

## MISERABLE FROM STOMACH TROUBLE

Felt Wretched Until He Started To Take "Fruit-a-tives"

501 CHAMPLAIN ST., MONTREAL.  
"For two years, I was a miserable sufferer from Rheumatism and Stomach Trouble. I had frequent Dizzy Spells, and when I took food, felt wretched and sleepy. I suffered from Rheumatism dreadfully, with pains in my back and joints, and my hands swollen. A friend advised "Fruit-a-tives" and from the outset, they did me good. After the first box, I felt I was getting well and I can truthfully say that "Fruit-a-tives" is the only medicine that helped me". LOUIS LABRIE.  
50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

Salvation Army.

Public meetings, Tuesday, Thursday and Saturday at 8 p. m. Sundays at 7:30 p. m.

## Coughing scatters germs — Stop it

Coughing increases the irritation of the already inflamed mucous membranes and is moreover apt to carry disease to others.  
Mathieu's Syrup of Tar and Cod Liver Oil promptly stops coughing, and soon, thanks to its tonic properties, effects a permanent cure.  
The wonderful popularity of Mathieu's Syrup of Tar and Cod Liver Oil is specially due to its great value as a permanent lung and bronchial healer.  
Sold everywhere, 35c large bottles.

J. L. MATHIEU CO., Prop., Sherbrooke, P.Q.

**Royal Reserve**  
The Whisky of Quality  
Aged in Wood 8 Years before bottling  
GUARANTEED BY THE GOVERNMENT OF CANADA  
Demand the Brand

## Ramsay's Empire Cream Sodas

In 2-lb. Tins

Have attained their enviable reputation by their superior quality and uniformity. The most discriminating housewife insists upon "Ramsays Empire" when buying Soda Biscuits.

They are made in B. C. and your grocer gets his supply frequently and quickly, insuring freshness, which means crispness.

Prove it by buying a tin with your next order.

Manufactured by

**RAMSAY BROS. & CO., LTD.**  
Vancouver, B. C.

## Let Us Save You Money on your Gasoline or Distillate

We guarantee to save you 25 per cent. on gasoline or distillate and upkeep and free any motor from CARBON troubles. A seven ounce box of Carbonvoid is equivalent to 50 gallons of gasoline. Every box of Carbonvoid \$15 in gasoline 400 to 500 ad-Carbonvoid is a just drop in the move all carbon. The largest companies in the world use it. THE ALLIES ORDERED IN JUNE 288,000 CARTONS. Previous order 250,000 cartons. Fully guaranteed or your money refunded. Mailed anywhere on receipt of \$1.50

For Sale Only by  
**Geo. L. Clayton, - Prince Rupert, B.C.**

## FROM FAR AND NEAR

Mrs. R. E. Gosse has passed away in Vancouver. The sympathy of Captain Gosse's many friends in the north will be extended to him in his bereavement. Mrs. Gosse, like her husband, was one of the pioneers of the coast, coming to Vancouver from Newfoundland in 1887.

F. P. Gutelius, manager of government railways, is planning to co-ordinate the efforts of the railway and shipping companies with regard to trans-Atlantic transportation during the winter.

Ottawa will no longer endeavor to raise new battalions for overseas but will devote its energies to the gathering of reinforcements for battalions now overseas. The fame of the battalion is being substituted for the popularity of the colonel.

The Vancouver Province publishes a report that Sir Wilfrid Laurier will shortly visit the coast along with Hon. Wm. Pugsley and Hon. George P. Graham. There is no official confirmation of the report.

Sir Wilfrid Laurier celebrated his 75th birthday last Monday. The aged Liberal leader and statesman is in splendid health.

No. 1, mine, Corbin, B. C., which was sealed up in 1913 in order to put out a fire which had firm

## NAVIGABLE WATERS PROTECTION ACT.

R. S. C. Chapter 115.

The Grand Trunk Pacific Railway Company hereby gives notice that it has under Section 7 of the said Act deposited with the Minister of Public Works at Ottawa and in the office of the District Registrar of the Land Registry Office, District of Prince Rupert at Prince Rupert, a description of the site and plans of warehouse proposed to be built in Prince Rupert Harbor at Prince Rupert, British Columbia, in front of waterfront Block "G" according to registered plan of the town site of the said city of Prince Rupert deposited in the aforesaid Land Registry Office as No. 923.

AND TAKE NOTICE that after the expiration of one month from the date of the first publication of this notice, the Grand Trunk Pacific Railway Company will under Section 7 of the said Act apply to the Minister of Public Works at his office in the City of Ottawa for approval of said site and plans, and for leave to construct the said warehouse.

