

# HEALTHIEST ONE IN THE FAMILY

No Sign Of Dropsy And Kidney Trouble Since Taking "FRUIT-A-TIVES"



**HATTIE WARREN**  
Port Robinson, Ont., July 8th, 1915.  
"We have used 'Fruit-a-tives' in our house for over three years and have always found them a good medicine. Our little girl, Hattie, was troubled with Kidney Disease. The Doctor said she was threatened with Dropsy. Her limbs and body were all swollen and we began to think she could not live. Finally, we decided to try 'Fruit-a-tives'. She began to show improvement after we had given her a few tablets. In a short time, the swelling had all gone down and her flesh began to look more natural. Now she is the healthiest one in the family and has no signs of the old ailment. We can not say too much for 'Fruit-a-tives' and would never be without them."

**WILLIAM WARREN.**  
50c. a box, 6 for \$2.50, trial size, 25c.  
At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

Salvation Army.  
Public meetings, Tuesday  
Thursday and Saturday at 8 p. m.  
Sundays at 7:30 p. m.

## WHY NEWSPRINT IS ADVANCING IN PRICE

(Continued from page two.)

for sizing in the business, sold ordinarily for three dollars and seventy-five cents a barrel and now brings six dollars and fifty cents; bleached sulphite, another important item, has doubled in price, and the same may be said of satin white. Common bleach, which was a cent and a quarter a pound, went up to seven cents, and is now practically unobtainable. But aniline colors lead all the rest for mounting price. Those that formerly sold for forty cents a pound are now about twenty dollars for the same weight. Aniline colors are extensively used to give the proper hue to paper, cochineal and ultramarine or magenta and aniline blue being combined to obtain a desirable white.

So, dear reader, if your newspaper presents a jaundiced appearance, or your magazine just bought has the cast of age, remember that the publishers are having their troubles in getting paper, at all!—Exchange.

## HIGHEST PRICES PAID FOR SECOND HAND GOODS OF ALL KINDS BOUGHT AND SOLD

HARD TIMES SATISFIED WITH A SMALL PROFIT  
Try 528 3rd Ave., Or Phone Red 268

## AMOUNTS COLLECTED AT RED CROSS SALES

The following are the amounts collected at the various sales etc. in aid of the Red Cross fund, and by the sale of flowers by Gracie Carroll and her little girl friends:

SALE OF FLOWERS		
Grace Carroll and Helpers.....	\$150.00	
Five Little Girls Sewing Club.....	4.11	\$154.11
SALE OF HOME COOKING		
Mrs. Frizzell and Mrs. Henning.....	93.50	
Mrs. Millar and Mrs. Black.....	40.50	
Mrs. Merryfield and Mrs. Holtby.....	66.05	
Mrs. Wright and Mrs. Kirkpatrick.....	46.20	
Mrs. McIntosh and Mrs. Besner.....	80.55	
Mrs. Morrissey and Mrs. Henning.....	50.20	
Mrs. Galland and Mrs. Riley.....	31.30	
Mrs. Wearmouth and Mrs. Cawley.....	20.50	
Mrs. McNicol and Mrs. Cambie.....	72.65	
Mrs. Dawson and Mrs. Potter.....	60.00	
Mesdames Humble, Brady and Woodland.....	37.65	
Mrs. Walke and Miss Clark.....	34.75	
Mrs. Hilditch and Mrs. Williams.....	32.55	
Mrs. Blanc.....	11.50	
Mrs. Manson and Mrs. Arnold.....	32.00	
Mrs. Sweet and Mrs. Stephens.....	33.60	
Mrs. T. H. Johnson.....	20.00	
Mrs. Kelsey.....	13.00	
Mrs. W. E. Williams (extra).....	.50	
Mrs. Manson and Mrs. Arnold.....	45.00	
Mrs. Naden (sale of cake).....	.50	
Mrs. Manson and Mrs. Birnie.....	31.70	
Mrs. Johnson and Mrs. Turnbull.....	30.00	
Mrs. McNicol and Mrs. Carss.....	39.00	
Mrs. Rix and Mrs. Kergin.....	37.35	\$960.45

