore line to the point of commencement; containing 350 acres more or less.

GEORGE RODERICK McKENZIE.

May 9th, 1916. jy12

SKEENA LAND DISTRICT—DISTRICT OF COAST, RANGE 4.

TAKE NOTICE that Frederick Bradshaw, of Tonopah, Nevada, occupation mine manager, intends to apply for permission to purchase the following described lands:

Commencing at a post planted about 200 feet easterly from the northwest corner of Lot 40, Range 4, Coast District; thence north 20 chains; thence west 20 chains; thence south 20 chains more or less to the shore of Surf Inlet, thence following the shore line to the place of commencement, containing forty acres more or less.

February 18, 1916.

FREDERICK BRADSHAW.

MINERAL ACT

Certificate of Improvements

NOTICE

"Albion" and "Sunbeam" Mineral Claims, situate in the Skeena Mining Division of Cassiar District.

Where located:—About five miles from the head of Alice Arm on "Middle Creek."

TAKE NOTICE that I, Wm. T. Kergin of Prince Rupert, B. C., Free Miner's Certificate No. 94035B, intend sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of the above claim.

And further take notice that action, under section 37, must be commenced before the issue of such Certificate of Improvements.

Dated this 16th day of March, A. D. 1916. je7

WM. T. KERGIN.

MINERAL ACT

Certificate of Improvements

BELLIS FRACTION, NASTURTIUM, IRIS FRACTION, GENTIAN, BLUE BELL FRACTION, CROCUS FRACTION, COSMOS FRACTION, THISTLE FRACTION, HOLLY FRACTION, BIRCH, MARIGOLD FRACTION, PLUM FRACTION, LILAC FRACTION, FERN FRACTION, PINE APPLE FRACTION, COXCOMB, BEGONIA FRACTION, ASTER [illegible] MINERAL CLAIMS, situate in the Queen Charlotte District; located at or near Ikeda Bay, Queen Charlotte Island, Province of British Columbia, and lawfully held by Ikeda Mines Limited.

TAKE NOTICE that I, John A. MacInnis, solicitor for Ikeda Mines Limited, free miners' certificate No. 70354 B, intend after the expiration of sixty days from the date hereof to apply on behalf of the said Company to the Mining Recorder for a certificate of improvements for the purpose of obtaining a Crown Grant to the above claims.

AND FURTHER TAKE NOTICE that action under Section 85 of the Mineral Act must be commenced before the issuance of such certificate of improvements.

Dated this 27th day of April, A. D. 1916.

JOHN A. MACINNES,
Solicitor for Ikeda Mines Limited.

WATER NOTICE

TAKE NOTICE that R. B. McGinnis, whose address is Alice Arm, British Columbia, will apply for a licence to take and use fifteen second feet of water out of Trout Creek, which flows Westerly and drains into Kitsault River, about 16 miles north of its outlet at Alice Arm, B. C. The water will be diverted from the stream at a point about 500 vertical feet above point of use, near its mouth, and will be used for power and mining purpose upon the land described as Wolf Group of Mining Claims. This notice was posted on the ground on the 26th day of October, 1915. A copy of this notice and an application pursuant thereto and to the "Water Act, 1914" will be filed in the office of the Water Recorder at Prince Rupert, B. C. Objections to the application may be filed with the said Water Recorder or with the Comptroller of Water Rights, Parliament Buildings, Victoria, B. C., within thirty days after the first appearance of this notice in a local newspaper. The date of the first publication of this notice is November 9th, 1915.

R. B. McGINNIS, Applicant.
By H. C. Ingle, Agent.

Worth a Guinea a Box

as a remedy for the evil effects of quick eating, over-eating and strenuous living. The medicine that meets this need—that tones the stomach, stimulates the liver, regulates the bowels—is

BEECHAM'S PILLS

Largest Sale of Any Medicine in the World. Sold everywhere. In boxes, 25 cents.

MINERAL ACT

NOTICE TO DELINQUENT PARTNER

TO J. A. ROGERS,

TAKE NOTICE that, whereas I have caused to be done the assessment work for the year 1915 on the mineral claims known as "Ladybird No. 4" Mineral Claim, situated in Cascade Creek valley, north of Silver Lake, in the Stewart, B. C., Mining District; and the "Stumpy" Mineral Claim, situated on the east side of Cascade Creek at the head, in the said Stewart Mining district, and have paid for said assessment work the sum of $200.00; unless you pay to me the sum of $100.00 for your share of the said assessment work together with the costs of this advertisement, I shall, at the expiration of ninety days from the date hereof, apply to the Mining Recorder at Stewart, B. C., to have your interest in the said "Ladybird No. 4" and "Stumpy" Mineral Claims vested in me in pursuance of the provisions of the "Mineral Act."

Dated at Prince Rupert, B. C., this 5th day of November, 1915.

A. LUND.

FIRE ALARM SYSTEM

CIRCUIT NO. 1.

Box 12—5th St. and 3rd Ave.
Box 13—6th St. and 3rd Ave.
Box 14—8th St. and 3rd Ave.
Box 15—Junction of 1st, 2nd and 3rd Aves.
Box 16—1st Ave., between 8th and 9th Sts. (Knox Hotel.)
Box 17—1st Ave. and 7th St. (Central Hotel.)

CIRCUIT NO. 2.

