

TWO LONG YEARS HE SUFFERED

"Fruit-a-tives" Made Him Feel As If Walking On Air

OTTAWA, Ont., Nov. 28th, 1914.
"For over two years, I was troubled with Constipation, Drowsiness, Lack of Appetite and Headaches. One day I saw your sign which read 'Fruit-a-tives make you feel like walking on air.' This appealed to me, so I decided to try a box. In a very short time, I began to feel better, and now I feel fine. I have good appetite, relish everything I eat, and the Headaches are gone entirely. I recommend this pleasant fruit medicine to all my friends."

DAN McLEAN.
50c. a box, 6 for \$2.50, trial size, 25c.
At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

WANTED

Experienced Bridge men, Track men, Tracklayers and General Construction Laborers to join the 239th Battalion, Overseas Railway Construction Corps.
Drafts leaving Vancouver, B. C., for Valcartier, P. Q., weekly.
Be attested and forward papers to Vancouver, and transportation will be arranged at once.
Send all communications to: Officer commanding, 239th Battalion, C. E. F., 175 Cordova St., W., Vancouver, B. C.

Coughing scatters germs — Stop it

Coughing increases the irritation of the already inflamed mucous membranes and is moreover apt to carry disease to others.
Mathieu's Syrup of Tar and Cod Liver Oil promptly stops coughing, and soon, thanks to its tonic properties, effects a permanent cure.
The wonderful popularity of Mathieu's Syrup of Tar and Cod Liver Oil is specially due to its great value as a permanent lung and bronchial healer.
Sold everywhere, 35c large bottles.
J. L. MATHIEU CO., Prop., Sherbrooke, P. Q.

Salvation Army.
Public meetings, Tuesday, Thursday and Saturday at 8 p. m. Sundays at 7:30 p. m.

OPEN LEADS CAUSED THE WIRE TROUBLES

(Continued From Page One.)

made, he favored the publishing of the report in full.

Ald. Montgomery said that he did not know what Ald. McClymont meant by direct attacks, but a certain newspaper in town had tried to throw grave suspicions upon the city council in this matter.

Ald. Meltae said that he thought they should not take seriously the wild charges made by people who did not know what they were talking about. Everybody was aware that the storm of November 20th was something away out of the ordinary in regard to its effect upon wiring, and that the government telegraph system between here and Port Simpson had been torn to shreds and had to be rewired entirely. The G. T. P. had also had the same difficulty to contend with that the city and government had. He thought that the superintendent's report answered fully the wild statements made by irresponsible parties.

Ald. Casey said he had no objection to the report being published. He said that Mr. Kennedy had warned the council in May of the condition of the telephone system and that the council had done nothing to take care of the danger. They concentrated their energies on retrenchment and reform, laying off men instead of improving the system. He said that a man named Summers had been laid off. He did not want to make a noise over a misfortune but he thought the council had been negligent in its duty in regard to the telephone system.

Ald. Montgomery said that Mr. Summers had been an inside man and did not belong to the line gang, which had been kept up to its former strength.

Mayor McCaffery said that Ald. Casey was very fair in taking his share of the responsibility, he being a member of the council.
Ald. Nelson said that Ald. Casey spoke as if he were entirely outside of the council. He did not recollect that Ald. Casey had ever raised his voice in council as to the condition of the telephone system. The council had had a serious financial duty thrust upon

it in getting the city out of the hole and there was no money to expend on renewing the telephone system. He accepted full responsibility for his share in the matter and thought the council was justified in pursuing the line it did, just as the councils of 1914 and 1915 had done. He did not shirk responsibility just because the elections were near. The report was adopted.

SAVINGS ENQUIRY

At the city council last night Ald. Casey, seconded by Ald. Smith, brought in a resolution asking that the heads of the various departments bring in, not later than December 18th, reports covering the reductions made during the year in the operating forces of their departments, showing what savings had been made and how the savings had been effected. The resolution was adopted unanimously.

