

FAMILY DOCTOR'S GOOD ADVICE

To Go On Taking "Fruit-a-tives"
Because They Did Her Good

ROCKWELL, P. Q., JAN. 14th, 1915.
"I suffered for many years with terrible indigestion and constipation. I had frequent dizzy spells and became greatly run down. A neighbor advised me to try 'Fruit-a-tives'. I did so and to the surprise of my doctor, I began to improve, and he advised me to go on with 'Fruit-a-tives'."

I consider that I owe my life to 'Fruit-a-tives' and I want to say to those who suffer from indigestion, constipation or headaches—'try Fruit-a-tives' and you will get well." CORINE GAUDREAU.
50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

WANTED

Experienced Bridge men, Track men, Tracklayers and General Construction Laborers to join the 239th Battalion, Overseas Railway Construction Corps. Drafts leaving Vancouver, B. C., for Valcartier, P. Q., weekly. Be attested and forward papers to Vancouver, and transportation will be arranged at once. Send all communications to: Officer commanding, 239th Battalion, C. E. F., 175 Cordova St., W., Vancouver, B. C.

Coughing scatters germs —Stop it

Coughing increases the irritation of the already inflamed mucous membranes and is moreover apt to carry disease to others. Mathieu's Syrup of Tar and Cod Liver Oil promptly stops coughing, and soon, thanks to its tonic properties, effects a permanent cure. The wonderful popularity of Mathieu's Syrup of Tar and Cod Liver Oil is especially due to its great value as a permanent lung and bronchial healer. Sold everywhere, 35c large bottles.

J. L. MATHIEU CO., Prop., Sherbrooke, P. Q.

By mail order use Mathieu's Syrup of Tar and Cod Liver Oil. It is the only one that will cure the cough and soothe the throat. It is a true and reliable remedy.

Salvation Army.

Public meetings, Tuesday, Thursday and Saturday at 8 p. m. Sundays at 7:30 p. m.

FROM FAR AND NEAR

In Haines, Alaska, they have four feet of snow and drifts of from seven to ten feet.

The Prussian Ministry has informed the German Society for Repopulation that it will be necessary to introduce a tax on bachelors. They will be taxed until their general expenditure equals that of a married man with one or two children.

There is a suggestion afoot in England to have the Russian guns, captured by the British in the Crimea, melted down and the proceeds of the metal handed over to the Russian Ambassador for the Russian Red Cross Fund.

Washington is carrying on a general discussion of the fishing situation, arising out of the dissatisfaction in Seattle with the position of affairs. It is proposed to come to some arrangement covering the fishing on both coasts.

LAKELSE HOT SPRINGS HOTEL

—IS NOW OPEN TO GUESTS—

One of the largest Hot Springs in America, circumference 300 feet—Temperature of Water, 180° C. Fahr.

Excellent Trout Fishing in Lakelse Lake. Phone Connections with Terrace. RATES: \$2.50 per day.

For further particulars, apply to J. BRUCE JOHNSTONE, Manager.

31 Years Older Than The Dominion of Canada

AS the name implies, The Bank of British North America was established long before the Provinces united and became the Dominion of Canada. The sound, progressive management which has made it a power in Canadian finance makes it the bank for your account.

THE BANK OF
British North America
79 YEARS IN BUSINESS.

CAPITAL AND SURPLUS, \$7,584,000.

PRINCE RUPERT BRANCH
W. J. SMITHERS, Manager



Major-General R. E. W. Turner, V. C., D. S. O., who has been placed in command of the Canadian troops in England. This noted officer won the V. C. in South Africa and has been on the battlefield in France since early in the war. A year ago March 15th, he was gazetted to the command of the Highland Battalion on the western front, and has since distinguished himself very greatly.

ment covering the fishing on both coasts.

An American scientist claims to have discovered a method of producing radium which will furnish \$125,000 of radium at a cost of \$40,000.

It is rumored in government circles in Ottawa that W. J. Bowser may retire from the leadership of the Conservative party in British Columbia and accept a senatorship.

A strong committee of the Vancouver Board of Trade waited upon Premier Brewster yesterday to discuss plans for the establishment of an iron and steel industry in British Columbia.

The long-drawn-out fight over the location of the Prince George station is likely to reach its final stage shortly. The cabinet is arranging for the hearing of the appeal against the finding of the railway board.

A. M. Nanton, president of the Patriotic Fund of Manitoba, advocates the enrollment of every male Canadian between the ages of 16 and 60.

Fancy china. French Limoges and Nippon. Xmas prices at Geo. D. Tite's. tf.

