

HEALTHIEST ONE IN THE FAMILY

No Sign Of Dropsy And Kidney Trouble
Since Taking "FRUIT-A-TIVES"



HATTIE WARREN
Port Robinson, Ont., July 8th, 1915.

"We have used 'Fruit-a-tives' in our house for over three years and have always found them a good medicine. Our little girl, Hattie, was troubled with Kidney Disease. The Doctor said she was threatened with Dropsy. Her limbs and body were all swollen and we began to think she could not live. Finally, we decided to try 'Fruit-a-tives'. She began to show improvement after we had given her a few tablets. In a short time, the swelling had all gone down and her flesh began to look more natural. Now she is the healthiest one in the family and has no signs of the old ailment. We can not say too much for 'Fruit-a-tives' and would never be without them."

WILLIAM WARREN.

30c. a box, 6 for \$2.50, trial size, 25c.
At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

Coughing scatters germs —Stop it

Coughing increases the irritation of the already inflamed mucous membranes and is moreover apt to carry disease to others. Mathieu's Syrup of Tar and Cod Liver Oil promptly stops coughing, and soon, thanks to its tonic properties, effects a permanent cure.

The wonderful popularity of Mathieu's Syrup of Tar and Cod Liver Oil is especially due to its great value as a permanent lung and bronchial healer.

Sold everywhere, 35c large bottles.

J. L. MATHIEU CO., Prop.,
Sherbrooke, P.Q.
For brochures and Mathieu's Formulae, send a small stamp to the above address, or to any of the following: 4-1-13

Salvation Army.

Public meetings, Tuesday
Thursday and Saturday at 8 p. m.
Sundays at 7:30 p. m.

Ramsay's Empire Cream Sodas

In 2-lb. Tins

Have attained their enviable reputation by their superior quality and uniformity. The most discriminating housewife insists upon "Ramsay's Empire" when buying Soda Biscuits.

They are made in B. C. and your grocer gets his supply frequently and quickly, insuring freshness, which means crispness.

Prove it by buying a tin with your next order.

Manufactured by

RAMSAY BROS. & CO., LTD.

Vancouver, B. C.

Let Us Save You Money on your Gasoline or Distillate

We guarantee to save you 25 per cent. on gasoline or distillate and upkeep and free any motor from CARBON troubles. A seven ounce box of Carbonvoid is equivalent to 50 gallons of gasoline. Every box of Carbonvoid \$15 in gasoline 400 to 500 ad-Carbonvoid is a just drop in the move all carbon. The largest companies in the world use it. THE ALLIES ORDERED IN JUNE 288,000 CARTONS. Previous order 250,000 cartons. Fully guaranteed or your money refunded. Mailed anywhere on receipt of \$1.50

Carbonvoid puts the
"GO" in Gasoline:

For Sale Only by
Geo. L. Clayton, - Prince Rupert, B.C.

FROM FAR AND NEAR

Two baseball leagues with numerous members are now competing for pennants in southern Mexico. Great interest is being taken in the game. One would scarcely give the Mexicans credit for being able to indulge in anything so peaceful. They may have difficulty in keeping up the supply of umpires.

It is estimated that the visible supply of oil in the Tampico district of Mexico is fourteen billion barrels. With oil at \$2 a barrel there is every prospect of this part of Mexico making a rapid financial recovery.

The Japanese have inaugurated a regular steamship service between Kobe and the west ports of Mexico. The Kiyo Maru made the first trip last month.

Work has been resumed on the rich mines of San Pedro, Mexico. The workings are very old but are still very rich. There are signs of returning industrial activity in Mexico.

Thomas Bosence and J. Fagan, of Victoria, have discovered a long sought free gold vein on Siwash Creek in Yale district. Six years ago \$4,000 was taken out at this point but slides covered up the pocket which has just been rediscovered.

New York Diagnostic Society is to erect a hospital where fees will be fixed according to the earning capacity of the individual. If the patient cannot afford to pay, he

WANTED

Experienced Bridge men, Frack men, Tracklayers and General Construction Laborers to join the 239th Battalion, Overseas Railway Construction Corps.

Drafts leaving Vancouver, B. C., for Valcartier, P. Q., weekly.

Be attested and forward papers to Vancouver, and transportation will be arranged at once.

Send all communications to: Officer commanding, 239th Battalion, C. E. F., 175 Cordova St., W., Vancouver, B. C.

will be permitted to settle on the installment plan.

Twelve men in the city of New York are reported to control the food prices of the country. A Federal Grand Jury may be called to investigate.

