

THE TONIC THAT BRINGS HEALTH

"Fruit-a-tives" Builds Up The Whole System

Those who take "Fruit-a-tives" for the first time, are often astonished at the way it builds them up and makes them feel better all over. They may be taking "Fruit-a-tives" for some specific disease, as Constipation, Indigestion, Chronic Headaches or Neuralgia, Kidney or Bladder Trouble, Rheumatism or Pain in the Back. And they find, when "Fruit-a-tives" has cured the disease, that they feel better and stronger in every way. This is due to the wonderful tonic properties of these famous tablets, made from fruit juices. 50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

WANTED

Experienced Bridge men, Track men, Tracklayers and General Construction Laborers to join the 239th Battalion, Overseas Railway Construction Corps. Drafts leaving Vancouver, B. C., for Valcartier, P. Q., weekly.

Be attested and forward papers to Vancouver, and transportation will be arranged at once.

Send all communications to: Officer commanding, 239th Battalion, C. E. F., 175 Cordova St., W., Vancouver, B. C.

Coughing scatters germs — Stop it

Coughing increases the irritation of the already inflamed mucous membranes and is moreover apt to carry disease to others.

Mathieu's Syrup of Tar and Cod Liver Oil promptly stops coughing, and soon, thanks to its tonic properties, effects a permanent cure.

The wonderful popularity of Mathieu's Syrup of Tar and Cod Liver Oil is especially due to its great value as a permanent lung and bronchial healer.

Sold everywhere, 35c large bottles.

J. L. MATHIEU CO., Prop., Sherbrooke, P. Q.

See handbooks use Mathieu's Syrup of Tar and Cod Liver Oil. After accompanying note. See a box of 50 bottles.

Salvation Army.

Public meetings, Tuesday Thursday and Saturday at 8 p. m. Sundays at 7:30 p. m.

The Daily News delivered by carrier, 50 cents per month.



TAKING A RISE OUT OF YOUR UNCLE SAMMY.

The Kaiser to his submarine commander: "The United States be d—d, blow up another." (Cartoon by Hunter in Toronto World)

"A Dollar Saved is a Dollar Earned"

A DOLLAR to your credit in the bank, is yours. You don't have to work for it all over again—as you do for the dollars that have been spent.

How many dollars have you that you can call your own? Why not start an account in our Savings Department and save a part of the money you earn? A few dollars saved each week, amount to hundreds in the course of a few years.

THE BANK OF British North America

75 YEARS IN BUSINESS. CAPITAL AND SURPLUS, \$7,884,000.

PRINCE RUPERT BRANCH W. J. SMITHERS, Manager

Geo. P. McColl

GROCER

Has Moved into the Hart Bldg.

NOW READY FOR BUSINESS

of wire cable and two anchors during a terrific storm.

Joseph King, a member of the British House of Commons, has been fined \$500, with \$125 costs, for supplying information regarding British munition supplies to a friend in New York.

The Seattle police are still busy hunting out the liquor sellers. Their latest raid resulted in thirty-four arrests. The chief's orders are to continue the dragnet system until every undesirable is punished, or driven out of the city.

Fifty I. W. W. men landed the other day in Roseburg, Ore., by freight train. They marched in a body to the mayor's office and demanded food and shelter. The police marched them outside the city limits and they are being kept there.

Eider-down comforts. Pillows sheets and blankets. See Tite's large assortment. tf.

Christian Science Society services are held every Sunday at 11 a. m. Sunday School at 12 noon. Wednesday evening meeting at 8 o'clock. Hays Building, 245 2nd Avenue.

LUMBERMEN WANTED

The British army requires lumber just as much as it requires munitions and there are many men in Canada who can do their share for the Empire by enlisting in the Forestry Battalions. Sergt. Stokes is at the Red Cross rooms recruiting for a new Forestry Battalion and blacksmiths, teamsters, chaffeurs, sawyers, filers, edgemens, fellers, laborers and anyone having a knowledge of lumbering will be welcomed to the ranks. tf.

FROM FAR AND NEAR

Maidstone Corporation, in England, has experimented in municipal farming and has made a profit of \$800 from spuds grown on four acres placed at the disposal of the Sewage Disposal Works.

Roald Amundsen, the Antarctic explorer is in New York to purchase hydroplanes preparatory to an attempt to fly to the North Pole some time in 1918.

