

TWO LONG YEARS HE SUFFERED

"Fruit-a-tives" Made Him Feel As If Walking On Air

ORILLIA, ONT., Nov. 28th. 1914.
"For over two years, I was troubled with Constipation, Drowsiness, Lack of Appetite and Headaches. One day I saw your sign which read 'Fruit-a-tives make you feel like walking on air.' This appealed to me, so I decided to try a box. In a very short time, I began to feel better, and now I feel fine. I have good appetite, relish everything I eat, and the Headaches are gone entirely. I recommend this pleasant fruit medicine to all my friends."

DAN McLEAN.
50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

Coughing scatters germs — Stop it

Coughing increases the irritation of the already inflamed mucous membranes and is moreover apt to carry disease to others.
Mathieu's Syrup of Tar and Cod Liver Oil promptly stops coughing, and soon, thanks to its tonic properties, effects a permanent cure.
The wonderful popularity of Mathieu's Syrup of Tar and Cod Liver Oil is especially due to its great value as a permanent lung and bronchial healer.
Sold everywhere, 35c large bottles.

J. L. MATHIEU CO., Prop.
Sherbrooke, P.Q.
For Dealers use Mathieu's Syrup of Tar and Cod Liver Oil. These are useful also to check the cough and soothe the throat after a cold. See a list of 47 dealers.

Salvation Army.
Public meetings, Tuesday, Thursday and Saturday at 8 p. m. Sundays at 7:30 p. m.



Royal Reserve
The Whisky of Quality
Aged in Wood 8 Years before bottling
GUARANTEED BY THE GOVERNMENT OF CANADA
Demand the Brand

Ramsay's Empire Cream Sodas

In 2-lb. Tins
Have attained their enviable reputation by their superior quality and uniformity. The most discriminating housewife insists upon "Ramsay's Empire" when buying Soda Biscuits.
They are made in B. C. and your grocer gets his supply frequently and quickly, insuring freshness, which means crispness.
Prove it by buying a tin with your next order.
Manufactured by
RAMSAY BROS. & CO., LTD.
Vancouver, B. C.

Let Us Save You Money on your Gasoline or Distillate

We guarantee to save you 25 per cent. on gasoline or distillate and upkeep and free any motor from CARBON troubles. A seven ounce box of Carbonvoid is equivalent to 50 gallons of gasoline. Every box of Carbonvoid \$15 in gasoline 400 to 500 additional miles. Carbonvoid is a just drop in the move all carbon.
The largest companies in the world use it. THE ALLIES ORDERED IN JUNE 288,000 CARTONS. Previous order 250,000 cartons. Fully guaranteed or your money refunded. Mailed anywhere on receipt of \$1.50

For Sale Only by
Geo. L. Clayton, - Prince Rupert, B.C.



SOME LEADERS OF THE NEW COVENANTERS.—Rev. J. D. Cunningham, Rev. Dr. E. Scott and Rev. Dr. Andrew Robertson, prominent among the Presbyterian anti-Unionists who in convocation in Toronto recently solemnly vowed and covenanted to resist by all means in their power the union of the Presbyterian Church of Canada with churches of other denominations.

TUNGSTEN ORES FOUND UP NORTH

Bearing out the statement made by Dr. D. D. Cairnes, head of the geological survey in the Yukon, to The World recently to the effect that large deposits of tungsten concentrates had been discovered in the north, Mr. J. Lindeberg, president of the Pioneer Mining Company, who has just returned to Seattle from Nome, reports that no less than 15 tons of this mineral, valued at \$7 per pound, were mined by this company in the Nome region. In the opinion of Mr. Lindeberg, this new development will become a large and important one.

The tungsten ore is of the variety known as Scheelite, and is used in the manufacture of rifle barrels, big guns and other implements in which an exceedingly tough grade of steel is required. Scheelite was discovered by Dr. August Scheel, a German scientist, associated with the Krupp steel plant at Essen, Germany. It has a value of \$5 a pound if it produces 60 per cent. of tungsten acid.
The Scheelite was discovered by Lindeberg this summer in the schist formation on Rock Creek, and is being mined by hydraulic methods.

To Install Plant.
"We did not get started till late in the summer," he said. "It took considerable time to install the hydraulic plant. Next year

MINERAL ACT

NASTURTIUM, IRIS FRACTION, BELLIS FRACTION, GENTIAN, BLUE BELL FRACTION, COSMOS FRACTION, THISTLE FRACTION, MARI-GOLD FRACTION, LILAC FRACTION, FERN FRACTION, PINE APPLE FRACTION, COXCOMB, BEGONIA FRACTION, MINERAL CLAIMS situate in the Queen Charlotte District, located at or near Ikeda Bay, Queen Charlotte Island, Province of British Columbia, and lawfully held by Ikeda Mines Limited.

TAKE NOTICE that I, John A. MacInnis, solicitor for Ikeda Mines Limited, free miners' certificate No. 70354 B, intend after the expiration of sixty days from the date hereof to apply on behalf of the said Company to the Mining Recorder for a certificate of improvements for the purpose of obtaining a Crown Grant to the above claims.

AND FURTHER TAKE NOTICE that action under Section 85 of the Mineral Act must be commenced before the issuance of such certificate of improvements.
Dated this 31st day of May, A. D. 1916.
JOHN A. MACINNIS,
Solicitor for Ikeda Mines Limited.

