

HEALTHIEST ONE IN THE FAMILY

No Sign Of Dropsy And Kidney Trouble
Since Taking "FRUIT-A-TIVES"



HATTIE WARREN

Port Robinson, Ont., July 8th, 1915.

"We have used 'Fruit-a-tives' in our house for over three years and have always found them a good medicine. Our little girl, Hattie, was troubled with Kidney Disease. The Doctor said she was threatened with Dropsy. Her limbs and body were all swollen and we began to think she could not live. Finally, we decided to try 'Fruit-a-tives'. She began to show improvement after we had given her a few tablets. In a short time, the swelling had all gone down and her flesh began to look more natural. Now she is the healthiest one in the family and has no signs of the old ailment. We can not say too much for 'Fruit-a-tives' and would never be without them."

WILLIAM WARREN.

50c. a box, 6 for \$2.50, trial size, 25c.
At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

LAND ACT

Prince Rupert Land District—District of Coast, Range 3.

TAKE NOTICE that the Pacific Mills, Limited, of Vancouver, B. C., occupation pulp and paper makers, intend to apply for permission to purchase the following described lands:—Commencing at a post planted at the southeast corner of Lot 999 on the west shore of Cousins Inlet, thence west 40 chains, thence south 20 chains, thence east to shore, thence northeasterly along shore to point of commencement, containing 65 acres, more or less.

PACIFIC MILLS LIMITED,
Mark Smaby, agent.
Dated May 13th, A. D. 1916. AUG. 13

REV. H. R. GRANT DEALS WITH PROHIBITION BILL

(Continued From Page One.)

self innocent. He pointed out that nearly exactly the same thing was included in the 1913 amendment to the Liquor Act but the liquor men did not howl that it was un-British when it was used to protect them.

He said that, in allowing liquor to be purchased only for scientific medical and church purposes, and then only by special order from a prescribed vendor, the sale of liquor would be kept down to a minimum. No man would run the risk of getting from three to twelve months in jail for selling liquor.

He quoted from a speech of W. R. Trotter, a labor candidate in Vancouver, to show that the labor men of this province are not against prohibition, but equally divided, or rather neutral, upon the question. A vote taken in the labor council in Vancouver showed a majority of only one against the bill, and that was because of the throwing out of work of members of the bartenders' union. Mr. Trotter contended that the bartenders could quickly find more useful work to do. He said it would be just as sane to demand that the war go on forever in order that the munition workers might not have to change their employment. Mr. Grant said that he had been a laboring man and that he was still a laboring man, but he could not afford to spend even 25 cents per day upon liquor.

In regard to the question of the right of the individual, he said that it had been shown that each individual was worth \$5,000 to the community and that every man who lessened his value by drinking was not doing his duty

"The Man who Keeps Cool" may not be a good politician, but he has solved the problem of comfort and contentment. He starts the day right by eating **Shredded Wheat Biscuit** with milk or cream. He eats it for luncheon with berries, sliced bananas or other fruits. He makes **Shredded Wheat** his "meat" in the hot days. It is ready-cooked, ready-to-eat.



Made in Canada

to the community. He contended that, while a man works to earn his own living, each worker is at the same time doing something for the community as a whole.

He went on to show how in Manitoba and Alberta, since the passing of similar bills, drunkenness had fallen off and liquor was not being imported to any extent. In Winnipeg they now had to hire janitors to clean up the jails, a thing unheard of before.

The greatest benefit from the doing away with the bar was the bringing up of our boys without any knowledge of such a thing. If for nothing else than the protection of the boys of this province, he felt it was well worth while every man supporting this bill. He concluded with this quotation from Billy Sunday, saying that he made no apology for using it: "Bring in Prohibition in British Columbia and the devil will hang crape upon his doors; will damp down his fires and Hell will be to let before Christmas."



SMELTER TOWN HAS ENJOYABLE CONCERT

The United Church in Anyox (pro tem Methodist) held a most successful concert in the Recreation Hall on Tuesday evening. Orchestral selections were rendered under the able leadership of Mr. Moore; songs were rendered by Messrs. Laughton, Mawer and Gilliard, and a duet by Messrs. Jones and Beynon; Mr. Andrew, the late pastor, gave most enjoyable readings, and instrumental selections were given by Messrs. Hawley and Hye. Anyox has a wealth of musical talent, its orchestra being one of the finest on the coast. Mr. Miles McInnes proved a most efficient chairman and everyone present thoroughly appreciated the various items on the program. The proceeds will be devoted towards the building of a new church.

Sterling THE ENGINE OF REFINEMENT Finest boats that float

FISHERMAN'S ENGINE

- 2 Cyl.—5 1-2 in. by 7 in., 12-15 Horse Power.
- 4 Cyl.—3 3-4 in. by 5 1-2 in., 25 Horse Power.
- 4 Cyl.—5 1-2 in. by 8 in., 25-35 Horse Power.

For Further Information
Apply to

W. E. WILLISCROFT
Prince Rupert, B. C.

BRAID'S IDEAL BLEND COFFEE

Here is a Coffee an Ideal Blend and an Ideal Value.

No More, No Less - \$0.40 per lb.