Forty-seven women in Russia have qualified as engineers recently at the higher technical schools in the Czar's domain.

W. G. Sotham, who is associated with Captain Alexander of the Engineer mine in the Atlin district, has been sent to the general hospital at Juneau, suffering from a severe injury to his right eye by a flying piece of wood. It is hoped that the sight of the eye will be saved.

The battleships of the United States to be built under the 1918 program will be equipped with 16-inch guns.

The Alaskan salmon pack for the past season was a record for that district, 4,700,000 cases of salmon having been put up.

Nick Mechem, a prospector who is working a property near the Teikhell roadhouse near Valdez, Alaska, has brought in very rich samples of free-milling ore from his claim. Some of the specimens are stated by the Valdez Prospector to go \$150,000 to the ton. This must be a Bonanza.

The rector of Bugbrooke, Nottingham, England, has been taken to court for ringing his church bells during the time all lights are supposed to be hidden as protection against Zeppelins. He was found guilty but no fine was imposed.

The halibut schooner Tyee, well known at this port, put in to Ketchikan the other day after losing two hundred and fifty feet.



Royal Reserve

The Whisky of Quality

Aged in Wood 8 Years before bottling

GUARANTEED BY THE GOVERNMENT OF CANADA

Demand the Brand



CANADIAN WOMEN SHOULD KNOW THIS—

"CANADA FIRST" Milk is the BEST Milk sold by Your Grocer. The Government Bulletin No. 305 tells the story—IT COSTS THE SAME. ASK YOUR GROCER FOR THIS CANADIAN OWNED CANADIAN MADE PRODUCT—INSIST. If you want whipped cream, chill "Canada First" Evaporated—then whip as with fresh cream. THE AYLMER CONDENSED MILK CO., LTD. AYLMER, ONT., CANADA



2,000,000 Belgians Depend on us for Bread!

Since shortly after the German invasion, the Belgians have depended for food entirely on the "Commission for Relief in Belgium". Their own store of food, even if not destroyed or pillaged, would last only three weeks—they have had no chance to raise more—and the ruthless Germans refuse to supply them!

Backed by the

Belgian Relief Fund

so generously contributed in the British Empire and the United States, the neutral Belgian Relief Commission has imported enough wheat, flour and other foods to feed the whole nation so far. The great majority of the 7,000,000 Belgians left in the country have been able to pay for their daily allowance of bread—but a steadily growing number have no money left.

Unless we are willing to let these hundreds of thousands of women, children and old men starve, they must be fed at the expense of the Belgian Relief Fund. To make this possible someone must contribute nearly \$3,000,000 a month—every month—all this winter!

No people under the Allied flag are as well able to contribute generously as we Canadians! No cause has ever been more deserving of help! In the name of Justice and Humanity—for the sake of our own self-respect—let us give all we can to help our martyred Allies!

Send your subscriptions weekly, monthly or in one lump sum to Local or Provincial Committee, or to the

Central Executive Committee, 50 St. Peter St., Montreal \$2.50 Feeds A Belgian Family A Month.

Ramsay's Empire Cream Sodas

In 2-lb. Tins

Have attained their enviable reputation by their superior quality and uniformity. The most discriminating housewife insists upon "Ramsay's Empire" when buying Soda Biscuits.

They are made in B. C. and your grocer gets his supply frequently and quickly, insuring freshness, which means crispness.

Prove it by buying a tin with your next order.

Manufactured by

RAMSAY BROS. & CO., LTD.

Vancouver, B. C.