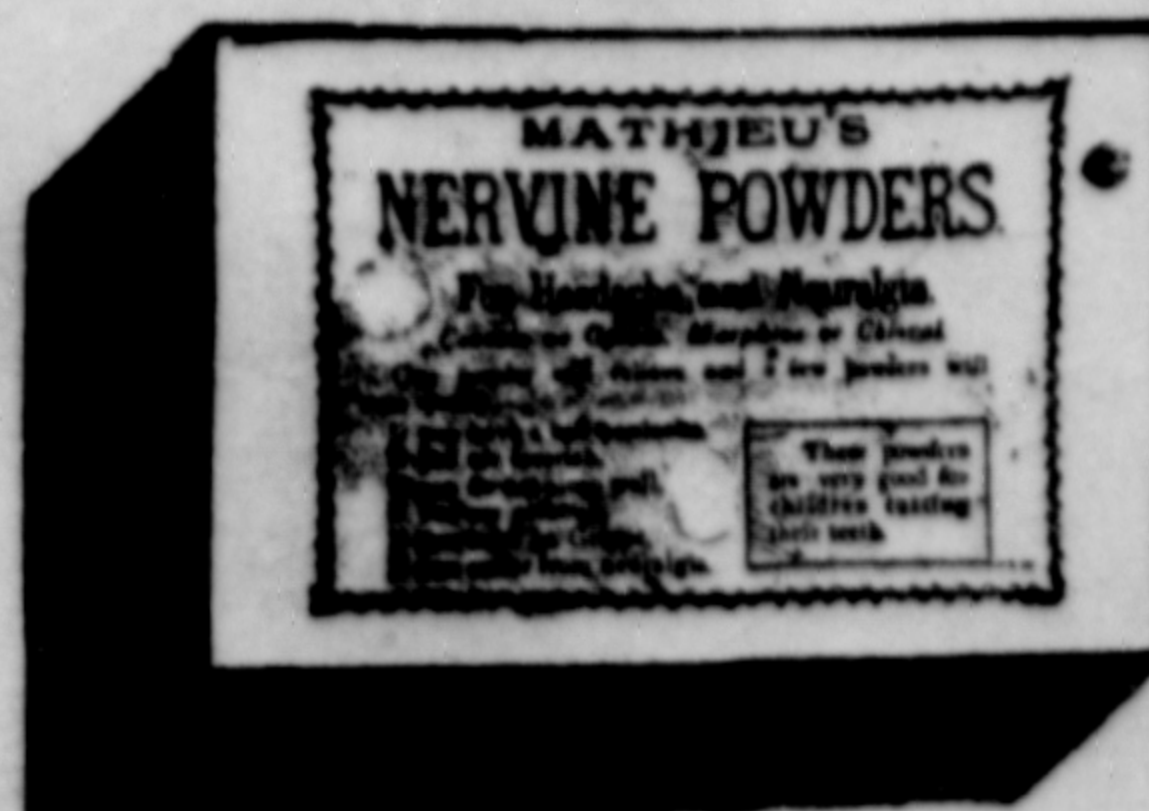
MINERAL ACT

Certificate of Improvements
NOTICE
Silver Bow Mineral Claim, situated in the Skeena Mining Division of Cassiar District. Where located:—At the head of a branch of Lime Creek about four miles from the beach on the south side of Alice Arm.

TAKE NOTICE that I, George R. Naden, Free Miner's Certificate No. 94096B, acting as agent for Thos. McRostie, Free Miner's Certificate No. 69991B, and James L. Hatch, Free Miner's Certificate No. 87966B, intend, sixty days from the date hereof, to apply to the Mining Recorder for a Certificate of Improvements, for the purpose of obtaining a Crown Grant of the above claim.

And further take notice that action, under section 85, must be commenced before the issue of such Certificate of Improvements.

Dated this 24th day of March, A.D. 1916.
GEORGE R. NADEN.



Why Endure Headaches?

—One trial will convince you that a sure and safe remedy for any headache is at your service in

MATHIEU'S Nerve Powders
10 in a box, 25c. Sold everywhere. If your dealer does not sell them we will mail you on receipt of price, 25c.
J. L. MATHIEU CO. Prop., Sherbrooke, P. Q.

ADVERTISE IN
THE DAILY NEWS

NAVIGABLE WATERS PROTECTION ACT. R. S. C. Chapter 115.

The Grand Trunk Pacific Railway Company hereby gives notice that it has under Section 7 of the said Act deposited with the Minister of Public Works at Ottawa and in the office of the District Registrar of the Land Registry Office, District of Prince Rupert at Prince Rupert, a description of the site and plans of warehouse proposed to be built in Prince Rupert Harbor at Prince Rupert, British Columbia, in front of waterfront Block "G", according to registered plan of the town-site of the said city of Prince Rupert deposited in the aforesaid Land Registry Office as No. 923.

AND TAKE NOTICE that after the expiration of one month from the date of the first publication of this notice, the Grand Trunk Pacific Railway Company will under Section 7 of the said Act apply to the Minister of Public Works at his office in the City of Ottawa for approval of said site and plans, and for leave to construct the said warehouse.