It is stated that Quebec may adopt the Gottenburg systems of handling the liquor trade when the bars of that province have been abolished.

American ships are being refused coal at British ports. Coal is being conserved and is supplied only to ships "utilizing it in such a way as to be beneficial to Britain and her Allies."

Winnipeg Greeks are to send \$500 monthly to ex-Premier Venizelos to assist in the overthrow of Constantine. It is estimated that Venizelos has an army of 100,000 men now and that he will have 150,000 by spring.

Eider-down comforts. Pillows sheets and blankets. See Tite's large assortment. tf.

A fit for your foot guaranteed—Wallace's. 288.

Principal Brady will give a recital of Dickens' Christmas Carol in the Methodist Church on Thursday evening, Dec. 21. tf.

When you think of shoes, think of Wallace's. 288.

Sleds for boys, girls and babies at McRae Bros. 287.

CITY OF PRINCE RUPERT

Court of Revision, Municipal Voters' List. TAKE NOTICE that a Court of Revision, consisting of His Worship the Mayor, Alderman Dybbavn and Alderman Casey, will sit on Monday, the Eleventh day of December, A. D. 1916, at 2:30 p. m., as a Court of Revision to correct and revise the list of voters for the year A. D. 1917.

The Court will sit in the Council Chamber, City Hall, and any person having any complaint as to any name being improperly placed on said list, or improperly omitted therefrom, shall attend and lay his complaint.

F. PETERS, City Clerk.

LAND ACT

VANCOUVER LAND DISTRICT—DISTRICT OF COAST, RANGE 3.

TAKE NOTICE that I, Leo Stanley Burdon, of Ocean Falls, B. C., occupation mill secretary, intend to apply for permission to purchase the following described lands: Commencing at a post planted about five chains distant and in a westerly direction from the southwest corner of Lot 31, Range 3, Coast District, thence south 20 chains; thence east 25 chains; thence north 20 chains; thence west 52 chains, to this post, containing in all about 45 acres. LEO STANLEY BURDON. NOVEMBER 8, 1916. F. 6.

NAVIGABLE WATERS PROTECTION ACT. R. S. C. Chapter 115.

The Grand Trunk Pacific Railway Company hereby gives notice that it has under Section 7 of the said Act deposited with the Minister of Public Works at Ottawa and in the office of the District Registrar of the Land Registry Office, District of Prince Rupert at Prince Rupert, a description of the site and plans of warehouse proposed to be built in Prince Rupert Harbor at Prince Rupert, British Columbia, in front of waterfront Block "Q" according to registered plan of the town-site of the said city of Prince Rupert deposited in the aforesaid Land Registry Office as No. 933.

AND TAKE NOTICE that after the expiration of one month from the date of the first publication of this notice, the Grand Trunk Pacific Railway Company will under Section 7 of the said Act apply to the Minister of Public Works at his office in the City of Ottawa for approval of said site and plans, and for leave to construct the said warehouse.

Dated at Winnipeg, Manitoba, this 25th day of May A. D. 1916.
THE GRAND TRUNK PACIFIC RAILWAY COMPANY.
H. H. HANSARD, Solicitor.



The Whisky
of Quality

Aged in Wood
8 Years
before bottling

GUARANTEED BY THE
GOVERNMENT OF CANADA

Demand the Brand

Britain's Generous Handling Of Crude Rubber Situation

Has Held Down Cost of Rubber Footwear While Prices of Other Necessities Soar

When, some twenty years ago, Great Britain began to establish great rubber plantations in her tropical Dominions, the outside world's industrial experts laughed in scorn. Were there not thousands of square miles of wild rubber trees in Brazil and elsewhere simply waiting to be tapped? Were not the marvellous chemists of Germany working diligently to devise a process for making synthetic rubber at a fraction of the cost of the natural article? Britain, they averred, was wasting time and money.

Six years ago the price of crude rubber jumped to \$3.00 a pound, because the 60,000 or 70,000 tons which seemed to be the limit of the forests fell far short of the enormously increasing demand—and the synthetic rubber promised by Germany failed to materialize. The 8,200 tons produced by the British plantations in 1910 was more than welcomed, and the scoffing ceased. By 1914 the plantations were producing nearly 100,000 tons, or 60% of the world's supply, and the price had been reduced to one-third of the 1910 figures. This year the plantations are contributing 150,000 tons—75% of the total production—and Britain holds a monopoly which has been of vital importance in the War.

Controlling the seas as well as the supply, the British Government has effectually cut off the Teutons, while providing an abundance for the Allies. To neutrals, who might easily have been forced to pay any price, the monopoly has been truly a benevolent one, for so long as they resell none to the Germans, they get all the rubber they want at a lower price than before the war.