DONATIONS		
Naas Harbor Cannery.....	29.00	
G. W. Nickerson (Exhibition).....	10.00	
Jabour Bros.....	15.00	
Kitimaat Collection.....	4.00	
L. W. Patmore (bridge).....	39.00	
Concert S. S. Prince George.....	11.05	
I. O. O. F. Collection.....	26.50	
Mrs. H. Davies (Raffle Lace).....	3.55	
Mrs. McIntosh, Mrs. McGee and Miss Gleason (tea).....	14.40	
Mrs. F. R. C. Brown.....	1.00	
Mrs. Jennings (Crab Claws Sale).....	14.00	
D. Marconi.....	1.10	
Ladies Guild St. Peter's Church Sewing Club (Five Little Girls).....	16.30	
Ladies Basket Ball.....	10.40	
Mrs. Knighthall and Mrs. Hill.....	115.00	
Masons Lodges (Tye and Tsimpsean).....	35.75	
Mrs. Arnold (bridge).....	31.95	
Miss Hudson.....	19.00	
Mrs. Birnie (Recipes).....	3.00	
Queen Mary Club Dance.....	3.00	
Hard Times Ball.....	60.00	
Mrs. Freeman (party).....	32.95	
Mrs. Meehan (Parcel Post Sale).....	21.50	
Friend.....	208.25	
Mr. Arnold.....	5.00	
Raffle "Tannis".....	19.25	
P. R. Amateur Dramatic Club.....	212.50	
Melakatta Council.....	25.00	
School Picnic (Major Gibson).....	1000.00	
School Picnic, Dr. Tremayne and Mr. McRae.....	10.00	
Anglican Church Patriotic Society.....	9.50	
Mrs. McPherson.....	1.40	
Anniversary Meeting (Mr. Peters).....	2.50	
Mrs. Manson (Sale of Curios).....	7.65	
	5.00	\$2,023.20

EXPENSE ACCOUNT		
Rent, per Alberts and Clancy.....	10.00	
Broom and dustpan.....	.60	
Letterheads.....	1.75	
Postage.....	12.84	
Cartage.....	1.35	
Envelopes.....	.75	
Stationery.....	6.50	
Telegram to Toronto.....	1.75	\$35.54

## LIQUOR ACT, 1910.

(Section 42.)  
NOTICE is hereby given that, on the first day of December next, application will be made to the Superintendent of Provincial Police for renewal of the hotel licence to sell liquor by retail in the hotel known as the Northern Hotel, situate at Port Simpson, in the Province of British Columbia.  
Dated this 7th day of October, 1916.  
ERNEST WOOD RICHARDS, Applicant.

## LAKELSE HOT SPRINGS HOTEL

—IS NOW OPEN TO GUESTS—  
One of the largest Hot Springs in America, circumference 300 feet—  
Temperature of Water, 180 d. Fahr.  
Excellent Trout Fishing in Lakelse Lake.  
Phone Connections with Terrace.  
RATES: \$2.50 per day.  
For further particulars, apply to  
J. BRUCE JOHNSTONE, Manager.

## Sterling THE ENGINE OF REFINEMENT

For the finest boats that float  
FISHERMAN'S ENGINE  
2 Cyl.—5 1-2 in. by 7 in., 12-15 Horse Power.  
4 Cyl.—3 3-4 in. by 5 1-2 in., 25 Horse Power.  
4 Cyl.—5 1-2 in. by 8 in., 25-35 Horse Power.  
For Further Information Apply to  
W. E. WILLISROFT  
Prince Rupert, B. C.

## Coughing scatters germs —Stop it

Coughing increases the irritation of the already inflamed mucous membranes and is moreover apt to carry disease to others.  
Mathieu's Syrup of Tar and Cod Liver Oil promptly stops coughing, and soon, thanks to its tonic properties, effects a permanent cure.  
The wonderful popularity of Mathieu's Syrup of Tar and Cod Liver Oil is especially due to its great value as a permanent lung and bronchial healer.  
Sold everywhere, 50c large bottles.  
J. L. MATHIEU CO., Prop., Sherbrooke, P. Q.  
For further information apply to  
Geo. L. Clayton, - Prince Rupert, B. C.



# 2,000,000 Belgians Depend on us for Bread!

Since shortly after the German invasion, the Belgians have depended for food entirely on the "Commission for Relief in Belgium". Their own store of food, even if not destroyed or pillaged, would last only three weeks—they have had no chance to raise more—and the ruthless Germans refuse to supply them!