Dated at Winnipeg, Manitoba, this 25th day of May A. D. 1916.

THE GRAND TRUNK PACIFIC RAILWAY COMPANY.
H. H. HANSARD, Solicitor.

MINERAL ACT

NASTURTIUM, IRUS FRACTION, BELLIS FRACTION, GENTIAN, BLUE BELL FRACTION, COSMOS FRACTION, THISTLE FRACTION, MARIGOLD FRACTION, LILAC FRACTION, FERN FRACTION, PINE APPLE FRACTION, COXCOMB, BEGONIA FRACTION, MINERAL CLAIMS situated in the Queen Charlotte District, located at or near Ikeda Bay, Queen Charlotte Island, Province of British Columbia, and lawfully held by Ikeda Mines Limited.

TAKE NOTICE that I, John A. MacInnis, solicitor for Ikeda Mines Limited, free miners' certificate No. 70354 B, intend after the expiration of sixty days from the date hereof to apply on behalf of the said Company to the Mining Recorder for a certificate of improvements for the purpose of obtaining a Crown Grant to the above claims.

AND FURTHER TAKE NOTICE that action under Section 85 of the Mineral Act must be commenced before the issuance of such certificate of improvements.

Dated this 31st day of May, A. D. 1916.
JOHN A. MACINNIS,
Solicitor for Ikeda Mines Limited.

LAND ACT

PRINCE RUPERT LAND DISTRICT—DISTRICT OF COAST, RANGE III.

TAKE NOTICE that Pacific Mills, Limited, of Vancouver, British Columbia, occupation, pulp and paper makers, intend to apply for permission to purchase the following described lands. Commencing at a post planted on the north bank of Koye river, about one-quarter of a mile up-stream from the shore of Fitz-Hugh Sound; thence north twenty chains, thence east twenty chains, thence south to river's bank, thence along shore in a westerly direction to point of commencement and containing forty (40) acres, more or less.

Dated June 10th, 1916. Sept 6
PACIFIC MILLS, LIMITED,
by "Mark Smaby," Agent.

Good Shoes Need Protection From Wet, Like Good Clothes!

High Price of Shoes, and Low Price of
Rubbers and Overshoes, Spreading
This Commonsense View

Many a man, and woman, too, who would never think of letting a good suit get damp, will thoughtlessly splash through slush and water with an expensive pair of shoes, caring little so long as the feet do not get too wet.

This treatment takes it out of shoes just as much as it would out of clothes, for none but the heaviest waterproofed leather, unsuitable for general wear, can stand repeated wetting and give more than half the service it should. In these days, with shoes costing two to five dollars a pair more than before the war, no one who is at all in sympathy with the Empire-wide movement for thrift will deliberately continue such waste.

Fortunately, indeed, rubber has not followed the upward trend of almost every other necessity of life, but in the raw state is even cheaper than before the war. So, though labor, fabrics and chemicals cost more, and a war tax is paid on crude rubber as well as on the other materials, rubbers and overshoes, except in a few cases, have not advanced in price. Thus a pair of rubbers, costing perhaps one-fifth as much as your shoes, will practically double their service and save you repair bills. At the same time they will be protecting you from colds by keeping your feet really dry and comfortable in any weather.

Save Costly Shoes and Doctor's Bills by
Wearing Rubbers or Overshoes This Winter

Black
Tan
and
White

Best
for the
Shoes

In new patent
"Easy
Opening
Box"
10c
Easiest
to use

Ramsay's Empire Cream Sodas

In 2-lb. Tins

Have attained their enviable reputation by their superior quality and uniformity. The most discriminating housewife insists upon "Ramsay's Empire" when buying Soda Biscuits.

They are made in B. C. and your grocer gets his supply frequently and quickly, insuring freshness, which means crispness.

Prove it by buying a tin with your next order.

