

FRUIT, THE GREAT PHYSICIAN

Healing Powers of Fruit Proved by "Fruit-a-tives"

The simple juices of apples, oranges, figs and prunes, when transformed into 'Fruit-a-tives' will relieve diseases of the Stomach, Liver, Kidneys and Skin.

The truth of this statement has been proved in thousands of cases of Indigestion, Dyspepsia, Torpid Liver, Constipation, Kidney and Bladder Troubles, Skin Diseases, Rheumatism, Neuralgia and Chronic Headaches.

The enormous sales of 'Fruit-a-tives,' are the best proofs of the value of this fruit medicine.

50c. a box, 6 for \$2.50, trial size 25c. At dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

MINERAL ACT

Notice to Delinquent Partners.

To G. W. Maxwell and Charles Nicholson. TAKE NOTICE that whereas I have done and caused to be done assessment work on the Wolf Mineral claim, situated at the head of Alice Arm, Observatory Inlet, in the Skeena mining division of Skeena district, assessment work for the years 1913, 1914, and 1915, and have paid for said work and recording same, the sum of \$307.50. Unless you pay me the sum of \$307.50, for your share of the said assessment work, together with the cost of this advertisement, I shall, at the expiration of ninety (90) days from the date hereof apply to the Mining Recorder at Prince Rupert, B. C., to have your interests in the Wolf mineral claim vested in me, in pursuance of the provisions of the Mineral Act.

Dated at Prince Rupert, B. C., this 19th day of February, 1916.

J. E. STARK.



Royal Reserve
The Whisky of Quality
Aged in Wood 8 Years before bottling
GUARANTEED BY THE GOVERNMENT OF CANADA
Demand the Brand

NOTES AND COMMENTS

(Continued from Page two.)
off one contract is a fairly comfortable profit for a man who hates to take money.

One cannot refrain from smiling when the press despatches state that a German torpedo boat has tried conclusions with a German mine.

If the Dutch steamer, with Americans on board, which was blown up in the North Sea yesterday, happens to have been torpedoed, what will President Wilson do? Write another note?

Notes may come and notes may go but the German submarines go on serenely.

Harry Price, according to the evidence of a dredge employee at Nanaimo, arranged transportation for a bunch of voters in the Victoria by-election. This is quite legitimate when practised by a Tory, though it is a distinct contravention of the law.

Ben-Self meets misfortune with a smile and a punch. No sooner did he realize that his cafe was doomed than he set to work making arrangements for new premises.

Sam Hughes used to take great delight in recounting the many free exploits of Colonel Allison, remarking that he did not know how he managed to do so much. Perhaps Sam now realises at least why Allison did so much, and at what price.

Salvation Army.

Public meetings, Tuesday, Thursday and Saturday at 8 p. m. Sundays at 7:30 p. m.

If you want to serve your King and country see Charles Youngman, recruiting sergeant for the 102nd Battalion.

Empress Jams

Are strictly a B. C. Product. Right from the delicious, fresh picked, sun ripened fruits of the Fraser Valley and Vancouver Island, to be purest of Cane Sugar.

Every step in the producing and manufacturing of the delicious Jam contributes to the prosperity of B. C. It will satisfy the most exacting.

SOLD BY ALL GROCERS
In 1-lb. Glass Jars and 4-lb. Tins

THE EMPRESS MANUFACTURING CO., LTD
Vancouver, B. C.

Empress Jams



QUEEN'S UNIVERSITY
KINGSTON ONTARIO
ARTS EDUCATION APPLIED SCIENCE
Including Mining, Chemical, Civil, Mechanical and Electrical Engineering.
MEDICINE
During the War there will be continuous sessions in Medicine.
HOME STUDY
The Arts Course may be taken by correspondence, but students desiring to graduate must attend one session.
SUMMER SCHOOL GEO. Y. CHOWN REGISTRAR
JULY AND AUGUST

MINERAL ACT

NOTICE TO DELINQUENT PARTNER

TO J. A. ROGERS,

TAKE NOTICE that, whereas I have caused to be done the assessment work for the year 1915 on the mineral claims known as "Ladybird No. 4" Mineral Claim, situated in Cascade Creek valley, north of Silver Lake, in the Stewart, B. C., Mining District; and the "Stumpy" Mineral Claim, situated on the east side of Cascade Creek at the head, in the said Stewart Mining district, and have paid for said assessment work the sum of \$300.00; unless you pay to me the sum of \$100.00 for your share of the said assessment work together with the costs of this advertisement, I shall, at the expiration of ninety days from the date hereof, apply to the Mining Recorder at Stewart, B. C., to have your interest in the said "Ladybird No. 4" and "Stumpy" Mineral Claims vested in me in pursuance of the provisions of the "Mineral Act."

