

STRICKEN IN THE STREET

Completely Restored To Health By "Fruit-a-tives"

332 St. Valier St., MONTREAL.
 "In 1912, I was taken suddenly ill with Acute Stomach Trouble and dropped in the street. I was treated by several physicians for nearly two years, and my weight dropped from 225 pounds to 160 pounds. Then several of my friends advised me to try "Fruit-a-tives". I began to improve almost with the first dose, and by using them, I recovered from the distressing Stomach Trouble—and all pain and Constipation were cured. Now I weigh 208 pounds. I cannot praise "Fruit-a-tives" enough". H. WHITMAN, 50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

Salvation Army.

Public meetings, Tuesday, Thursday and Saturday at 8 p. m. Sundays at 7:30 p. m.

Coughing scatters germs — Stop it

Coughing increases the irritation of the already inflamed mucous membrane and is moreover apt to carry disease to others.
 Mathieu's Syrup of Tar and Cod Liver Oil promptly stops coughing, and soon, thanks to its tonic properties, effects a permanent cure.
 The wonderful popularity of Mathieu's Syrup of Tar and Cod Liver Oil is especially due to its great value as a permanent lung and bronchial healer.
 Sold everywhere, 50c large bottles.
 J. L. MATHIEU CO., Prop., Sherbrooke, P. Q.
 For brochures and Mathieu's Syrup of Tar and Cod Liver Oil, send 10c in stamps to the publisher, 4-1-13.



Royal Reserve
 The Whisky of Quality
 Aged in Wood 8 Years before bottling
 GUARANTEED BY THE GOVERNMENT OF CANADA
 Demand the Brand

ENORMOUS CROWD AT BELGIAN CONCL...

(Continued From Page One.)

the Russian National Anthem, after which Master M. Syrotuck rendered a violin solo in remarkably good tone for one so young. Miss Georgina Hunter played the pianoforte accompaniment.

Between the parts the management of the Westholme Theatre screened a series of views of "Australia's Unknown," showing scenes of the Australian backwoods in which the natives figured prominently. The overture in the second part of the program was followed by a splendidly-staged pageant showing Britannia in the centre, with a host of little girls dressed in sailor costume supporting her, these being flanked by a big gun battery of boys. Representatives of every corner of the British Empire came forward to pay homage to Britannia, each one bearing the figure of a battleship. There were many striking costumes and all showed care and skill in featuring the garb of the various countries over which Britain holds sway. "Rule Britannia" concluded this scene, which was conducted by Miss E. Eason.

The next item was an exhibition of club swinging by Masters James Mitchell, Jack Naden, Fred Stephens, Tom Black, and Alex.

Thousands Take this mild, family remedy to avoid illness, and to improve and protect their health. They keep their blood pure, their livers active, their bowels regular and digestion sound and strong with



BEECHAM'S PILLS
 Largest Sale of Any Medicine in the World. Sold everywhere. In boxes, 25 cents.

LAKELSE HOT SPRINGS HOTEL
 IS NOW OPEN TO GUESTS
 One of the largest Hot Springs in America, circumference 300 feet—Temperature of Water, 180 d. Fahr.
 Excellent Trout Fishing in Lakelse Lake.
 Phone Connections with Terrace.
 RATES: \$2.50 per day.
 For further particulars, apply to J. BRUCE JOHNSTONE, Manager.



In "Peg O' The Ring" at the Westholme Theatre tonight.

Rix. The boys kept perfect time and displayed considerable skill in the art of club swinging. This was followed by flag drill by little girls from King Edward School, directed by Miss Taylor. Each carried a Canadian flag and a Union Jack and they carried out many difficult movements with credit. The High School pupils, the girls dressed as French Red Cross nurses, then sang "The Marseillaise in French, responding to an encore with "We'll Never Let the Old Flag Fall."

