

## FAMILY DOCTOR'S GOOD ADVICE

To Go On Taking "Fruit-a-lives" Because They Did Her Good

Rochon, P. Q., JAN. 14th, 1915.  
 "I suffered for many years with terrible indigestion and constipation. I had frequent dizzy spells and became greatly run down. A neighbor advised me to try 'Fruit-a-lives'. I did so and to the surprise of my doctor, I began to improve, and he advised me to go on with 'Fruit-a-lives'.  
 I consider that I owe my life to 'Fruit-a-lives' and I want to say to those who suffer from indigestion, constipation or headaches—'try Fruit-a-lives' and you will get well". CORINE GAUDREAU.  
 50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.



**Royal Reserve**  
 The Whisky of Quality  
 Aged in Wood 8 Years before bottling  
 GUARANTEED BY THE GOVERNMENT OF CANADA  
**Demand the Brand**

**LAND ACT**  
 Prince Rupert Land District—District of Coast, Range 3.  
 TAKE NOTICE that the Pacific Mills, Limited, of Vancouver, B. C., occupation pulp and paper makers, intend to apply for permission to purchase the following described lands:—Commencing at a post planted at the southeast corner of Lot 269 on the west shore of Cousins Inlet, thence west 40 chains, thence south 20 chains, thence east to shore, thence northeasterly along shore to point of commencement, containing 65 acres, more or less.  
 PACIFIC MILLS LIMITED.  
 Mark Smaby, agent.  
 Dated May 13th, A. D. 1916. AUG. 13

## CANADIAN OFFICIALS GO TO WASHINGTON

Ottawa, Aug. 28.—Sir Joseph Pope, under secretary of state for external affairs, has left for Washington where, in company with W. A. Fould, superintendent of fisheries, will confer with the Washington authorities regarding the legislation now pending in connection with the fisheries of the Pacific coast.

The proposed amendment to the revenue bill by which it is intended to prohibit the shipment of fish in bond through Canada to the United States unless from Atlantic states ports strikes directly at Prince Rupert, which is now the centre of the halibut trade, and contemplates, it is stated, the development of an American port on the "Pan-handle."

Complaints from Seattle are said to be responsible. The legislation was introduced as an amendment to the revenue bill in the United States senate, but has not yet passed.

Sir Joseph Pope will make representations to the United States authorities and will present Canada's views on the subject.

### SPLENDID SHOW AT MAJESTIC THEATRE

"The Quest" at the Majestic, gives Margarita Fischer a great opportunity to display her powers as an emotional actress, and this clever star of the film takes full advantage of it. It is the story of a wealthy society man who is sick of the unreality of city life and accepts an invitation to make a cruise in the South Seas. The yacht is burned and he is landed on an island amongst the natives and ultimately becomes one of them. He falls in love with a

## It's Time for a Change

VANCOUVER SAID SO IN FEBRUARY.  
 VICTORIA SAID SO IN MARCH.  
 ALL THE PEOPLE SAY SO NOW.

- DO YOU WANT ANOTHER DOMINION TRUST SMASH?
- DO YOU WANT MORE CATTLE MUSTLING?
- DO YOU WANT TO GIVE ANOTHER \$75,000 TO JOE MATSON?
- DO YOU WANT TO GIVE ANOTHER \$80,000 TO HAMILTON READ?
- DO YOU WANT MORE COAL SHARE GRAFT?
- DO YOU WANT SUCH MEN AS HARRY PRICE, JOHN L. SULLIVAN AND JOE MERRYFIELD TO HANDLE YOUR AFFAIRS?

A VOTE FOR WILLIAM MANSON IS A VOTE FOR BOWSERISM—A VOTE FOR T. D. PATTULLO IS A VOTE FOR YOURSELF AND FREEDOM.

native belle and carries her off. In fleeing from her irate father, they discover a yacht off the coast and the hero is tempted to make for civilization on board of it, but a dream shows him how society will regard his wife and he decides to remain amongst the primitive folk of the islands.

A good Mutual Weekly and a most amusing Jewish comedy make up a fine show, in which the music is a special feature. William Balagno last night gave a splendid rendering of "Traumerel" and the concerted pieces included Ballet Egyptian, Storm Scene from William Tell, and four Indian Lyrics. This will be repeated tonight.