No nation, neutral or belligerent, benefits more generally from Britain's foresight and generosity in this matter than Canada. Besides the general use of the scores of rubber products, practically every Canadian uses rubber footwear more or less for at least six months of the year. Now that leather has gone up 80%, and shoes are costing two to five dollars a pair more than normal, the advantage of wearing rubbers and overshoes this winter is strongly emphasized. They cost so little compared to the shoes whose term of service they practically double, that it certainly is economy to wear them at every sign of bad weather. And there's another point, even more important:

The need for leather at the Front is so great, and the scarcity so serious, that it is a patriotic duty to save it all we can by wearing rubbers and overshoes.

MINERAL ACT

NASTURTIUM, IRIS FRACTION, BELLIS FRACTION, GENTIAN, BLUE BELL FRACTION, COSMOS FRACTION, THISTLE FRACTION, MARGOLD FRACTION, LILAC FRACTION, FERN FRACTION, PINE APPLE FRACTION, COXCOMB, BEGONIA FRACTION, MINERAL CLAIMS situate in the Queen Charlotte District, located at or near Ikeda Bay, Queen Charlotte Island, Province of British Columbia, and lawfully held by Ikeda Mines Limited.

TAKE NOTICE that I, John A. MacInnes, solicitor for Ikeda Mines Limited, free miners' certificate No. 70354 B, intend after the expiration of sixty days from the date hereof to apply on behalf of the said Company to the Mining Recorder for a certificate of improvements for the purpose of obtaining a Crown Grant to the above claims.

AND FURTHER TAKE NOTICE that action under Section 85 of the Mineral Act must be commenced before the issuance of such certificate of improvements.

Dated this 31st day of May, A. D. 1916.
JOHN A. MACINNES,
Solicitor for Ikeda Mines Limited.

MINERAL ACT

Certificate of Improvements
NOTICE

Silver Bow Mineral Claim, situate in the Skeena Mining Division of Cassiar District. Where located:—At the head of a branch of Lime Creek about four miles from the beach on the south side of Alice Arm.

TAKE NOTICE that I, George R. Naden, Free Miner's Certificate No. 94096B, acting as agent for Thos. McHostie, Free Miner's Certificate No. 69991B, and James L. Hatch, Free Miner's Certificate No. 87966B, intend, sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of the above claim.

And further take notice that action, under section 85, must be commenced before the issue of such Certificate of Improvements.

Dated this 24th day of March, A. D. 1916.
GEORGE R. NADEN.

UNION TRANSFER CO'Y.

Solicits your Hauling and
Coal Orders

Prompt attention
and careful de-
livery given to all
orders, either large
or small.

BEST QUALITY COAL
and CLOSE PRICES

PHONE 57.



2,000,000
Belgians
Depend on us
for Bread!

Since shortly after the German invasion, the Belgians have depended for food entirely on the "Commission for Relief in Belgium". Their own store of food, even if not destroyed or pillaged, would last only three weeks—they have had no chance to raise more—and the ruthless Germans refuse to supply them!

Backed by the

Belgian Relief Fund

so generously contributed in the British Empire and the United States, the neutral Belgian Relief Commission has imported enough wheat, flour and other foods to feed the whole nation so far. The great majority of the 7,000,000 Belgians left in the country have been able to pay for their daily allowance of bread—but a steadily growing number have no money left.

Unless we are willing to let these hundreds of thousands of women, children and old men starve, they must be fed at the expense of the Belgian Relief Fund. To make this possible someone must contribute nearly \$3,000,000 a month—every month—all this winter!

No people under the Allied Flags are as well able to contribute generously as we Canadians! No cause has ever been more deserving of help! In the name of Justice and Humanity—for the sake of our own self-respect—let us give all we can to help our martyred Allies!

Send your subscriptions weekly, monthly or in one lump sum to Local or Provincial Committees, or to the

Central Executive Committee, 50 St. Peter St., Montreal
\$2.50 Feeds A Belgian Family A Month.



CANADIAN WOMEN
SHOULD KNOW THIS—

"CANADA FIRST" Milk is the BEST Milk sold by Your Grocer. The Government Bulletin N.J. 305 tells the story—IT COSTS THE SAME.

ASK YOUR GROCER FOR THIS CANADIAN OWNED CANADIAN MADE PRODUCT—INSIST

If you want whipped cream, chill "Canada First" Evaporated—then whip as with fresh cream.

THE AYLMEY CONDENSED MILK CO., LTD.

AYLMER, ONT., CANADA