Backed by the

## Belgian Relief Fund

so generously contributed in the British Empire and the United States, the neutral Belgian Relief Commission has imported enough wheat, flour and other foods to feed the whole nation so far. The great majority of the 7,000,000 Belgians left in the country have been able to pay for their daily allowance of bread—but a steadily growing number have no money left.

Unless we are willing to let these hundreds of thousands of women, children and old men starve, they must be fed at the expense of the Belgian Relief Fund. To make this possible someone must contribute nearly \$3,000,000 a month—every month—all this winter!

No people under the Allied Flags are as well able to contribute generously as we Canadians! No cause has ever been more deserving of help! In the name of Justice and Humanity—for the sake of our own self-respect—let us give all we can to help our martyred Allies!

Send your subscriptions weekly, monthly or in one lump sum to Local or Provincial Committees, or to the

Central Executive Committee, 50 St. Peter St., Montreal  
**\$2.50 Feeds A Belgian Family A Month.**



**CANADIAN WOMEN SHOULD KNOW THIS—**  
"CANADA FIRST" Milk is the BEST Milk sold by Your Grocer. The Government Bulletin No. 305 tells the story—IT COSTS THE SAME.  
ASK YOUR GROCER FOR THIS CANADIAN OWNED CANADIAN MADE PRODUCT—INSIST  
If you want whipped cream, chill "Canada First" Evaporated—then whip as with fresh cream.  
THE AYLMER CONDENSED MILK CO., LTD.  
AYLMER, ONT., CANADA



## This Superior COFFEE

As its name implies is a blend of four special coffees.—  
It has a splendid body and will produce a rich, strong, and invigorating cup of coffee.

AT ALL GOOD GROCERS  
\$0.45 per lb.

WM. BRAID & CO., DIRECT IMPORTERS VANCOUVER - B.C.  
Stewart & Mobley, Ltd., Wholesale Distributors, Prince Rupert.

## Ramsay's Empire Cream Sodas

In 2-lb. Tins

Have attained their enviable reputation by their superior quality and uniformity. The most discriminating housewife insists upon "Ramsay's Empire" when buying Soda Biscuits.

They are made in B. C. and your grocer gets his supply frequently and quickly, insuring freshness, which means crispness.

Prove it by buying a tin with your next order.

Manufactured by

**RAMSAY BROS. & CO., LTD.**  
Vancouver, B. C.

## Let Us Save You Money on your Gasoline or Distillate

We guarantee to save you 25 per cent. on gasoline or distillate and upkeep and free any motor from CARBON troubles. A seven ounce box of Carbonvoid is equivalent to 50 gallons of gasoline. Every box of Carbonvoid \$15 in gasoline will save you 400 to 500 additional miles. Carbonvoid is a just drop in the move all carbon. The largest companies in the world use it. THE ALLIES ORDERED IN JUNE 288,000 CARTONS. Previous order 250,000 cartons. Fully guaranteed or your money refunded. Mailed anywhere on receipt of \$1.50

Carbonvoid puts the "GO" in Gasoline

For Sale Only by  
**Geo. L. Clayton, - Prince Rupert, B.C.**

## Three Mighty Forces Close Linked

Have you ever noted how an audience yawns in the face of an uninspired speaker?

On the other hand, have you noted how an audience will lean forward and grasp the chair arms when the speaker reveals enthusiasm?

Enthusiasm is the buoyant expression of truth. To impart belief in anything, a man must believe it deeply himself. We call such a man an enthusiast.

This applies to the written word also—particularly to advertisements. When the manufacturer really believes in his wares, his enthusiasm will almost inevitably find expression in Advertising. And enthusiasm will be contagious—his audience—the readers of the newspaper—will, figuratively speaking, "lean forward and listen intently."

To be convincing an advertisement must convey an unmistakable impression of enthusiasm. This it will only do when the article advertised has inherent worth.

Thus we have:

**Sincerity -- Enthusiasm -- Advertising:**  
**Three mighty forces, close-linked.**

If you are doing a local business talk over your advertising problems with the Advertising Department of this newspaper. If you are doing a provincial or national business it would be well for you to have the counsel and assistance of a good advertising agency. A list of these will be furnished, without cost or obligation, by the Secretary of Canadian Press Association, Room 503, Lumsden Building, Toronto.