### Coughing scatters germs — Stop it

Coughing increases the irritation of the already inflamed mucous membranes and is moreover apt to carry disease to others.  
 Mathieu's Syrup of Tar and Cod Liver Oil promptly stops coughing, and soon, thanks to its tonic properties, effects a permanent cure.  
 The wonderful popularity of Mathieu's Syrup of Tar and Cod Liver Oil is specially due to its great value as a permanent lung and bronchial healer.  
 Sold everywhere, 50c large bottles.  
 J. L. MATHIEU CO., Prop., Sherbrooke, P. Q.  
 For bottles and Mathieu's Family Remedies—these are useful also to check the fever and reduce the temperature in the case of influenza, colds, and other ailments, take the 5c and 10c bottles.

### LAKELSE HOT SPRINGS HOTEL

—IS NOW OPEN TO GUESTS—  
 One of the largest Hot Springs in America, circumference 300 feet—Temperature of Water, 180 d. Fahr.  
 Excellent Trout Fishing in Lakelse Lake.  
 Phone Connections with Terrace.  
 RATES: \$2.50 per day.  
 For further particulars, apply to J. BRUCE JOHNSTONE, Manager.

## BRAID'S IDEAL BLEND COFFEE

Here is a Coffee an Ideal Blend and an Ideal Value.

No More, No Less - \$0.40 per lb.

AT THIS PRICE THERE IS NO BETTER COFFEE OBTAINABLE. OTHER COFFEES THAN BRAID'S SOLD AT GREATER COST HAVE NONE OF ITS FINE QUALITIES.

At All Good Grocers

WM. BRAID & CO., DIRECT IMPORTERS VANCOUVER - B.C.

Stewart & Wobley, Ltd., Wholesale Distributors, Prince Rupert.



2,000,000 Belgians Depend on us for Bread!

Since shortly after the German invasion, the Belgians have depended for food entirely on the "Commission for Relief in Belgium". Their own store of food, even if not destroyed or pillaged, would last only three weeks—they have had no chance to raise more—and the ruthless Germans refuse to supply them!

Backed by the

## Belgian Relief Fund

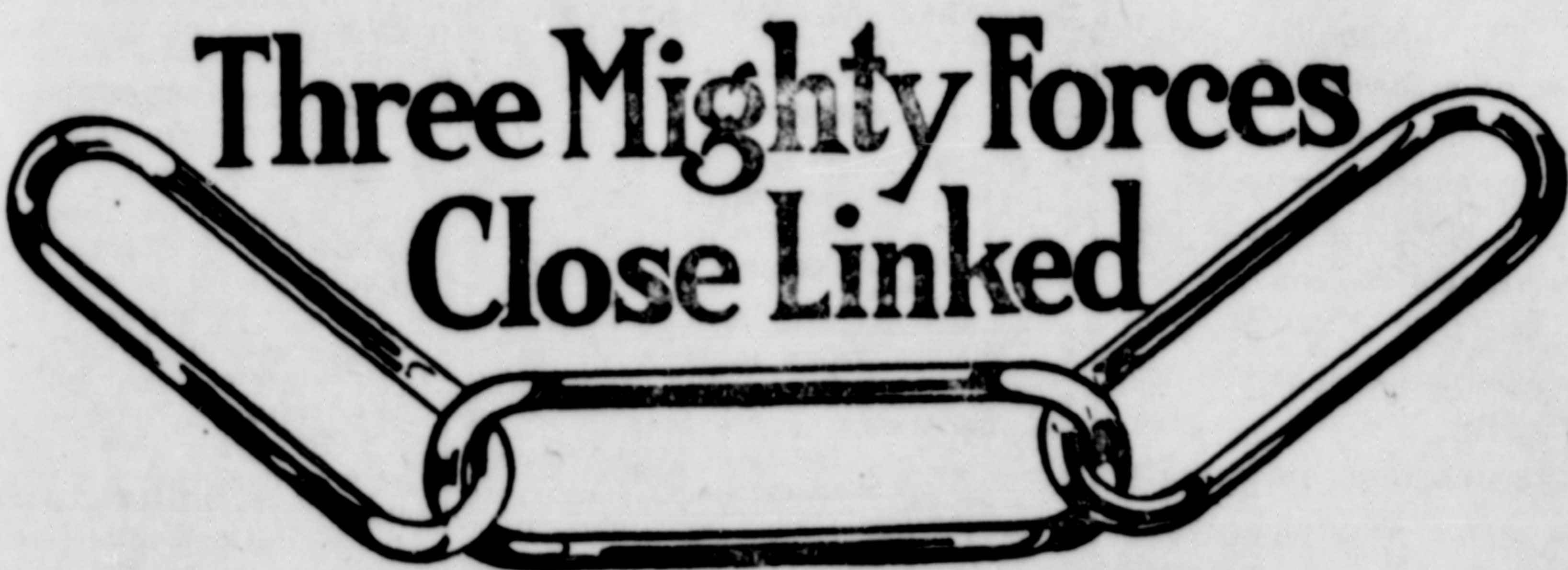
so generously contributed in the British Empire and the United States, the neutral Belgian Relief Commission has imported enough wheat, flour and other foods to feed the whole nation so far. The great majority of the 7,000,000 Belgians left in the country have been able to pay for their daily allowance of bread—but a steadily growing number have no money left.

