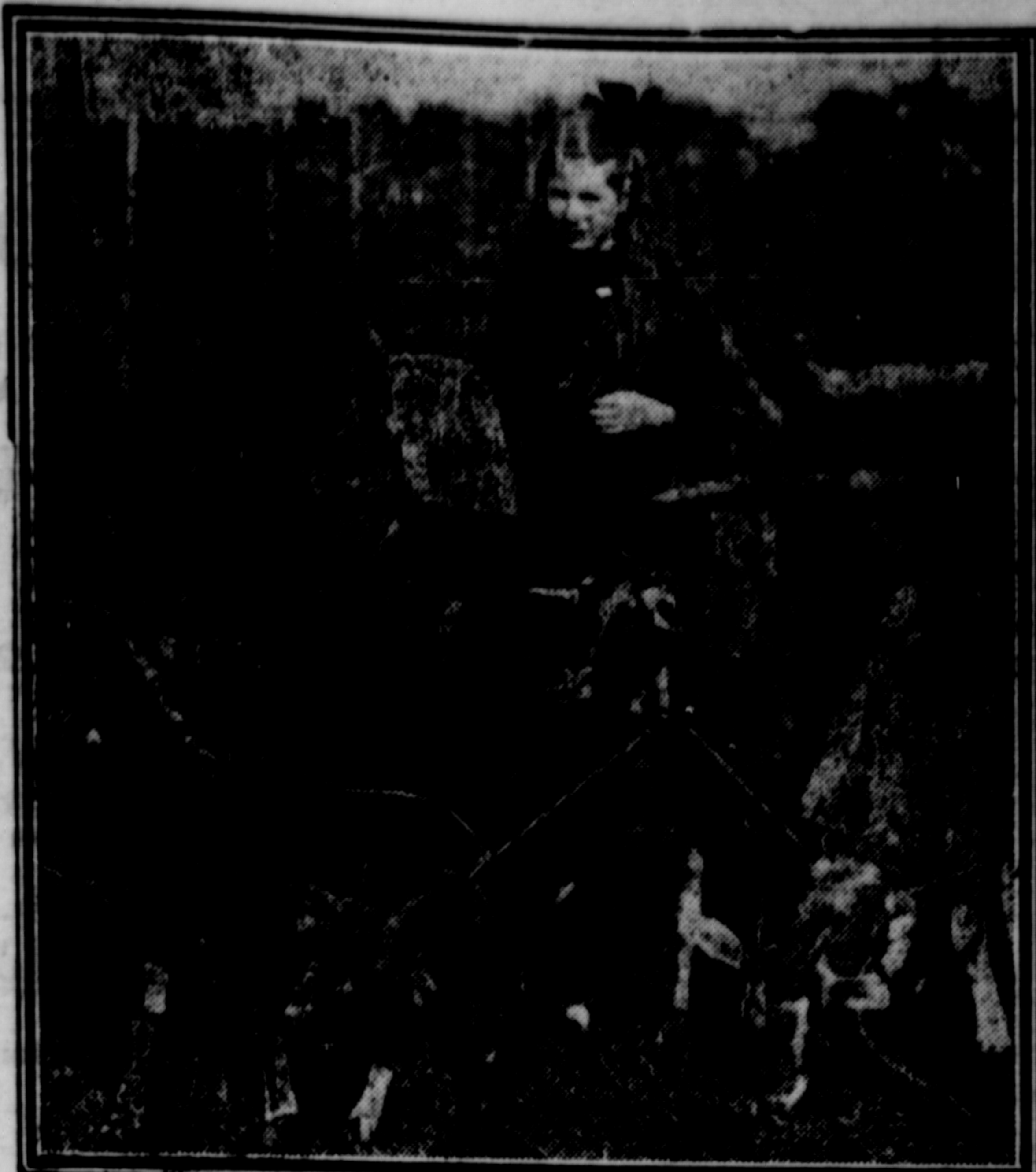


## HEART BADLY AFFECTED

### "Fruit-a-tives" Soon Relieved This Dangerous Condition

632 GERRARD ST. EAST, TORONTO.  
"For two years, I was a victim of Acute Indigestion and Gas In The Stomach. It afterwards attacked my Heart and I had pains all over my body, so that I could hardly move around. I tried all kinds of Medicine but none of them did me any good. At last, I decided to try "Fruit-a-tives". I bought the first box last June, and now I am well, after using only three boxes. I recommend "Fruit-a-tives" to anyone suffering from Indigestion".  
FRED J. CAVEEN.  
50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.