Let Us Save You Money on your Gasoline or Distillate

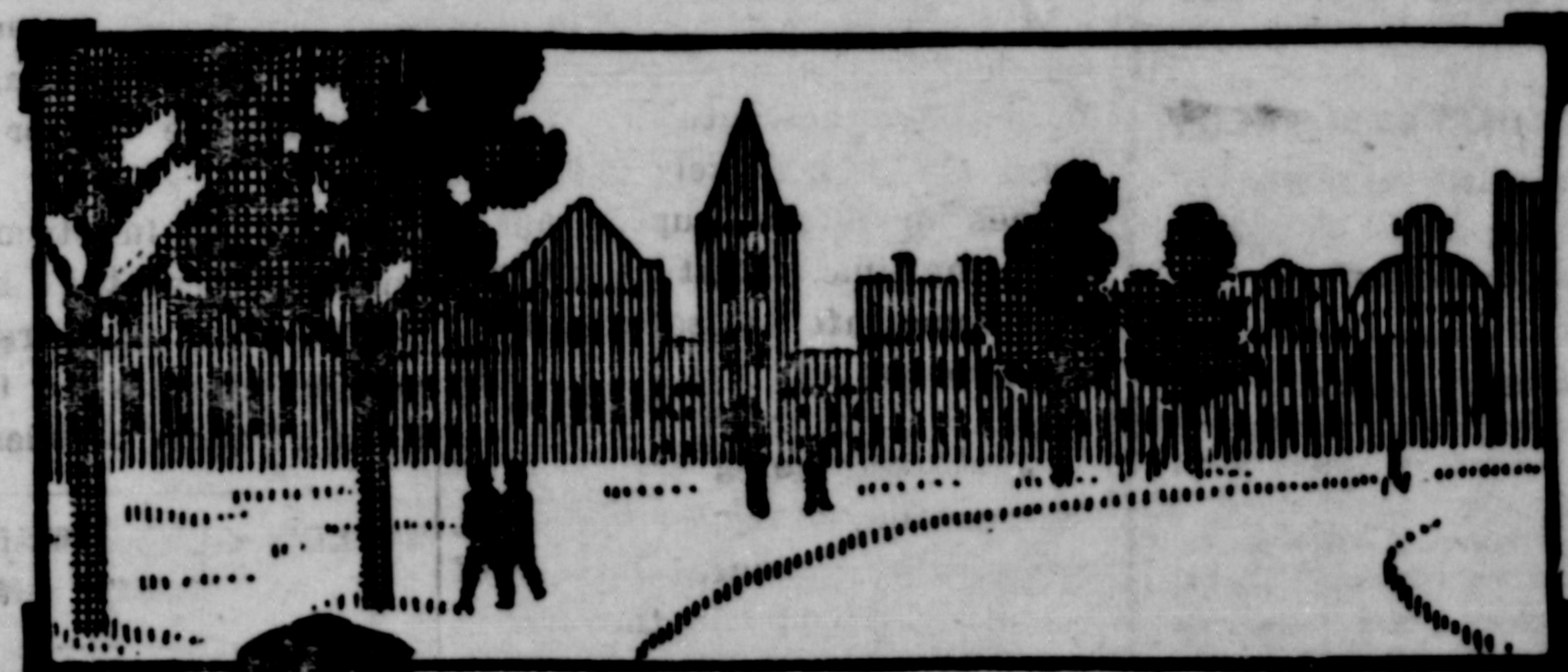
We guarantee to save you 25 per cent. on gasoline or distillate and upkeep and free any motor from CARBON troubles. A seven ounce box of Carbonvoid is equivalent to 50 gallons of gasoline. Every box of Carbonvoid will save you and give from 400 to 500 additional miles. Carbonvoid is a just drop in the tank. Will remove all carbon from the engine.

Carbonvoid puts the "GO" in Gasoline:

The largest companies in the world use it. THE ALLIES ORDERED IN JUNE 238,000 CARTONS. Previous order 250,000 cartons. Fully guaranteed or your money refunded. Mailed anywhere on receipt of \$1.50

For Sale Only by

Geo. L. Clayton, - Prince Rupert, B.C.



The Poor Man's University

"JONES knows more about motor cars than any other man I know," said a man to his friend. "He has obtained his knowledge chiefly from motor car advertisements, and the catalogues and booklets circulated through them."

"All I know about photography," declared a well-known amateur, "I have learned from the men who advertise cameras, plates, papers and films."

Advertisements have been well called "The Poor Man's University," but other than poor men have been schooled thereby.

Much of what the average individual knows concerning personal and domestic hygiene, modern office methods, books and authors, electricity, precious stones, investments, and almost everything else, he has learned from advertisements.

Advertisements have stimulated our intelligence, added enormously to our knowledge, and given us aspirations which have raised us to higher levels of thinking and living. Advertising is indeed "The Poor Man's University."

If you are doing a local business talk over your advertising problems with the Advertising Department of this newspaper. If you are doing a provincial or national business it would be well for you to have the counsel and assistance of a good advertising agency. A list of these will be furnished, without cost or obligation, by the Secretary of Canadian Press Association, Room 503, Lumsden Building, Toronto.