Box 22—3rd Ave. and 3rd St. (Post Office.)
Box 23—3rd Ave. and McBride St.
Box 24—1st Ave. and McBride St.
Box 25—2nd Ave and 2nd St.
Box 26—2nd Ave. and 6th St.
Box 27—G. T. P.

CIRCUIT NO. 3.

Box 31—5th Ave. and Fulton St.
Box 32—Borden and Taylor Sts.
Box 34—7th Ave. and Fulton St.
Box 35—9th Ave. and Comox Ave.
Box 37—8th Ave. and Dodge Pl.
Box 38—6th Ave. and Thompson St.

CIRCUIT NO. 4.

Box 41—4th Ave. and Emmerson Pl.
Box 42—5th Ave. and McBride St.
Box 43—5th Ave. and Green St.
Box 44—6th Ave and Basil St.
Box 45—7th Ave. and Eberts.
Box 141—7th Ave. and Young St.

2,000,000 Belgians Depend on us for Bread!

Since shortly after the German invasion, the Belgians have depended for food entirely on the "Commission for Relief in Belgium". Their own store of food, even if not destroyed or pillaged, would last only three weeks—they have had no chance to raise more—and the ruthless Germans refuse to supply them!

Backed by the

Belgian Relief Fund

so generously contributed in the British Empire and the United States, the neutral Belgian Relief Commission has imported enough wheat, flour and other foods to feed the whole nation so far. The great majority of the 7,000,000 Belgians left in the country have been able to pay for their daily allowance of bread—but a steadily growing number have no money left.

Unless we are willing to let these hundreds of thousands of women, children and old men starve, they must be fed at the expense of the Belgian Relief Fund. To make this possible someone must contribute nearly $3,000,000 a month—every month—all this winter!

No people under the Allied Flags are as well able to contribute generously as we Canadians! No cause has ever been more deserving of help! In the name of Justice and Humanity—for the sake of our own self-respect—let us give all we can to help our martyred Allies!

Send your subscriptions weekly, monthly or in one lump sum to Local or Provincial Committees, or to the 5

Central Executive Committee, 59 St. Peter St., Montreal

$2.50 Feeds A Belgian Family A Month.

Ramsay's Empire Cream Sodas

In 2-lb. Tins

Have attained their enviable reputation by their superior quality and uniformity. The most discriminating housewife insists upon "Ramsays Empire" when buying Soda Biscuits.

They are made in B. C. and your grocer gets his supply frequently and quickly, insuring freshness, which means crispness.

Prove it by buying a tin with your next order.

Manufactured by

RAMSAY BROS. & CO., LTD.

Vancouver, B. C.

. Read .

'THE DAILY NEWS'

Circulation Guaranteed the Largest in Northern :: British Columbia ::

Largest Circulation means the Best Advertising :: Medium ::

THERE IS A REASON

Three quarters of the local Advertising is done in the Daily News

Prince Rupert's Leading Paper!

. Read .

'THE DAILY NEWS'

Production and Thrift

"TO win the war with the decisiveness which will ensure lasting peace, the Empire will require to put forth its full collective power in men and in money. From this viewpoint it is our true policy to augment our financial strength by multiplying our productive exertions and by exercising rigid economy, which reduces to the minimum all expenditures upon luxuries and non-essentials. Only in this way shall we be able to make good the loss caused by the withdrawal of so many of our workers from industrial activities, repair the wastage of the war, and find the funds for its continuance. It cannot be too frequently or too earnestly impressed upon our people that the heaviest burdens of the conflict still lie before us, and that industry and thrift are, for those who remain at home, supreme patriotic duties upon whose faithful fulfilment our success, and consequently our national safety, may ultimately depend."—*SIR THOMAS WHITE, Minister of Finance.*

PRODUCE MORE, SAVE MORE.
MAKE LABOUR EFFICIENT.
SAVE MATERIALS FROM WASTE.
SPEND MONEY WISELY.

LET US PRODUCE AND SAVE—

The war is now turning on a contest of all forces and resources—men, munitions, food, money. The call to all is to produce more and more. It may be necessary to work harder. The place of those who enlist must be taken by those at home, men and women, old and young. The more we produce the more we can save. Produce more on the farms and in the gardens. Save more and help to win the war.

LET US NOT WASTE OUR LABOUR—

In this war-time all labour should be directly productive or should be assisting in production. Make it as efficient as possible. If your labour is on something that can be postponed, put it off till after the war and make your labour tell now. Making war is the first business of all Canadians. Efficiency in labour is as important as efficiency in fighting.

LET US NOT WASTE MATERIALS—

Begin at home. The larger portion of salaries and wages is spent on the home—food, fuel, light, clothing. Are any of these things being wasted? $20.00 a year saved from waste in every home in Canada will more than pay the interest on a war debt of $500,000,000.

LET US SPEND OUR MONEY WISELY—

Are you spending your money to the best advantage? What do you think of extravagance in war time? Tens of thousands of Canadians are daily risking their lives for us at home. Is it not our duty to be careful and economical? Canadian dollars are an important part of the war equipment. Make them tell. Have a War Savings Account. Buy a War Bond.

THE GOVERNMENT OF CANADA 3

THE DEPARTMENT OF AGRICULTURE THE DEPARTMENT OF FINANCE