Dated at Winnipeg, Manitoba, this 25th day of May A. D. 1916.  
THE GRAND TRUNK PACIFIC RAILWAY COMPANY.  
H. H. HANSARD, Solicitor.



FLIGHT LIEUT. A. J. CHADWICK

This young Canadian aviator recently escaped from a German prison camp into Holland and is being sent to England. His father is C. W. Chadwick, of Toronto.

hold of it, is found to be still burning, according to reports from Fernie.

Another rich ore shoot has been discovered at the 500-foot level in the Rocher De Boule Mine. The veins show high values in silver and five per cent copper.

Moore & Hogarty will have a crew of men at work all winter on their Hunter Basin property. Substantial living quarters have been erected for the men. Since taking over the property, Moore & Hogarty have staked more claims in this district.

Rev. R. S. A. Larter had rather an exciting experience last week when his team ran away. Fortunately he escaped without injury. One horse was rather badly cut. The accident took place near Hubert.

Work is being resumed on the Highland Boy property near Hazelton and will be continued all winter.

The coroner's jury places the blame for the recent terrible auto stage disaster in Vancouver on the driver of the auto. He was killed in the disaster.

Very stringent rules governing the operating of "movies" come into force in this province on January 1st. The new regulations extend to the censorship of films along much more strict lines than have obtained in the past.

A very valuable discovery of copper is reported from Sidney Inlet on the west coast of Vancouver Island. It is on the Dewdney property which is managed by S. I. Silverman. The ore is reported to run fifty per cent copper and thirty per cent silver. This property has been dormant for a number of years.

The Daily News delivered by carrier, 50 cents per month.

## Geo. P. McColl

GROCE

Has Moved into the Hart Bldg.

NOW READY FOR BUSINESS

## MINERAL ACT

Rivermouth Fractional mineral claim, situated in the Skeena Mining Division of Cassiar District.

Where located:—At the head of Alice Arm, adjoining the Rivermouth and Cariboo mineral claims.

TAKE NOTICE that I, G. R. Naden, Free Miners' Certificate No. 94,096B, acting as agent for Carrie Pratt, Free Miners' Certificate No. 93,917B, intend, sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of the above claim.

And further take notice that action, under section 85, must be commenced before the issue of such Certificate of Improvements.

Dated this 23rd day of December, A. D. 1915.  
APR. 9.

## Sterling

THE ENGINE REFINEMENT  
Finest boats that float  
FISHERMAN'S ENGINE  
2 Cyl.—8 1-2 in. by 7 in., 12-15 Horse Power.  
4 Cyl.—3 3-4 in. by 5 1-2 in., 25 Horse Power.  
4 Cyl.—8 1-2 in. by 8 in., 25-35 Horse Power.

For Further Information Apply to

W. E. WILLISCROFT  
Prince Rupert, B. C.

Prince Rupert Land District—District of Coast, Range 3.

TAKE NOTICE that the Pacific Mills, Limited, of Vancouver, B. C., occupation pulp and paper makers, intend to apply for permission to purchase the following described lands:—Commencing at a post planted at the southeast corner of Lot 209 on the west shore of Cousins Inlet, thence west 40 chains, thence south 20 chains, thence east to shore, thence northeasterly along shore to point of commencement, containing 65 acres, more or less.

PACIFIC MILLS LIMITED,  
Mark Smaby, agent.  
Dated May 13th, A. D. 1916. AUG. 13

## LAKELSE HOT SPRINGS HOTEL

—IS NOW OPEN TO GUESTS—

One of the largest Hot Springs in America, circumference 300 feet—Temperature of Water, 180 d. Fahr.

Excellent Trout Fishing in Lakelse Lake.  
Phone Connections with Terrace.  
RATES: \$2.50 per day.

For further particulars, apply to J. BRUCE JOHNSTONE, Manager.

## HIGHEST PRICES PAID FOR SECOND HAND GOODS OF ALL KINDS BOUGHT AND SOLD

HARD TIMES SATISFIED WITH A SMALL PROFIT  
Try 828 3rd Ave., Or Phone Red 268



2,000,000 Belgians Depend on us for Bread!

Since shortly after the German invasion, the Belgians have depended for food entirely on the "Commission for Relief in Belgium". Their own store of food, even if not destroyed or pillaged, would last only three weeks—they have had no chance to raise more—and the ruthless Germans refuse to supply them!