RED CROSS SALE

The Red Cross sale of last Friday, in charge of Mrs. Oakley and Mrs. Winsby, realized the sum of \$13.55. The society wishes to extend its thanks to these two ladies and to all who contributed to the success of the sale. Mr. Broderick gave a \$5 gold piece, won by Mr. F. G. Dawson; Mrs. William Millar a hand-worked towel, won by Miss Taylor; Miss Gleeson a pair of hand-knitted gloves, won by Mr. McRostric; Mrs. John McRae a collar and doilie, won by Mrs. Harper, and Mrs. Jennings. The Indian mat and pocket, left from the carnival, were won by Mrs. Jennings. The following sent donations of food: Mrs. Besner, Mrs. Smith (Digby), Mrs. McMullin, Mrs. A. M. Manson, Mrs. Humble, Mrs. Patmore, Mrs. de Gex, Mrs. Irwin, Mrs. Fuller, Mrs. Carss, Mrs. Parker, Mrs. Winsby, Mrs. Wrathall, Mrs. Kilpatrick, Mrs. McIntosh, Mrs. Young, Mrs. Douglas, Mrs. Allison, Mrs. W. S. Fisher, Mrs. Bowness, Mrs. Mellior, Mrs. R. S. Wright, Mrs. D. C. Stuart, Mrs. M. M. Stephens, Mrs. Turnbull, Mrs. Eggert, Mrs. D. G. Stewart, Mrs. Oakley, Mrs. Lord, Mrs. Harper, Mrs. Orme, Ms. H. F. McRae, Mrs. R. J. D. Smith, Mrs. Irvine, Mrs. Lindsay, Mrs. McNicholl, Mrs. D. C. McRae, Mrs. Harold Parker, Mrs. Willisroft, Mrs. Hal Peck, Mrs. Dowling, Mrs. Brooksbank, Mrs. Akerberg, Mrs. Storings, Mrs. Geo. Sutherland, and Mrs. A. B. Evans.

NAVIGABLE WATERS PROTECTION ACT. R. S. C. Chapter 115.

The Grand Trunk Pacific Railway Company hereby gives notice that it has under Section 7 of the said Act deposited with the Minister of Public Works at Ottawa and in the office of the District Registrar of the Land Registry Office, District of Prince Rupert at Prince Rupert, a description of the site and plans of warehouse proposed to be built in Prince Rupert Harbor at Prince Rupert, British Columbia, in front of waterfront Block "G" according to registered plan of the town-site of the said city of Prince Rupert deposited in the aforesaid Land Registry Office as No. 923.

AND TAKE NOTICE that after the expiration of one month from the date of the first publication of this notice, the Grand Trunk Pacific Railway Company will under Section 7 of the said Act apply to the Minister of Public Works at his office in the City of Ottawa for approval of said site and plans, and for leave to construct the said warehouse.

Dated at Winnipeg, Manitoba, this 25th day of May A. D. 1916.
THE GRAND TRUNK PACIFIC RAILWAY COMPANY.
H. H. HANSARD, Solicitor.

KEEP THE KIDDIES WELL

Buy Rubbers and Overshoes For Their Little Feet and at the Same Time Save the Expensive Shoes From Injury by Water, Ice and Snow

The woman who has several little tots to provide with shoes will welcome the announcement that, through the efforts of the British Government, the price of rubber has been reduced so that the rubber shoes that keep the little ones' feet dry have not advanced in price, as other footwear has. Here's an opportunity for the mother to keep the kiddies dry-shod and, at the same time, save the expensive little shoes, that have almost doubled in price. Mothers should buy rubbers this fall, not only to keep the children's feet dry, but to keep the fall rains and the snow water from rotting the expensive leather in their shoes. The economical woman will appreciate this and at the same time hers will be a patriotic act, a service to the British Government, every time she buys a pair of rubbers. 21

Christmas cards, 5c upwards—Wallace's. 284.

Eider-down comforts, Pillows sheets and blankets. See Tite's large assortment. 1f.

Christmas postals 2 for 5c.—Wallace's. 284.

LAND ACT

VANCOUVER LAND DISTRICT—DISTRICT OF COAST, RANGE 3.

TAKE NOTICE that I, Leo Stanley Burdon, of Ocean Falls, B. C., occupation mill secretary, intend to apply for permission to purchase the following described lands: Commencing at a post planted about five chains distant and in a westerly direction from the southwest corner of Lot 31, Range 3, Coast District, thence south 20 chains; thence east 25 chains; thence north 20 chains; thence west 52 chains, to this post, containing in all about 45 acres.
LEO STANLEY BURDON.
NOVEMBER 8, 1916. F. 6.