AT THIS PRICE THERE IS NO BETTER COFFEE OBTAINABLE. OTHER COFFEES THAN BRAID'S SOLD AT GREATER COST HAVE NONE OF ITS FINE QUALITIES.

At All Good Grocers

WM. BRAID & CO., DIRECT IMPORTERS
VANCOUVER - B.C.

Stewart & Mobley, Ltd., Wholesale Distributors, Prince Rupert.



2,000,000
Belgians
Depend on us
for Bread!

Since shortly after the German invasion, the Belgians have depended for food entirely on the "Commission for Relief in Belgium". Their own store of food, even if not destroyed or pillaged, would last only three weeks—they have had no chance to raise more—and the ruthless Germans refuse to supply them!

Backed by the

Belgian Relief Fund

so generously contributed in the British Empire and the United States, the neutral Belgian Relief Commission has imported enough wheat, flour and other foods to feed the whole nation so far. The great majority of the 7,000,000 Belgians left in the country have been able to pay for their daily allowance of bread—but a steadily growing number have no money left.

Unless we are willing to let these hundreds of thousands of women, children and old men starve, they must be fed at the expense of the Belgian Relief Fund. To make this possible someone must contribute nearly \$3,000,000 a month—every month—all this winter!

No people under the Allied Flags are as well able to contribute generously as we Canadians! No cause has ever been more deserving of help! In the name of Justice and Humanity—for the sake of our own self-respect—let us give all we can to help our martyred Allies!

Send your subscriptions weekly, monthly or in one lump sum to Local or Provincial Committees, or to the

Central Executive Committee, 59 St. Peter St., Montreal

\$2.50 Feeds A Belgian Family A Month.

Advertise In The Daily News.

Three Mighty Forces Close Linked

Have you ever noted how an audience yawns in the face of an uninspired speaker?

On the other hand, have you noted how an audience will lean forward and grasp the chair arms when the speaker reveals enthusiasm?

Enthusiasm is the buoyant expression of truth. To impart belief in anything, a man must believe it deeply himself. We call such a man an enthusiast.

This applies to the written word also—particularly to advertisements. When the manufacturer really believes in his wares, his enthusiasm will almost inevitably find expression in Advertising. And enthusiasm will be contagious—his audience—the readers of the newspaper—will, figuratively speaking, "lean forward and listen intently."

To be convincing an advertisement must convey an unmistakable impression of enthusiasm. This it will only do when the article advertised has inherent worth.

Thus we have:

Sincerity -- Enthusiasm -- Advertising:
Three mighty forces, close-linked.

If you are doing a local business talk over your advertising problems with the Advertising Department of this newspaper. If you are doing a provincial or national business it would be well for you to have the counsel and assistance of a good advertising agency. A list of these will be furnished, without cost or obligation, by the Secretary of Canadian Press Association, Room 503, Lumsden Building, Toronto.

Production and Thrift

"TO win the war with the decisiveness which will ensure lasting peace, the Empire will require to put forth its full collective power in men and in money. From this viewpoint it is our true policy to augment our financial strength by multiplying our productive exertions and by exercising rigid economy, which reduces to the minimum all expenditures upon luxuries and non-essentials. Only in this way shall we be able to make good the loss caused by the withdrawal of so many of our workers from industrial activities, repair the wastage of the war, and find the funds for its continuance. It cannot be too frequently or too earnestly impressed upon our people that the heaviest burdens of the conflict still lie before us, and that industry and thrift are, for those who remain at home, supreme patriotic duties upon whose faithful fulfilment our success, and consequently our national safety, may ultimately depend."—SIR THOMAS WHITE, Minister of Finance.

PRODUCE MORE, SAVE MORE.
MAKE LABOUR EFFICIENT.
SAVE MATERIALS FROM WASTE.
SPEND MONEY WISELY.

LET US PRODUCE AND SAVE—

The war is now turning on a contest of all forces and resources—men, munitions, food, money. The call to all is to produce more and more. It may be necessary to work harder. The place of those who enlist must be taken by those at home, men and women, old and young. The more we produce the more we can save. Produce more on the farms and in the gardens. Save more and help to win the war.

LET US NOT WASTE OUR LABOUR—

In this war-time all labour should be directly productive or should be assisting in production. Make it as efficient as possible. If your labour is on something that can be postponed, put it off till after the war and make your labour tell now. Making war is the first business of all Canadians. Efficiency in labour is as important as efficiency in fighting.

LET US NOT WASTE MATERIALS—

Begin at home. The larger portion of salaries and wages is spent on the home—food, fuel, light, clothing. Are any of these things being wasted? \$20.00 a year saved from waste in every home in Canada will more than pay the interest on a war debt of \$500,000,000.

LET US SPEND OUR MONEY WISELY—

Are you spending your money to the best advantage? What do you think of extravagance in war time? Tens of thousands of Canadians are daily risking their lives for us at home. Is it not our duty to be careful and economical? Canadian dollars are an important part of the war equipment. Make them tell. Have a War Savings Account. Buy a War Bond.

THE GOVERNMENT OF CANADA

THE DEPARTMENT OF AGRICULTURE

THE DEPARTMENT OF FINANCE