Dated at Prince Rupert, B. C., this 5th day of November, 1915.

A. LUND.

SKEENA LAND DISTRICT—DISTRICT OF COAST, RANGE 4.

TAKE NOTICE that Frederick Bradshaw, of Tonopah, Nevada, occupation mine manager, intends to apply for permission to purchase the following described lands: Commencing at a post planted about 200 feet easterly from the northwest corner of Lot 40, Range 4, Coast District; thence north 20 chains; thence west 20 chains; thence south 20 chains more or less to the shore of Surf Inlet, thence following the shore line to the place of commencement, containing forty acres more or less.

February 18, 1916.
FREDERICK BRADSHAW.

How Will You Protect Your Wife

and the children should you fall ill or lose your employment? Have you money in the Bank to tide the family over until you are "on your feet" again?

Every married man should open an account in our Savings Department and put by a part of his earnings every week or month.

Such a sum, earning interest, will be a welcome protection for the family. A Savings Account may be opened with one dollar.

THE BANK OF British North America

75 YEARS IN BUSINESS.
CAPITAL AND SURPLUS, \$7,884,000.

PRINCE RUPERT BRANCH
WM. J. SMITHERS, Manager.

SKEENA LAND DISTRICT—DISTRICT OF COAST, RANGE 5.

TAKE notice that George Roderick McKenzie, of Prince Rupert, B. C., occupation engineer, intends to apply for permission to lease the following described lands: Commencing at a post planted at the N. E. corner of T. L. Lot 2729, Range 5, Coast District, Porcher Island, thence south 20 chains, thence west 80 chains, thence north 80 chains to shore line, thence south-easterly following shore line to the point of commencement; containing 359 acres more or less.

GEORGE RODERICK MCKENZIE.
May 9th, 1916.

MINERAL ACT

Certificate of Improvements

BELLIS FRACTION, NASTURTIUM, IRIS FRACTION, GENTIAN, BLUE BELL FRACTION, CROCUS FRACTION, COSMOS FRACTION, THISTLE FRACTION, HOLLY FRACTION, BIRCH, MARGOLD FRACTION, ALUM FRACTION, LILAC FRACTION, FERN FRACTION, PINE APPLE FRACTION, COXCOMB, BEGONIA FRACTION, ASTER.

MINERAL CLAIMS, situated in the Queen Charlotte District; located at or near Ikeda Bay, Queen Charlotte Island, Province of British Columbia, and lawfully held by Ikeda Mines Limited.

TAKE NOTICE that I, John A. MacInnis, solicitor for Ikeda Mines Limited, free miners' certificate No. 70354 B, intend after the expiration of sixty days from the date hereof to apply on behalf of the said Company to the Mining Recorder for a certificate of improvements for the purpose of obtaining a Crown Grant to the above claims.

AND FURTHER TAKE NOTICE that action under Section 85 of the Mineral Act must be commenced before the issuance of such certificate of improvements.

Dated this 27th day of April, A. D. 1916.

JOHN A. MACINNIS,
Solicitor for Ikeda Mines Limited.

MINERAL ACT

Certificate of Improvements NOTICE

"Albion" and "Sunbeam" Mineral Claims, situated in the Skeena Mining Division of Cassiar District.

Where located:—About five miles from the head of Alice Arm on "Middle Creek." TAKE NOTICE that I, Wm. T. Kergin of Prince Rupert, B. C., Free Miner's Certificate No. 94035B, intend sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of the above claim.

And further take notice that action, under section 37, must be commenced before the issue of such Certificate of Improvements.

Dated this 16th day of March, A. D. 1916.

WM. T. KERGIN.



2,000,000 Belgians Depend on us for Bread!

