

TWO LONG YEARS HE SUFFERED

"Fruit-a-tives" Made Him Feel As If Walking On Air

ORILLIA, ONT., Nov. 23th. 1914.
"For over two years, I was troubled with Constipation, Drowsiness, Lack of Appetite and Headaches. One day I saw your sign which read 'Fruit-a-tives' make you feel like walking on air." This appealed to me, so I decided to try a box. In a very short time, I began to feel better, and now I feel fine. I have a good appetite, relish everything I eat, and the Headaches are gone entirely. I recommend this pleasant fruit medicine to all my friends."
DAN McLEAN.
50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

LAND ACT

Prince Rupert Land District—District of Coast, Range 3.
TAKE NOTICE that the Pacific Mills, Limited, of Vancouver, B. C., occupation pulp and paper makers, intend to apply for permission to purchase the following described lands:—Commencing at a post planted at the southeast corner of Lot 299 on the west shore of Cousins Inlet, thence west 40 chains, thence south 20 chains, thence east to shore, thence northeasterly along shore to point of commencement, containing 65 acres, more or less.
PACIFIC MILLS LIMITED,
Mark Smaby, agent.
Dated May 13th, A. D. 1916. AUG. 13



Royal Reserve
The Whisky of Quality
Aged in Wood 8 Years before bottling
GUARANTEED BY THE GOVERNMENT OF CANADA
Demand the Brand

CAMP BORDEN STILL CAUSING BIG TROUBLE

(Continued From Page One.)

hold water are penalized by a trifling dockage of pay.

The harvest furloughs are another great joke. Harvest furlough is another name for two weeks summer holidays with pay. City bred soldiers who never saw a reaper and binder in their lives and who don't even want to see one, obtain furloughs with ease and despatch. All the big cities in Ontario within a radius of one hundred and fifty miles of Camp Borden are thronged with harvest furloughers, harvesting a good time and giving their stomachs a chance after the bad grub at Camp Borden. Toronto has perhaps two thousand harvest furloughers in her midst. There may be harvest furloughers in the country where harvests are supposed to flourish, but if so they have taken cover well or they can't be seen on account of their khaki which is the same color as the ripening fields.

However, one can't blame the harvest furloughers for getting away from the heat at Camp Borden, also from the sand flies, which conduct daily manoeuvres there, and the mosquitoes who find the electric light service so handy in their tent to tent inspection, and the black flies, who come charging in from the swamps, and the chiggers and—well Camp Borden has every biting bug known to modern science and they are all on the job.

Lately the battalion commanders have invented certain alleviations, and now many companies may be seen drilling almost as nature made them. At least they are lightly clad, about as much as the Soldiers Three had on when they took Lungtungpeg—

that is to say, not enough to dust a flute. This makes Camp Borden a rather awkward place for ladies to visit, unless they are used to these more than Palm Beach effects. If the Camp Borden summer costume goes with the soldiers to Flanders, it will certainly startle the Germans. After all it's only getting back to first principles. Our ancestors, the ancient Britons, fought that way, only slightly staining their bodies with wood to preserve as Bernard Shaw says, their respectability.

These are some of the ways in which a hot-as-hades hole like Camp Borden upsets military etiquette and undermines discipline. Camp Borden also hurts recruiting.

"What!" exclaims the husky lad, when the sergeant with ribbons on his cap approaches him, "enlist now and be sent to that fog end of creation."

The rumor persists that Major General Lessard may be made commandant at Camp Borden. It sounds almost too good to be true. What Camp Borden needs, if General Logie is sent overseas, is another strong man, and Major General Lessard is that man. There is no better, braver, brainier soldier in Canada and one has only to look at his record in South Africa to know that. That Sir Sam is "down on him" only goes to prove that he is a good general and not an office Napoleon like some of his favorites.

Henri Bourassa and his Nationalist accomplices have done much to discourage recruiting in Quebec. But General Lessard's treatment by Sir Ham Hughes is a practical case of invidious discrimination against a French-Canadian which does not tend to help enlistments either.—H. F. Gadsby.



PALLAS PICTURES

NAVIGABLE WATERS PROTECTION ACT R. S. C. Chapter 115

Robert Cecil Gosse hereby gives notice that he has under Section 7 of the said Act deposited with the Minister of Public Works at Ottawa, and in the office of the District Registrar of Titles at the Land Registry office at Prince Rupert, British Columbia, a description of the site and the plans of a wharf proposed to be built in the North Skeena Passage, at the mouth of the Skeena River, British Columbia, in front of Lot one hundred and seventeen (117), Range five (5) Coast District, British Columbia.

And take notice that, after the expiration of one month from the date of the first publication of this notice, Robert Cecil Gosse will, under Section 7 of the said Act, apply to the Minister of Public Works, at his office in the City of Ottawa, for approval of the said site and plans, and for leave to construct the said wharf.

Dated at Prince Rupert, B. C., this 27th day of May, 1916.

ROBERT CECIL GOSSE.

m30-j30.

TENDERS

TENDERS will be received by the undersigned until Tuesday, August 22nd, at five o'clock P. M. for the installation of plumbing in the building known as the Men's own Gymnasium. Also for the erection of two brick chimneys in the same building. Lowest or any tender not necessarily accepted. For specifications apply to W. D. Vance, Secretary School Board.