## WANTED

Experienced Bridge men, Track men, Tracklayers and General Construction Laborers to join the 239th Battalion, Overseas Railway Construction Corps. Drafts leaving Vancouver, B. C., for Valcartier, P. Q., weekly.  
Be attested and forward papers to Vancouver, and transportation will be arranged at once.  
Send all communications to: Officer commanding, 239th Battalion, C.E.F., 175 Cordova St., W., Vancouver, B. C.

## Salvation Army.

Public meetings, Tuesday, Thursday and Saturday at 8 p. m. Sundays at 7:30 p. m.

## Coughing scatters germs — Stop it

Coughing increases the irritation of the already inflamed mucous membranes and is moreover apt to carry disease to others.  
Mathieu's Syrup of Tar and Cod Liver Oil promptly stops coughing, and soon, thanks to its tonic properties, effects a permanent cure.  
The wonderful popularity of Mathieu's Syrup of Tar and Cod Liver Oil is specially due to its great value as a permanent lung and bronchial healer.  
Sold everywhere, 35c large bottles.

J. L. MATHIEU CO., Prop., Sherbrooke, P.Q.

For bottles and bottles of Mathieu's Syrup of Tar and Cod Liver Oil, please send this card to the nearest dealer or to the manufacturer, J. L. Mathieu Co., Sherbrooke, P.Q.

## NANNY FIGHTS PROFITEERS

As the farmers' union in Scotland is trying to raise the price of milk to 36 cents per gallon, many families have started goat farms to ensure a supply for winter. The pictures show (1) a diminutive milkmaid and her herd of goats. (2) A tiny milkmaid with her pail and stool all ready to milk her goats.



## LUMBERMEN WANTED

The British army requires lumber just as much as it requires munitions and there are many men in Canada who can do their share for the Empire by enlisting in the Forestry Battalions. Sergt. Stokes is at the Red Cross rooms recruiting for a new Forestry Battalion and blacksmiths, teamsters, chaffeurs, sawyers, filers, edgemens, fellers, laborers and anyone having a knowledge of lumbering will be welcomed to the ranks.

## J. E. Davey

Teacher of Singing and Voice Production.

PHONE BLACK 217.

and it is expected that, in time, valuable crops will be raised.

The German government has ordered a thousand cases of canned cabbage from Puyallup, Wn., to be shipped to San Francisco, there to be transferred to some secret point where it will probably be loaded on a submarine.

Leather chairs and rockers. A substantial gift. Big discounts at Geo. D. Tite's. tf.

When you think of shoes, think of Wallace's. 280.

Be at the Empress Theatre tonight to show your appreciation of the heroes of Coronel, Falkland Islands, Heligoland and Jutland.

Eider-down comforts. Pillows sheets and blankets. See Tite's large assortment. tf.

Rain-coats for ladies and children—Wallace's. 280.

## LIQUOR ACT, 1910.

(Section 42.)  
NOTICE is hereby given that, on the first day of December next, application will be made to the Superintendent of Provincial Police for renewal of the hotel licence to sell liquor by retail in the hotel known as the Northern Hotel, situate at Port Simpson, in the Province of British Columbia.  
Dated this 7th day of October, 1916.  
ERNEST WOOD RICHARDS, Applicant.

## MINERAL ACT

Rivermouth Fractional mineral claim, situated in the Skeena Mining Division of Cassiar District.  
Where located:—At the head of Alice Arm, adjoining the Rivermouth and Cariboo mineral claims.  
TAKE NOTICE that I, G. R. Naden, Free Miners' Certificate No. 94,096B, acting as agent for Carrie Pratt, Free Miners' Certificate No. 93,917B, intend, sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of the above claim.  
And further take notice that action, under section 85, must be commenced before the issue of such Certificate of Improvements.  
Dated this 23rd day of December, A. D. 1915.  
ADP. 2.

## FROM FAR AND NEAR

Two little boys, aged 6 and 5 years, recently made the trip from Scotland to High Bluffs, Manitoba. They came out with address labels attached to them. The father of the little fellows was killed at the front and they have come to join their mother in Manitoba.

Government officials in Illinois are investigating charges which have been made against speculators that they have bought up crops of fruits and vegetables and let them rot on the ground in order to drive prices still higher.

Arms and ammunition have been smuggled into the Oregon penitentiary and concealed by the convicts. An escaped trusty is supposed to be responsible for the scheme.

In Bellingham, Wash., a young Austrian woman, named Annie Bojanovich, has been found to be suffering from leprosy.