WE PAY HIGHEST PRICES FOR RAW FURS FREE! HALLAM'S TRAPERS GUIDE (small or large) FREE! HALLAM'S TRAPERS GUIDE (small or large) FREE! HALLAM'S TRAPERS GUIDE (small or large) FREE!
Write Today! Address: JOHN HALLAM, 512 TORONTO



CANADIAN WOMEN SHOULD KNOW THIS—
"CANADA FIRST" Milk is the BEST Milk sold by Your Grocer. The Government Bulletin No. 305 tells the story—IT COSTS THE SAME.
ASK YOUR GROCER FOR THIS CANADIAN OWNED CANADIAN MADE PRODUCT—INSIST
If you want whipped cream, chill "Canada First" Evaporated—then whip as with fresh cream.
THE AYLMER CONDENSED MILK CO., LTD.
AYLMER, ONT., CANADA



2,000,000 Belgians Depend on us for Bread!

Since shortly after the German invasion, the Belgians have depended for food entirely on the "Commission for Relief in Belgium". Their own store of food, even if not destroyed or pillaged, would last only three weeks—they have had no chance to raise more—and the ruthless Germans refuse to supply them!

Backed by the

Belgian Relief Fund

so generously contributed in the British Empire and the United States, the neutral Belgian Relief Commission has imported enough wheat, flour and other foods to feed the whole nation so far. The great majority of the 7,000,000 Belgians left in the country have been able to pay for their daily allowance of bread—but a steadily growing number have no money left.

Unless we are willing to let these hundreds of thousands of women, children and old men starve, they must be fed at the expense of the Belgian Relief Fund. To make this possible someone must contribute nearly \$3,000,000 a month—every month—all this winter!

No people under the Allied Flags are as well able to contribute generously as we Canadians! No cause has ever been more deserving of help! In the name of Justice and Humanity—for the sake of our own self-respect—let us give all we can to help our martyred Allies!

Send your subscriptions weekly, monthly or in one lump sum to Local or Provincial Committees, or to the

Central Executive Committee, 59 St. Peter St., Montreal

\$2.50 Feeds A Belgian Family A Month.

Ramsay's Empire Cream Sodas

In 2-lb. Tins

Have attained their enviable reputation by their superior quality and uniformity. The most discriminating housewife insists upon "Ramsay's Empire" when buying Soda Biscuits.

They are made in B. C. and your grocer gets his supply frequently and quickly, insuring freshness, which means crispness.

Prove it by buying a tin with your next order.

Manufactured by

RAMSAY BROS. & CO., LTD.

Vancouver, B. C.

Let Us Save You Money on your Gasoline or Distillate

We guarantee to save you 25 per cent. on gasoline or distillate and upkeep and free any motor from CARBON troubles. A seven ounce box of Carbonvoid is equivalent to 50 gallons of gasoline. Every box of Carbonvoid \$15. In gasoline 400 to 500 ad- Carbonvoid is a just drop in the move all carbon. The largest companies in the world use it. THE ALLIES ORDERED IN JUNE 288,000 CARTONS. Previous order 250,000 cartons. Fully guaranteed or your money refunded. Mailed anywhere on receipt of \$1.50

Carbonvoid puts the "GO" in Gasoline:

For Sale Only by **Geo. L. Clayton, - Prince Rupert, B.C.**

Royal Reserve
The Whisky of Quality
Aged in Wood 8 Years before bottling
GUARANTEED BY THE GOVERNMENT OF CANADA

Demand the Brand



The Poor Man's University

"JONES knows more about motor cars than any other man I know," said a man to his friend. "He has obtained his knowledge chiefly from motor car advertisements, and the catalogues and booklets circulated through them."

"All I know about photography," declared a well-known amateur, "I have learned from the men who advertise cameras, plates, papers and films."

Advertisements have been well called "The Poor Man's University," but other than poor men have been schooled thereby.

Much of what the average individual knows concerning personal and domestic hygiene, modern office methods, books and authors, electricity, precious stones, investments, and almost everything else, he has learned from advertisements.

Advertisements have stimulated our intelligence, added enormously to our knowledge, and given us aspirations which have raised us to higher levels of thinking and living. Advertising is indeed "The Poor Man's University."

If you are doing a local business talk over your advertising problems with the Advertising Department of this newspaper.
If you are doing a provincial or national business it would be well for you to have the counsel and assistance of a good advertising agency. A list of these will be furnished, without cost or obligation, by the Secretary of Canadian Press Association, Room 503, Lumsden Building, Toronto.