Sterling

THE ENGINE REFINEMENT
For the finest boats that float
FISHERMAN'S ENGINE
2 Cyl.—5 1-2 in. by 7 in., 12-15 Horse Power.
4 Cyl.—3 3-4 in. by 5 1-2 in., 25 Horse Power.
4 Cyl.—5 1-2 in. by 8 in., 25-35 Horse Power.

For Further Information Apply to

W. E. WILLISCROFT
Prince Rupert, B. C.



Direct From the Plantation to the Cup
Braid's Best Coffee
Start the day right with a steaming cup of delicious coffee—always obtainable when you use BRAID'S BEST COFFEE. And in the evening at dinner or supper a cup of this delicious coffee ensures comfort and good digestion.
AT ALL GOOD GROCERS — 50c. A POUND
Wm. Braid & Co
Direct Importers, Vancouver, B. C.



2,000,000 Belgians Depend on us for Bread!

Since shortly after the German invasion, the Belgians have depended for food entirely on the "Commission for Relief in Belgium". Their own store of food, even if not destroyed or pillaged, would last only three weeks—they have had no chance to raise more—and the ruthless Germans refuse to supply them!

Backed by the

Belgian Relief Fund

so generously contributed in the British Empire and the United States, the neutral Belgian Relief Commission has imported enough wheat, flour and other foods to feed the whole nation so far. The great majority of the 7,000,000 Belgians left in the country have been able to pay for their daily allowance of bread—but a steadily growing number have no money left.

Unless we are willing to let these hundreds of thousands of women, children and old men starve, they must be fed at the expense of the Belgian Relief Fund. To make this possible someone must contribute nearly \$3,000,000 a month—every month—all this winter!

No people under the Allied Flags are as well able to contribute generously as we Canadians! No cause has ever been more deserving of help! In the name of Justice and Humanity—for the sake of our own self-respect—let us give all we can to help our martyred Allies!

Send your subscriptions weekly, monthly or in one lump sum to Local or Provincial Committees, or to the

Central Executive Committee, 59 St. Peter St., Montreal

\$2.50 Feeds A Belgian Family A Month.

Advertise In The Daily News.

Three Mighty Forces Close Linked

Have you ever noted how an audience yawns in the face of an uninspired speaker?

On the other hand, have you noted how an audience will lean forward and grasp the chair arms when the speaker reveals enthusiasm?

Enthusiasm is the buoyant expression of truth. To impart belief in anything, a man must believe it deeply himself. We call such a man an enthusiast.

This applies to the written word also—particularly to advertisements. When the manufacturer really believes in his wares, his enthusiasm will almost inevitably find expression in Advertising. And enthusiasm will be contagious—his audience—the readers of the newspaper—will, figuratively speaking, "lean forward and listen intently."

To be convincing an advertisement must convey an unmistakable impression of enthusiasm. This it will only do when the article advertised has inherent worth.

Thus we have:

Sincerity -- Enthusiasm -- Advertising:
Three mighty forces, close-linked.

If you are doing a local business talk over your advertising problems with the Advertising Department of this newspaper. If you are doing a provincial or national business it would be well for you to have the counsel and assistance of a good advertising agency. A list of these will be furnished, without cost or obligation, by the Secretary of Canadian Press Association, Room 503, Lumsden Building, Toronto.

Production and Thrift

"TO win the war with the decisiveness which will ensure lasting peace, the Empire will require to put forth its full collective power in men and in money. From this viewpoint it is our true policy to augment our financial strength by multiplying our productive exertions and by exercising rigid economy, which reduces to the minimum all expenditures upon luxuries and non-essentials. Only in this way shall we be able to make good the loss caused by the withdrawal of so many of our workers from industrial activities, repair the wastage of the war, and find the funds for its continuance. It cannot be too frequently or too earnestly impressed upon our people that the heaviest burdens of the conflict still lie before us, and that industry and thrift are, for those who remain at home, supreme patriotic duties upon whose faithful fulfilment our success, and consequently our national safety, may ultimately depend."
SIR THOMAS WHITE, Minister of Finance.

PRODUCE MORE, SAVE MORE.
MAKE LABOUR EFFICIENT.
SAVE MATERIALS FROM WASTE.
SPEND MONEY WISELY.

LET US PRODUCE AND SAVE—

The war is now turning on a contest of all forces and resources—men, munitions, food, money. The call to all is to produce more and more. It may be necessary to work harder. The place of those who enlist must be taken by those at home, men and women, old and young. The more we produce the more we can save. Produce more on the farms and in the gardens. Save more and help to win the war.

LET US NOT WASTE OUR LABOUR—

In this war-time all labour should be directly productive or should be assisting in production. Make it as efficient as possible. If your labour is on something that can be postponed, put it off till after the war and make your labour tell now. Making war is the first business of all Canadians. Efficiency in labour is as important as efficiency in fighting.

LET US NOT WASTE MATERIALS—

Begin at home. The larger portion of salaries and wages is spent on the home—food, fuel, light, clothing. Are any of these things being wasted? \$20.00 a year saved from waste in every home in Canada will more than pay the interest on a war debt of \$500,000,000.

LET US SPEND OUR MONEY WISELY—

Are you spending your money to the best advantage? What do you think of extravagance in war time? Tens of thousands of Canadians are daily risking their lives for us at home. Is it not our duty to be careful and economical? Canadian dollars are an important part of the war equipment. Make them tell. Have a War Savings Account. Buy a War Bond.

THE GOVERNMENT OF CANADA

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THE DEPARTMENT OF AGRICULTURE

THE DEPARTMENT OF FINANCE