Manufactured by

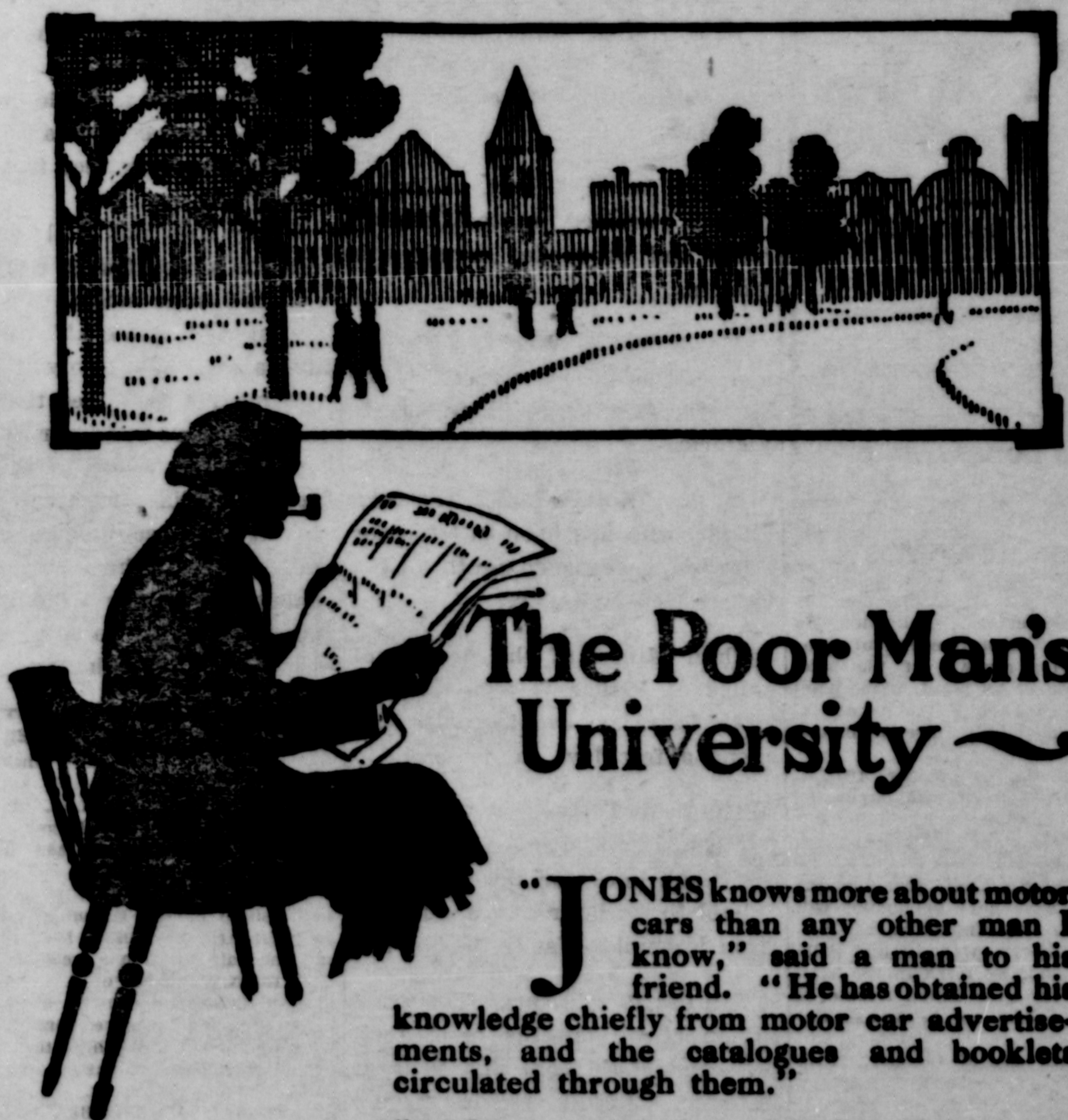
RAMSAY BROS. & CO., LTD.
Vancouver, B. C.

Let Us Save You Money on your Gasoline or Distillate

We guarantee to save you 25 per cent. on gasoline or distillate and upkeep and free any motor from CARBON troubles. A seven ounce box of Carbonvoid is equivalent to 50 gallons of gasoline. Every box of Carbonvoid \$15 in gasoline will save you 400 to 500 ad- Carbonvoid is a just drop in the move all carbon The largest companies in the world use it. THE ALLIES ORDERED IN JUNE 285,000 CARTONS. Previous order 250,000 cartons. Fully guaranteed or your money refunded. Mailed anywhere on receipt of \$1.50

Carbonvoid puts the
"GO" in Gasoline

For Sale Only by
Geo. L. Clayton, - Prince Rupert, B.C.



The Poor Man's University

"JONES knows more about motor cars than any other man I know," said a man to his friend. "He has obtained his knowledge chiefly from motor car advertisements, and the catalogues and booklets circulated through them."

"All I know about photography," declared a well-known amateur, "I have learned from the men who advertise cameras, plates, papers and films."

Advertisements have been well called "The Poor Man's University," but other than poor men have been schooled thereby.

Much of what the average individual knows concerning personal and domestic hygiene, modern office methods, books and authors, electricity, precious stones, investments, and almost everything else, he has learned from advertisements.

Advertisements have stimulated our intelligence, added enormously to our knowledge, and given us aspirations which have raised us to higher levels of thinking and living. Advertising is indeed "The Poor Man's University."

If you are doing a local business talk over your advertising problems with the Advertising Department of this newspaper.

If you are doing a provincial or national business it would be well for you to have the counsel and assistance of a good advertising agency. A list of these will be furnished, without cost or obligation, by the Secretary of Canadian Press Association, Room 563, Lumsden Building, Toronto.