Backed by the

## Belgian Relief Fund

so generously contributed in the British Empire and the United States, the neutral Belgian Relief Commission has imported enough wheat, flour and other foods to feed the whole nation so far. The great majority of the 7,000,000 Belgians left in the country have been able to pay for their daily allowance of bread—but a steadily growing number have no money left.

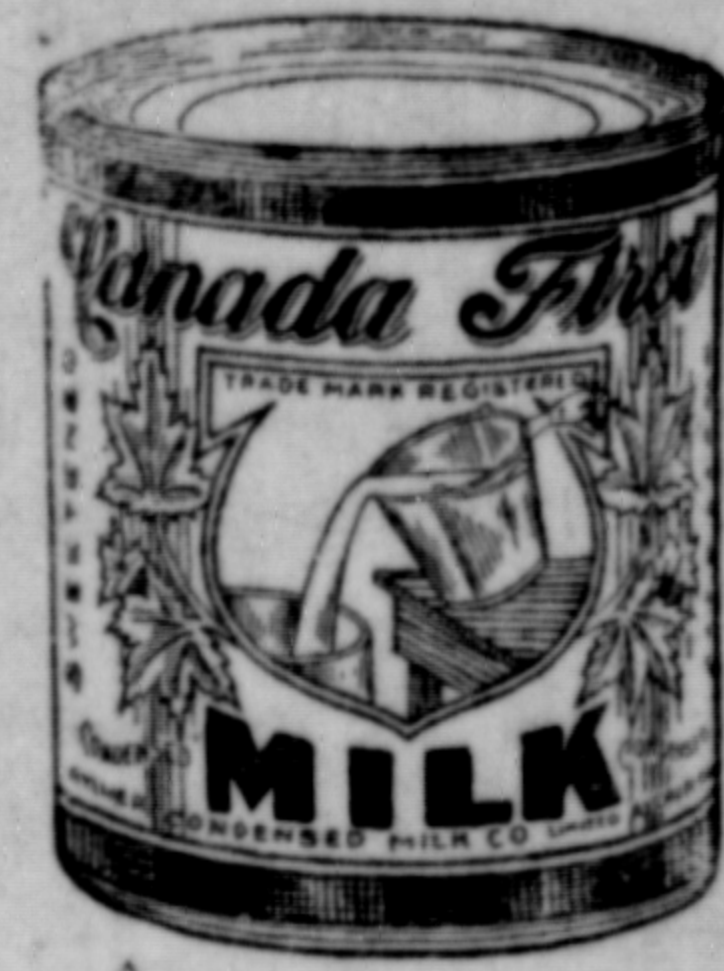
Unless we are willing to let these hundreds of thousands of women, children and old men starve, they must be fed at the expense of the Belgian Relief Fund. To make this possible someone must contribute nearly \$3,000,000 a month—every month—all this winter!

No people under the Allied Flags are as well able to contribute generously as we Canadians! No cause has ever been more deserving of help! In the name of Justice and Humanity—for the sake of our own self-respect—let us give all we can to help our martyred Allies!

Send your subscriptions weekly, monthly or in one lump sum to Local or Provincial Committees, or to the

Central Executive Committee, 59 St. Peter St., Montreal

\$2.50 Feeds A Belgian Family A Month.



## CANADIAN WOMEN SHOULD KNOW THIS—

"CANADA FIRST" Milk is the BEST Milk sold by Your Grocer. The Government Bulletin No. 305 tells the story—IT COSTS THE SAME.

ASK YOUR GROCER FOR THIS CANADIAN OWNED CANADIAN MADE PRODUCT—INSIST

If you want whipped cream, chill "Canada First" Evaporated—then whip as with fresh cream.

THE AYLMER CONDENSED MILK CO., LTD.

AYLMER, ONT., CANADA



## The Poor Man's University

"JONES knows more about motor cars than any other man I know," said a man to his friend. "He has obtained his knowledge chiefly from motor car advertisements, and the catalogues and booklets circulated through them."

"All I know about photography," declared a well-known amateur, "I have learned from the men who advertise cameras, plates, papers and films."

Advertisements have been well called "The Poor Man's University," but other than poor men have been schooled thereby.

Much of what the average individual knows concerning personal and domestic hygiene, modern office methods, books and authors, electricity, precious stones, investments, and almost everything else, he has learned from advertisements.

Advertisements have stimulated our intelligence, added enormously to our knowledge, and given us aspirations which have raised us to higher levels of thinking and living. Advertising is indeed "The Poor Man's University."