Stefansson is reported to be having trouble with the blond Eskimos, according to a letter received in New York. The trouble began over trade relations and, when the "blondies" developed an epidemic of influenza in their midst, they laid the blame on the explorer.

It is stated that a British syndicate may purchase Reuter's News Agency. Reuter's agency is world-wide and the most important factor in the transmission of the world's news. The move is being made with a view to keeping it free from German control.

The commissioner of agriculture for Alaska has introduced a hardy form of alfalfa from Siberia to Alaska. Seed is being grown from the imported seeds



2,000,000 Belgians Depend on us for Bread!

Since shortly after the German invasion, the Belgians have depended for food entirely on the "Commission for Relief in Belgium". Their own store of food, even if not destroyed or pillaged, would last only three weeks—they have had no chance to raise more—and the ruthless Germans refuse to supply them!

Backed by the

## Belgian Relief Fund

so generously contributed in the British Empire and the United States, the neutral Belgian Relief Commission has imported enough wheat, flour and other foods to feed the whole nation so far. The great majority of the 7,000,000 Belgians left in the country have been able to pay for their daily allowance of bread—but a steadily growing number have no money left.

Unless we are willing to let these hundreds of thousands of women, children and old men starve, they must be fed at the expense of the Belgian Relief Fund. To make this possible someone must contribute nearly \$3,000,000 a month—every month—all this winter!

No people under the Allied Flags are as well able to contribute generously as we Canadians! No cause has ever been more deserving of help! In the name of Justice and Humanity—for the sake of our own self-respect—let us give all we can to help our martyred Allies!

Send your subscriptions weekly, monthly or in one lump sum to Local or Provincial Committees, or to the

Central Executive Committee, 59 St. Peter St., Montreal

\$2.50 Feeds A Belgian Family A Month.



CANADIAN WOMEN SHOULD KNOW THIS—  
"CANADA FIRST" Milk is the BEST Milk sold by Your Grocer. The Government Bulletin No. 305 tells the story—IT COSTS THE SAME.  
ASK YOUR GROCER FOR THIS CANADIAN OWNED CANADIAN MADE PRODUCT—INSIST  
If you want whipped cream, chill "Canada First" Evaporated—then whip as with fresh cream.  
THE AYLMER CONDENSED MILK CO., LTD.  
AYLMER, ONT., CANADA

## Ramsay's Empire Cream Sodas

In 2-lb. Tins

Have attained their enviable reputation by their superior quality and uniformity. The most discriminating housewife insists upon "Ramsay's Empire" when buying Soda Biscuits.

They are made in B. C. and your grocer gets his supply frequently and quickly, insuring freshness, which means crispness.

Prove it by buying a tin with your next order.

Manufactured by

RAMSAY BROS. & CO., LTD.

Vancouver, B. C.

## Let Us Save You Money on your Gasoline or Distillate

We guarantee to save you 25 per cent. on gasoline or distillate and upkeep and free any motor from CARBON troubles. A seven ounce box of Carbonvoid is equivalent to 50 gallons of gasoline. Every box of Carbonvoid will save you and give from 400 to 500 additional miles. Carbonvoid is a dry powder you tank. Will re-form from cylinders. The largest companies in the world use it. THE ALLIES ORDERED IN JUNE 288,000 CARTONS. Previous order 250,000 cartons. Fully guaranteed or your money refunded. Mailed anywhere on receipt of \$1.50

Carbonvoid puts the "GO" in Gasoline:

For Sale Only by  
Geo. L. Clayton, - Prince Rupert, B.C.



## The Poor Man's University

"JONES knows more about motor cars than any other man I know," said a man to his friend. "He has obtained his knowledge chiefly from motor car advertisements, and the catalogues and booklets circulated through them."

"All I know about photography," declared a well-known amateur, "I have learned from the men who advertise cameras, plates, papers and films."

Advertisements have been well called "The Poor Man's University," but other than poor men have been schooled thereby.

Much of what the average individual knows concerning personal and domestic hygiene, modern office methods, books and authors, electricity, precious stones, investments, and almost everything else, he has learned from advertisements.

Advertisements have stimulated our intelligence, added enormously to our knowledge, and given us aspirations which have raised us to higher levels of thinking and living. Advertising is indeed "The Poor Man's University."

If you are doing a local business talk over your advertising problems with the Advertising Department of this newspaper.  
If you are doing a provincial or national business it would be well for you to have the counsel and assistance of a good advertising agency. A list of these will be furnished, without cost or obligation, by the Secretary of Canadian Press Association, Room 303, Lumsden Building, Toronto.