Sterling THE ENGINE REFINEMENT

FISHERMAN'S ENGINE
2 Cyl.—5 1-2 in. by 7 in., 12-15 Horse Power.
4 Cyl.—3 3-4 in. by 5 1-2 in., 25 Horse Power.
4 Cyl.—5 1-2 in. by 8 in., 25-35 Horse Power.

For Further Information Apply to
W. E. WILLISCROFT
Prince Rupert, B. C.

NAVIGABLE WATERS PROTECTION ACT.

R. B. C. Chapter 115.
The Grand Trunk Pacific Railway Company hereby gives notice that it has under Section 7 of the said Act deposited with the Minister of Public Works at Ottawa and in the office of the District Registrar of the Land Registry Office, District of Prince Rupert at Prince Rupert, a description of the site and plans of warehouse proposed to be built in British Columbia, in front of waterfront, Block "Q" according to registered plan of the town-site of the said city of Prince Rupert deposited in the aforesaid Land Registry Office as No. 923.

AND TAKE NOTICE that after the expiration of one month from the date of the first publication of this notice, the Grand Trunk Pacific Railway Company will under Section 7 of the said Act apply to the Minister of Public Works at his office in the City of Ottawa for approval of said site and plans, and for leave to construct the said warehouse.
Dated at Winnipeg, Manitoba, this 25th day of May A. D. 1916.
THE GRAND TRUNK PACIFIC RAILWAY COMPANY.
H. H. HANSARD, Solicitor.

CITY OF PRINCE RUPERT

MUNICIPAL VOTERS TAKE NOTICE
The following classes of voters should be careful to take the necessary steps to register, otherwise their names will not appear on the list.
These steps are:—
(1) Household, namely, men who have paid Road Tax and are otherwise qualified, must, during October, make the Declaration required.
(2) Persons holding Trade Licences must also file Declarations during October.
(3) Persons holding land under Agreements for Sale must also file Declarations, showing particulars of Agreements, before the end of November.
(4) The City Clerk, in order to convenience voters, will attend every Wednesday and Friday evening during this month, from 7 o'clock until 9:30 o'clock, to take Declarations.
(5) Voters will greatly facilitate matters if those voting on Road Tax bring their receipts with them, and those claiming to vote on Agreements bring their Agreements with them.
F. PETERS, City Clerk.

AKERBERG, THOMSON COMPANY
Sole Agents for the
PALMER GAS ENGINE COMPANY
PHONE 525



2,000,000 Belgians Depend on us for Bread!

Since shortly after the German invasion, the Belgians have depended for food entirely on the "Commission for Relief in Belgium". Their own store of food, even if not destroyed or pillaged, would last only three weeks—they have had no chance to raise more—and the ruthless Germans refuse to supply them!

Backed by the Belgian Relief Fund

so generously contributed in the British Empire and the United States, the neutral Belgian Relief Commission has imported enough wheat, flour and other foods to feed the whole nation so far. The great majority of the 7,000,000 Belgians left in the country have been able to pay for their daily allowance of bread—but a steadily growing number have no money left.

Unless we are willing to let these hundreds of thousands of women, children and old men starve, they must be fed at the expense of the Belgian Relief Fund. To make this possible someone must contribute nearly \$3,000,000 a month—every month—all this winter!

No people under the Allied Flags are as well able to contribute generously as we Canadians! No cause has ever been more deserving of help! In the name of Justice and Humanity—for the sake of our own self-respect—let us give all we can to help our martyred Allies!

Send your subscriptions weekly, monthly or in one lump sum to Local or Provincial Committees, or to the
Central Executive Committee, 50 St. Peter St., Montreal
\$2.50 Feeds A Belgian Family A Month.



CANADIAN WOMEN SHOULD KNOW THIS—
"CANADA FIRST" Milk is the BEST Milk sold by Your Grocer. The Government Bulletin No. 305 tells the story—IT COSTS THE SAME.
ASK YOUR GROCER FOR THIS CANADIAN OWNED CANADIAN MADE PRODUCT—INSIST
If you want whipped cream, call "Canada First" Evaporated—Also whip as with fresh cream.
THE AYLMER CONDENSED MILK CO., LTD.
AYLMER, ONT., CANADA

Three Mighty Forces Close Linked

Have you ever noted how an audience yawns in the face of an uninspired speaker?
On the other hand, have you noted how an audience will lean forward and grasp the chair arms when the speaker reveals enthusiasm?
Enthusiasm is the buoyant expression of truth. To impart belief in anything, a man must believe it deeply himself. We call such a man an enthusiast.
This applies to the written word also—particularly to advertisements. When the manufacturer really believes in his wares, his enthusiasm will almost inevitably find expression in Advertising. And enthusiasm will be contagious—his audience—the readers of the newspaper—will, figuratively speaking, "lean forward and listen intently."
To be convincing an advertisement must convey an unmistakable impression of enthusiasm. This it will only do when the article advertised has inherent worth.
Thus we have:
Sincerity -- Enthusiasm -- Advertising:
Three mighty forces, close-linked.

If you are doing a local business talk over your advertising problems with the Advertising Department of this newspaper. If you are doing a provincial or national business it would be well for you to have the counsel and assistance of a good advertising agency. A list of those will be furnished, without cost or obligation, by the Secretary of Canadian Press Association, Room 503, Lumsden Building, Toronto.