

STRICKEN IN THE STREET

Completely Restored to Health
By "Fruit-a-lives"

382 ST. VALERIE ST., MONTREAL.
"In 1912, I was taken suddenly ill with Acute Stomach Trouble and dropped in the street. I was treated by several physicians for nearly two years, and my weight dropped from 225 pounds to 160 pounds. Then several of my friends advised me to try "Fruit-a-lives". I began to improve almost with the first dose, and by using them, I recovered from the distressing Stomach Trouble—and all pain and Constipation were cured. Now I weigh 208 pounds. I cannot praise "Fruit-a-lives" enough". H. WHITMAN.
50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

LAND ACT

Prince Rupert Land District—District of Coast, Range 3.

TAKE NOTICE that the Pacific Mills, Limited, of Vancouver, B. C., occupation pulp and paper makers, intend to apply for permission to purchase the following described lands:—Commencing at a post planted at the southeast corner of Lot 299 on the west shore of Cousins Inlet, thence west 40 chains, thence south 20 chains, thence east to shore, thence northeasterly along shore to point of commencement, containing 65 acres, more or less.

PACIFIC MILLS LIMITED,
Mark Smaby, agent.
Dated May 13th, A. D. 1916. AUG. 13



Royal Reserve
The Whisky of Quality
Aged in Wood 8 Years before bottling
GUARANTEED BY THE GOVERNMENT OF CANADA
Demand the Brand

SPLENDID GATHERING AT LABOR DAY SPORTS

(Continued From Page One.)

Kilpatrick; 2nd, (S. King, \$3.50) J. Murphy.
220 Yards Dash (open) 1st, (Bryant & Co., \$7.00) S. J. Winsby; 2nd, (J. L. Hickey, \$4.00) L. Robertson.

Jockey horse fight (open) 1st, (Kelly, Douglas & Co., \$5.00) R. Smith; 2nd, (H. Atkins, \$2.00) W. Martin.

50 Yards dash (married ladies) 1st, (Brackmann - Kerr, \$5.00) Mrs. C. H. Elkins; 2nd, (Cave-naile & Hannan, \$2.00) Mrs. Walters.

Misses Race (16 years and under) 1st, (Benson Studio, \$5.00) Hilda Halverson; 2nd, (Orme's Drug Store, \$2.00) Lorna Tite.

Boys race (16 years and under) 1st, (Blakely & Co., Medal) Jack Naden; 2nd, (Fulton Cash Market, \$2.50) George Shaw.

Girls race (12 years and under) 1st, (Jabour Bros., \$3.00) Lorna Tite; 2nd, (W. W. Wrathall \$2.00) Olga Rank.

Boys race (12 years and under) 1st, (Blakely & Co., Medal) Aubrey Sweet; 2nd, Miller Phillips Co., \$2.50) John Fotos.

Girls (10 and under) 1st, (W. W. Wrathall, \$2.00) Beatrice Birnie; 2nd, (Orme's Drug Store) Miriam Lando.

Girls (8 and under) 1st, (McCutcheon's, \$2.00) Hjordia Lindquist; 2nd, (McCutcheons, \$1.00) Edith Leek.

Girls (6 years and under) 1st, (McCutcheon's, \$2.00) Helen Thorburn; 2nd, (T. & L. Council, \$1.00) Mabel McIntyre.

Girls (4 and under) 1st, T. & L. Council, \$1.00) Hannah Lando; 2nd, (T. & L. Council, 50c.) Viola McNeish.

It's Time for a Change

VANCOUVER SAID SO IN FEBRUARY.
VICTORIA SAID SO IN MARCH.
ALL THE PEOPLE SAY SO NOW.

It is not necessary that we have a Liberal government in British Columbia; it is not necessary that we have a Conservative government in British Columbia, but it is absolutely essential that we have CLEAN GOVERNMENT.

Bowserism, as a system of government, is inherently unclean. It starves development and makes the settler dependent upon the government for part of his living and produces a system of political peonage which should be foreign to any to any part of the British Empire.

A VOTE FOR WILLIAM MANSON IS A VOTE FOR BOWSERISM—A VOTE FOR T. D. PATTULLO IS A VOTE FOR YOURSELF AND FREEDOM.

Boys (10 and under) 1st, (T. & L. Council, \$2.00) Roy Lindstrum; 2nd, (T. & L. Council, \$1.00) Norman McMillan.

Boys (8 and under) 1st, T. & L. Council, \$2.00) Ed. Byrne; 2nd, (T. & L. Council, \$1.00) Leo McKinnon.

Boys (6 and under) 1st, (T. & L. Council, \$2.00) John Martin; 2nd, (T. & L. Council, \$1.00) Bruno Basso Bert.

Boys (4 and under) 1st (T. & L. Council, \$1.00) W. Murray; 2nd, (T. & L. Council, 50c.) Robert Montgomery.

Salvation Army.
Public meetings, Tuesday
Thursday and Saturday at 8 p. m.
Sundays at 7:30 p. m.

Coughing scatters germs—Stop it

Coughing increases the irritation of the already inflamed mucous membranes and is moreover apt to carry disease to others.

Mathieu's Syrup of Tar and Cod Liver Oil promptly stops coughing, and soon, thanks to its tonic properties, effects a permanent cure.

The wonderful popularity of Mathieu's Syrup of Tar and Cod Liver Oil is specially due to its great value as a permanent lung and bronchial healer.

Sold everywhere, 15c large bottles.