Unless we are willing to let these hundreds of thousands of women, children and old men starve, they must be fed at the expense of the Belgian Relief Fund. To make this possible someone must contribute nearly \$3,000,000 a month—every month—all this winter!

No people under the Allied Flags are as well able to contribute generously as we Canadians! No cause has ever been more deserving of help! In the name of Justice and Humanity—for the sake of our own self-respect—let us give all we can to help our martyred Allies!

Send your subscriptions weekly, monthly or in one lump sum to Local or Provincial Committees, or to the Central Executive Committee, 59 St. Peter St., Montreal \$2.50 Feeds A Belgian Family A Month.

Advertise In The Daily News.



## Three Mighty Forces Close Linked

Have you ever noted how an audience yawns in the face of an uninspired speaker?

On the other hand, have you noted how an audience will lean forward and grasp the chair arms when the speaker reveals enthusiasm?

Enthusiasm is the buoyant expression of truth. To impart belief in anything, a man must believe it deeply himself. We call such a man an enthusiast.

This applies to the written word also—particularly to advertisements. When the manufacturer really believes in his wares, his enthusiasm will almost inevitably find expression in Advertising. And enthusiasm will be contagious—his audience—the readers of the newspaper—will, figuratively speaking, "lean forward and listen intently."

To be convincing an advertisement must convey an unmistakable impression of enthusiasm. This it will only do when the article advertised has inherent worth.

Thus we have:  
**Sincerity -- Enthusiasm -- Advertising:**  
 Three mighty forces, close-linked.

If you are doing a local business talk over your advertising problems with the Advertising Department of this newspaper. If you are doing a provincial or national business it would be well for you to have the counsel and assistance of a good advertising agency. A list of these will be furnished, without cost or obligation, by the Secretary of Canadian Press Association, Room 503, Lumsden Building, Toronto.

## Production and Thrift

"TO win the war with the decisiveness which will ensure lasting peace, the Empire will require to put forth its full collective power in men and in money. From this viewpoint it is our true policy to augment our financial strength by multiplying our productive exertions and by exercising rigid economy, which reduces to the minimum all expenditures upon luxuries and non-essentials. Only in this way shall we be able to make good the loss caused by the withdrawal of so many of our workers from industrial activities, repair the wastage of the war, and find the funds for its continuance. It cannot be too frequently or too earnestly impressed upon our people that the heaviest burdens of the conflict still lie before us, and that industry and thrift are, for those who remain at home, supreme patriotic duties upon whose faithful fulfilment our success, and consequently our national safety, may ultimately depend."—SIR THOMAS WHITE, Minister of Finance.

- PRODUCE MORE, SAVE MORE.
- MAKE LABOUR EFFICIENT.
- SAVE MATERIALS FROM WASTE.
- SPEND MONEY WISELY.

### LET US PRODUCE AND SAVE—

The war is now turning on a contest of all forces and resources—men, munitions, food, money. The call to all is to produce more and more. It may be necessary to work harder. The place of those who enlist must be taken by those at home, men and women, old and young. The more we produce the more we can save. Produce more on the farms and in the gardens. Save more and help to win the war.

### LET US NOT WASTE OUR LABOUR—

In this war-time all labour should be directly productive or should be assisting in production. Make it as efficient as possible. If your labour is on something that can be postponed, put it off till after the war and make your labour tell now. Making war is the first business of all Canadians. Efficiency in labour is as important as efficiency in fighting.

### LET US NOT WASTE MATERIALS—

Begin at home. The larger portion of salaries and wages is spent on the home—food, fuel, light, clothing. Are any of these things being wasted? \$20.00 a year saved from waste in every home in Canada will more than pay the interest on a war debt of \$500,000,000.

### LET US SPEND OUR MONEY WISELY—

Are you spending your money to the best advantage? What do you think of extravagance in war time? Tens of thousands of Canadians are daily risking their lives for us at home. Is it not our duty to be careful and economical? Canadian dollars are an important part of the war equipment. Make them tell. Have a War Savings Account. Buy a War Bond.

THE GOVERNMENT OF CANADA

THE DEPARTMENT OF AGRICULTURE

THE DEPARTMENT OF FINANCE