Since shortly after the German invasion, the Belgians have depended for food entirely on the "Commission for Relief in Belgium". Their own store of food, even if not destroyed or pillaged, would last only three weeks—they have had no chance to raise more—and the ruthless Germans refuse to supply them!

Backed by the

Belgian Relief Fund

so generously contributed in the British Empire and the United States, the neutral Belgian Relief Commission has imported enough wheat, flour and other foods to feed the whole nation so far. The great majority of the 7,000,000 Belgians left in the country have been able to pay for their daily allowance of bread—but a steadily growing number have no money left.

Unless we are willing to let these hundreds of thousands of women, children and old men starve, they must be fed at the expense of the Belgian Relief Fund. To make this possible someone must contribute nearly \$3,000,000 a month—every month—all this winter!

No people under the Allied Flags are as well able to contribute generously as we Canadians! No cause has ever been more deserving of help! In the name of Justice and Humanity—for the sake of our own self-respect—let us give all we can to help our martyred Allies!

Send your subscriptions weekly, monthly or in one lump sum to Local or Provincial Committees, or to the

Central Executive Committee, 59 St. Peter St., Montreal

\$2.50 Feeds A Belgian Family A Month.

Ramsay's Empire Cream Sodas

In 2-lb. Tins

Have attained their enviable reputation by their superior quality and uniformity. The most discriminating housewife insists upon "Ramsays Empire" when buying Soda Biscuits.

They are made in B. C. and your grocer gets his supply frequently and quickly, insuring freshness, which means crispness.

Prove it by buying a tin with your next order.

Manufactured by

RAMSAY BROS. & CO., LTD.

Vancouver, B. C.

Production and Thrift

"TO win the war with the decisiveness which will ensure lasting peace, the Empire will require to put forth its full collective power in men and in money. From this viewpoint it is our true policy to augment our financial strength by multiplying our productive exertions and by exercising rigid economy, which reduces to the minimum all expenditures upon luxuries and non-essentials. Only in this way shall we be able to make good the loss caused by the withdrawal of so many of our workers from industrial activities, repair the wastage of the war, and find the funds for its continuance. It cannot be too frequently or too earnestly impressed upon our people that the heaviest burdens of the conflict still lie before us, and that industry and thrift are, for those who remain at home, supreme patriotic duties upon whose faithful fulfilment our success, and consequently our national safety, may ultimately depend."—SIR THOMAS WHITE, Minister of Finance.

PRODUCE MORE, SAVE MORE.
MAKE LABOUR EFFICIENT.
SAVE MATERIALS FROM WASTE.
SPEND MONEY WISELY.

LET US PRODUCE AND SAVE—

The war is now turning on a contest of all forces and resources—men, munitions, food, money. The call to all is to produce more and more. It may be necessary to work harder. The place of those who enlist must be taken by those at home, men and women, old and young. The more we produce the more we can save. Produce more on the farms and in the gardens. Save more and help to win the war.

LET US NOT WASTE OUR LABOUR—

In this war-time all labour should be directly productive or should be assisting in production. Make it as efficient as possible. If your labour is on something that can be postponed, put it off till after the war and make your labour tell now. Making war is the first business of all Canadians. Efficiency in labour is as important as efficiency in fighting.

LET US NOT WASTE MATERIALS—

Begin at home. The larger portion of salaries and wages is spent on the home—food, fuel, light, clothing. Are any of these things being wasted? \$20.00 a year saved from waste in every home in Canada will more than pay the interest on a war debt of \$500,000,000.

LET US SPEND OUR MONEY WISELY—

Are you spending your money to the best advantage? What do you think of extravagance in war time? Tens of thousands of Canadians are daily risking their lives for us at home. Is it not our duty to be careful and economical? Canadian dollars are an important part of the war equipment. Make them tell. Have a War Savings Account. Buy a War Bond.

THE GOVERNMENT OF CANADA

THE DEPARTMENT OF AGRICULTURE

THE DEPARTMENT OF FINANCE

. Read .

'THE DAILY NEWS'

Circulation Guaranteed the Largest in Northern British Columbia ::

Largest Circulation means the Best Advertising :: Medium ::

THERE IS A REASON

Three quarters of the local Advertising is done in the Daily News

Prince Rupert's Leading Paper!

. Read .

'THE DAILY NEWS'