The sounding of a series of bugle calls by the band of the cadets brought forth much applause, the boys producing splendid tone and keeping good time. A company of cadets, under Captain Fisher, then gave an exhibition of drill and physical exercises, after which all the children joined in singing "O' Canada", which was followed by the National Anthem, bringing to a close a performance which will never be forgotten by those who were privileged to see it.

Before the closing number, Principal Brady thanked those who had assisted in making the evening a success. He said that tonight and tomorrow, throughout the length and breadth of the British Empire, school children would be gathered to pay homage to the little ones of Belgium. He thought that the performance in this outpost of the Empire reflected the greatest credit upon the children and particularly upon the teachers who had taken such great pains in training them in the various numbers.

It was a performance which would have done great credit to a much older and larger city. The Westholme orchestra rendered yeoman service in playing selections throughout the evening and also in playing the accompaniments to most of the drill. Miss Marguerite Kilpatrick also played splendidly in accompanying on the piano.

LIQUOR ACT, 1910.

(Section 42.)
 NOTICE is hereby given that, on the first day of December next, application will be made to the Superintendent of Provincial Police for renewal of the hotel licence to sell liquor by retail in the hotel known as the Northern Hotel, situate at Port Simpson, in the Province of British Columbia.
 Dated this 7th day of October, 1916.
 ERNEST WOOD RICHARDS, Applicant.

MINERAL ACT

Rivermouth Fractional mineral claim, situated in the Skeena Mining Division of Cassiar District.
 Where located:—At the head of Alice Arm, adjoining the Rivermouth and Cariboo mineral claims.
 TAKE NOTICE that I, G. R. Naden, Free Miners' Certificate No. 94,096B, acting as agent for Carrie Pratt, Free Miners' Certificate No. 93,917B, intend, sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of the above claim.
 And further take notice that action, under section 85, must be commenced before the issue of such Certificate of Improvements.
 Dated this 23rd day of December, A. D. 1915. APR. 2.

Geo. P. McColl
 GROCER
 Has Moved into the Hart Bk.
 NOW READY FOR BUSINESS

THE MAILS

For the East.
 Wednesday and Saturday, box closes 9:30 a. m. and Friday 3 a. m.
From the East.
 Trains arrive Tuesday and Thursday, 5:30 p. m.
For the South.
 Tuesday, 5 p. m. Boat sails at 7 p. m.
 Wednesday, 7 a. m. Boat sails at 9 a. m.
 Friday, 7 a. m. Boat sails at 9 a. m.
 Saturday, Boat sails 6 p. m.
 Sunday, Boat sails 6 p. m.
For Anyox.
 Wednesday, box closes 10 p. m.

Sterling
 THE ENGINE OF REFINEMENT
 For the finest boats that float
FISHERMAN'S ENGINE
 2 Cyl.—5 1-2 in. by 7 in., 12-15 Horse Power.
 4 Cyl.—3 3-4 in. by 5 1-2 in., 25 Horse Power.
 4 Cyl.—5 1-2 in. by 8 in., 25-35 Horse Power.
 For Further Information Apply to
 W. E. WILLISGROFT
 Prince Rupert, B. C.

MINERAL ACT
 Certificate of Improvements
 NOTICE
 Basin Mineral Claim, situate in the Skeena Mining Division of Cassiar District.
 Where located:—About four miles from the beach on the south side of Alice Arm at the head of a branch of Lime Creek.
 TAKE NOTICE that I, George R. Naden, Free Miners' Certificate No. 94,096B, intend, sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of the above claim.
 And further take notice that action under section 85, must be commenced before the issue of such Certificate of Improvements.
 Dated this 24th day of March, A. D. 1916
 GEORGE R. NADEN.



2,000,000 Belgians Depend on us for Bread!

Since shortly after the German invasion, the Belgians have depended for food entirely on the "Commission for Relief in Belgium". Their own store of food, even if not destroyed or pillaged, would last only three weeks—they have had no chance to raise more—and the ruthless Germans refuse to supply them!