J. L. MATHIEU CO., Prop.,
Sherbrooke, P.Q.

For particulars on Mathieu's Syrup of Tar and Cod Liver Oil, send a card to the Proprietor, J. L. Mathieu Co., 150 St. Louis St., Montreal, P.Q.

LAKELSE HOT SPRINGS HOTEL

—IS NOW OPEN TO GUESTS—

One of the largest Hot Springs in America, circumference 300 feet—Temperature of Water, 180 d. Fahr.

Excellent Trout Fishing in Lakelse Lake.

Phone Connections with Terrace.
RATES: \$2.50 per day.

For further particulars, apply to
J. BRUCE JOHNSTONE, Manager.



This Superior COFFEE

As its name implies is a blend of four special coffees.—It has a splendid body and will produce a rich, strong, and invigorating cup of coffee.

AT ALL GOOD GROCERS
\$0.45 per lb.

WM. BRAID & CO., DIRECT IMPORTERS
VANCOUVER - B.C.
Stewart & Mobley, Ltd., Wholesale Distributors, Prince Rupert.



2,000,000
Belgians
Depend on us
for Bread!

Since shortly after the German invasion, the Belgians have depended for food entirely on the "Commission for Relief in Belgium". Their own store of food, even if not destroyed or pillaged, would last only three weeks—they have had no chance to raise more—and the ruthless Germans refuse to supply them!

Backed by the

Belgian Relief Fund

so generously contributed in the British Empire and the United States, the neutral Belgian Relief Commission has imported enough wheat, flour and other foods to feed the whole nation so far. The great majority of the 7,000,000 Belgians left in the country have been able to pay for their daily allowance of bread—but a steadily growing number have no money left.

Unless we are willing to let these hundreds of thousands of women, children and old men starve, they must be fed at the expense of the Belgian Relief Fund. To make this possible someone must contribute nearly \$3,000,000 a month—every month—all this winter!

No people under the Allied Flags are as well able to contribute generously as we Canadians! No cause has ever been more deserving of help! In the name of Justice and Humanity—for the sake of our own self-respect—let us give all we can to help our martyred Allies!

Send your subscriptions weekly, monthly or in one lump sum to Local or Provincial Committee, or to the
Central Executive Committee, 59 St. Peter St., Montreal

\$2.50 Feeds A Belgian Family A Month.

Advertise In The Daily News.

Three Mighty Forces Close Linked

Have you ever noted how an audience yawns in the face of an uninspired speaker?

On the other hand, have you noted how an audience will lean forward and grasp the chair arms when the speaker reveals enthusiasm?

Enthusiasm is the buoyant expression of truth. To impart belief in anything, a man must believe it deeply himself. We call such a man an enthusiast.

This applies to the written word also—particularly to advertisements. When the manufacturer really believes in his wares, his enthusiasm will almost inevitably find expression in Advertising. And enthusiasm will be contagious—his audience—the readers of the newspaper—will, figuratively speaking, "lean forward and listen intently."

To be convincing an advertisement must convey an unmistakable impression of enthusiasm. This it will only do when the article advertised has inherent worth.

Thus we have:

Sincerity -- Enthusiasm -- Advertising:
Three mighty forces, close-linked.

If you are doing a local business talk over your advertising problems with the Advertising Department of this newspaper. If you are doing a provincial or national business it would be well for you to have the counsel and assistance of a good advertising agency. A list of these will be furnished, without cost or obligation, by the Secretary of Canadian Press Association, Room 503, Lunenburg Building, Toronto.

Production and Thrift

"TO win the war with the decisiveness which will ensure lasting peace, the Empire will require to put forth its full collective power in men and in money. From this viewpoint it is our true policy to augment our financial strength by multiplying our productive exertions and by exercising rigid economy, which reduces to the minimum all expenditures upon luxuries and non-essentials. Only in this way shall we be able to make good the loss caused by the withdrawal of so many of our workers from industrial activities, repair the wastage of the war, and find the funds for its continuance. It cannot be too frequently or too earnestly impressed upon our people that the heaviest burdens of the conflict still lie before us, and that industry and thrift are, for those who remain at home, supreme patriotic duties upon whose faithful fulfilment our success, and consequently our national safety, may ultimately depend."—SIR THOMAS WHITE, Minister of Finance.

PRODUCE MORE, SAVE MORE.
MAKE LABOUR EFFICIENT.
SAVE MATERIALS FROM WASTE.
SPEND MONEY WISELY.

LET US PRODUCE AND SAVE—

The war is now turning on a contest of all forces and resources—men, munitions, food, money. The call to all is to produce more and more. It may be necessary to work harder. The place of those who enlist must be taken by those at home, men and women, old and young. The more we produce the more we can save. Produce more on the farms and in the gardens. Save more and help to win the war.

LET US NOT WASTE OUR LABOUR—

In this war-time all labour should be directly productive or should be assisting in production. Make it as efficient as possible. If your labour is on something that can be postponed, put it off till after the war and make your labour tell now. Making war is the first business of all Canadians. Efficiency in labour is as important as efficiency in fighting.

LET US NOT WASTE MATERIALS—

Begin at home. The larger portion of salaries and wages is spent on the home—food, fuel, light, clothing. Are any of these things being wasted? \$20.00 a year saved from waste in every home in Canada will more than pay the interest on a war debt of \$500,000,000.

LET US SPEND OUR MONEY WISELY—

Are you spending your money to the best advantage? What do you think of extravagance in war time? Tens of thousands of Canadians are daily risking their lives for us at home. Is it not our duty to be careful and economical? Canadian dollars are an important part of the war equipment. Make them tell. Have a War Savings Account. Buy a War Bond.