Backed by the

Belgian Relief Fund

so generously contributed in the British Empire and the United States, the neutral Belgian Relief Commission has imported enough wheat, flour and other foods to feed the whole nation so far. The great majority of the 7,000,000 Belgians left in the country have been able to pay for their daily allowance of bread—but a steadily growing number have no money left.

Unless we are willing to let these hundreds of thousands of women, children and old men starve, they must be fed at the expense of the Belgian Relief Fund. To make this possible someone must contribute nearly \$3,000,000 a month—every month—all this winter!

No people under the Allied Flags are as well able to contribute generously as we Canadians! No cause has ever been more deserving of help! In the name of Justice and Humanity—for the sake of our own self-respect—let us give all we can to help our martyred Allies!

Send your subscriptions weekly, monthly or in one lump sum to Local or Provincial Committees, or to the

Central Executive Committee, 59 St. Peter St., Montreal

\$2.50 Feeds A Belgian Family A Month.



CANADIAN WOMEN SHOULD KNOW THIS—
 "CANADA FIRST" Milk is the BEST Milk sold by Your Grocer. The Government Bulletin No. 305 tells the story—IT COSTS THE SAME.
 ASK YOUR GROCER FOR THIS CANADIAN OWNED CANADIAN MADE PRODUCT—INSIST
 If you want whipped cream, chill "Canada First" Evaporated—then whip as with fresh cream.
THE AYLMER CONDENSED MILK CO., LTD.
 AYLMER, ONT., CANADA

Three Mighty Forces Close Linked

Have you ever noted how an audience yawns in the face of an uninspired speaker?

On the other hand, have you noted how an audience will lean forward and grasp the chair arms when the speaker reveals enthusiasm?

Enthusiasm is the buoyant expression of truth. To impart belief in anything, a man must believe it deeply himself. We call such a man an enthusiast.

This applies to the written word also—particularly to advertisements. When the manufacturer really believes in his wares, his enthusiasm will almost inevitably find expression in Advertising. And enthusiasm will be contagious—his audience—the readers of the newspaper—will, figuratively speaking, "lean forward and listen intently."

To be convincing an advertisement must convey an unmistakable impression of enthusiasm. This it will only do when the article advertised has inherent worth.

Thus we have:

Sincerity -- Enthusiasm -- Advertising: Three mighty forces, close-linked.

If you are doing a local business talk over your advertising problems with the Advertising Department of this newspaper. If you are doing a provincial or national business it would be well for you to have the counsel and assistance of a good advertising agency. A list of these will be furnished, without cost or obligation, by the Secretary of Canadian Press Association, Room 503, Lumsden Building, Toronto.

Ramsay's Empire Cream Sodas

In 2-lb. Tins

Have attained their enviable reputation by their superior quality and uniformity. The most discriminating housewife insists upon "Ramsays Empire" when buying Soda Biscuits.

They are made in B. C. and your grocer gets his supply frequently and quickly, insuring freshness, which means crispness.

Prove it by buying a tin with your next order.

Manufactured by

RAMSAY BROS. & CO., LTD.

Vancouver, B. C.

Let Us Save You Money on your Gasoline or Distillate

We guarantee to save you 25 per cent. on gasoline or distillate and upkeep and free any motor from CARBON troubles. A seven ounce box of Carbonvoid is equivalent to 50 gallons of gasoline. Every box of Carbonvoid \$15 in gasoline 400 to 500 ad. Carbonvoid is a just drop in the move all carbon. The largest companies in the world use it. THE ALLIES ORDERED IN JUNE 238,900 CARTONS. Previous order 250,000 cartons. Fully guaranteed or your money refunded. Mailed anywhere on receipt of \$1.50

Carbonvoid puts the "GO" in Gasoline

For Sale Only by Geo. L. Clayton, - Prince Rupert, B.C.